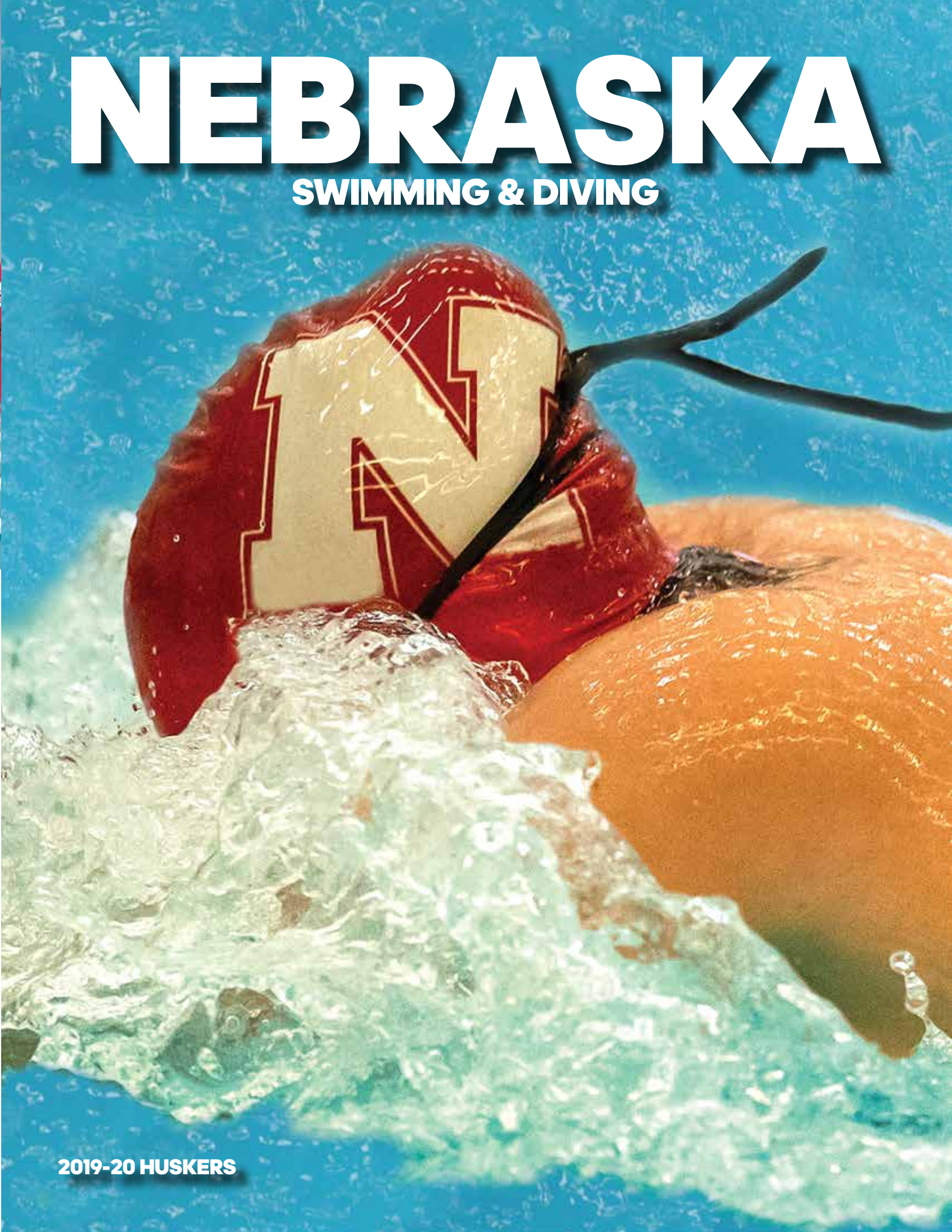
NEBRASKA

SWIMMING & DIVING



2019-20 HUSKERS

NEBRASKA
2019-20 CAPTAINS

WELCOME TO NEBRASKA SWIMMING & DIVING

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Nebraska's 11 juniors led by 2018 NCAA qualifier Autumn Haebig (back), along with (kneeling, from left) Gabby Baratta, Jessica Pentlarge (second row, from left) Allison Kopas, Izzie Murray, Grace Tiernon, Rachel Powers (third row, from left) Clara Walstad, Madison Coughlen, Sutton Marvin and Mira Rhodes, hope to help the Huskers reach new heights at the Big Ten and NCAA level in 2019-20.

Credits: The 2019-20 University of Nebraska Swimming and Diving Guide was designed, written and edited by Senior Associate Director of Communications/ Operations Jeff Griesch with assistance from students Kyiia Rollag, Caelan Debban and Ben Rhodes. The guide was produced entirely on Adobe InDesign and printed at the University of Nebraska Copy Services. Cover photos by Scott Bruhn and design by Laura Leffler.

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ATHLETIC DEPARTMENT DIRECTORY

UNIVERSITY ADMINISTRATION (402) 472-7211

Interim President: Susan M. Fritz, Ph.D. 472-2111
Chancellor: Ronnie Green. 472-2116
Faculty Athletics Representative: Josephine Potuto, J.D. 472-1252

ATHLETIC ADMINISTRATION (402) 472-3011

Athletic Director: Bill Moos 472-3011
Senior Deputy A.D./Chief of Staff: John Johnson 472-3011
Senior Deputy A.D./External Operations: Garrett Klassy 472-3011
Deputy A.D./Facilities & Football: Bob Burton 472-3011
Deputy A.D./CFO: John Jentz 472-2273
Deputy A.D./Senior Woman Administrator: Pat Logsdon 472-3011
Executive Associate A.D./Academics: Dennis Leblanc 472-2042
Executive Associate A.D./Compliance: Jamie Vaughn 472-2042

STRENGTH & CONDITIONING/HUSKER POWER (402) 472-3333

Assistant A.D./Strength & Conditioning Boyd Epley
Head Football Strength & Conditioning Coach Zach Duval
Swimming & Diving Strength Coach Rusty Ruffcorn
Strength Coaches Mike Arthur, Chase Beideck, Jasen Carlson, Stuart Hart, Eric Johnson, Katie Klapprodt, Brian Kmitta, Dan Millington, Jon Pfeifer, Bryce Siecko, Andrew Strop, Tim Wilson

ATHLETIC MEDICINE (402) 472-2276

Associate A.D./Director of Athletic Medicine Dr. Lonnie Albers
Head Athletic Trainer/Associate Director of Athletic Medicine Jerry Weber
Head Football Athletic Trainer/Associate Head Trainer Mark Mayer
Swimming and Diving Athletic Trainer Caitlin Nelson
Assistant Athletic Trainers Jason Amadio, Brad Brown, Tom Dufresne, Jolene Emricson, Drew Hamblin, Marcia Kennedy, Lisa Lowenstein, R.J. Pietig, Ashley Rudolph, Jeff Rudy, Julie Tuttle, Tyler Weeda
Chief of Staff/Orthopaedic Surgeon Dr. Robert Dugas
Orthopedists Dr. David Clare, Dr. Justin Harris
Director of Performance Nutrition Dave Ellis
Assistant Director of Performance Nutrition Lisa Kopecky

PERFORMANCE PSYCHOLOGY (402) 272-2276

Senior Associate A.D./Performance Todd Stull, MD
Director of Sports Psychology Brett Haskell
Assistant Director of Sport Psychology Brett Woods
Athletic Psychologist Chad Doerr
Athletic Neuropsychologist Kate Higgins

ACADEMIC PROGRAMS & STUDENT SERVICES (402) 472-2042

Associate Directors of Academic Programs Katie Jewell, Kim Schellpepper
Coordinator of Student-Athlete Development (Swimming & Diving) Alvin Banks
Academic Counselors Sheri Hastings, Caleb Hawley, Mike Nieman, Joann Ross
Learning Specialists Andrea Einspahr, Denise Howell, Pablo Rangel
Administrative Assistant (Academics, Life Skills) Leah Huber

LIFE SKILLS & ENRICHMENT (402) 472-4616

Senior Associate A.D./Life Skills (Swimming & Diving) Keith Zimmer
Director of Education & Engagement Programs Stacey Burling
Diversity & Inclusion Director: DaWon Baker
Director of Post-Eligibility Opportunities (PEO): Sammi Cowger
Assistant Directors of Life Skills Kate Frazier, Tom Lemke

EVENT MANAGEMENT (402) 472-1000

Associate A.D./Event Management Matt Davidson
Director of Athletic Facilities (Devaney Center) Randy Gobel
Assistant Directors of Athletic Events Derek Bond, Tim Henrichs
Event Management Specialists Payton Buckmaster, Kale Terrill
Building and Grounds Supervisor Steve Torske

HUSKERVISION (402) 472-4645

Senior Associate A.D./Marketing & Multimedia Brandon Meier
Assistant A.D./HuskerVision Kirk Hartman
Executive Director Alex Wood
Video Production Coordinator Amanda Holzwarth
Video Services Coordinator Keegan Wilson
Video Production Specialists Andrew Constans, Kevin Raguse
Chief Engineer Scott Guthrie
HuskerVision Intern Lupe Dimas

COMMUNICATIONS (402) 472-2263

Associate A.D./Communications Keith Mann
Senior Associate Director of Communications/Operations Jeff Griesch
Senior Associate Director Shamus McKnight
Associate Directors Matt Smith, Nate Pohlen
Assstant Directors Erica Nett, Connor Stange
Swimming & Diving Communications Contacts Caelan Debban, Ben Rhodes, Kyiia Rollag
Administrative Assistant Vicki Capazo
Director of Website Services Jeremy Foote
Athletic Department Photographer Scott Bruhn

NEBRASKA INFORMATION

Location: Lincoln, Neb.
Population: 284,736
Enrollment: 25,332
Nickname: Cornhuskers, Huskers
Colors: Scarlet and Cream
Founded: 1869
Conference: Big Ten

QUICK PHONE LIST

Head Coach: Pablo Morales
+ Office Phone: (402) 472-6474
Associate Head Coach: Patrick Rowan
+ Office Phone: (402) 472-0042
Head Diving Coach: Natasha Chikina
+ Office Phone: (402) 472-6475
Swimming & Diving Secretary: Annette Werschke
+ Office Phone: (402) 472-3186
Communications Contacts:
Kyiia Rollag, Caelan Debban, Ben Rhodes
+ Office Phone: (402) 472-0694
+ Rollag Cell: (402) 718-7985
+ Debban Cell: (712) 246-9046
+ Rhodes Cell: (402) 679-3439
Communications Fax: (402) 472-2005
Communications Address:
One Memorial Stadium
Lincoln, NE 68588-0123

ADMINISTRATION

President (Interim): Susan Fritz, Ph.D
Chancellor: Ronnie Green

BOARD OF REGENTS

Timothy Clare	District 1
Howard Hawks	District 2
Jim Pillen	District 3
Elizabeth O'Connor	District 4
Robert Schafer	District 5
Paul Kenny	District 6
Bob Phares	District 7
Barbara Weitz	District 8

STUDENT REGENTS

Emily Johnson	Nebraska-Lincoln
Nicole Kent	Nebraska-Kearney
Keith Ozanne	Nebraska-Medical Center
Aya Yousuf	Nebraska-Omaha

ATHLETIC DEPARTMENT MISSION STATEMENT

The mission of the University of Nebraska Athletic Department is to serve our student-athletes, coaches, staff and fans by:

Displaying INTEGRITY in every decision and action;

Building and maintaining TRUST with others;

Giving RESPECT to each person we encounter;

Pursuing unity of purpose through TEAMWORK;

Maintaining LOYALTY to student-athletes, coworkers, fans and the University of Nebraska.

MEDIA INFORMATION & SERVICES

CAELAN DEBBAN
COMMUNICATIONS CONTACT

BEN RHODES
COMMUNICATIONS CONTACT

KYIIA ROLLAG
COMMUNICATIONS CONTACT

HUSKERS.COM

For the most up-to-the-minute coverage of Nebraska swimming and diving on the World Wide Web, visit Huskers.com, the official web site of the University of Nebraska Athletic Department. In addition to updated results, statistics and meet stories, you can find photos, player and coach biographies, schedule and roster information and weekly releases on the Husker swimming and diving program.

NEBRASKA COMMUNICATIONS/ COACH & STUDENT-ATHLETE INTERVIEWS

The 2019-20 Nebraska swimming and diving guide is designed to assist the media in their coverage of Husker swimming and diving. Nebraska's swimming and diving communications contacts for the 2019-20 season are Caelan Debban, Ben Rhodes and Kyiia Rollag. All media requests for interviews with Nebraska coaches, swimmers and divers should be directed to the Husker swimming and diving communications contacts. Additional information on Husker swimming and diving may be obtained by calling the Communications Office at (402) 472-0694, or contacts can also be reached by e-mail or cell:

+ Caelan Debban (caelan.debban@huskers.unl.edu; 712-246-9046)
+ Ben Rhodes (ben.rhodes@huskers.unl.edu; 402-679-3439)
+ Kyiia Rollag (kyiia.rollag@huskers.unl.edu; 402-718-7985)

Swimming and diving student-athletes are usually available for in-person interviews before or after workouts, which run daily from 2 to 5 p.m.

Please take a moment to review the following policies and services intended to assist you in coverage of Nebraska swimming and diving.

MEDIA FACILITIES

The Bob Devaney Sports Center invites the media to view competitions from the results table, located on the north side of the Devaney Natatorium, with the communications and meet staff. Photographers are allowed to shoot anywhere in the pool area, provided that photographers do not interfere with competition. Flash photography is not permitted at the start of the race.

POST-MEET INTERVIEWS

Student-athletes will be available during home dual and invitational meets after they have completed their final competitions of the day. Coaches will be available following the meet.

CONTACT NEBRASKA COMMUNICATIONS

The University of Nebraska Communications Office is located on the third floor of the Tom and Nancy Osborne Athletic Complex, which is located on the north side of Memorial Stadium at: One Memorial Stadium, P.O. Box 880123, Lincoln, NE, 68588-0123. Phone: (402) 472-0694; Fax (402) 472-2005. Opponents should submit an e-mail list of media needing to receive results to krollag@huskers.unl.edu, or caelan.debban@huskers.unl.edu or ben.rhodes@huskers.unl.edu.

Associated Press
909 N. 9th Street, Suite 104
Omaha, NE 68114
Phone: (402) 391-0031
Fax: (402) 391-1412
Web: ap.org

Lincoln Journal Star
926 P Street
Lincoln, NE 68508
Phone: (402) 473-7431
Fax: (402) 473-7291
Web: journalstar.com

Omaha World-Herald
14th & Dodge
Omaha, NE 68102
Phone: (402) 444-1000
Fax: (402) 344-3343
Web: omaha.com

Daily Nebraskan
University of Nebraska
20 Nebraska Union
Lincoln, NE 68588
Phone: (402) 472-1765
Fax: (402) 472-1761
Web: dailynebraskan.com

KOLN-TV (CBS, Chs. 10/11)
40th & W
Lincoln, NE 68503
Phone: (402) 467-9720
Fax: (402) 467-9208
Web: kolnkgin.com

KLKN-TV (ABC, Ch. 8)
3240 South 10th
Lincoln, NE 68502
Phone: (402) 434-8000
Fax: (402) 436-2236
Web: klkntv.com

KETV (ABC, Ch. 7)
27th & Douglas
Omaha, NE 68131
Phone: (402) 978-8958
Fax: (402) 978-8931
Web: ketv.com

WOWT (NBC, Ch. 6)
3501 Farnam
Omaha, NE 68131
Phone: (402) 233-7940
Fax: (402) 346-6740
Web: wowt.com

KPTM (Fox, Ch. 42)
4625 Farnam
Omaha, NE 68132
Phone: (402) 554-4286
Fax: (402) 554-4292
Web: kptm.com

Nebraska ETV (PBS, Ch. 12)
1800 North 33rd
Lincoln, NE 68503
Phone: (402) 472-3611
Fax: (402) 472-5347
Web: net.unl.edu

KLIN (1400 AM)
4343 O Street
Lincoln, NE 68510
Phone: (402) 475-4567
Fax: (402) 474-8011
Web: klin.com

KFAB (1110 AM)
5010 Underwood
Omaha, NE 68132
Phone: (402) 556-8000
Fax: (402) 556-8937
Web: kfab.com

KLMS (1480 AM)
3800 Cornhusker Hwy.
Lincoln, NE 68504
Phone: (402) 466-1234
Fax: (402) 467-4095
Web: espn1480.com

KFOR (1240 AM)
3800 Cornhusker Hwy.
Lincoln, NE 68504
Phone: (402) 466-1234
Fax: (402) 467-4095
Web: kfor1240.com

KOZN (1620 AM)
5011 Capitol Suite, #300
Omaha, NE 68132
Phone: (402) 951-1620
Fax: (402) 342-7041
Web: 1620thezone.com

KRNU (90.3 FM)
University of Nebraska
201 Andersen Hall
Lincoln, NE 68588
Phone: (402) 472-3054
Fax: (402) 472-8597
Web: krnu.unl.edu

Huskers Illustrated
7755 S. 23rd St
Lincoln, NE 68512
Phone: (402) 474-4355
Fax: (402) 474-5132
Web: huskersillustrated.com

Big Red Report
401 N. Coddington Ave.
Lincoln, NE 68528
Phone: (402) 476-5006
Fax: same as phone
Web: bigredreport.com

Hail Varsity
1201 Calvert St., Suite 22490
Lincoln, NE 68542
Phone: (402) 613-2177
Web: hailvarsity.com

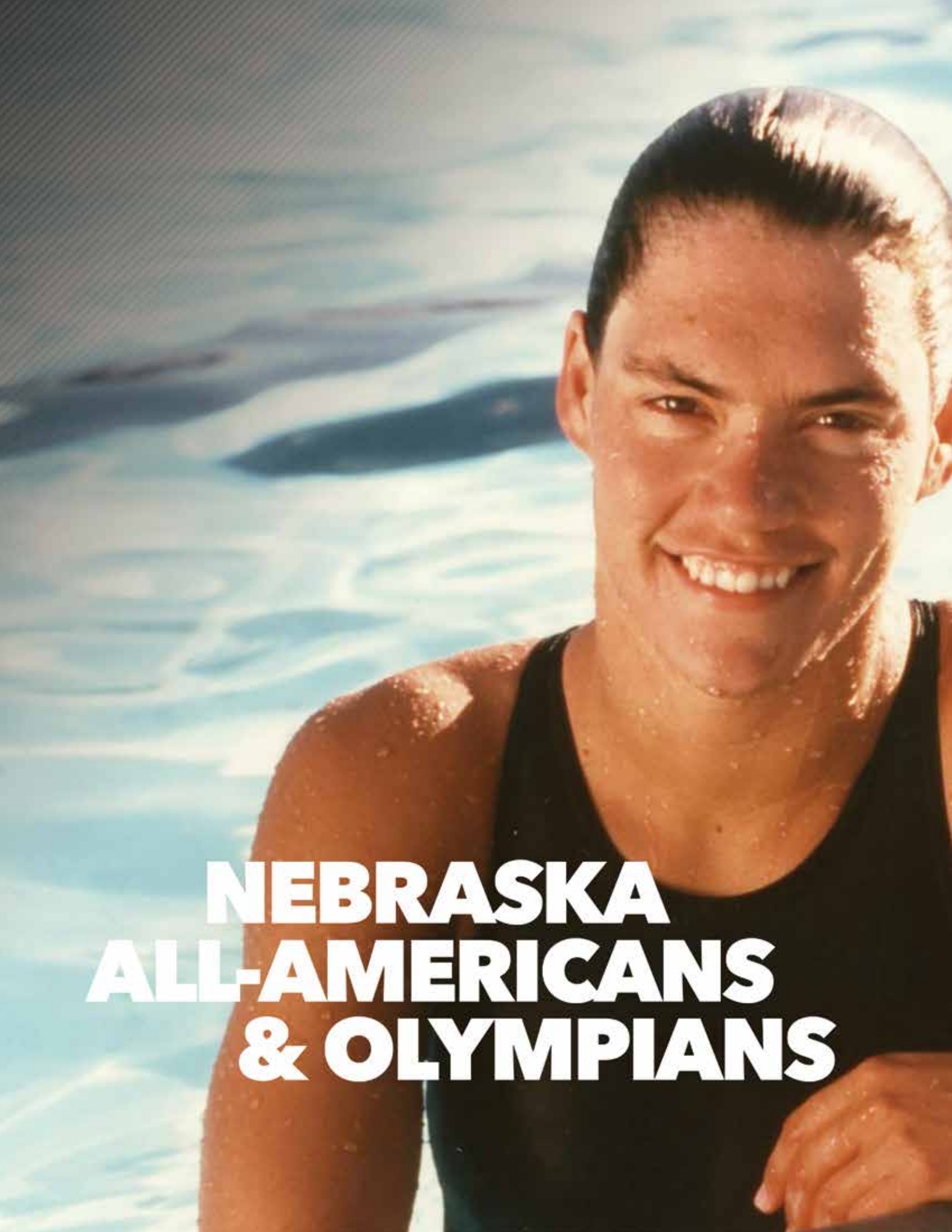
THIS IS NEBRASKA
SWIM & DIVE

U.S. OLYMPIC TRIALS (OMAHA)

ALL-AMERICA TRADITION

6 CSCAA SCHOLAR ALL-AMERICANS IN 2019

DEVANEY NATATORIUM



NEBRASKA ALL-AMERICANS & OLYMPIANS

PENNY HEYNS, 2-TIME GOLD MEDALIST

THERESE ALSHAMMAR, 6-TIME OLYMPIAN

JULIA RUSSELL, 18-TIME ALL-AMERICAN

LAUREN BAILEY, ALL-AMERICAN

CHAMPIONSHIP FACILITIES

PINNACLE BANK ARENA

HAWKS FIELD

BOB DEVANEY SPORTS CENTER

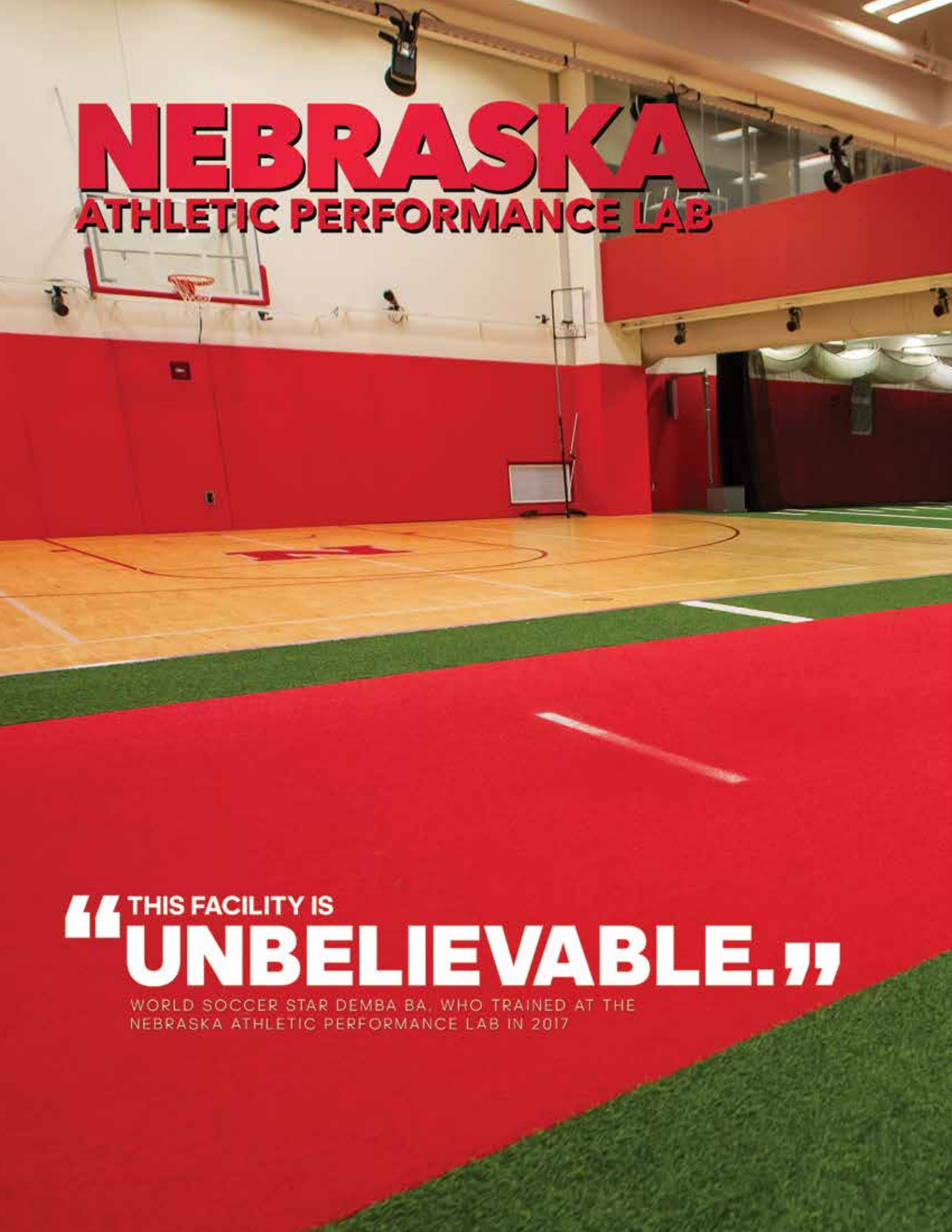
BARBARA HIBNER STADIUM

HUSKER POWER

NDAMUKONG SUH STRENGTH & CONDITIONING CENTER

HENDRICKS COMPLEX WEIGHT ROOM

HENDRICKS COMPLEX OASIS

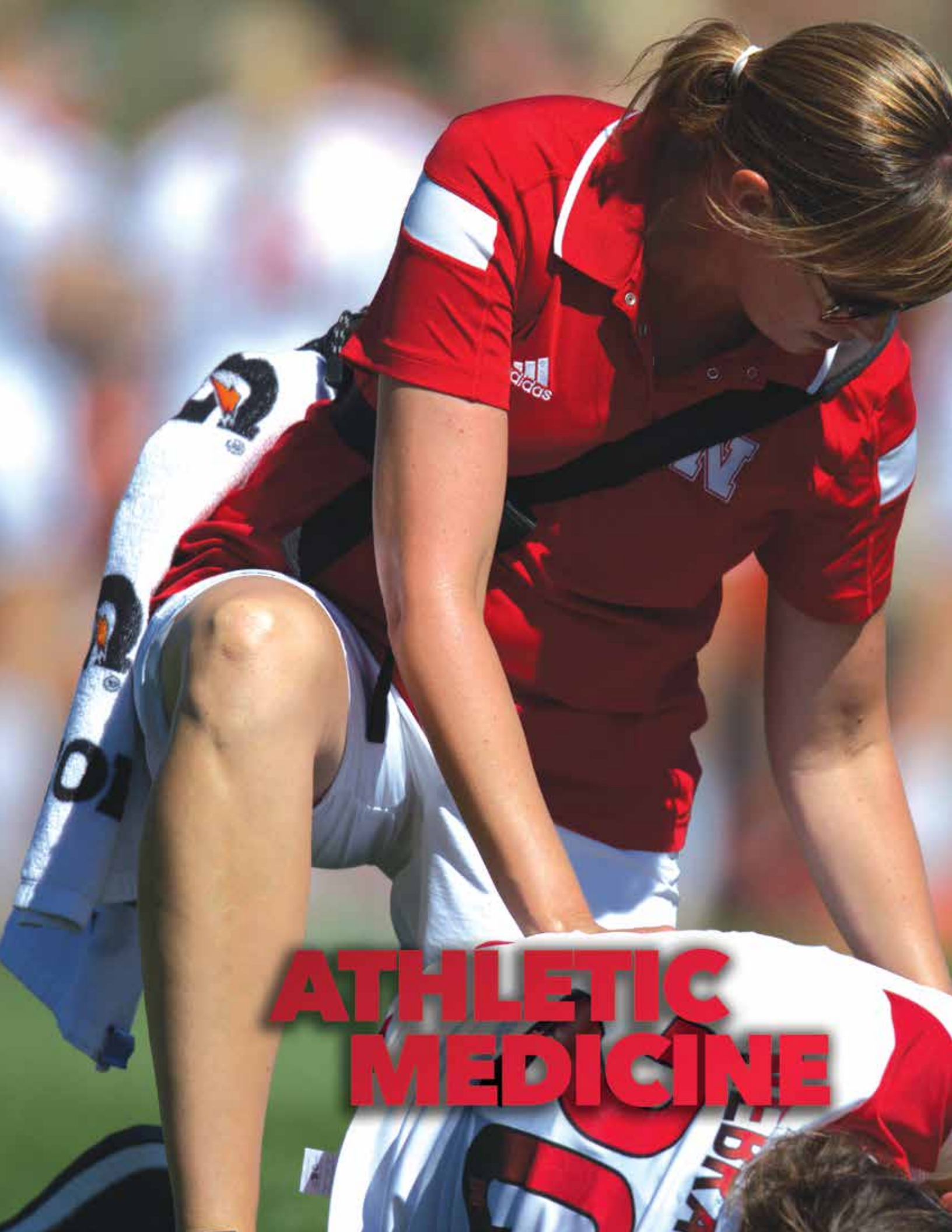

NEBRASKA
ATHLETIC PERFORMANCE LAB
"THIS FACILITY IS
UNBELIEVABLE."
WORLD SOCCER STAR DEMBA BA, WHO TRAINED AT THE
NEBRASKA ATHLETIC PERFORMANCE LAB IN 2017

GROUNDBREAKING RESEARCH

ADVANCED TECHNOLOGY

PERFORMANCE TESTING

STATE-OF-THE-ART EQUIPMENT

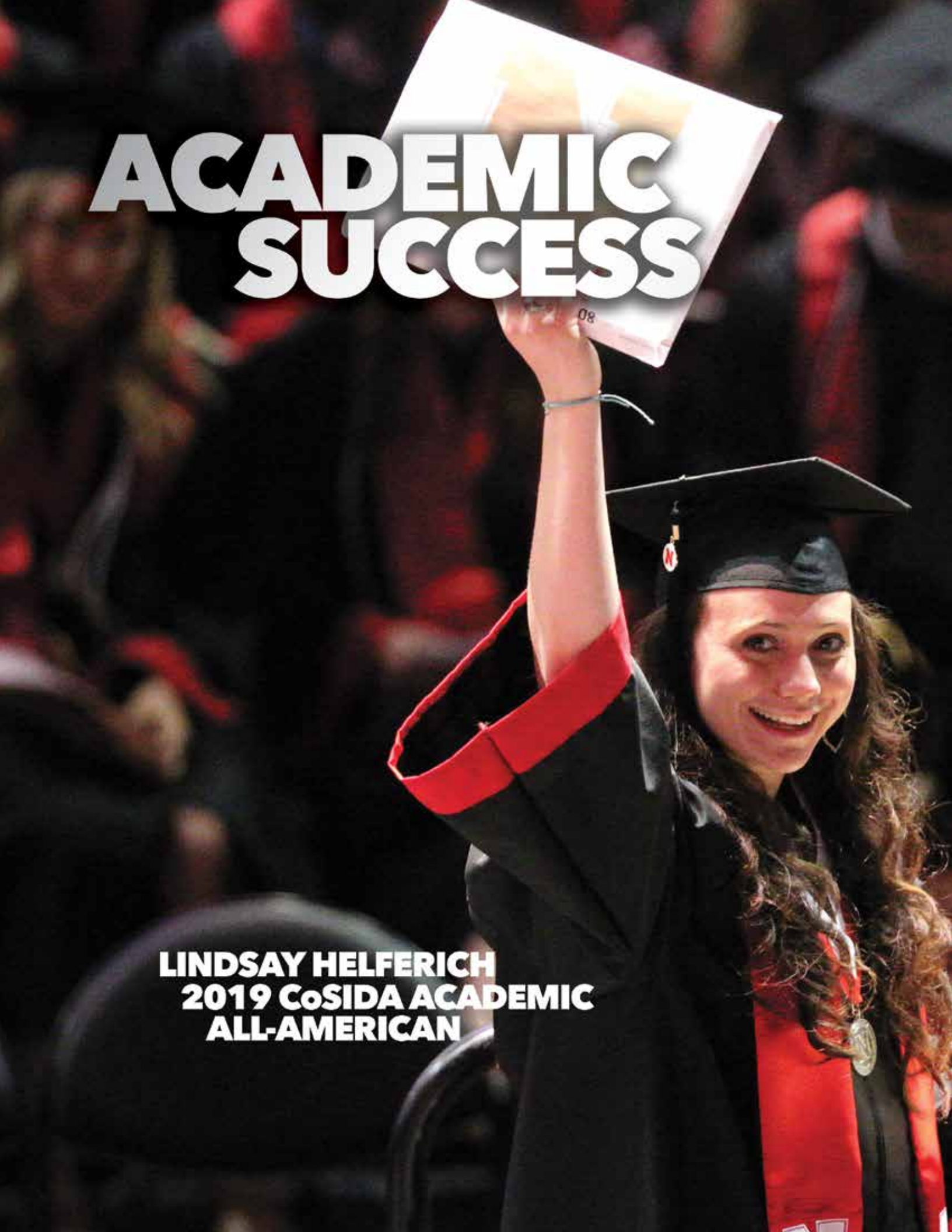


ATHLETIC MEDICINE

ALTER-G TREADMILLS

HYDROTHERAPY POOLS

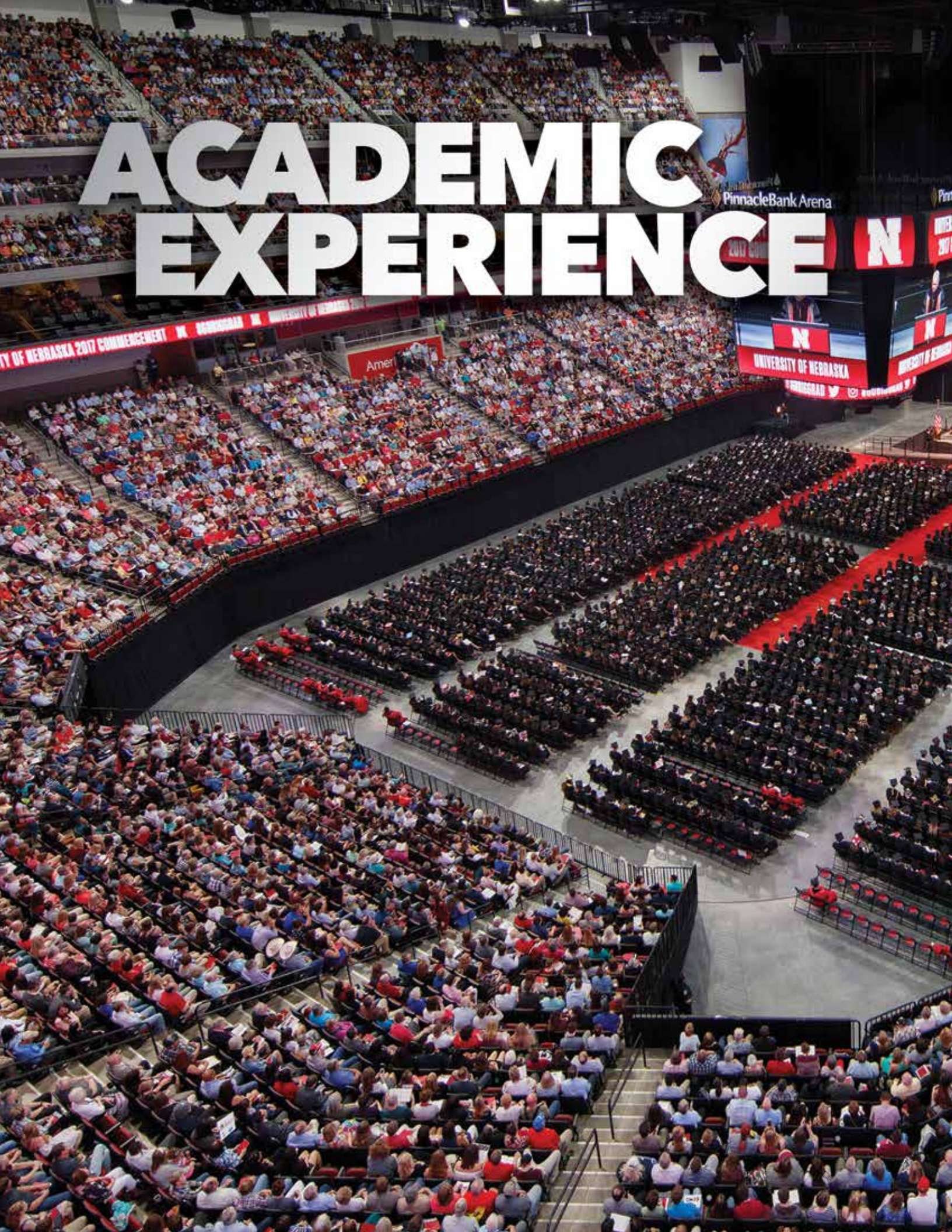
ON-SITE X-RAY FACILITY


ACADEMIC
SUCCESS
LINDSAY HELFERICH
2019 CoSIDA ACADEMIC
ALL-AMERICAN

ANNA FILIPCIC, SCHOLAR ALL-AMERICAN

BRIA DEVEAUX, ACADEMIC ALL-BIG TEN

3-TIME NEBRASKA HERMAN TEAM GPA WINNERS


ACADEMIC
EXPERIENCE
PinnacleBank Arena
UNIVERSITY OF NEBRASKA

A TOP VALUE IN PUBLIC EDUCATION

STUDENT LIFE COMPLEX

ACADEMIC ALL-AMERICANS

DIVISION I SCHOOLS, ALL TIME

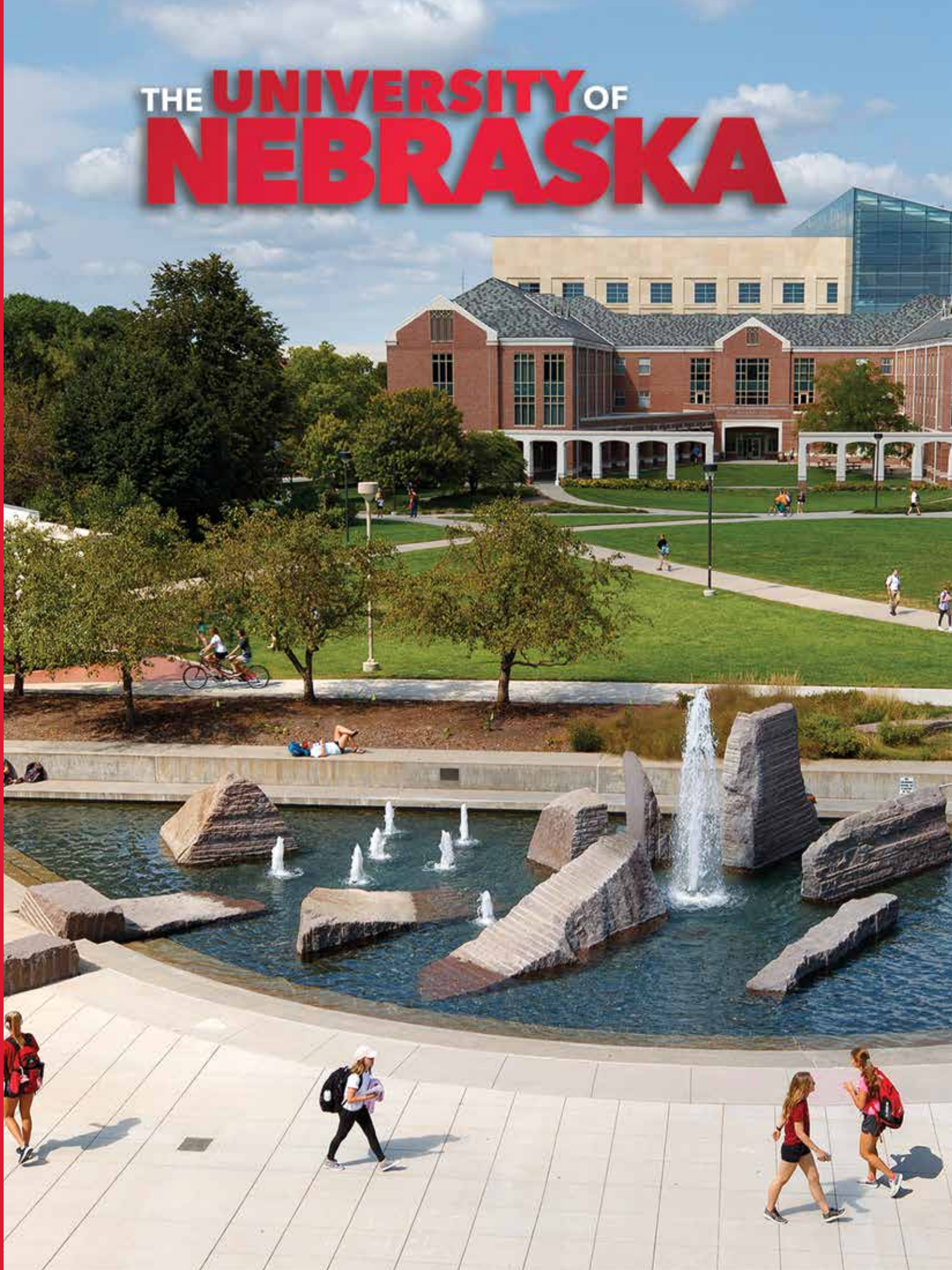
N	338
ND	262
S	237

LIFE SKILLS

SERVICE TRIP TO PANAMA, 2018

JACQUELINE JESCHKE, HEART & SOUL AWARD

KAYLYN FLATT, SAM FOLTZ HERO 27 AWARD


THE UNIVERSITY OF
NEBRASKA

THE UNIVERSITY OF NEBRASKA

The University of Nebraska was chartered by the Nebraska Legislature in 1869 as the state's public university and land-grant institution. Founded in Lincoln, the University of Nebraska was expanded in 1968 into a state educational system now comprising four campuses under the guidance of a Board of Regents and a central administration. Nebraska, which joined the Big Ten Conference in 2011, is a member of the Big Ten Academic Alliance, a consortium of Big Ten universities and the University of Chicago, which has generated unique opportunities for students and faculty by sharing expertise, leveraging resources and collaborating on programs.

BIG TEN ACADEMIC ALLIANCE

As a member of the Big Ten, the University of Nebraska-Lincoln (UNL) is a member of the Big Ten Academic Alliance (BTAA), formerly the Committee on Institutional Cooperation, which is the academic consortium of the universities in the Big Ten Conference. The consortium was renamed on June 29, 2016. The BTAA includes all 14 Big Ten Institutions and the University of Chicago. The Big Ten Academic Alliances and the institutions together have annual research expenditures topping $10.2 billion — more than the Ivy League and the University of California System combined — and they educate a total of nearly 600,000 students with approximately 50,000 full-time faculty members.

NATIONAL RANKINGS

- No. 1 Best-Value Law School (National Jurist Magazine)
- No. 1 Best-Value Online MBA in the World (Financial Times)
- No. 4 Best Online Graduate Education Programs (U.S. News & World Report)
- No. 4 Best Online Graduate Education Programs for Veterans (U.S. News & World Report)
- No. 9 Rising Star in Research Among U.S. Institutions (Springer Nature)
- No. 13 Best Online MBA Programs for Veterans (U.S. News & World Report)
- No. 21 Best Online MBA Programs (U.S. News & World Report)
- 2019 Best Value College (The Princeton Review)
- Rated Among Top Half of First Tier of Top National Universities (U.S. News & World Report)
- Rated Among Top 100 Best Values in Public Colleges (Kiplinger's Personal Finance)

N | 150

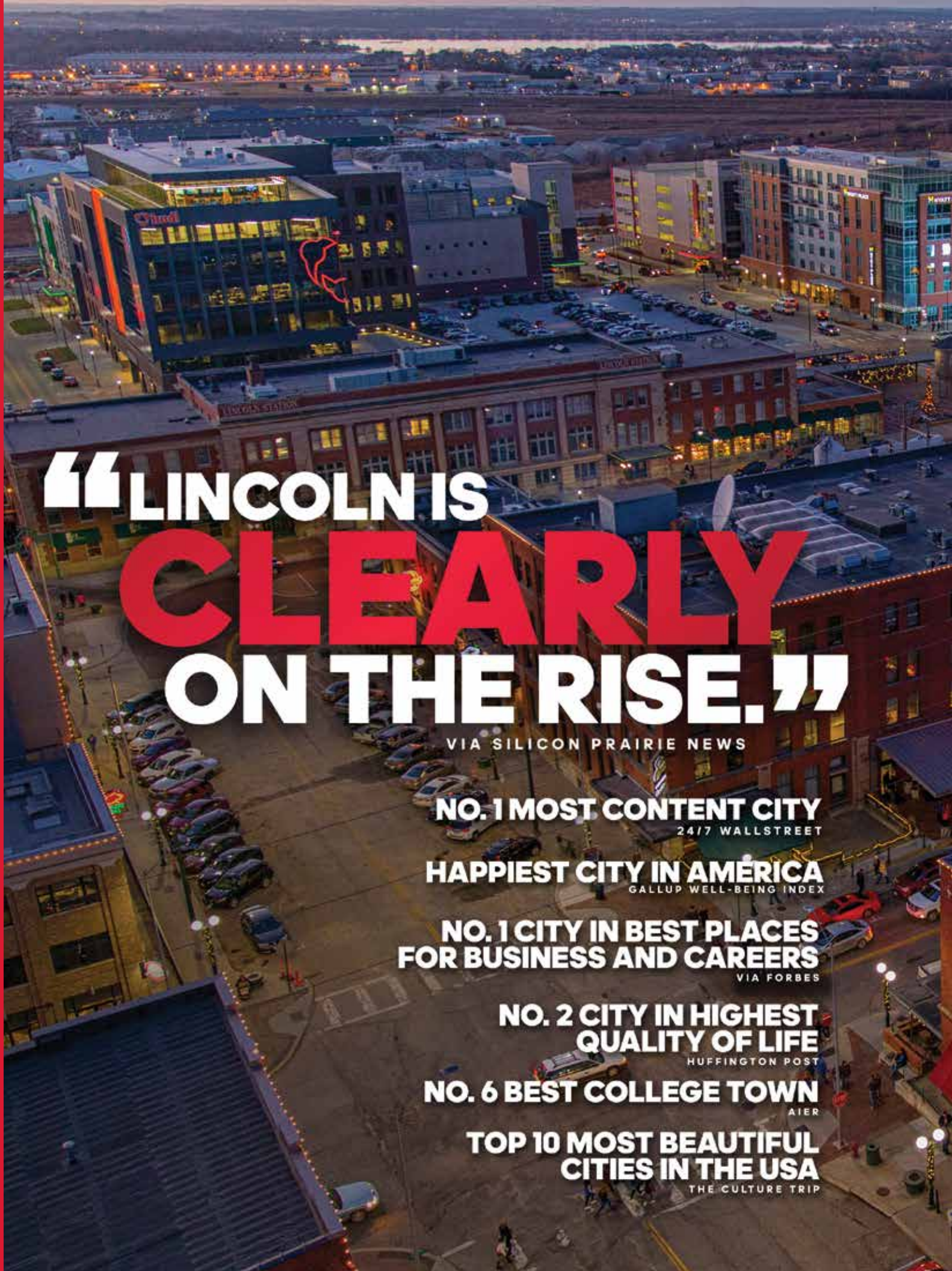
THE UNIVERSITY OF
NEBRASKA
INNOVATION CAMPUS, CITY CAMPUS & DOWNTOWN LINCOLN
71 MASTER PROGRAMS
175 UNDERGRADUATE MAJORS
538 STUDENT ORGANIZATIONS
25,332 UNL ENROLLMENT
201,808 LIVING ALUMNI
114 COUNTRIES REPRESENTED
49 STATES REPRESENTED

CITY CAMPUS

OUTDOOR ADVENTURE CENTER

MULTICULTURAL CENTER

COLLEGE OF BUSINESS



"LINCOLN IS CLEARLY ON THE RISE."

VIA SILICON PRAIRIE NEWS

NO. 1 MOST CONTENT CITY
24/7 WALLSTREET

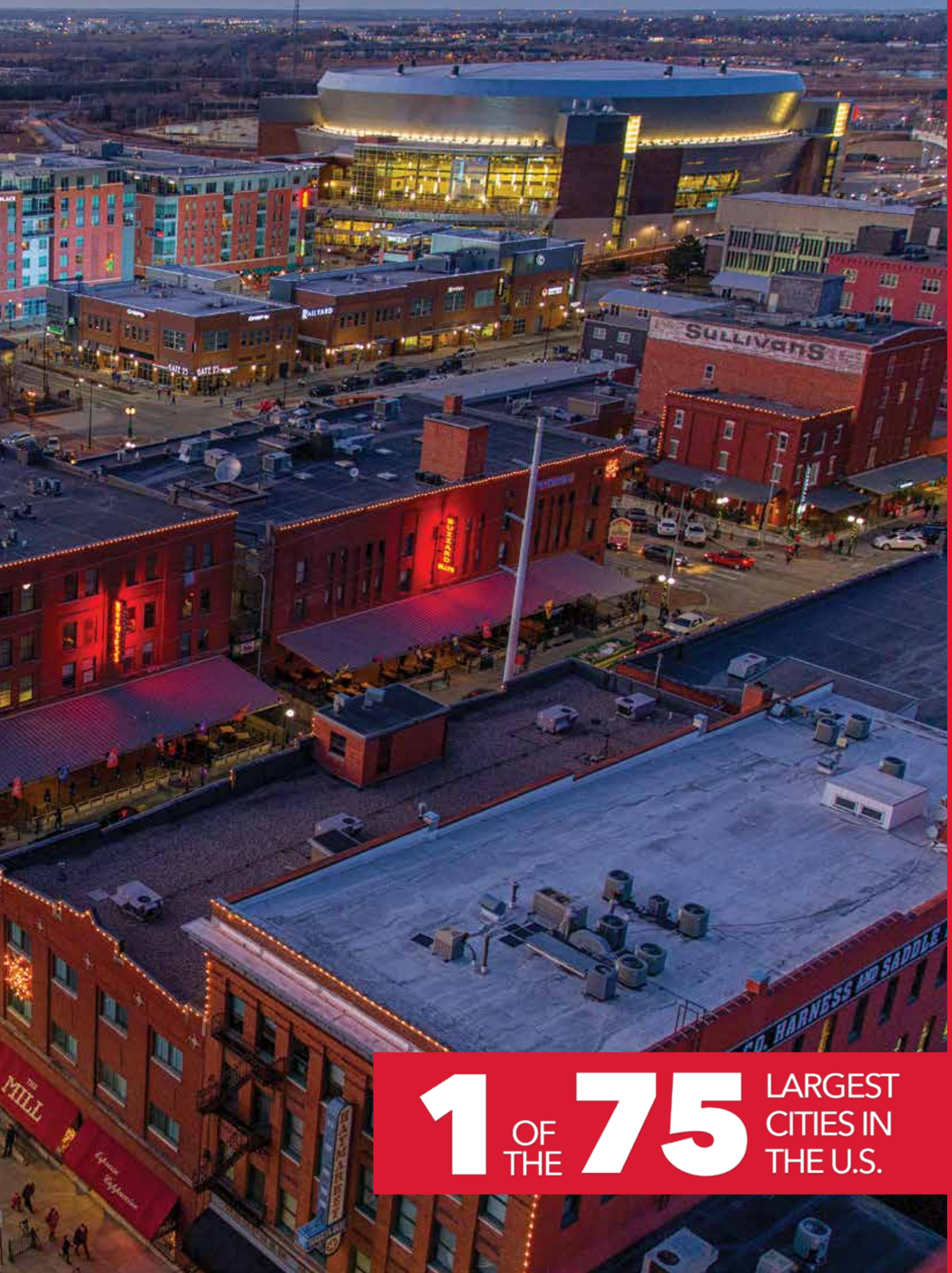
HAPPIEST CITY IN AMERICA
GALLUP WELL-BEING INDEX

NO. 1 CITY IN BEST PLACES FOR BUSINESS AND CAREERS
VIA FORBES

NO. 2 CITY IN HIGHEST QUALITY OF LIFE
HUFFINGTON POST

NO. 6 BEST COLLEGE TOWN
AIER

TOP 10 MOST BEAUTIFUL CITIES IN THE USA
THE CULTURE TRIP



1 OF THE **75** LARGEST CITIES IN THE U.S.

NATIONAL POWERS

2019 BIG TEN INDOOR CHAMPIONS
MICHIGAN
MEN'S TRACK & FIELD
3RD PLACE AT 2019 NCAA CHAMPIONSHIP
MEN'S GYMNASTICS
6TH STRAIGHT TOP-10 NCAA FINISH IN 2019
WRESTLING
11TH STRAIGHT TOP-5 NCAA FINISH IN 2019
BOWLING
SEARS
NCAA
2015 DIVISION
CHAMPIONSHIP

HUSKER DUO EARNS U.S. OLYMPIC TRIAL BIDS

The CHI Health Center Omaha, formally known as the CenturyLink Center, will play host to its fourth consecutive U.S. Olympic Trials in 2020. Current Huskers Autumn Haebig and Audrey Coffey have earned spots in multiple events to represent Nebraska at the trials.

The state of Nebraska will play host to the U.S. Olympic Swimming Trials at the CHI Health Center, formally known as the CenturyLink Center, in Omaha for the fourth consecutive time in 2020. The event, which is a showcase event with sellout crowds of 14,000 for each day of the trials, has given Nebraska a chance to showcase its love and support for swimming.

Husker junior and three-time NCAA Championship qualifier Autumn Haebig is set to compete in three events at the 2020 U.S. Trials. The Wisconsin native qualified in the 100 back, 200 free and 400 free. Through Haebig's first two seasons at Nebraska, she accumulated 28 top-five finishes, including 14 victories. Haebig is the current Nebraska record holder in the 400-meter free (4:14.96) and 100-meter back (1:01.91).

Sophomore Audrey Coffey secured her ticket to Omaha for the 2020 U.S. Olympic Trials as she raced to victory in the 1,500-meter free. The Illinois native's time of 16:48.76 at the 2019 Speedo Sectionals in Jenks, Okla., set the school record. A strong distance swimmer, Coffey swam to a top-24 finish as a freshman in the 1,650 free at the 2019 Big Ten Championships.

At the 2016 U.S. Olympic Trials, the Huskers were represented by Omahans Alexandra Bilunas (50 free) and Erin Oeltjen (100 back, 200 back), and Husker teammates Taryn Collura (Phoenix, Ariz., 50 free, 100 fly), Jordan Ehly (Albuquerque, N.M., 200 breast), Morgan McCafferty (Reynoldsburg, Ohio, 100 back) and Katt Sickle (Grain Valley, Mo., 400 free). The 2016 Huskers tripled the number from the 2012 trials (Bailey Pons, 400 free; Shannon Guy, 100 fly).

The state of Nebraska, the Midwest and the entire swimming community took a monumental step on June 28, 2005, when USA Swimming announced Omaha as the host city for the 2008 U.S. Olympic Swimming Trials. After the 2008 Trials proved to be a resounding success, as well as the subsequent 2012 and 2016 Trials, officials from USA Swimming and the Omaha Sports Commission announced the return of the event to Omaha in 2020.

"It came down to the fact that the setup in Omaha for the athletes and coaches is just the best out of all the candidate cities," said Mike Unger, USA Swimming assistant executive director.

The 2008 Trials drew 160,003 fans over eight days and 15 sessions. The 2016 Trials smashed those numbers, with all 15 sessions sold out and attendance exceeding 200,000 for the first time. In 2004, attendance was just over 100,000.

The CHI Health Center has served as a home away from home for Husker Athletics for many years. In 2015, the Nebraska volleyball team won its fourth NCAA title and its second in Omaha. The 2006 Huskers claimed Nebraska's third NCAA volleyball title in Omaha as well, and the arena played host to the 2012 NCAA Volleyball Championships. Nebraska also hosted the Big 12 Wrestling Championships in the building, while the men's basketball team played a regular-season game against Oregon in 2007.

Autumn Haebig will compete in the 200- and 400-meter freestyle and the 100-meter backstroke at the 2020 U.S. Olympic Trials in Omaha. Haebig is a three-time NCAA Championship qualifier.

MEET THE HUSKERS

2019-20 NEBRASKA CORNHUSKERS

The 2019-20 Nebraska Swimming and Diving Team: Back row (from left): Diving Coach Natasha Chikina, Graduate Assistant Morgan McCafferty, Associate Head Coach Patrick Rowan, Amelia Miller, Allison Kopas, Sutton Marvin, Alexandra Ellis, Autumn Haebig, Jessica Pentlarge, Molly Rosenthal, Abi Knapton, Allie Worrall, Carla Gonzalez-Garcia, Alejandra Vasquez, Head Coach Pablo Morales, Graduate Assistant Shannon Garlie. **Middle Row (from left):** Maggie Berning, Grace Tiernon, Reagan Hinze, Savannah Savitt, Madison Coughlen, Rachel Powers, Emma MacCallum, Morgan Heasty, Katelyn Kilpatrick, Kimberly Lanaghen, Kaitlyn Barth, Lindsey Stalheim, Audrey Coffey, Taylor Acheson. **Front Row (from left):** Gwen Worlton, Hallie Roman, Emily Laudenklos, Jessica Warak, Claire Sorrell, Gabby Baratta, Tori Beeler, Amanda Mathiasen, Izzie Murray, Clara Walstad, Berkeley Livingston, Mira Rhodes, Sara Troyer.

Name	Year	Events	Hometown (High School/Club)
Taylor Acheson*	So.	Free/IM	Overland Park, Kan. (Blue Valley West/Kansas City Blazers)
Gabby Baratta**	Jr.	Breast/IM	Old Tappan, N.J. (Northern Valley Regional/Scarlet Aquatics)
Kaitlyn Barth	Fr.	Free/Back/Fly	Madison, Wis. (Edgewood/ Madison Aquatic Club)
Tori Beeler***	Sr.	Breast/Back/IM	Parkville, Mo. (Park Hill South/Lawrence Aquahawks)
Maggie Berning*	So.	Free/Fly	Kettering, Ohio (Fairmont/Dayton Raiders)
Audrey Coffey*	So.	Free/Fly	Naperville, Ill. (Naperville Central/Academy Bullets)
Madison Coughlen**	Jr.	Fly/IM	Frisco, Texas (Frisco/Texas Ford Aquatics)
Alexandra Ellis	So.	Free	Omaha, Neb. (Millard South/Millard Aquatic Club)
Carla Gonzalez-Garcia***	Sr.	Back/IM	Merida, Venezuela (Arlington Martin/Venezuela National Team)
Autumn Haebig**	Jr.	Free/Back/Fly	Grafton, Wis. (Grafton/Ozaukee Aquatics)
Morgan Heasty	So.	Breast/IM	Lincoln, Neb. (Pius X/Greater Nebraska Swim Club)
Reagan Hinze	Fr.	Diver	Conroe, Texas (Conroe/Woodlands Diving Academy)
Katelyn Kilpatrick*	So.	Free	Ocala, Fla. (Vanguard/Central Florida Marlins)
Abi Knapton***	Sr.	Diver	Omaha, Neb. (Omaha Marian/Nebraska Diving Club)
Allison Kopas**	Jr.	Back/IM	Fort Lauderdale. Fla. (NSU University/Swim Fort Lauderdale)
Kimberly Lanaghen	Fr.	Fly	Boulder, Colo. (Fairview/Jeffco Hurricanes)
Berkeley Livingston	Fr.	Free/IM	Lincoln, Neb. (Southwest/Lincoln Select)
Emma MacCallum	So.	Fly/IM	Golden, Colo. (Golden/Jeffco Hurricanes)
Sutton Marvin**	Jr.	Free	Austin, Texas (McNeil/Nitro Swimming)
Amanda Mathiasen	Fr.	Free	Willmar, Minn. (Willmar)
Amelia Miller	So.	Free	Havre, Mont. (Havre)
Izzie Murray**	Jr.	Back/Fly	North Bend, Ohio (Taylor/Cincinnati Marlins)
Jessica Pentlarge**	Jr.	Back/Free	San Diego, Calif. (Cathedral Catholic/North Coast Aquatics)
Rachel Powers**	Jr.	Free	Sun Prarie, Wis. (Sun Prairie/Madison Aquatic Club)
Mira Rhodes**	Jr.	Back/Fly	Oakwood, Ohio (Oakwood/Dayton Raiders)
Hallie Roman*	So.	Diver	Port Huron, Mich. (Port Huron Northern/Legacy Diving Club)
Molly Rosenthal	Fr.	Freestyle	Glen Ellyn, Ill. (Glenbard West/B.R. Ryall YMCA Club)
Savannah Savitt***	Sr.	Free/Breast/IM	Tampa, Fla. (Tampa Preparatory School/Tampa Bay Aquatics)
Lindsey Stalheim***	Sr.	Fly/Back/IM	Omaha, Neb. (Millard West/Millard Aquatic Club)
Claire Sorrell	So.	Free	Kearney, Neb. (Kearney)
Grace Tiernon**	Jr.	Diver	Fishers, Ind. (Heritage Christian/Indiana International School of Diving)
Sara Troyer*	So.	Diver	Goshen, Ind. (Northridge/Indiana International School of Diving)
Alejandra Vasquez	So.	Free	Bogota, Colombia (Colegio Fontan/Club Kronos)
Clara Walstad*	Jr.	Free/Back/Fly	Lincoln, Neb. (Southwest/Heartland Aquatics)
Jessica Warak*	So.	Diver	Bellevue, Neb. (Bellevue West/Nebraska Diving Club)
Gwen Worlton***	Sr.	Breast	Fox Point, Wis. (Nicolet/Schroeder YMCA Club)

*denotes letter earned at Nebraska

Head Coach: Pablo Morales (Stanford, 1987)
Associate Head Coach: Patrick Rowan (Eastern Michigan, 2000)
Graduate Assistant Coach: Morgan McCafferty (Nebraska, 2019)
Head Diving Coach: Natasha Chikina (USC, 1999)
Graduate Assistant Coach: Shannon Garlie (Kansas, 2012)

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HUSKERS EXCITED TO BUILD MORE MOMENTUM

After another successful season with the Huskers finishing among the top 40 at the NCAA Championships for the fourth straight year and posting their best conference finish since joining the Big Ten in 2012, Coach Pablo Morales and the Nebraska swimming and diving team are hopeful to continue building more momentum in 2020.

The most successful diver in Nebraska history, Abi Knapton earned her third consecutive first-team All-America award on the platform in 2019. In addition to her fifth-place finish at nationals on platform, Knapton took 15th on the three-meter dive to earn honorable-mention All-America accolades in the event.

A four-time All-American heading into her senior season, Knapton could become the first Husker swimmer or diver in history to earn first-team All-America honors in the same event four times. However, Knapton's pursuit of a record fourth first-team All-America award is expected to be put on hold for one more year, while she focuses on trying to earn a spot on the 2020 U.S. Olympic Diving Team.

While Knapton is Nebraska's lone returning scorer from the NCAA Championships, the Huskers possess several threats to score at nationals.

Sophomore diver Jessica Warak competed at the NCAA Championships as a true freshman on both the platform and three-meter dives, taking 22nd on platform in her first trip to nationals. Warak, who finished in the top 20 in all three diving events at the Big Ten Championships, took 12th on the one-meter board at the conference meet. However, she also is expected to redshirt in 2020 to recover from an injury. She and Knapton expect to return to lead NU in 2021.

Another sophomore diver, Sara Troyer, could contend at the conference and national levels. Troyer finished 11th on the three-meter dive at the Big Ten Championships and posted NCAA qualifying standards in both the one- and three-meter dives as a freshman. Junior diver Grace Tiernon and sophomore Hallie Roman join true freshman Reagan Hinze in completing a formidable diving squad.

While the Huskers expect to be strong in the well under the direction of Head Diving Coach Natasha Chikina even without the All-American Knaption and Warak, the Nebraska swimmers also plan to make plenty of waves in the water this season.

Team captain Autumn Haebig will pursue another trip to the NCAA Championships while solidifying her position at the U.S. Olympic Trials in Omaha.

As a freshman in 2018, Haebig qualified for the NCAA Championships in the 100 backstroke and the 200 and 500 freestyles. She has produced top-18 finishes in all three events at each of the past two Big Ten Championships.

Now the junior from Grafton, Wis., is poised for her best year. Entering the season, Haebig has already qualified for the Olympic Trials in the 100-meter back, 200-meter freestyle and 400 freestyle. Her times in the 100 back (1:01.91) and the 400 free (4:14.96) were both long course school records.

Last season, Haebig posted Nebraska's top times in the 100 free (49.38), 200 free (1:46.02), 500 free (4:45.03) and 100 back (53.60). All of those times met NCAA B qualifying standards. A true workhorse in the water for the Huskers, Haebig also swam legs on Nebraska's 400 and 800 free relays and 200 and 400 medley relays at the 2019 Big Ten Championships.

Another team captain, junior Izzie Murray could also be in the hunt for a spot at nationals while being a leader at the conference level. Last season, Murray finished seventh at the Big Ten Championships - Nebraska's top individual finish in the pool. An outstanding worker, Murray has slashed more than two-and-a-half seconds off her career best in the 200 fly since her freshman season. Her time in the 200 fly (1:57.11) met the NCAA B qualifying standard last year.

Audrey Coffey and Katelyn Kilpatrick could also be in positions to contribute for the Huskers at the national level. Coffey, a sophomore from Naperville, Ill., finished 19th in the 1,650-yard freestyle in her Big Ten Championship debut last season. During the summer, Coffey earned a bid to the U.S. Olympic Trials in Omaha by cruising to a Nebraska school-record time of 16:48.76 in the 1,500-meter at Speedo Summer Sectionals in Jenks, Okla.

Kilpatrick, a sophomore from Ocala, Fla., finished 21st in her debut alongside Coffey in the 1,650 free at the Big Ten meet last season. Both Coffey (16:34.29) and Kilpatrick (16:35.46) posted times just outside the NCAA B qualifying standard last year and could be in position for significant improvement after their first collegiate seasons of training.

Seniors Tori Beeler, Gwen Worlton, Lindsey Stalheim, Carla Gonzalez-Garcia and Savannah Savitt will all be looked to for leadership in 2019-20.

Beeler posted Nebraska's top time in the 200 IM (1:59.10) last season and has finished in the top 20 at the Big Ten Championships in each of the past two seasons in the event. Along with her NCAA B cut in the 200 IM, Beeler swam legs of both the 200 and 400 medley relays for the Huskers at the Big Ten Championships. She also joins Worlton as one of NU's top competitors in the breaststroke events.

Worlton has finished 18th at the Big Ten meet in the 200 breast each of the past two seasons. Last season, Worlton met the NCAA B qualifying standard in both the 100 and 200 breast.

Stalheim owns Nebraska's top returning time in the 200 backstroke, while Gonzalez-Garcia could be asked to play a greater role in both the backstroke and freestyle events with the graduations of several key swimmers in those events from a year ago. Gonzalez-Garcia swam to 24th in the 200 free at the 2019 Big Ten Championships, while taking 27th in the 100 free. She also competed in the 800 free relay at the conference meet.

While Nebraska's senior class will certainly play a major leadership role for the Huskers, the juniors, led by captains Haebig and Murray, should provide added guidance throughout the year.

2019-20 HUSKERS

Letterwinners Returning: 24
Newcomers: 6
2019 Big Ten Championship
Top-24 Returning Finishers: 13 (19)
2018-19 Returning
Academic All-Big Ten Selections: 16

TOP RETURNING PERFORMANCES FROM 2018-19

50 Freestyle: Clara Walstad, 23.22
100 Freestyle: Autumn Haebig, 49.38
200 Freestyle: Autumn Haebig, 1:46.02
500 Freestyle: Autumn Haebig, 4:45.03
1,000 Freestyle: Audrey Coffey, 10:23.78
1,650 Freestyle: Audrey Coffey, 16:34.29
100 Butterfly: Izzie Murray, 53.85
200 Butterfly: Izzie Murray, 1:57.11
100 Backstroke: Autumn Haebig, 53.60
200 Backstroke: Lindsey Stalheim,2:00.43
100 Breaststroke: Gwen Worlton, 1:01.83
200 Breaststroke: Gwen Worlton, 2:13.38
200 IM: Tori Beeler, 1:59.10
400 IM: Madison Coughlen, 4:17.51
One-Meter Dive: Abi Knapton, 323.70
Three-Meter Dive: Abi Knapton, 362.48
Platform Dive: Abi Knapton, 343.85

Senior Tori Beeler returns as one of Nebraska's top breaststroke and IM swimmers in 2019-20. She finished 20th in the 200 IM at the 2019 Big Ten Championships.

SHOOT FOR FIFTH STRAIGHT TOP 40 NCAA FINISH

Madison Coughlen, Allison Kopas, Sutton Marvin, Jessica Pentlarge, Rachel Powers, Mira Rhodes, Grace Tiernon and Clara Walstad, were all contributors as sophomores last season.

Coughlen raced to an 11th-place finish in the 200 butterfly at the Big Ten Championships.

Kopas is a versatile swimmer who competed in the 200 and 400 IM and the 200 fly each of the past two seasons at the Big Ten Championships.

Marvin and Powers add depth in the distance freestyle events, while Pentlarge could be looked to for added contributions in the freestyle and backstroke events this year after the graduation of several top contributors from a year ago.

Rhodes bolsters Nebraska's butterfly group, while Walstad owns Nebraska's top returning time in the 50 free.

A large collection of sophomores led by Audrey Coffey and Katelyn Kilpatrick in the distance freestyle events and Sara Troyer and Hallie Roman in the diving well could be asked to increase their contributions for the Huskers in 2020.

Maggie Berning posted the best finish among the Husker sophomore swimmers at the 2019 Big Ten Championships. Berning took 22nd in the 200 fly as a freshman at the conference meet, while adding depth in the distance freestyle events.

Taylor Acheson joined Berning in competition in the 200 fly at the Big Ten meet, while also competing in the 200 IM and the 200 free at the conference championships as a freshman.

Sophomore walk-ons Alexandra Ellis, Morgan Heasty, Emma MacCallum, Amelia Miller, Claire Sorrell and Alejandra Vasquez add depth across the board for the Huskers.

A talented freshman class may be expected to make immediate contributions for the Huskers in 2020.

Sophomore Jessica Warak is part of a talented Nebraska diving corps. Warak, who took 22nd on platform at the 2019 NCAA Championships, is expected to redshirt because of an injury during the 2019-20 season.

Reagan Hinze, a two-time National Interscholastic Swim Coaches Association (NISCA) All-America diver from Conroe, Texas, could make an immediate impact on Nebraska's diving group. Competing for Woodlands Diving Academy, Hinze was also a four-time AAU All-American, a seven-time USA Diving zone qualifier and a two-time USA Diving Spring Nationals qualifier.

In the pool, Nebraska state swimmer of the meet Berkeley Livingston out of Lincoln Southwest High School could make an instant impact. Livingston won three straight Nebraska Class A state titles in the 500 free from 2017 to 2019, helping the Silver Hawks capture four consecutive state titles. She added another state championship of her own in the 200 IM as a senior, after taking runner-up honors in the 200 IM as a sophomore in 2017. She was also an NISCA All-American.

Kaitlyn Barth, a six-time Wisconsin state champion and All-American, also could provide immediate help to the Huskers in the freestyle, backstroke and butterfly events.

Freshman Kimberly Lanaghen, who was a four-time Colorado Class 5A finalist in the 100 butterfly could help the Huskers in the fly events, while Amanda Mathiasen and Molly Rosenthal will fill roles in the freestyle events. Mathiasen is a sprint freestyler from Minnesota, while Rosenthal was one of the top 500 freestyle swimmers in the state of Illinois throughout her high school career.

The Husker distance swimmers got an early start to the season at the CSCAA National Collegiate Open Water Championships in Lawrence, Kan., on Sept. 14. Audrey Coffey finished eighth in a field of 80 collegiate swimmers with a time of 1:05:46.9 in the 5,000-meter swim at Lone Star Lake. Rachel Powers added an 11th-place finish in a time of 1:06:12.6. Molly Rosenthal, Maggie Berning and Katelyn Kilpatrick also represented the Big Red at the open water meet.

The full squad of Huskers begins the season with the Scarlet vs. Cream Intrasquad meet at the Devaney Natatorium on Friday, Sept. 27 at 4 p.m.

The Huskers open regular-season action at South Dakota State (Oct. 11), before completing the weekend at Northern Iowa (Oct. 12).

The following week, the Huskers open home regular-season dual competition against former Big 12 rival Iowa State at the Devaney Natatorium on Saturday, Oct. 19 at noon.

Nebraska closes fall dual competition on Saturday, Nov. 9 at Kansas, as the Huskers look to avenge their lone dual loss of the 2019 season.

After the dual with the Jayhawks, Husker swimmers and divers will have several opportunities to compete for qualifying spots at the U.S. Olympic Trials. The Big Red will travel to the Mizzou Invite, Nov. 20-22, which will provide chances for long course qualifying on Nov. 19.

The U.S. Open will be in Atlanta (Dec. 4-7), while the Minnesota Diving Invite (Dec. 5-7) and USA Diving Winter Nationals (Dec. 17-22) give Huskers qualifying opportunities in Minneapolis.

After a holiday training trip to Florida, the Huskers re-open dual action at the Devaney Natatorium against Omaha on Saturday, Jan. 18 at 11 a.m. One week later, the Big Red return to Devaney to host Big Ten-rival Illinois on Saturday, Jan. 25 at 11 a.m. The meet with the Fighting Illini will be Senior Day for the Huskers.

Nebraska closes the regular season with its annual two-day dual against Rutgers in Piscataway, Jan. 31-Feb. 1.

Nebraska makes the short trip to the Big Ten Championships in Iowa City, Feb. 19-22, before a final opportunity to meet NCAA qualifying standards at the Mizzou Last Chance Meet, Feb. 29-March 1.

The Husker divers head to Dallas for the NCAA Zone Diving Meet (March 9-11), before the 2020 NCAA Championships in Athens, Ga., March 18-21.

2019-20 NEBRASKA SWIMMING & DIVING SCHEDULE

Date	Meet	Location	Time
Sept. 27	**Scarlet vs. Cream Intrasquad**	**Devaney Natatorium**	**4 p.m.**
Oct. 11	at South Dakota State	Brookings, S.D.	TBD
Oct. 12	at Northern Iowa	Cedar Falls, Iowa	2 p.m.
Oct. 19	**Iowa State**	**Devaney Natatorium**	**Noon**
Nov. 9	at Kansas	Lawrence, Kan.	2 p.m.
Nov. 20-22	at Mizzou Invite	Columbia, Mo.	All Day
Dec. 4-7	at U.S. Open	Atlanta, Ga.	All Day
Dec. 5-7	at Minnesota Diving Invite	Minneapolis, Minn.	All Day
Dec. 17-22	at USA Diving Winter Nationals	Minneapolis, Minn.	All Day
Jan. 4-11	at Holiday Training Trip	Palm Beach, Fla.	All Day
Jan. 18	**Omaha**	**Devaney Natatorium**	**11 a.m.**
Jan. 25	**Illinois**	**Devaney Natatorium**	**11 a.m.**
Jan. 31-Feb. 1	at Rutgers	Piscataway, N.J.	5 p.m./10 a.m.
Feb. 19-22	at Big Ten Championships	Iowa City, Iowa	All Day
Feb. 29-March 1	at Mizzou Last Chance Meet	Columbia, Mo.	All Day
March 9-11	at NCAA Zone Diving Meet	Dallas, Texas	All Day
March 18-21	at NCAA Championships	Athens, Ga.	All Day
June 13-21	at U.S. Olympic Team Trials Diving	Indianapolis, Ind.	All Day
June 21-28	at U.S. Olympic Team Trials Swimming	Omaha, Neb.	All Day

2019-20 NCAA DIVISION I QUALIFYING STANDARDS

Event	A Standard	B Standard
50 Free	21.66	22.76
100 Free	47.18	49.51
200 Free	1:42.98	1:47.12
500 Free	4:35.76	4:47.20
1,650 Free	15:52.41	16:30.59
100 Fly	50.92	53.76
200 Fly	1:53.20	1:57.11
100 Back	50.93	53.94
200 Back	1:50.50	1:57.11
100 Breast	58.60	1:01.84
200 Breast	2:06.84	2:13.97
200 IM	1:53.66	1:59.94
400 IM	4:03.62	4:17.30

Relay	Qualifying	Provisional
200 Free	1:28.43	1:29.21
400 Free	3:14.61	3:16.35
800 Free	7:00.86	7:05.88
200 Medley	1:36.40	1:37.05
400 Medley	3:31.66	3:33.78

Diving	Points	Number
One-Meter	265	6 Dives
Three-Meter	280	6 Dives
Platform	225	5 Dives

TORI BEELER

Senior Breaststroke/Backstroke/Individual Medley Parkville, Missouri (Park Hill South)

HONORS & AWARDS

+Long Course School Record
200 IM-2:17.92, 2018
+Three Letters (2017, 2018, 2019)
+Nebraska Scholar-Athlete Honor Roll
(Spring 2017, 2019)
+Tom Osborne Citizenship Team
(2017, 2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 IM	20th
2019	200 Breaststroke	31st
2019	100 Breaststroke	43rd
2018	200 Breaststroke	15th
2018	100 Breaststroke	16th
2018	200 IM	18th
2017	200 IM	26th
2017	200 Breaststroke	26th
2017	100 Breaststroke	38th

Q&A WITH TORI

Who is your hero?
My grandparents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
White trash pizza.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Messy.

What is your favorite family holiday tradition?
Going to Disney for Halloween

What is the best gift you have ever been given?
Grandma's ring.

2019-20 (OUTLOOK)

Tori Beeler has been one of the Huskers' top performers the past three seasons, producing 47 top-five finishes. Beeler hopes to perform at an even higher level as a senior.

2018-19 (JUNIOR)

Beeler excelled during her junior season as a Husker, producing 14 top-five finishes, including three victories and five second-place showings. She aided in five relay victories. A strong 200 IM swimmer, Beeler produced all three victories in the event against Rutgers, Kansas and South Dakota State. The Missouri native had a solid performance at the Hawkeye Invite with a fourth-place finish in the 400 IM, a fifth-place finish in the 200 breast and a sixth-place finish in the 100 breast. Beeler joined Autumn Haebig in representing the Big Ten as members of the sixth-place 400 medley relay at the 2018 ACC/Big Ten Challenge. Beeler competed in the 2018 USA Swimming Winter Nationals, where she broke Emma Johnson's 1998 long-course school record in the 200 IM (2:17.92). At the 2019 Big Ten Championships, Beeler aided in the Huskers' highest conference team finish since 2012 with her 20th-place finish in the 200 IM. She also competed in the 200 breast (31st) and in the 100 breast (43rd).

2017-18 (SOPHOMORE)

Beeler erupted in her debut season as a Husker, producing 16 top-five finishes, including eight victories and four runner-up performances. Beeler set five then-career bests in her first season for the Big Red. She had an outstanding performance at the Kansas Classic where she recorded three of her top times in the 400 individual medley (4:19.95) and in the 200 breast (2:15.13), placing second and third respectively. Beeler's third career best came in the 100 breast (1:01.23) in qualifying at the Kansas Classic, before earning a victory in a time of 1:02.13. Beeler also placed second in the 200 individual medley (2:01.41). At the Big Ten Championships, Beeler recorded a career best in the 200 IM (2:01.12) to place 26th. Beeler also finished 26th in the 200 breast (2:15.50) and 38th in the 100 breast (1:03.13).

2016-17 (FRESHMAN)

Beeler erupted in her debut season as a Husker, producing 16 top-five finishes, including eight victories and four runner-up finishes. Beeler set five then-career bests in her first season for the Big Red. She had an outstanding performance at the Kansas Classic where she recorded three of her top times in the 400 individual medley (4:19.95) and in the 200 breast (2:15.13), placing second and third respectively. Beeler's third career best came in the 100 breast (1:01.23) in qualifying at the Kansas Classic, before earning a victory in a time of 1:02.13. Beeler also placed second in the 200 individual medley (2:01.41). At the Big Ten Championships, Beeler recorded a career best in the 200 IM (2:01.12) to place 26th. Beeler also finished 26th in the 200 breast (2:15.50) and 38th in the 100 breast (1:03.13).

PREVIOUS

Beeler arrived at Nebraska holding Park Hill South High records in nine events. She was also Park Hill South's most valuable swimmer all four years. Beeler was the Kansas City Star All-Metro Swimmer of the Year in 2014, 2015 and 2016. As a senior, Beeler won the 2016 Missouri state title in the 100-yard free and the 200-yard IM. She was all-conference in both events, setting a conference record in the 200 IM. She posted an automatic qualifying time for 2016 All-America honors in the 200 IM. Beeler was also a Kansas City Star All-Metro first-team selection in the 200 IM, 200 freestyle relay, and the 400 free relay as a senior.

PERSONAL

The daughter of Audrea and Steve Beeler, Tori was born Aug. 1, 1997 in Kansas City, Mo. Tori has a younger brother, Cody. Tori is majoring in nutrition and health sciences at Nebraska. She is a two-time Nebraska Scholar-Athlete Honor Roll selection. She was also a member of the Tom Osborne Citizenship Team in 2017, 2018 and 2019. She chose Nebraska over Illinois, Arizona State, South Carolina, Arkansas and New Mexico State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:01.09	2/24/18	Last Chance Meet	Columbia, Mo.
200 Breaststroke	2:12.24	11/18/17	Mizzou Invite	Columbia, Mo.
100 Backstroke	57.15	10/28/16	Northern Iowa	Lincoln, Neb.
200 IM	1:59.02	2/15/18	Big Ten Championships	Columbus, Ohio
400 IM	4:19.95	11/19/17	Kansas Classic	Topeka, Kansas

CARLA GONZALEZ-GARCIA

Senior Backstroke/Individual Medley Merida, Venezuela (Arlington Martin)

HONORS & AWARDS

+Three Letters (2017, 2018, 2019)
+Academic All-Big Ten (2018, 2019)
+Arthur Ashe Jr. Sports Scholar Award (2018)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018, 2019)
+Venezuelan National Team (Pan American Games, 2015)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Freestyle	24th
2019	100 Freestyle	27th
2019	100 Backstroke	35th
2018	200 Freestyle	27th
2018	100 Backstroke	27th
2018	200 Backstroke	31st
2017	200 Backstroke	49th
2017	100 Backstroke	50th
2017	200 Freestyle	52nd

Q&A WITH CARLA

Who is your hero?
My dad.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Tiger.

What is your favorite family recipe?
Rice chicken.

What is your favorite type of foreign food?
Tres leches.

Do you love or hate roller coasters?
Hate.

How many pillows do you sleep with at night?
Six.

Are you a clean or messy person?
In the middle.

What is your favorite family holiday tradition?
Eating 12 grapes on New Year's.

What is the best gift you have ever been given?
A notebook made by my grandpa.

2019-20 (SENIOR)

Carla Gonzalez-Garcia embarks on her senior season with her sights set on placing in the top 24 at the Big Ten Championships. At the 2019 conference meet, the Venezuelan captured two career bests, and hopes to cap her final season with career bests and victories.

2018-19 (JUNIOR)

Gonzalez-Garcia competed in the freestyle and backstrokes for the Huskers as a junior in 2018-19, producing three top-five finishes, including a runner-up finish against Kansas in the 200 free. She collected a pair of fourth-place finishes against Rutgers in the 100 and 200 free. The three-time letterwinner was a member of the second-place 800 free relay team (Savannah Savitt, Allie Worrall, Gonzalez-Garcia, Autumn Haebig) at the Hawkeye Invite. At the 2019 Big Ten Championships, Gonzalez-Garcia produced two career bests by swimming to a time of 50.69 in the 100 free (27th) and in the 200 free prelims (1:47.95). She earned a 24th-place finish in 200 free and a 35th-place finish in the 100 back. She was an academic All-Big Ten selection for the second straight year and claimed her third selection to the Tom Osborne Citizenship Team.

2017-18 (SOPHOMORE)

Gonzalez-Garcia performed well for the Huskers in 2017-18, racking up eight top-five finishes, including a victory and a runner-up finish. She set personal bests in three of her four events. She set three career bests at the 2018 Big Ten Championships with times of 1:48.37 in the 200-yard freestyle, 54.74 in the 100-yard backstroke, and 1:58.87 in the 200-yard backstroke. She appeared in multiple relays, including the 200 free, 200 medley, 400 free and the 400 medley. Gonzalez-Garcia earned academic All-Big Ten honors and claimed an Arthur Ashe Jr. Sports Scholar Award.

2016-17 (FRESHMAN)

Gonzalez-Garcia exploded onto the scene by earning two victories and five runner-up finishes among her 11 top-five finishes as a freshman for the Huskers in 2016-17. During her debut at the Big Ten Championships, Gonzalez-Garcia placed 49th (2:02.20) in the 200 backstroke, 50th (56.16) in the 100 back and 52nd (1:50.60) in the 200 free, setting a career best. Gonzalez-Garcia also got off to a strong start in the classroom and the community, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring before becoming a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Gonzalez-Garcia swam for James Martin High School in Arlington, Texas, under Coach Jon Ivonen. She was a nine-time district champion at James Martin. Gonzalez-Garcia helped James Martin High School take fifth place at Regionals by reeling in a victory in the 200 individual medley. She earned All-America and all-state honors in Texas and was Arlington's April 2014 student-athlete of the month. Gonzalez-Garcia was a three-time state finalist. She is also a member of the Venezuelan National Team and went to the 2015 Pan American Games. She was a member of National Honor Society, French National Honor Society and an honor student.

PERSONAL

The daughter of Maria Garcia and Gilberto Gonzalez, Carla was born Dec. 17, 1997 in Merida, Venezuela. Carla has one older brother, Carlos. An accounting and finance major, Carla earned academic All-Big Ten honors in 2018 and 2019. She is a three-time Nebraska Scholar-Athlete Honor Roll selection. She is also a three-time member of the Tom Osborne Citizenship Team (2017, 2018, 2019). She chose Nebraska over Rutgers and South Carolina.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	50.69	2/23/19	Big Ten Championships	Bloomington, Ind.
200 Freestyle	1:47.95	2/22/19	Big Ten Championships	Bloomington, Ind.
100 Backstroke	54.74	2/16/18	Big Ten Championships	Columbus, Ohio
200 Backstroke	1:58.87	2/17/18	Big Ten Championships	Columbus, Ohio

ABI KNAPTON

Senior Diving Omaha, Nebraska (Omaha Marian)

HONORS & AWARDS

+World University Games Qualifier (2019)
+NCAA First-Team All-American
Platform, 2017 [4th], 2018 [8th], 2019 [5th]
+NCAA Honorable-Mention All-American
Three Meter, 2019 [15th]
+NCAA Championship Qualifier
Platform, 2017, 2018, 2019
Three Meter, 2017, 2018, 2019
+NCAA Zone D Diving Champion
Platform, 2017, 2019
+NCAA Zone D Diving Qualifier
Platform, 2017, 2018, 2019
Three Meter, 2017, 2018, 2019
One Meter, 2017, 2018, 2019
+Nebraska Athletics Outstanding Female Newcomer of the Year (All Sports, 2018-19)
+Three Letters (2017, 2018, 2019)
+CSCAA Scholar All-American
(First Team, 2017, 2018, 2019)
+Big Ten Distinguished Scholar (2018, 2019)
+Academic All-Big Ten (2018, 2019)
+Nebraska Scholar-Athlete Honor Roll
(Fall 2016, 2017, 2018; Spring 2017, 2018, 2019)
+Tom Osborne Citizenship Team (2017, 2018, 2019)

NCAA CHAMPIONSHIPS

Year	Event	Finish
2019	Platform	5th
2019	Three Meter	15th
2018	Platform	8th
2018	Three Meter	22nd
2017	Platform	4th
2017	Three Meter	30th

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	Platform	4th
2019	Three Meter	5th
2019	One Meter	6th
2018	Three Meter	9th
2018	Platform	10th
2018	One Meter	26th
2017	Three Meter	9th
2017	One Meter	11th
2017	Platform	14th

2019-20 (OUTLOOK)

As the most decorated diver in Nebraska history, Abi Knapton seeks to continue her success as a Husker in both the diving well and the classroom. The Omaha native who was selected as one of three captains alongside juniors Autumn Haebig and Izzie Murray for the Huskers in 2019-20, is the first Husker diver in history to be a three-time first-team All-American (platform). She owns four All-America awards overall as the most decorated diver in Nebraska history. While she hopes to become the first Husker swimmer or diver ever to be a four-time first-team All-American in the same event, she expects to put that pursuit on hold while she seeks a spot on the U.S. Olympic Diving Team in 2020. A three-time first-team CSCAA Scholar All-American and two-time Big Ten Distinguished Scholar, Knapton plans to redshirt in 2019-20.

2018-19 (JUNIOR)

Knapton, a four-time All-American, put together her best season yet, firmly establishing herself as the best diver in Nebraska history. At the 2019 NCAA Championships, Knapton dove to fifth place on the platform with a finals score of 316.75. It marked her third consecutive first-team All-America award on the platform. She added an honorable-mention All-America award with her 15th-place finish on the three-meter board. She posted a final score of 639.10 (333.90 carried over from prelims). Knapton became the first four-time All-America diver in Nebraska history and the first Husker diver to earn All-America honors three times in the same event. Knapton also became the first Husker to earn two All-America awards at the same NCAA Championship meet since Elvira Fischer won a pair of honors in the breaststroke events in 2001. Knapton's outstanding junior season made her a finalist for the Nebraska Outstanding Female Athlete of the Year Award across all sports.

Knapton qualified for her third consecutive NCAA Championships by winning the platform competition at the NCAA Zone D Diving meet. She added a ninth-place finish on the three-meter board. She also placed 21st on the one-meter board at the zone diving competition. At the 2019 Big Ten Championships, Knapton captured All-Big Ten honors on the platform with a fourth-place finish and a total of 340.10 points. She posted

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	323.70	2/21/19	Big Ten Championships	Bloomington, Ind.
Three Meter	362.48	11/3/18	Kansas	Lincoln, Neb.
Platform	343.85	11/17/18	Hawkeye Invite	Iowa City, Iowa

the highest round score of the evening in round two (90.75), followed by a strong third-round dive (70.95). Not only was it Knapton's first year placing in the top eight, she placed in the top eight in all three dives. She took fifth on the three-meter board and added a sixth-place showing on the one meter, setting a career best with a 323.70 on the one meter at the Big Ten Championships.

Knapton's stellar junior campaign included 13 individual titles among her 23 top-five finishes. She represented the Big Ten at the ACC/Big Ten Challenge, diving to fourth-place finishes on both the platform and three-meter events. She dominated the platform board at the Hawkeye Invite by earning a career best with a score of 343.85. She also claimed second place on the three-meter board (357.80) at the invite. The three-time letterwinner earned her career best on the three-meter board (362.48) with a win against Kansas. She captured an impressive victory at the CAMO International Diving Invite on the platform board, before adding a runner-up finish on the three-meter board. Knapton represented the Huskers at the USA Winter Diving Trials, taking fifth on the platform and 12th on the three-meter board. She swept the platform and three-meter events at the Wally Nakamoto Invite.

A three-time first-team CSCAA Scholar All-American, Knapton was named a Big Ten Distinguished Scholar for the second time. She also claimed an academic All-Big Ten selection for the second straight season. She is a three-time Tom Osborne Citizenship Team member.

2017-18 (SOPHOMORE)

Knapton became the first diver in Nebraska history to capture first-team All-America honors in back-to-back seasons. Knapton took eighth on the platform dive (286.15) to claim first-team All-America honors for the second straight season on the event. She added a 22nd-place finish on the three-meter board (307.60) at nationals to cap another history-making season. She qualified for nationals with career bests on the platform (589.70) and on the one meter (535.85) at the NCAA Zone D Diving competition. At the Big Ten Championships, Knapton took ninth on the three meter, 10th on the platform and 26th on the one meter. Throughout the season, Knapton captured 12 individual titles and five runner-up finishes among her 19 top-five showings. Also an outstanding student, Knapton was named a first-team CSCAA Scholar All-American for the second time and was a Big Ten Distinguished Scholar and academic All-Big Ten selection. She was also a member of the Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

A first-team All-American with a fourth-place finish on the platform as a true freshman at the 2017 NCAA Championships, Knapton kicked off her diving career strong with 17 top-five finishes, including three victories as a freshman for the Huskers in 2016-17. Knapton notched a victory at the 2017 NCAA Zone D Diving Meet in platform with a total of 553.00. She qualified for the 2017 NCAA Swimming and Diving Championships in the three-meter and platform dives. Knapton competed in all three dives at the Big Ten Championships, finishing 14th on platform (257.50), 11th on the one-meter dive (285.60) and ninth on three meter (337.35). She set two season bests at Illinois in both the one-meter (294.98) for a runner-up finish and in the three meter (343.12) to capture her first dual victory. She also finished second on platform at the Jean Freeman Invite with a season-best 318.70. Knapton earned spots on the Nebraska Scholar-Athlete Honor Roll both semesters.

PREVIOUS

Knapton was one of the state's top divers as a senior at Omaha Marian High School in 2016. The Nebraska state runner-up in the one-meter dive as a senior, Knapton helped the Crusaders to a state runner-up finish as a team. Knapton was also the runner-up at the Region 8 Championships. A strong performer in the classroom as well, Knapton earned the President's Award for Educational Excellence. She was also an honor roll student at Omaha Marian throughout her high school career.

PERSONAL

The daughter of Emily and Jeffery Knapton, Abigail was born April 23, 1998 in Cheyenne, Wyo. Abi has one younger sister, Nettie-Clare. A pre-health major, Abi was a first-team CSCAA Scholar All-American in 2017, 2018 and 2019. She was named a Big Ten Distinguished Scholar and an academic All-Big Ten selection in 2018 and 2019. She is a six-time Nebraska Scholar-Athlete Honor Roll selection. She is also a three-time member of the Tom Osborne Citizenship Team. She chose Nebraska over Wyoming, Utah, Ohio, Army West Point, Virginia Tech, Arkansas and Boise State.

Q&A WITH ABI

Who is your hero?
My mom.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Elephant.

What is your favorite family recipe?
Coney islands.

What is your favorite type of foreign food?
Greek.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Seven.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Going to church on Christmas Eve.

What is the best gift you have ever been given?
My camera.

SAVANNAH SAVITT

Senior Freestyle/Breaststroke/Individual Medley Tampa, Florida (Tampa Preparatory)

HONORS & AWARDS

+Three Letters (2017, 2018, 2019)
+Academic All-Big Ten (2018, 2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017, 2018; Spring 2018, 2019)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Freestyle	49th
2019	500 Freestyle	49th
2019	100 Freestyle	60th
2018	200 Breaststroke	44th
2018	500 Freestyle	56th
2018	200 Freestyle	61st
2017	200 Breaststroke	43rd
2017	500 Freestyle	59th
2017	200 Freestyle	64th

Q&A WITH SAVANNAH

Who is your hero?
Snoop Dogg.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Lion.

What is your favorite family recipe?
Sweet potato casserole.

What is your favorite type of foreign food?
Crepes.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
One.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Lighting the Menorah.

What is the best gift you have ever been given?
My hair.

2019-20 (OUTLOOK)

Savannah Savitt returns to the pool in 2019-20 hoping for a memorable senior campaign. Savitt had a solid junior season that included three top-five finishes. With continued work, Savitt could contend for even higher finishes in her final season.

2018-19 (JUNIOR)

Savitt had a solid junior season for the Huskers with three top-five finishes. The three-time letterwinner raced to a fourth-place finish in the 200 freestyle in a dual against Illinois. She added fifth-place finishes against Kansas in the 200-yard free and against Iowa State in the 200 breaststroke. The Floridian compiled three season bests at the Hawkeye Invite, including the 200 free (1:50.97), 100 breast (1:04.81) and 200 breast (2:20.91). She was also a member of the second-place 800 free relay (Savitt, Allie Worrall, Carla Gonzalez-Garcia, Autumn Haebig) at the invite with a time of 7:17.94. At the 2019 Big Ten Championships, Savitt competed in the 200 free (49th), 500 free (49th) and 100 free (60th). The two-time academic All-Big Ten honoree is a three-time member of the Tom Osborne Citizenship Team.

2017-18 (SOPHOMORE)

Savitt accumulated seven top-five finishes, including a victory in the 200 breaststroke against Omaha. Savitt set three career bests at the Mizzou Invite in the 200 free (1:50.22), 500 free (4:52.80) and 200 breast (2:17.74). At the 2018 Big Ten Championships, Savitt competed in three events, including the 200 breast (44th), 500 free (56th) and 200 free (61st). Savitt was a member of the runner-up 800-yard freestyle relay at the Mizzou Invite that included Autumn Haebig, Allie Worrall and Allison Kopas (7:23.11). In the classroom, Savitt earned academic All-Big Ten honors and was named to the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She claimed a spot on the Tom Osborne Citizenship Team for the second time.

2016-17 (FRESHMAN)

Savitt produced five top-five finishes in her freshman season with the Huskers. She helped Nebraska to the team title at the Kansas Classic with her performances in the 500-yard freestyle (5:00.61) and 200-yard breaststroke (2:22.92). At the 2017 Big Ten Championships, Savitt finished 43rd in the 200-yard breaststroke, 59th in the 500 free and 64th in the 200-yard freestyle. She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall and was a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Savitt set four school records at Tampa Preparatory School while swimming for Coach Jason Bowes. A 15-time district champion and nine-time regional champion, Savitt produced seven top-five finishes at the Florida state meet in her career. Savitt was also a two-time All-American in the pool and a two-time USA Swimming Scholastic All-American. She was a three-time first-team All-Tampa Bay Area selection. Savitt set 11 records while swimming for Tampa Bay Aquatics. A strong performer in the classroom as well, Savitt was a member of National Honor Society.

PERSONAL

The daughter of Dorilee and Alan Savitt, Savannah was born Aug. 18, 1997, in Tampa, Fla. Savannah has a younger sister, Shelby, and a younger brother, Ryan. Savannah is a marketing major in the College of Business at Nebraska. She earned academic All-Big Ten honors in 2018 and 2019, and is a five-time Nebraska Scholar-Athlete Honor Roll selection. She claimed spots on the Tom Osborne Citizenship Team in 2017, 2018 and 2019. She chose Nebraska over West Virginia, Cincinnati and Kentucky.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:50.22	11/17/17	Mizzou Invite	Columbia, Mo.
500 Freestyle	4:52.80	11/16/17	Mizzou Invite	Columbia, Mo.
100 Breaststroke	1:04.81	11/16/18	Hawkeye Invite	Iowa City, Iowa
200 Breaststroke	2:17.74	11/18/17	Mizzou Invite	Columbia, Mo.

LINDSEY STALHEIM

Senior Butterfly/Backstroke/Individual Medley Omaha, Nebraska (Millard West)

HONORS & AWARDS

+Three Letters (2017, 2018, 2019)
+Academic All-Big Ten (2018, 2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2016, 2017, 2018; Spring 2017, 2018, 2019)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	100 Butterfly	34th
2019	200 Backstroke	34th
2019	100 Backstroke	47th
2018	100 Backstroke	47th
2018	200 Backstroke	47th
2018	100 Butterfly	55th
2017	200 Backstroke	48th
2017	100 Backstroke	53rd
2017	100 Butterfly	69th

Q&A WITH LINDSEY

Who is your hero?
My mom.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Sharks.

What is your favorite family recipe?
Cheesecake.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Three.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Watching Christmas movies.

What is the best gift you have ever been given?
A puppy.

2019-20 (OUTLOOK)

Lindsey Stalheim has been a solid contributor since arriving on campus and has steadily improved over her first three years. Stalheim hopes to conclude her final season as a Husker by placing in the top 24 at the Big Ten Championships while chasing career-best times throughout the season.

2018-19 (JUNIOR)

Stalheim concluded her junior campaign with seven top-five finishes, including a runner-up performance with a career-best 2:00.43 in the 200 back at the Last Chance Meet. She also clocked a career best in the 100 back (51.78). At Iowa State, the Omahan produced a pair of fourth-places finishes in the 100 and 200 back. Stalheim had a solid performance at the Hawkeye Invite, placing in the top 24 in the 100 back (12th), 100 fly (13th) and 200 back (20th). She added a career best during her exhibition race in the 200 fly (2:08.58). At the 2019 Big Ten Championships, Stalheim posted career bests with 34th-place finishes in the 100 fly and 200 back, while adding a 47th-place finish in the 100 back. The three-time letterwinner made the academic All-Big Ten team for the second consecutive season and claimed her third spot on the Tom Osborne Citizenship Team.

2017-18 (SOPHOMORE)

Stalheim claimed two top-five finishes, including a runner-up finish in the 200 fly (2:11.97) against Omaha. Stalheim captured four then-career bests at the Mizzou Invite in the 100 back (55.84), 200 back (2:01.57), 100 fly (56.50) and 200 fly (2:09.24). At the 2018 Big Ten Championships, Stalheim competed in the 100 back (47th), 200 back (47th) and 100 fly (55th). She earned academic All-Big Ten honors as a sophomore and claimed spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She was named to the Tom Osborne Citizenship Team for the second straight season.

2016-17 (FRESHMAN)

Stalheim recorded five top-five finishes across six events as a freshman for the Huskers in 2016-17. She had a solid performance in Nebraska's dual victory over South Dakota State, taking fourth in both the 200 back (2:13.09) and 200 fly (2:16.85). At the 2017 Big Ten Championships, Stalheim produced a then-career best in the 200 back (2:02.01). She also competed in the 100 back (56.41) and the 100 fly (58.19). Stalheim found success in the classroom as well, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

Stalheim was named Millard West High School's most valuable swimmer in both 2014 and 2016. She aided Millard West in capturing a fourth-place finish at the Nebraska High School Championships. In 2014 and 2015, Stalheim earned the Metro Swimming Conference All-American Award and the Midwestern Swimming Academic Award. A four-time academic letterwinner, Stalheim was also a member of All-State Orchestra in 2013.

PERSONAL

The daughter of Marian and Marshall Stalheim, Lindsey was born July 21, 1997 in Omaha, Neb. Lindsey has two sisters, Sarah and Carley, as well as three brothers, Nick, Dylan and Jordan. Lindsey is majoring in biological sciences at Nebraska. She earned academic All-Big Ten honors in 2018 and 2019, and is a six-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2017, 2018 and 2019. She chose Nebraska over Drury and Northern Iowa.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	51.78	3/2/19	Last Chance Meet	Columbia, Mo.
100 Backstroke	55.84	11/17/17	Mizzou Invite	Columbia, Mo.
200 Backstroke	2:00.43	3/3/19	Last Chance Meet	Columbia, Mo.
100 Butterfly	55.38	2/22/19	Big Ten Championships	Bloomington, Ind.
200 Butterfly	2:08.58	11/17/18	Hawkeye Invite	Iowa City, Iowa

GWEN WORLTON

Senior Breaststroke Fox Point, Wisconsin (Nicolet)

HONORS & AWARDS

+Three Letters (2017, 2018, 2019)
+Academic All-Big Ten (2018, 2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017; Spring 2017)
+Herman Team GPA Award (2017)
+Tom Osborne Citizenship Team (2017, 2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Breaststroke	18th
2019	100 Breaststroke	29th
2019	50 Freestyle	100th
2018	200 Breaststroke	18th
2018	100 Breaststroke	30th
2017	100 Breaststroke	37th
2017	200 Breaststroke	39th
2017	50 Freestyle	84th

Q&A WITH GWEN

Who is your hero?
My mom.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Cows.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Cutting down our Christmas tree.

2019-20 (OUTLOOK)

Senior Gwen Worlton hopes to cap a solid Husker career with her best season in 2019-20. Worlton has contributed as one of Nebraska's top breaststrokers the past several seasons and will take aim at career-best times and top-16 finishes at the Big Ten Championships in 2020. Worlton also is likely to be a contributor on Nebraska's relay squads.

2018-19 (JUNIOR)

Worlton amassed 14 top-five finishes, including seven victories and one runner-up finish during her junior campaign as a Husker. She claimed victories against Iowa State, Northern Iowa, Rutgers and South Dakota State. The three-time letterwinner added two victories against Illinois in the 100- and 200-meter breaststroke. The Wisconsin native raced to a pair of fourth-place finishes in the 100 and 200 breaststroke at the 2018 Hawkeye Invite. The two-time academic All-Big Ten selection helped the Huskers to their best conference team finish since 2012, by taking 18th in the 200 breaststroke (2:13.38) at the 2019 Big Ten Championships. She added a 29th-place finish in the 100 breast. Worlton is a three-time member of the Tom Osborne Citizenship Team.

2017-18 (SOPHOMORE)

Worlton continued to perform at a high level as a sophomore. She competed in four events for the Huskers throughout the season, amassing 13 top-five finishes, including two victories and four second-place showings. She set three career bests in her second season with two of those coming at the Mizzou Invite. Worlton set personal records of 23.81 in the 50-yard freestyle (Big Ten Championships), 1:01.76 in the 100 yard-breaststroke (Mizzou Invite), and 2:12.66 in the 200-yard breast (Mizzou Invite). At the 2018 Big Ten Championships, Worlton competed in the 200 breast (18th), 100 breast (30th) and 50 free. Worlton was also a member of Nebraska's seventh-place 400-yard medley relay (Autumn Haebig, Worlton, Izzie Murray, Lindsay Helferich) that posted a school-record time of 3:36.03. In the classroom, Worlton earned academic All-Big Ten honors. She was also a member of the 2018 Tom Osborne Citizenship Team.

2016-17 (FRESHMAN)

Worlton wrapped up her freshman season as a Husker with six top-five finishes. A strong breaststroke swimmer, Worlton registered all six of her top-five finishes in the 100- and 200-yard breaststroke events. Worlton helped the Huskers in a dual victory against Kansas, placing third in both the 100-yard breaststroke (1:05.19) and the 200-yard breaststroke (2:20.57). She also aided in team dual victories against Illinois and Iowa State, posting two top-five times at each dual. At the 2017 Big Ten Championships, Worlton produced a trio of then-career bests in placing 37th in the 100 breast (1:03.06), 39th in the 200 breast (2:18.93) and 84th in the 50 free (24.22). She earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2017. She was also a member of the 2017 Tom Osborne Citizenship Team.

PREVIOUS

The 2014 Wisconsin state champion in the 100-yard breaststroke, Worlton was an All-American in the event during her prep career. A four-time letterwinner at Nicolet High School, Worlton also broke Schroeder YMCA Swim Team records in both the 100 and 200 breaststroke.

PERSONAL

The daughter of Jane and David Worlton, Gwen was born Dec. 15, 1997 in Torrance, Calif. Gwen has a sister, Chloe, and two brothers, Teague and Owen. Gwen is majoring in nutrition, exercise and health science and earned academic All-Big Ten honors in 2018. She is a two-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2017, 2018 and 2019. She chose Nebraska over Auburn, Purdue and Miami (Ohio).

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:01.76	11/16/17	Mizzou Invite	Columbia, Mo.
200 Breaststroke	2:12.66	11/18/17	Mizzou Invite	Columbia, Mo.
50 Freestyle	23.81	2/15/18	Big Ten Championships	Columbus, Ohio

GABBY BARATTA

Junior Breaststroke/Individual Medley Old Tappan, New Jersey (Northern Valley Regional)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll
(Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

Q&A WITH GABBY

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
Chicken parmigiana.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Hate.

How many pillows do you sleep with at night?
Four.

Are you a clean or messy person?
Messy.

What is your favorite family holiday tradition?
My whole family coming together.

What is the best gift you have ever been given?
A car.

2019-20 (OUTLOOK)

Junior Gabby Baratta hopes to build on her sophomore success as one of Nebraska's top breaststrokers. Baratta is expected to compete at a high level in the 100- and 200-yard breaststroke events, where she finished with three top-five finishes in 2018-19. Baratta will provide experience to a team of young Huskers who look to improve on the program's best finish as a Big Ten Conference member.

2018-19 (SOPHOMORE)

Baratta claimed three top-five finishes, including a pair of victories in the 100 and 200 breaststroke at the Last Chance Meet after racing to a career best in the 200 breast prelims (2:18.10). At the 2018 Hawkeye Invite, the New Jersey native took 11th in the 200 breast and 15th in the 100 breast. Baratta earned fourth place against Rutgers in the 200 breaststroke. The two-time letterwinner earned academic All-Big Ten honors and claimed spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. Baratta is a two-time member of the Tom Osborne Citizenship Team.

2017-18 (FRESHMAN)

Baratta concluded her debut season with one top-five finish, including a fifth-place finish in the 100-yard breaststroke in Nebraska's dual victory over Northern Iowa. Baratta set three career bests, including two at the Mizzou Invite. She competed in the 100 breast (1:05.65) and 200 breast (2:19.25). Her third career best came in the 200 IM (2:14.03) against Kansas. Baratta added depth to the 200-yard medley relay, with her fastest relay time at 1:46.45 (Jessica Pentlarge, Baratta, Lindsey Stalheim, Clara Walstad) at the Mizzou Invite. The letterwinner also started strong in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Baratta came to Nebraska after earning All-County and Scholastic All-America honors all four years of her high school career. Baratta aided the Northern Valley Regional High School team to back-to-back state championships earning fifth (2016) and sixth place (2017). Baratta recorded a 2:16.60 in the 200 breaststroke and a 1:04.70 in the 100 breaststroke. While competing for the Scarlet Aquatics, Baratta set the team record in the 100- and 200-yard breaststroke.

PERSONAL

The daughter of Eva and Lorenzo Baratta, Gabby was born May 12,1999, in Emerson, N.J. She has one brother, John Carlo. Gabby is majoring in English with a minor in criminology and criminal justice. She earned academic All-Big Ten honors in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was also a member of the Tom Osborne Citizenship Team in 2018 and 2019.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Breaststroke	1:04.10	3/2/19	Last Chance Meet	Columbia, Mo.
200 Breaststroke	2:18.10	3/2/19	Last Chance Meet	Columbia, Mo.
200 IM	2:14.03	11/4/17	Kansas	Lincoln, Neb.
400 IM	4:36.57	11/17/17	Mizzou Invite	Columbia, Mo.

MADISON COUGHLEN

Junior Butterfly/Individual Medley Frisco, Texas (Frisco)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Butterfly	11th
2019	400 IM	30th
2019	200 IM	46th
2018	400 IM	25th
2018	200 Butterfly	31st
2018	200 IM	52nd

Q&A WITH MADISON

Who is your hero?
My mother.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Elephant.

What is your favorite family recipe?
Ribs.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Six.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas.

What is the best gift you have ever been given?
My car.

2019-20 (OUTLOOK)

Madison Coughlen finished her sophomore season as a Husker in impressive fashion. She collected eight top-five finishes, including a second-place effort and a career-best time in the 400 IM. Coughlen will look to improve on last season and hunt for more career-best times in her swims, primarily in the 200 fly and the 400 IM. She will look to help lead a group of young Huskers to another strong season after the team produced its best showing in history at the Big Ten Championships.

2018-19 (SOPHOMORE)

Coughlen earned eight top-five finishes during a strong second season with the Huskers, including a runner-up performance and career-best time (4:17.51) in the 400 IM at the Hawkeye Invite. At the same meet, she set a career best in the 100 fly (55.94) and finished third in the 200 fly. Coughlen continued to improve throughout the season and competed at the Big Ten Championships, where she finished 11th in the 200 fly with a career-best time (1:57.69), 30th in the 400 IM, and 46th in the 200 IM. Outside the pool, Coughlen earned academic All-Big Ten honors and a spot on the Tom Osborne Citizenship Team for the second time.

2017-18 (FRESHMAN)

Coughlen made a solid first impression with the Huskers, closing her freshman campaign with seven top-five performances, including a runner-up finish. A strong butterfly swimmer, Coughlen racked up five of her top-five finishes in the 200-yard butterfly. She notched three career bests, two of those coming at the Mizzou Invite. Coughlen set then-personal records of 2:01.08 in the 200-yard butterfly (Big Ten Championships), 56.52 in the 100-yard butterfly (Mizzou Invite), and 2:02.83 in the 200-yard IM (Mizzou Invite). At the 2018 Big Ten Championships, Coughlen notched her top individual finish (25th) in the 400 IM (4:19.97), which was just off her collegiate best at the time, which she set in the event at the Mizzou Invite. She also finished 52nd at the Big Ten meet in the 200 IM. Coughlen also started strong in the community, earning a spot on the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Coughlen set two school records at Fort Mill (S.C.) High School while swimming for Coach Cindy Van Buskirk. An eight-time regional champion, Coughlen produced two state runner-up finishes. The four-time Junior National qualifier helped the Texas Ford Aquatics to a third-place finish in the short course sectionals. The three-time Scholastic All-American was a sectional, national and long course qualifier. Dominant in the pool as well as the classroom, Coughlen was named Regional All-American for four consecutive years and was an all-state selection. She was also an athlete of the week and her team's most valuable swimmer twice. Coughlen was a member of the Beta Club, maintaining above a 3.0 GPA.

PERSONAL

The daughter of Lisa and Mike Coughlen, Madison was born June 26, 1999, in Frisco, Texas. Madison has one sister, Morgan. Madison is a finance major and earned academic All-Big Ten honors in 2019. She also claimed a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Kentucky, West Virginia, Florida State and Georgia Tech.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	55.94	11/16/18	Hawkeye Invite	Iowa City, Iowa
200 Butterfly	1:57.69	2/23/19	Big Ten Championships	Bloomington, Ind.
200 IM	2:02.83	11/16/17	Mizzou Invite	Columbia, Mo.
400 IM	4:17.51	11/16/18	Hawkeye Invite	Iowa City, Iowa

AUTUMN HAEBIG

Junior Freestyle/Backstroke/Butterfly Grafton, Wisconsin (Grafton)

HONORS & AWARDS

+NCAA Championship Qualifier
(100 Back, 500 Free, 200 Free, 2018)
+Three-Time Olympic Trial Qualifier
(100 Back, 400 Free, 200 Free, 2019)
+Nebraska School-Record Holder
100-Meter Back, 1:01.91
400-Meter Free, 4:14.96
+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll
(Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

NCAA CHAMPIONSHIPS

Year	Event	Finish
2018	100 Backstroke	40th
2018	500 Freestyle	43rd

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	100 Freestyle	12th
2019	500 Freestyle	15th
2019	100 Backstroke	18th
2018	100 Backstroke	10th
2018	200 Freestyle	12th
2018	500 Freestyle	17th

Q&A WITH AUTUMN

Who is your hero?
Tom Miazga (swim coach) and my dad.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Rhinoceros and wombats.

What is your favorite family recipe?
Peanut butter bars.

What is your favorite type of foreign food?
Italian.

How many pillows do you sleep with at night?
Six.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas "Minute to Win It."

What is the best gift you have ever been given?
My cameras.

2019-20 (OUTLOOK)

Through Autumn Haebig's first two seasons, she has produced 28 top-five finishes, including three Olympic Trial cut times. Haebig continues to be a dominant swimmer for Nebraska as she adds talent to both relay and individual events. With continued experience and improvement, Haebig is hoping to make a big impact in 2019-20.

2018-19 (SOPHOMORE)

Haebig followed her impressive freshman season with a strong sophomore campaign. She earned 13 top-five finishes, including seven victories, and set career bests in the 100 free (49.38) and 200 free (1:46.02). Throughout the season, Haebig was a consistent performer for the Huskers, winning the 100 free three times (vs. Kansas, Rutgers, South Dakota State), the 200 free twice (Last Chance Meet, vs. Rutgers), and the 100 back twice (vs. Kansas, Iowa State). Competing at the USA Swimming Winter Nationals, Haebig won the 400 free B final (4:14.96), placed third in the 200 free B final, and sixth in the 100 back A final (1:02.18). Her times at Winter Nationals in the 400 free and 100 back earned her spots at the 2020 U.S. Olympic Trials. At the ACC/Big Ten Challenge, Haebig swam on three Big Ten relay teams, finishing sixth in the 400 medley relay (Haebig, Beeler, Doty, Doctor), fifth in the 800 free relay (Haebig, Unicomb, Koontz, Waddell), and fourth in the 400 free relay (Unicomb, Haebig, Burvill, Andison). Concluding her season at the Big Ten Championships, Haebig finished 12th in the 100 free in career-best time (49.38), 15th in the 500 free, and 18th in the 100 back. During the summer of 2019, Haebig earned a spot at the 2020 U.S. Olympic Trials in Omaha by posting a time of 2:00.55 in the 200-meter free at the Phillips 66 National Championships in Stanford, Calif. Out of the water, Haebig was named to the Nebraska Scholar-Athlete Honor Roll both semesters and earned a place on the Tom Osborne Citizenship team for the second time.

2017-18 (FRESHMAN)

Haebig had a stellar debut season as a Husker, producing 15 top-five finishes, including seven victories and four runner-up finishes. Haebig also became the first Husker swimmer to qualify for the NCAA Championships since 2013. At the 2018 Big Ten Championships, Haebig set career bests in the 200 free (1:46.22) and 500 free (4:42.69, school record). She added a 10th-place finish in the 100 back. The Wisconsin native tallied two additional career bests by pulling in a victory in the 100 back (52.29) at the Last Chance Meet and a 12th-place finish in the 200 back at the Mizzou Invite. The three-time NCAA qualifier also competed at the USA Winter Nationals compiling two top-10 finishes. An outstanding performer in the classroom and community as well, Haebig earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Haebig joined Nebraska after a stellar career at Grafton High School, where she was a 14-time state champion and earned two runner-up finishes. Haebig led Grafton to two state championships and three sectional championships. She was named WISCA Swimmer of the Year DII and Milwaukee Journal Sentinal Female Swimmer of the Year. While swimming for Ozaukee Aquatics, Haebig helped her team to a runner-up finish at the USA Junior Nationals (2015) and NESA Junior Nationals (Spring 2016). The Ozaukee Aquatics reeled in a victory at the Summer 2016 NESA Junior Nationals. Haebig recorded an Olympic Trial cut in the 100-meter backstroke with a time of 1:01.71. She was awarded 2013 High Point Individual Award and qualified for the 2013-14 Wisconsin Long Course State Championship. Haebig was also on the honor roll.

PERSONAL

The daughter of Linda and Steve Haebig. Autumn was born Oct. 13, 1998, in Grafton, Wis. She has two sisters, Stephanie and Aly. A sports media and communication major, she earned academic All-Big Ten honors in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was also a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Alabama, Arkansas, Kansas and Wisconsin.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	49.38	2/22/19	Big Ten Championships	Bloomington, Ind.
200 Freestyle	1:46.02	3/3/19	Last Chance Meet	Columbia, Mo.
500 Freestyle	4:42.69	2/15/18	Big Ten Championships	Columbus, Ohio
100 Backstroke	52.29	2/24/18	Last Chance Meet	Columbia, Mo.
200 Backstroke	2:00.21	11/18/17	Mizzou Invite	Columbia, Mo.

ALLISON KOPAS

Junior Backstroke/Individual Medley Fort Lauderdale, Florida (NSU University)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	400 IM	33rd
2019	200 IM	40th
2019	200 Butterfly	42nd
2018	400 IM	23rd
2018	200 Butterfly	41st
2018	200 IM	55th

Q&A WITH ALLISON

Who is your hero?
My older sister, Emily.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Tiger.

What is your favorite family recipe?
Kabobs.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Three.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Making and decorating gingerbread houses at Christmas time.

What is the best gift you have ever been given?
A camera.

2019-20 (OUTLOOK)

Allison Kopas heads into her junior year after a productive sophomore campaign that featured five top-five finishes. She set multiple career bests and will work for more in 2019-20. A talented and versatile swimmer, Kopas expects to compete in freestyle, backstroke, butterfly and IM.

2018-19 (SOPHOMORE)

Kopas enjoyed a stellar sophomore season in the pool for the Huskers. She earned five top-five finishes and competed in several new events, setting career marks at the Hawkeye Invite in the 100 free (52.02, 25th) and 200 back (2:02.54, 13th). Kopas also competed in the 100 breast for the first time against Rutgers, finishing with a career-best time of 1:11.28. Against Iowa State she swam her first 200 free, finishing in 1:58.09. Competing at USA Swimming Winter Nationals, she finished eighth in the C Final of the 200 IM and swam in the prelims of the 400 IM. Kopas finished 33rd in the 400 IM, 40th in the 200 IM and 42nd in the 200 fly at the Big Ten Championships. Outside the water, Kopas earned academic All-Big Ten honors and claimed two spots on the Nebraska Scholar-Athlete Honor Roll. She also was named to the Tom Osborne Citizenship Team for the second time.

2017-18 (FRESHMAN)

Kopas stepped in and produced immediately for the Huskers in 2017-18. She claimed 14 top-five finishes in her debut season, including individual and relay events. Kopas set then-personal-best times in the 200-yard butterfly (2:02.58), 200-yard IM (2:01.05) and 400-yard IM (4:18.01) at the 2017 Mizzou Invite. Kopas also competed in the 800-yard freestyle relay (Autumn Haebig, Allie Worrall, Savannah Savitt, Kopas), earning a second-place finish (7:23.11). At the 2018 Big Ten Championships, Kopas competed in the 400 IM (23rd), 200 Fly (41st) and 200 IM (55th). Kopas was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Kopas joined the Husker swimming and diving team after a solid career for NSU University School swim team, where she set five individual records. She was a 2016-17 All-American in the 200 individual medley and the 100 back. She also was named first-team All-Broward County. Kopas was NSU's most valuable swimmer for three years and received the NSU University School Athletic Leadership Award. While competing for Swim Fort Lauderdale, Kopas was a qualifier at 2016 U.S. Nationals and Junior Nationals. Kopas was also crowned the 2014-2017 Florida Gold Coast Senior State Champion in multiple events. Kopas set multiple SFTL team records. The three-time USA Swimming Scholastic All-American was also named the SFTL Senior Swimmer of the Year. She was also a member of National Honor Society.

PERSONAL

The daughter of Bil and Robin Kopas, Allison was born Aug. 28, 1998, in Plantation, Fla. She has an older sister, Emily, and a younger sister, Amanda. Allison is an elementary education/special education K-6 major and earned academic All-Big Ten honors in 2019. She is a two-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Purdue, Rutgers and Miami.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Butterfly	2:02.58	11/18/17	Mizzou Invite	Columbia, Mo.
200 IM	2:01.05	11/16/17	Mizzou Invite	Columbia, Mo.
400 IM	4:18.01	11/17/17	Mizzou Invite	Columbia, Mo.

SUTTON MARVIN

Junior Freestyle Austin, Texas (McNeil)

2019-20 (OUTLOOK)

Sutton Marvin enters her junior season at Nebraska hoping to chase career-best times as a freestyler. Marvin is also a valuable member of several Husker relay teams. One of Nebraska's top academic performers as well, Marvin was a Big Ten Distinguished Scholar in 2019.

2018-19 (SOPHOMORE)

Marvin continued to provide depth in the freestyle events during her sophomore season, competing in four events throughout the year. She earned fourth place at the Mizzou Last Chance Meet in the 200 free with a time of 1:53.75. She took 22nd at the Hawkeye Invite in the same event. Marvin was a member of several Husker relay teams, including the 400 free relay and the 400 medley relay. An outstanding student, Marvin was a Big Ten Distinguished Scholar and earned academic All-Big Ten honors in 2019. She also earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was chosen to the Tom Osborne Citizenship Team for the second time.

2017-18 (FRESHMAN)

Marvin provided depth across the board in the freestyle events in 2017-18, competing in six different events on the year. She tallied four top-10 performances, including a fourth-place finish and a career best in the 1,000-yard freestyle against Northern Iowa (10:51.07). She added two career bests at the 2017 Mizzou Invite in the 100 free (53.48) and 500 free (23rd, 5:02.93). Marvin competed in three events at the 2018 Big Ten Championships. She reached a career best in the 200 free (1:51.98) to finish 66th. Marvin also competed in the 500 free (65th) and in the 1,650 free (36th). Marvin also found success in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Marvin swam for McNeil High School in Austin, Texas, under Coach Johnny Foss. She captured academic all-state honors throughout high school by maintaining above a 3.5 GPA all four years. Sutton was named most valuable upperclassmen, a state qualifier and a team captain at McNeil. She competed for Nitro Swimming under Coach Elliot McGill. Marvin competed in the Winter Juniors for three consecutive years, taking fourth, third and ninth respectively. Marvin also competed in the 2015 Summer Juniors racking up a second-place finish.

PERSONAL

The daughter of Corinne and Tod Marvin, Sutton was born Jan. 30, 1999, in Austin, Texas. She has one sister, Payton. Sutton is an English major who was named a Big Ten Distinguished Scholar and earned academic All-Big Ten honors in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Texas, Boston University, and Denver.

HONORS & AWARDS

+Two Letters (2018, 2019)
+Big Ten Distinguished Scholar (2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	1,650 Freestyle	36th
2018	500 Freestyle	65th
2018	200 Freestyle	66th

Q&A WITH SUTTON

Who is your hero?
Borat.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash the dishes in the bathroom.

What is your favorite zoo animal?
Chickens.

What is your favorite family recipe?
Split pea soup ice cream topped with Cheez-its.

What is your favorite type of foreign food?
Spaghetti tacos.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
None. I sleep under a rock.

Are you a clean or messy person?
Messy person with a clean room.

What is your favorite family holiday tradition?
Throwing eggs at each other.

What is the best gift you have ever been given?
A cardboard cutout of Michael Cera.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Freestyle	52.33	3/3/19	Last Chance Meet	Columbia, Mo.
200 Freestyle	1:51.98	2/16/18	Big Ten Championships	Columbus, Ohio
500 Freestyle	5:02.93	11/16/17	Mizzou Invite	Columbia, Mo.
1,000 Freestyle	10:51.07	10/13/17	Northern Iowa	Lincoln, Neb.

IZZIE MURRAY

Junior Butterfly/Backstroke North Bend, Ohio (Taylor)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Nebraska School Record (200 Fly, 1:57.28, 2019)
+CSCAA Scholar All-American (HM, 2018, 2019)
+Big Ten Distinguished Scholar (2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Butterfly	7th
2019	100 Butterfly	20th
2019	100 Backstroke	40th
2018	100 Butterfly	23rd
2018	200 Butterfly	24th
2018	100 Backstroke	45th

Q&A WITH IZZIE

Who is your hero?
My grandpa.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Red pandas and seals.

What is your favorite family recipe?
Mocha pie.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Seven.

What is your favorite family holiday tradition?
Singing the "12 Days of Christmas."

What is the best gift you have ever been given?
A loving family.

2019-20 (OUTLOOK)

Izzie Murray hopes to continue her success in the pool after setting a Nebraska record in the 200 butterfly prior to taking seventh in the event at the 2019 Big Ten Championships. Murray was a key performer in helping the Huskers record their best Big Ten team finish since joining the conference in 2012. For the season, Murray set four career bests and hopes to continue to slash her times and compete at an even higher level in 2019-20.

2018-19 (SOPHOMORE)

Murray produced a strong sophomore season for the Huskers by earning seven top-five finishes. She also produced a top-eight finish at the Big Ten Championships by taking seventh in the 200 fly. She also finished 20th in the 100 fly and 40th in the 100 back at the Big Ten meet. During the regular season she posted a victory in the 100 fly against South Dakota State, a runner-up finish in both the 100 and 200 fly at the Mizzou Invite, and two third-place showings (vs. Kansas, Iowa State). She set career-best times in the 50 free (24.99), 100 free (55.12), 100 back (55.67), and 200 fly (1:57.11). Her time in the 200 fly was more than two-and-a-half seconds faster than her best time as a freshman. At the USA Swimming Winter Nationals, she competed in the 100 fly prelims on the long course. Out of the water, Murray was a Big Ten Distinguished Scholar and earned academic All-Big Ten honors. She was also an honorable-mention CSCAA All-American Scholar for the second straight season. She was also a member of the Tom Osborne Citizenship Team.

2017-18 (FRESHMAN)

Murray had an outstanding first year as a Husker, racking up 11 top-five finishes, including nine victories. She set a career best at the 2018 Big Ten Championships with a time of 53.72 in the 100-yard butterfly. She added a then-career best with a time of 1:59.67 in the 200 fly at USA Winter Nationals. She also swam a collegiate-best 56.26 in the 100 back at USA Winter Nationals. At the 2018 Big Ten Championships, Murray competed in the 100 fly (23rd), 200 fly (24th) and 100 back (45th). One of Murray's strongest performances came against Iowa State, when she won both the 100- and 200-yard butterfly. Murray also got off to a strong start in the classroom, earning honorable-mention CSCAA Scholar All-America accolades. She also claimed spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

A six-time Ohio state champion, Murray came to Nebraska following an exceptional career at Taylor High School. Murray was crowned the state champion in the 100-yard butterfly and set state, district and league records in the event. She finished her career with eight school records. Murray was a four-time 100 butterfly league champ and two-time backstroke league champ. Murray also swam for the Cincinnati Marlins, helping the team's 11th-place finish (2016) and seventh-place finish (2017) at Junior Nationals. The USA Swimming Scholastic All-American was a NCSA finalist, Junior National finalist and holds five club records. Murray was a four-time MVP, two-time All-State, Taylor High School Athlete of the Year, four-time first team CHL and two-time All-City. Murray was a standout in the classroom, graduating fourth in her class, earning math and science department awards. She was awarded the AP Scholar Award, Seaver Ath-demic Award, Channel 9 News Student of the Month and was a four-time CHL Scholar Athlete.

PERSONAL

The daughter of Daniel and Terri Murray, Isabelle was born on May 4, 1999, in North Bend, Ohio. She has two brothers, Roman and Ethan. Izzie is an environmental studies and fisheries and wildlife major who earned recognition as a Big Ten Distinguished Scholar and an academic All-Big Ten selection in 2019. She was an honorable-mention CSCAA Scholar All-American in 2018 and 2019. She is a four-time member of the Nebraska Scholar-Athlete Honor Roll and a two-time selection to the Tom Osborne Citizenship Team. She chose Nebraska over Rutgers and Arkansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	24.99	2/2/19	Rutgers	Lincoln, Neb.
100 Butterfly	53.72	2/14/18	Big Ten Championships	Columbus, Ohio
200 Butterfly	1:57.11	3/3/19	Last Chance Meet	Columbia, Mo.
100 Backstroke	55.67	2/22/19	Big Ten Championships	Bloomington, Ind.

JESSICA PENTLARGE

Junior Freestyle/Backstroke San Diego, California (Cathedral Catholic)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Big Ten Distinguished Scholar (2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Backstroke	50th
2019	200 Freestyle	56th
2019	100 Backstroke	61st
2018	200 Freestyle	33rd
2018	100 Backstroke	38th
2018	100 Freestyle	44th

Q&A WITH JESSICA

Who is your hero?
My sister.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Baby monkey.

What is your favorite family recipe?
Cookies.

What is your favorite type of foreign food?
Mexican

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Three.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Family and Christmas cookies.

What is the best gift you have ever been given?
Food.

2019-20 (OUTLOOK)

Jessica Pentlarge hopes to expand her role in the freestyle and backstroke for the Huskers as a junior in 2019-20. She is coming off a sophomore season when she set career bests in the 100 and 200 backstrokes, while claiming four top-five finishes on the season. She is also a standout in the classroom, who earned academic All-Big Ten honors a year ago.

2018-19 (SOPHOMORE)

Pentlarge continued her Husker career with a strong second season, earning four top-five finishes and performing well in invitational meets. She competed in both freestyle and backstroke events, with her best showings coming at the Hawkeye Invite, where she set career bests in both the 100 back (57.22, 19th) and 200 back (2:00.72, 9th). Competing at the long course USA Swimming Winter Nationals, Pentlarge finished sixth in the C Final of the 200 back. To conclude her season, Pentlarge competed at the Big Ten Championships, finishing 50th in the 200 back, 56th in the 200 free and 61st in the 100 back. Outside the pool, Pentlarge was named a Big Ten Distinguished Scholar and claimed academic All-Big Ten accolades. She also earned Nebraska Scholar-Athlete Honor Roll selections both semesters and was named to the Tom Osborne Citizenship Team for the second consecutive year.

2017-18 (FRESHMAN)

Pentlarge had a solid first year as a Husker, racking up 10 top-five finishes, including two victories. She set three career bests, with one coming at the 2018 Big Ten Championships. At the conference meet, she set a then-career best in the 200-yard freestyle, racing to a time of 1:49.24. She also competed in the 100 back (38th) and the 100 free (44th). Pentlarge added two more career bests at the Mizzou Invite in the 50 free (23.71) and in the 100 free (50.52). She also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Pentlarge was a three-time Junior National qualifier and was named the MVP of North Coast Aquatics. A four-time state record holder in the 100 back, 100 free and the 200 and 400-yard free relays, Pentlarge helped Cathedral Catholic High School to the CIF Championships four consecutive years, earning three consecutive runner-up finishes before capturing the 2017 CIF title. She also is the CIF Division II record holder in the 100 free and 400 free relay. An All-American and a team captain, Pentlarge was the 2017 CIF section swimmer of the year. Pentlarge excelled in the classroom and community. The National Honor Society member earned spots on the honor roll all four years and was selected for the California Scholarship Federation.

PERSONAL

The daughter of Jack and Carol Pentlarge, Jessica was born July 20, 1999 in Oceanside, Calif. Jessica has one sister, Catie. A pre-health major, she was a Big Ten Distinguished Scholar and an academic All-Big Ten selection in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll member. She was chosen to the Tom Osborne Citizenship Team in 2018 and 2019. She picked Nebraska over Purdue, Washington State and Arkansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	23.71	11/16/17	Mizzou Invite	Columbia, Mo.
100 Freestyle	50.52	11/18/17	Mizzou Invite	Columbia, Mo.
200 Freestyle	1:49.24	2/16/18	Big Ten Championships	Columbus, Ohio
100 Backstroke	57.22	11/16/18	Hawkeye Invite	Iowa City, Iowa
200 Backstroke	2:00.72	11/17/18	Hawkeye Invite	Iowa City, Iowa

RACHEL POWERS

Junior Freestyle Sun Prairie, Wisconsin (Sun Prairie)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Big Ten Distinguished Scholar (2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	1,650 Freestyle	30th
2019	500 Freestyle	56th
2019	200 Freestyle	70th
2018	1,650 Freestyle	31st
2018	500 Freestyle	43rd
2018	200 Freestyle	59th

Q&A WITH RACHEL

Who is your hero?
Mira Rhodes.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Manatee.

What is your favorite family recipe?
Stuffed shells (pasta).

What is your favorite type of foreign food?
Sushi.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Going to Door County, Wisconsin with my family every Labor Day weekend.

What is the best gift you have ever been given?
Life.

2019-20 (OUTLOOK)

Rachel Powers is working toward faster times and better performances in her third season as a Husker in 2019-20. Last season, the freestyler from Wisconsin claimed five top-five finishes, including a victory in the 1,000-yard freestyle in a career-best time. A strong performer in the classroom as well, Powers was a Big Ten Distinguished Scholar in 2019.

2018-19 (SOPHOMORE)

Powers provided a solid sophomore season, earning five top-five finishes in distance freestyle events, including a victory in the 1,000 free against Iowa State in a career-best time of 10:24.49. At the Hawkeye Invite, she finished seventh in the 1,650 free and 28th in the 200 free. Competing at the Big Ten Championships in three events, Powers finished 30th in the 1,650 free, 56th in the 500 free and 70th in the 200 free. Outside the pool, she was a Big Ten Distinguished Scholar and claimed academic All-Big Ten honors . She also earned Nebraska Scholar-Athlete Honor Roll selections in both the fall and spring semesters. She was also a member of the Tom Osborne Citizenship Team.

2017-18 (FRESHMAN)

Powers made an impact in her first year as a Husker, racking up 10 top-five finishes, including one victory. She set three career bests, with one coming at the 2018 Big Ten Championships. At the conference meet, she posted her top finish in the 1,650 free, while also setting a career best in the 500-yard freestyle (4:52.60) to take 43rd. Her second career best came at the Mizzou Invite in the 200 free (1:50.73). She also competed in the 500 free, earning eighth place at Mizzou with a time of 4:53.73. Powers also got off to a strong start in the classroom, claiming spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Powers came to Nebraska after taking the 500 freestyle title at the WIAA High School State meet her senior year. Powers placed in the top eight five times at the WIAA High School State throughout her high school career. The seven-time All-State and five-time honorable-mention All-State selection aided Sun Prairie High School to the WIAA High School state meet four consecutive years. Powers was named team captain and WIAA Scholar Athlete. She holds records in the 200- and 500-yard freestyles, 200-yard individual medley, the 4x50 medley relay and the 4x100 freestyle relay. While swimming for her club team, Powers won the 400 free at the Wisconsin 2016 Summer Long Course State Meet. She also swept the 500 free, 1,000 free and the mile free, taking first at the Wisconsin 2017 Winter Short Course State Meet. Powers was named Wisconsin Female Swimmer of the Year for three years. Powers was a member of Sun Prairie's honor roll and earned the Academic Excellence Award all four years. She also graduated with high honors.

PERSONAL

The daughter of Margaret and Tim Powers, Rachel was born Aug. 22, 1998, in Sun Prairie, Wis. She has an older sister, Sarah, and an older brother, Luke. An elementary education major, she was a Big Ten Distinguished Scholar and an academic All-Big Ten choice in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Missouri.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:50.73	11/17/17	Mizzou Invite	Columbia, Mo.
500 Freestyle	4:52.60	2/15/18	Big Ten Championships	Columbus, Ohio
1,000 Freestyle	10:24.49	10/26/18	Iowa State	Ames, Iowa
1,650 Freestyle	16:48.99	2/23/19	Big Ten Championships	Bloomington, Ind.

MIRA RHODES

Junior Butterfly/Backstroke Oakwood, Ohio (Oakwood)

HONORS & AWARDS

+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017, 2018; Spring 2018, 2019)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2018	200 Butterfly	48th
2018	100 Butterfly	64th
2018	200 IM	78th

Q&A WITH MIRA

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Clean the bathroom.

What is your favorite zoo animal?
Giraffe.

What is your favorite type of foreign food?
Thai.

Do you love or hate roller coasters?
Hate.

How many pillows do you sleep with at night?
Six.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas decorating.

2019-20 (OUTLOOK)

Mira Rhodes will search for continued improvement as she heads into her junior season. As a sophomore, she claimed thee top-five finishes and multiple career-best performances. A versatile swimmer, Rhodes can bolster the Huskers in the freestyle, butterfly and backstroke events.

2018-19 (SOPHOMORE)

Rhodes competed in a wide variety of events as a sophomore, setting collegiate bests in the 50 free (26.04), 200 free (2:00.95), 200 back (2:19.35), 100 fly (58.58), and 200 fly (2:06.88). She earned three top-five finishes, including a fifth-place showing at the Mizzou Invite in the 200 fly. At the Hawkeye Invite, Rhodes competed in the 200 fly, where she finished 15th after setting her career best in the prelims. Also at the Mizzou Invite, Rhodes finished eighth in the 100 fly with her career-best time. Out of the pool, Rhodes earned academic All-Big Ten honors and spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She was also chosen to the Tom Osborne Citizenship Team for the second consecutive year.

2017-18 (FRESHMAN)

Rhodes made her Husker debut in 2017-18, competing in eight events as a freshman. She swam to three personal bests, including two at the 2018 Big Ten Championships. At the conference meet, Rhodes notched her best finish (48th) in the 200 fly, while also setting career bests in the 100 fly (59.40) and in the 200 IM (2:12.32). Her third personal best came at the 2017 Mizzou Invite after racing to a time of 2:10.02 in the 200 fly. Rhodes also starred in the classroom, earning spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2017-18. She earned a spot on the Tom Osborne Citizenship Team.

PREVIOUS

Rhodes swam for Oakwood High School in Ohio under Coach Jen Jervis (2014) and Trevor Tilly (2015-16). Rhodes aided in Oakwood's back-to-back SouthWest Ohio District Championship victory in 2014 and 2015. In 2016, Oakwood earned a runner-up finish. In 2014, she earned spots on Southwestern Buckeye League first and second team. Rhodes was a finalist at the Ohio High School Swimming Championships for three consecutive years. She was named the Principal Scholar-Athlete, made the honor roll and graduated with honors. Rhodes also competed for Coach Kevin Weldon of Dayton Raider Swim Club. Rhodes aided the team in earning a Silver Medal Team award as well as being a national team member. She was a club teammate of 2019-20 Husker sophomore Maggie Berning with the Dayton Raiders.

PERSONAL

The daughter of Terri and Dusty Rhodes, Mira was born July 20, 1998, in Oakwood, Ohio. She has one sister, Annie, and two brothers, Micah and Taylor. A global studies major, Mira earned academic All-Big Ten honors in 2019. She is a four-time Nebraska Scholar-Athlete Honor Roll selection. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Denison University, Wyoming, Colorado State and Kansas.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
100 Butterfly	58.58	3/2/19	Last Chance Meet	Columbia, Mo
200 Butterfly	2:06.88	11/17/18	Hawkeye Invite	Iowa City, Iowa
200 IM	2:12.32	2/15/18	Big Ten Championships	Columbus, Ohio

GRACE TIERNON

Junior Diver Fishers, Indiana (Heritage Christian)

2019-20 (OUTLOOK)

Grace Tiernon enters her third year as a valuable member of an impressive diving group. She plans to build on her success from a year ago, which included a 21st-place finish on platform at the 2019 Big Ten Championships. The junior from Indiana hopes to play an even more prominent role for the Huskers in 2019-20.

2018-19 (SOPHOMORE)

Tiernon focused on the platform and one-meter dives throughout the season, culminating with a 21st-place finish (228.50) on platform at the Big Ten Championships. She claimed a season-best fourth-place finish on platform at the Wally Nakamoto Diving Invitational. Tiernon added a sixth-place platform finish with a career-best 234.75 at the Hawkeye Invite. She opened the year with a career-best score on the one meter (248.75) and season-best performance on the three meter (241.35) at Iowa State. Outside the pool, Tiernon earned academic All-Big Ten honors and claimed her second spot on the Tom Osborne Citizenship Team.

2017-18 (FRESHMAN)

Tiernon had a solid first season in Lincoln. She compiled eight top-five finishes, including a runner-up finish. At the 2018 Big Ten Championships, Tiernon posted a then-career best in the platform dive to take 27th (217.05). She also competed in the one-meter dive (38th) and the three-meter dive (40th). Tiernon took second with a then-career-best 248.47 on the one-meter board against Northern Iowa. She also notched a career best (266.02) in the three-meter dive against Iowa State. In the classroom, Tiernon earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Tiernon came to Nebraska as a Scholastic All-American and the Heritage Christian School (Indiana) Female Athlete of the Year. Tiernon was a two-time sectional champion, the 2017 regional champion and a three-time city champion. She qualified for state three times. Tiernon was named MVP all four years of her high school career and was the team captain her junior and senior year. Tiernon made an appearance at the 2014 and 2015 Junior Nationals in platform while competing for Indiana International School of Diving. She was a teammate of 2019-20 sophomore Sara Troyer at the Indiana International School of Diving. Tiernon was also a member of National Honor Society.

PERSONAL

The daughter of Terry and Anne Tiernon, Grace was born March 19, 1999, in Fishers, Ind. She has one sister, Emma, and one brother, Luke. Grace is a civil engineering major and earned academic All-Big Ten honors in 2019. She claimed a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019.

HONORS & AWARDS

+Two Letters (2018, 2019)
+Academic All-Big Ten (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	Platform	21st
2019	One Meter	54th
2018	Platform	27th
2018	One Meter	38th
2018	Three Meter	40th

Q&A WITH GRACE

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Llama.

What is your favorite family recipe?
Mashed potatoes.

What is your favorite type of foreign food?
Tacos.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas Eve.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	248.75	10/26/18	Iowa State	Ames, Iowa
Three Meter	266.02	10/21/17	Iowa State	Lincoln, Neb.
Platform	234.75	11/17/18	Hawkeye Invite	Iowa City, Iowa

CLARA WALSTAD

Junior Freestyle/Backstroke/Butterfly Lincoln, Nebraska (Lincoln Southwest)

HONORS & AWARDS

+One Letter (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2017)
+Tom Osborne Citizenship Team (2018, 2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	50 Freestyle	30th
2019	100 Butterfly	33rd
2019	100 Backstroke	36th

Q&A WITH CLARA

Who is your hero?
Malala Yousafzai.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Manatee.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Hanging ornaments on the Christmas tree and making lots of cookies.

What is the best gift you have ever been given?
Resiliency, humility and awkwardness.

2019-20 (OUTLOOK)

Clara Walstad earned her first letter as a Husker in her second season at Nebraska in 2019-20. As a junior, Walstad could continue to make an impact in the freestyle, backstroke and butterfly events.

2018-19 (SOPHOMORE)

Walstad made strides with the Huskers in her second year, achieving six top-five finishes including a victory in the 100 back (long course) at Illinois. She produced a career-best finish in the 100 free at the Hawkeye Invitational (51.52). Walstad also contributed to the Husker relay squads, swimming in the 200 medley, 200 free and 400 free. In the Big Ten Championships, Walstad competed in three races, finishing in the 50 free (30th), 100 fly (33rd) and 100 back (36th). Outside of the water, Walstad achieved her second Tom Osborne Citizenship Team accolade.

2017-18 (FRESHMAN)

Walstad provided depth for the Huskers before her season was cut short by injury. Walstad captured one top-five finish in the 50 free against Iowa State (24.55). She also notched two then-career bests at the Mizzou Invite with a time of 24.08 in the 50 freestyle and a clocking of 52.72 in the 100 free. She also competed in the 100 back at Mizzou, taking 20th (56.52). Walstad also swam a leg of the 200 free relay (Lindsay Helferich, Jessica Pentlarge, Walstad, Allie Worrall). The Huskers finished eighth at the Mizzou Invite with a time of 1:33.89. In the classroom, Walstad earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was also a member of the 2018 Tom Osborne Citizenship Team.

PREVIOUS

Walstad came to the Nebraska swimming and diving team after helping Lincoln Southwest High School to back-to-back state titles. Lincoln Southwest was ranked No. 2 in the nation in the medley relay and eighth nationally in the 200 free relay (2016-17) by the National Interscholastic Swim Coaches Association. In 2015-16, the NISCA ranked Lincoln Southwest third in the medley relay and 20th in the 200 free relay. Walstad was a Nebraska state champion and record holder in the 100 backstroke. She was also a member of the state champion 200 free and 200 medley relays. A Scholastic All-American, Walstad was ranked 45th in the 100 back and 71st in the 50 free by NISCA. She was an All-State and Academic All-State selection. While competing for Erik Wiken, Walstad and Heartland Aquatics took seventh as a team at the Midwest Short Course Championship in 2014, fourth in 2015, sixth in 2016 and fifth in 2017. Walstad holds the Midwestern swimming record in the 100 back. The two-time Junior Nationals qualifier earned USA Swimming Scholastic All-America honors and was a Heartland Aquatics Academic All-HLA Gold Team member. Walstad was named Female Performer of the Year, Most Valuable Female Swimmer and Midwest Swimming First-Team All-American. A star in the classroom, Walstad earned a 4.0 GPA and was on honor roll all eight semesters.

PERSONAL

The daughter of Tammie Fischer and William Walstad, Clara was born June 18, 1999, in Lincoln, Neb. She has four sisters. A biological sciences major, Clara earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2017. She was a member of the Tom Osborne Citizenship Team in 2018 and 2019. She chose Nebraska over Minnesota.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	23.08	11/16/17	Mizzou Invite	Columbia, Mo.
100 Freestyle	51.52	11/17/18	Hawkeye Invite	Iowa City, Iowa
100 Backstroke	55.15	11/16/18	Hawkeye Invite	Iowa City, Iowa
100 Butterfly	55.32	2/22/19	Big Ten Championships	Bloomington, Ind.

TAYLOR ACHESON

Sophomore Freestyle/Individual Medley Overland Park, Kansas (Blue Valley West)

HONORS & AWARDS

+One Letter (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Butterfly	41st
2019	200 IM	62nd
2019	200 Freestyle	64th

Q&A WITH TAYLOR

Who is your hero?
My father.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Tiger.

What is your favorite family recipe?
Sugar cookies.

What is your favorite type of foreign food?
Asian.

Do you love or hate roller coasters?
Somewhere in between.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Going to the lake on the Fourth of July.

2019-20 (OUTLOOK)

Taylor Acheson plans to build on a solid debut season as a sophomore in 2019-20. As a freshman, she recorded five top-five finishes, including one victory and a runner-up performance. She also posted four career bests.

2018-19 (FRESHMAN)

Acheson finished a strong first season with five top-five finishes, including one victory in the 500 free (5:12.63) and a runner-up finish in the 200 free (1:57.06), both against South Dakota State. She racked up four career bests with two coming at the Hawkeye Invitational in the 200 free (1:50.81) and the 400 IM (4:23.37), another in the 500 free at South Dakota State (5:12.63) and one in the 200 IM at the Big Ten Championships (2:07.23). Acheson competed in three events at the Big Ten Championships, which included finishes in the 200 fly (41st), the 200 IM (62nd) and the 200 free (64th). On campus, Acheson earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters. She was also a member of the Tom Osborne Citizenship Team.

PREVIOUS

Acheson came to Nebraska after a win at the 2016 Summer Sectional meet. Acheson did not compete for her high school team, but swam for Coach Gardner Howland with the Kansas City Blazers. Acheson qualified for Junior Nationals, Futures and NCSAs. In 2016, Acheson was a member of a winning relay team at Summer Futures.

PERSONAL

The daughter of Nicole and Dean Acheson, Taylor was born April 5, 2000, in Overland Park, Kan. She has two younger sisters, Ashlyn and Amanda. Taylor is majoring in business administration at Nebraska. She earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19. She was also a member of the Tom Osborne Citizenship Team in 2019. She chose Nebraska over Minnesota, Florida and Florida State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:50.81	11/16/18	Hawkeye Invite	Iowa City, Iowa
200 Butterfly	2:03.21	11/16/18	Hawkeye Invite	Iowa City, Iowa
200 IM	2:07.23	2/23/19	Big Ten Championships	Bloomington, Ind.

MAGGIE BERNING

Sophomore Freestyle/Butterfly Kettering, Ohio (Fairmont)

HONORS & AWARDS

+One Letter (2019)
+Nebraska Scholar-Athlete Honor Roll (Spring 2019)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	200 Butterfly	22nd
2019	1,650 Freestyle	36th
2019	500 Freestyle	59th

Q&A WITH MAGGIE

Who is your hero?
Ruth Bader Ginsburg.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Mole rats and llamas.

What is your favorite family recipe?
Grapes.

What is your favorite type of foreign food?
Chinese.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Three.

Are you a clean or messy person?
Clean.

2019-20 (SOPHOMORE)

Maggie Berning will look to build on a solid debut season where she recorded six top-five finishes, including three runner-up performances. As a freshman she posted four career bests and competed at the Big Ten Championships in three events. Berning will aim for faster times in the distance events and provide depth on a Husker squad reaching for new heights in 2019-20.

2018-19 (FRESHMAN)

Berning made a splash in her debut season, earning six top-five finishes that include three second-place showings. She added four career bests, with two coming at the Hawkeye Invitational and two at the Big Ten Championships in the 500 free (5:00.07), the 1,650 free (16:53.95), the 100 fly (56.99) and the 200 fly (1:59.83). At the Big Ten Championships, the Ohio native helped the Huskers compete in the 200 fly (22nd), 1,650 free (36th) and 500 free (59th). Berning earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2019. She was also selected to the 2019 Tom Osborne Citizenship Team.

PREVIOUS

Berning joined the Huskers after setting a pair of Fairmont High School records. She was a three-time winner of Fairmont's most valuable swimmer award and a four-time letterwinner. Berning was a three-time winner of the South West Classic in the 200 butterfly and the meet record holder. The four-time Ohio state qualifier was also a two-time TYR Pro finals qualifier. She was an All-Ohio selection in the 100 fly, 200 free and 500 free. Berning earned a Fairmont Scholar-Athlete award and was named to the Fairmont Honor Roll. Berning was also a team record holder in the 200 fly, 1,500 free and 1,650 free for the Dayton Raiders. She was a club teammate of 2019-20 Husker junior Mira Rhodes with the Dayton Raiders.

PERSONAL

The daughter of Krista and Mike Berning, Maggie was born Oct. 27, 1999 in Kettering, Ohio. Maggie has a brother, Kristian. Maggie is majoring in environmental studies and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the spring of 2019. She was a member of the Tom Osborne Citizenship Team in 2019.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
500 Freestyle	5:00.07	2/21/19	Big Ten Championships	Bloomington, Ind.
1,650 Freestyle	16:53.95	11/17/18	Hawkeye Invite	Iowa City, Iowa
200 Butterfly	1:59.83	2/23/19	Big Ten Championships	Bloomington, Ind.

AUDREY COFFEY

Sophomore Freestyle/Butterfly Naperville, Illinois (Naperville Central)

2019-20 (OUTLOOK)

Audrey Coffey comes off a freshman campaign that saw her make an immediate impact for the Huskers. She recorded eight top-five finishes, with three wins and three runner-up swims. In 2018-19 she set numerous career bests and posted Nebraska's top individual finish in the 1,650 free (19th) at the 2019 Big Ten Championships. She built on that performance by setting a Nebraska school record with a long-course time of 16:48.76 in the 1,500-meter free at Speedo Summer Sectionals in Jenks, Okla., to earn a spot in the 2020 U.S. Olympic Trials in Omaha. As a sophomore, Coffey will look to build on her excellent debut season and continue her valuable contributions for the Huskers in both the individual events and the relays.

2018-19 (FRESHMAN)

Coffey recorded a strong first season for the Huskers. She earned eight top-five finishes, including three victories and three runner-up showings. She won the 1,000 free in the short course against Northern Iowa, then won the short course 500 and 1,000 free races against Illinois. In the relays, Coffey's best showing came in the 200 free relay against Northern Iowa (Izzie Murray, Kaylyn Flatt Katelyn Kilpatrick, Coffey) with a time of 1:41.57. At her first Big Ten Championships, Coffey peaked at the right time, setting career bests in the 1,650 free (16:34.29, 19th), 500 free (4:55.48, 45th) and 200 free (1:51.48, 51st). Away from the pool, Coffey was named to the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19.

HONORS & AWARDS

+One Letter (2019)
+Olympic Trial Cut (1,500-Meter Free)
+Nebraska School Record
(1,500-Meter Free, 16:48.76)
+Nebraska Scholar-Athlete Honor Roll
(Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	1,650 Freestyle	19th
2019	500 Freestyle	45th
2019	200 Freestyle	51st

Q&A WITH AUDREY

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
King Ranch Chicken.

What is your favorite type of foreign food?
Sushi.

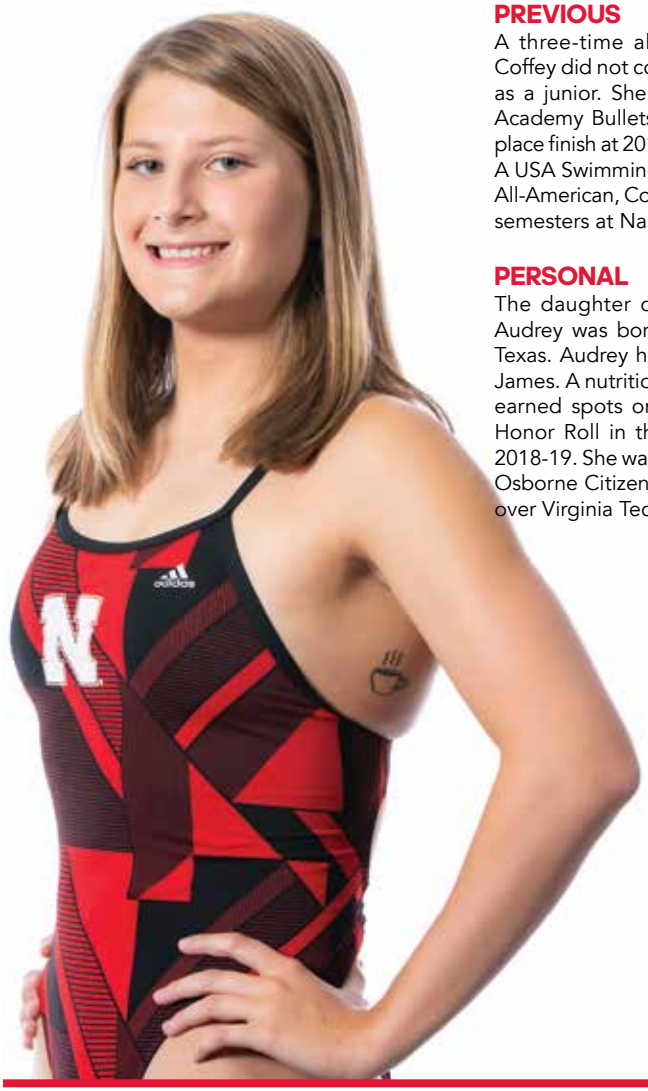
Do you love or hate roller coasters?
Depends on the roller coaster.

How many pillows do you sleep with at night?
Seven.

Are you a clean or messy person?
A little messy.

What is your favorite family holiday tradition?
Celebrating my dad's birthday on Christmas Eve.

What is the best gift you have ever been given?
A box of store-bought cookies.



PREVIOUS

A three-time all-stater at Naperville Central, Coffey did not compete in high school swimming as a junior. She focused on competing for the Academy Bullets, helping the team to a fourth-place finish at 2018 NCSA Spring Junior Nationals. A USA Swimming and Speedo/NISCA Scholastic All-American, Coffey earned a 4.0 GPA over seven semesters at Naperville Central.

PERSONAL

The daughter of Ranelle and Michael Coffey, Audrey was born June 30, 2000 in Grapevine, Texas. Audrey has a sister, Anna, and a brother, James. A nutrition and health sciences major, she earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19. She was also a member of the 2019 Tom Osborne Citizenship Team. She chose Nebraska over Virginia Tech, Houston, Illinois and Rice.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:51.48	2/22/19	Big Ten Championships	Bloomington, Ind.
500 Freestyle	4:55.48	2/21/19	Big Ten Championships	Bloomington, Ind.
1,650 Freestyle	16:34.29	2/23/19	Big Ten Championships	Bloomington, Ind.

ALEXANDRA ELLIS

Sophomore Freestyle Omaha, Nebraska (Millard South)

HONORS & AWARDS

+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Greater Omaha Sports Committee Scholar-Athlete of the Year (2017-18)
+UNL Regents & Honors Scholarships

Q&A WITH ALEXANDRA

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Elephant.

What is your favorite family recipe?
Sugar cookies.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Four.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Baking cookies.

What is the best gift you have ever been given?
Coldplay concert tickets.

2019-20 (OUTLOOK)

Alexandra Ellis hopes to continue to provide depth for a talented sophomore class, while striving to be a contributor on Nebraska's relay teams.

2018-19 (FRESHMAN)

Ellis was one of nine walk-ons to join the Huskers in 2018-19. The Omaha native set four career bests between individual and relay events. Ellis had a strong performance against Kansas, swimming to career bests in the 50 free, 100 free and 400 free relay. Her fourth career best came at a home dual against Northern Iowa in the 200 free relay. A standout in the classroom, Ellis earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19.

PREVIOUS

Ellis was a team captain and four-time letterwinner at Millard South High School. The Omaha native competed at Metros for four years and placed in the top-10 finals in both individual and relay events for three years. The 2017-18 Greater Omaha Sports Committee Scholar Athlete of the Year competed at state on Millard South relay teams in both 2017 and 2018. She was named a Speedo/NICSA Scholastic All-American in 2017-18 and won the 2017 Rotary Youth Leadership Award. She was a three-time NCPA Academic All-State selection. Ellis was a D2 Summer Championship medalist for Millard Aquatic Club.

PERSONAL

The daughter of Alicia Nordberg and Brian Ellis, Alexandra was born Feb. 8, 2000 in Omaha, Neb. Alexandra is majoring in elementary education and earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19. She chose Nebraska over Kansas, Iowa, Omaha and Northwest Missouri State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	26.90	11/3/18	Kansas	Lincoln, Neb.
100 Freestyle	59.42	11/3/18	Kansas	Lincoln, Neb.

MORGAN HEASTY

Sophomore Breaststroke/Individual Medley Lincoln, Nebraska (Lincoln Pius X)

2019-20 (OUTLOOK)

Morgan Heasty plans to build on her freshman season in Lincoln and continue to provide depth for a talented sophomore class. She hopes to contribute for the Huskers in the relay events.

2018-19 (FRESHMAN)

Heasty was one of nine walk-ons to join the Huskers in 2018-19 and created career bests in the 200 free relay, 200 medley relay and the 50 free. A standout in the classroom, Heasty earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19.

PREVIOUS

Heasty was one of the state's top high school breaststrokers at Nebraska prep power Lincoln Pius X as a junior and senior. She swam to a 12th-place finish in the 100 breast (1:10.07) at the 2018 state championships, after finishing 20th in the same event in 2017. She was a member of the Greater Nebraska Swim Team. She also competed in cross country and track and field during her prep career at Pius X. Academically, Heasty was one of the top students in the city of Lincoln, earning a Regents Scholarship to attend the University of Nebraska. She attended World Youth Day in Poland, earned the Outstanding Spanish Student Award and was a member of the National Honor Society at Pius X.

PERSONAL

The daughter of Scott and Sally Heasty, Morgan was born April 23, 2000, in Lincoln, Neb. She has two sisters, Ava and Emma. Morgan is majoring in biology and earned spots on the Nebraska Scholar-Athlete Honor Roll in the fall and spring semesters of 2018-19.

HONORS & AWARDS

+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+UNL Regents & Honors Scholarships

Q&A WITH MORGAN

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Elephant.

What is your favorite family recipe?
Puppy chow.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Four.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Watching National Lampoon's Christmas Vacation on Christmas and Thanksgiving.

What is the best gift you have ever been given?
My sisters.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	27.57	11/3/18	Kansas	Lincoln, Neb.

KATELYN KILPATRICK

Sophomore Freestyle Ocala, Florida (Vanguard)

HONORS & AWARDS

+One Letter (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	1,650 Freestyle	21st
2019	500 Freestyle	58th
2019	200 Freestyle	69th

Q&A WITH KATELYN

Who is your hero?
My grandpa.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Okapi.

What is your favorite family recipe?
Waffles.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Eight.

Are you a clean or messy person?
Messy.

What is your favorite family holiday tradition?
Eating waffles on Christmas Eve.

What is the best gift you have ever been given?
A trip to Disney World.

2019-20 (OUTLOOK)

Katelyn Kilpatrick looks to build on a strong debut season where she recorded nine top-five finishes, including one victory and two runner-up swims. As a freshman she posted four career bests and will seek faster times while providing talent and depth for the Huskers individually and in relays.

2018-19 (FRESHMAN)

Kilpatrick enjoyed a solid first season in Lincoln. She had nine top-five finishes, including a victory in the 500 free at the Last Chance Meet and two runner-up showings. Kilpatrick set career bests in the 200 free (1:52.08), 500 free (4:49.08), 1,000 free (10:34.29) and 1,650 free (16:35.46 at the Big Ten Championships). A member of several relays, Kilpatrick's best relay showing came in the 200 free relay (Izzie Murray, Kaylyn Flatt, Kilpatrick, Audrey Coffey) against Northern Iowa with a time of 1:41.57. Kilpatrick competed in the 1,650 free (21st), 500 free (58th) and 200 free (69th) at the Big Ten Championships. In the classroom, Kilpatrick was named to the Nebraska Scholar-Athlete Honor Roll in the fall and earned a place on the 2019 Tom Osborne Citizenship Team.

PREVIOUS

Kilpatrick came to Nebraska after producing one of the top distance freestyle careers in the state of Florida in her final two seasons at Vanguard High School. The Florida Class 3A high school state champion in the 500 free as a junior in 2016-17, she added a third-place finish at the state meet as a senior in 2017-18. She was also a three-time Marion County Swimmer of the Year. Kilpatrick competed for Bill Vargo and the Central Florida Marlins. At 2018 Speedo Junior Long Course Nationals, Kilpatrick finished 19th in the 800-meter freestyle (8:58.45) and 32nd in the 1,500-meter free (17:32.15) She was a member of the National Honor Society and was a three-time USA Swimming Scholastic All-American. In 2015, Kilpatrick finished 32nd in the USA Swimming 5K in a time of 1:10:37.99.

PERSONAL

The daughter of Tracy and Jeff Kilpatrick, Katelyn was born Oct. 7, 2000, in Ocala, Fla. She has an older sister, Christina, who is a junior swimmer at West Florida, and an older brother, Brendon, who was a coach at Vanguard High School. Katelyn is a biological systems engineering major and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was also a member of the Tom Osborne Citizenship Team in 2019. She chose Nebraska over Auburn and Florida State.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
200 Freestyle	1:52.08	11/16/18	Hawkeye Invite	Iowa City, Iowa
500 Freestyle	4:49.08	3/2/19	Last Chance Meet	Columbia, Mo.
1,650 Freestyle	16:35.46	2/21/19	Big Ten Championships	Bloomington, Ind.

EMMA MacCALLUM

Sophomore Butterfly/Individual Medley Golden, Colorado (Golden)

HONORS & AWARDS

+Nebraska Scholar-Athlete Honor Roll (Fall 2018)
+Tom Osborne Citizenship Team (2019)

Q&A WITH EMMA

Who is your hero?
My parents, Mary and Stew.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Otter.

What is your favorite family recipe?
Cinnamon Rolls.

What is your favorite type of foreign food?
Chinese.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas Eve church and pizza.

What is the best gift you have ever been given?
Life.

2019-20 (OUTLOOK)

Emma MacCallum looks to build on her freshman season in Lincoln by continuing to provide depth for a talented sophomore class. She hopes to become a contributor on Nebraska's relay squads.

2018-19 (FRESHMAN)

MacCallum was one of nine walk-ons to join the Huskers in 2018-19 and became the most versatile out of the group. MacCallum competed in five different events across three home duals, including the 50 free (29.58), 100 free (1:01.89), 100 fly (1:04.03), 200 free relay and 200 medley relay. Outside the pool, MacCallum claimed a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was also a member of the 2019 Tom Osborne Citizenship Team.

PREVIOUS

MacCallum was a Dean's List student as a true freshman at Nebraska in 2017-18 but was not a member of the Husker swim team. As a senior at Golden High School in 2017, MacCallum competed in four events at the Colorado High School state championships. She produced her top finish in the 100 butterfly, while also competing individually in the 200 IM while contributing to Golden's 200 medley and 400 freestyle relay teams. MacCallum also swam for the Jeffco Hurricanes in 2017. MacCallum was a first-team all-conference selection for the Golden Demons and a four-time academic letterwinner. MacCallum was a member of the National Honor Society.

PERSONAL

The daughter of Mary and Stewart MacCallum, Emma was born Oct. 24, 1998, in Golden, Colo. She has one brother, Rory. Emma is majoring in nutrition and health sciences and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was also a member of the 2019 Tom Osborne Citizenship Team.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	29.58	9/28/18	South Dakota State	Lincoln, Neb.
100 Freestyle	1:01.89	9/28/18	South Dakota State	Lincoln, Neb.
100 Butterfly	1:04.03	11/3/18	Kansas	Lincoln, Neb.

AMELIA MILLER

Sophomore Freestyle Havre, Montana (Havre)

2019-20 (OUTLOOK)

Amelia Miller hopes to build on her freshman season in Lincoln and continue to provide depth for a talented sophomore class. An outstanding student, Miller could be a contributor for the Huskers both in and out of the pool.

2018-19 (FRESHMAN)

Miller was one of nine walk-ons to join the Huskers in 2018-19, competing in four events during her freshman campaign. She set career bests in the 50 free (26.04) and in the 100 free (56.42). In the classroom, Miller earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was also a member of the 2019 Tom Osborne Citizenship Team.

PREVIOUS

A four-time All-State swimmer, Miller helped Havre High School to a Montana Class A State Championship in 2016. Miller also was named Academic All-State three times.

PERSONAL

The daughter of Rhea and Harold Miller, Amelia was born June 27, 2000 in Havre, Mont. Amelia has two sisters, Kadia and Yelena, and one brother, Henry. She is a pre-veterinary medicine major and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018. She was also a member of the 2019 Tom Osborne Citizenship Team. She chose Nebraska over Montana State-Bozeman.

HONORS & AWARDS

+Nebraska Scholar-Athlete Honor Roll (Fall 2018)
+Tom Osborne Citizenship Team (2019)

Q&A WITH AMELIA

Who is your hero?
My parents, Rhea and Harold Miller.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash the dishes.

What is your favorite zoo animal?
Sea turtle.

What is your favorite family recipe?
Three-layer brownies.

What is your favorite type of foreign food?
Chinese.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Roman candles on the Fourth of July and New Year's.

What is the best gift you have ever been given?
Life.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	26.04	11/3/18	Kansas	Lincoln, Neb.
100 Freestyle	56.42	11/3/18	Kansas	Lincoln, Neb.

HALLIE ROMAN

Sophomore Diver Port Huron, Michigan (Port Huron Northern)

HONORS & AWARDS

+One Letter (2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	Three Meter	38th
2019	One Meter	38th

Q&A WITH HALLIE

Who is your hero?
Sara Troyer.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
Spaghetti.

What is your favorite type of foreign food?
Chinese.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Going to Disney.

What is the best gift you have ever been given?
My family.

2019-20 (SOPHOMORE)

Sophomore Hallie Roman plans to build on a solid first season as a Husker diver. As a freshman, Roman competed in both the one- and three-meter dives at the Big Ten Championships, and hopes to improve on those performances while producing career bests along the way. A standout in the classroom, Roman also will be a contender for academic honors again in 2019-20.

2018-19 (FRESHMAN)

Roman had a stellar first campaign for the Huskers. At the CAMO International Invitational, she scored a career-best 262.95 in the one-meter dive to finish 19th. She added a 21st-place finish in the three-meter event. Roman also placed 16th in the three-meter dive at the Wally Nakamoto Diving Invitational, in addition to her 12th-place finish on the one meter. Competing at the Big Ten Championships, Roman concluded her season with a pair of 38th-place finishes in the one- and three-meter dives. Outside the water, she earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She was also a member of the 2019 Tom Osborne Citizenship Team.

PREVIOUS

One of three divers to join the Huskers in 2018-19, Roman was a three-time regional qualifier, three-time Michigan state high school qualifier and three-time MAC Blue Champion at Port Huron Northern High School. Roman came to Nebraska after completing three consecutive undefeated dual meet seasons. Roman is also Port Huron Northern's school record holder in the individual medley. She was named team captain in 2017. Roman took 12th in the platform dive at the USA Zone C Diving Meet as a member of Legacy Diving Club. A tremendous all-around athlete, Roman was a three-time individual AAU All-American and a six-time team national champion as a member of Kaleidoscope Gymnastics. In 2017, Roman posted the third-highest score in the nation on the balance beam. She was also a six-time all-stater and three-time Michigan high school state qualifier as a gymnast, while earning two appearances at the Michigan high school track and field championships as a pole vaulter. A Wendy's High School Heisman school award winner and Port Huron Northern's Top Female Athlete in 2018, Roman was an outstanding student as well. She was named the valedictorian at Port Huron Northern and was a three-time Academic All-State selection. An MHSAA Scholar-Athlete finalist, she was also a member of the National Honor Society.

PERSONAL

The daughter of Christa and Andrew Roman, Hallie was born May 21, 2000 in Port Huron, Mich. Hallie has one sister, Alexis. Hallie is a nutrition and health sciences major and earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2018-19. She was also a member of the Tom Osborne Citizenship Team in 2019. She chose Nebraska over Kansas, Florida Gulf Coast, Michigan State and Akron.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	262.95	12/1/18	CAMO Invite	Montreal, Quebec
Three Meter	253.58	1/26/19	Illinois	Champaign, Ill.

CLAIRE SORRELL

Sophomore Freestyle Kearney, Nebraska (Kearney)

HONORS & AWARDS

+Nebraska Scholar-Athlete Honor Roll (Fall 2018)

Q&A WITH CLAIRE

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash the dishes.

What is your favorite zoo animal?
Rhinoceros.

What is your favorite family recipe?
Navy beans and dumplings.

What is your favorite type of foreign food?
Thai.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Four.

Are you a clean or messy person?
Messy.

What is your favorite family holiday tradition?
New pajamas on Christmas Eve.

What is the best gift you have ever been given?
Life and education.

2019-20 (OUTLOOK)

Claire Sorrell hopes to work her way into contributing for the Huskers in the pool in 2019-20. One of nine walk-ons to the Nebraska program in 2018-19, Sorrell could add depth in the relay events while building her training base in her second season.

2018-19 (FRESHMAN)

Sorrell was one of nine walk-ons to join the Huskers in 2018-19 and competed against Northern Iowa and Kansas. Against Kansas, Sorrell set a career best in the 50 free (28.52). A solid student, Sorrell earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018.

PREVIOUS

In 2018, Sorrell helped Kearney High School climb to a top-20 team finish at the state meet. She was a member of the Bearcats' 200-yard freestyle relay team at the state championships. Sorrell was a sprint freestyler for Kearney and earned several academic awards, including NCPA Academic All-State honors as a senior. She was also a member of the National Honor Society. Sorrell also played basketball for the Bearcats during her high school career.

PERSONAL

The daughter of Brooke Kohhnen and Tom Sorrell, Claire was born Aug. 29, 1999, in Kearney, Neb. Claire has one sister, Lauren. Claire is majoring in chemistry and earned a spot on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	28.52	11/3/18	Kansas	Lincoln, Neb.

SARA TROYER

Sophomore Diver Goshen, Indiana (Northridge)

HONORS & AWARDS

+One Letter (2019)
+CSCAA Scholar All-American (HM, 2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	Three Meter	11th
2019	One Meter	33rd

Q&A WITH SARA

Who is your hero?
Hallie Roman.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Monkey.

What is your favorite family recipe?
Spaghetti.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
One.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Christmas.

2019-20 (OUTLOOK)

Sophomore Sara Troyer plans to build on an outstanding first season at Nebraska in 2019-20. She recorded 14 top-five finishes, including three victories and seven runner-up showings. As a freshman she posted career bests on both one- and three-meter dives. This season, Troyer will take aim at higher goals to help lead a diving corps expecting to redshirt three-time All-American Abi Knapton and 2019 NCAA qualifier Jessica Warak.

2018-19 (FRESHMAN)

Troyer recorded an impressive freshman campaign while focusing on the one- and three-meter diving events at Nebraska. She had 14 top-five finishes, including three wins and seven runner-up showings. Against Northern Iowa, she notched a career-best one-meter score of 297.90 to win the event. She also won the one-meter competition at the Wally Nakamoto Diving Invitational. Against Northern Iowa, Troyer posted a career-best three-meter score of 326.32. Competing at the Big Ten Championships, Troyer had a strong showing in both events to finish her season, finishing 11th in the three-meter dive (296.25) and 33rd in the one-meter (242.50). Away from the pool, Troyer was an honorable-mention CSCAA All-American Scholar. She was a member of the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She also earned a spot on the 2019 Tom Osborne Citizenship Team.

PREVIOUS

Troyer joined the Huskers after diving to a 2018 Indiana state championship on the one-meter board while helping Northridge High School to a team runner-up finish at the Indiana State Championships. She earned first-team all-state honors. Troyer and her team were sectional champions in 2017. She also finished third on the one-meter dive at the 2017 IHSAA state championships. Troyer also played softball and earned four letters as a catcher. In 2018, Troyer was a regional finalist in the one and three-meter dives for the Indiana International School of Diving, placing fifth and sixth, respectively. She was also a national qualifier in 2017. She was a teammate of 2019-20 Husker junior diver Grace Tiernon at the Indiana International School of Diving.

PERSONAL

The daughter of Shanna and Steve Troyer, Sara was born Aug. 21, 1999, in Elkhart, Ind. She has three older brothers, Sean, Scot and Sam. She has not declared a major, but she was named an honorable-mention CSCAA Scholar All-American in 2019. She also earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2018-19. She was a member of the Tom Osborne Citizenship Team in 2019. She chose Nebraska over Akron, Miami (Ohio) and Ball State.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	297.90	10/6/18	Northern Iowa	Lincoln, Neb.
Three Meter	326.32	10/6/18	Northern Iowa	Lincoln, Neb.

ALEJANDRA VASQUEZ

Sophomore Freestyle Bogota, Colombia (Colegio Fontan)

2019-20 (OUTLOOK)

Alejandra Vasquez plans to build on her freshman season in Lincoln and continue to provide depth for a talented sophomore class. She hopes to be a contributor on Big Red relay teams in 2019-20.

2018-19 (FRESHMAN)

Vasquez was one of nine walk-ons to join the Huskers in 2018-19. She set four career bests between individual and relay events, including the 50 free (27.78) and the 100 free (1:00.87). Vasquez earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. She was also a member of the Tom Osborne Citizenship Team.

PREVIOUS

Vasquez competed for Colegio Fontan while also participating in tennis, golf and horse riding. Vasquez and Club Kronos qualified for Colombian Nationals four times under Coach Felipe Santos. Vasquez represented Bogota in 2015 and 2016 during the Colombian State Nationals.

PERSONAL

The daughter of Claudia Gutierrez and German Vasquez, Alejandra was born June 8, 1999, in Bogota, Colombia. She has one brother, Sebastian. Alejandra is majoring in sociology and political science. Vasquez earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters of 2018-19. She was also a member of the 2019 Tom Osborne Citizenship Team.

HONORS & AWARDS

+Colombian National Qualifier
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)

Q&A WITH ALEJANDRA

Who is your hero?
My father.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Tiger.

What is your favorite family recipe?
Chocolate cake.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Four.

Are you a clean or messy person?
Clean.

What is your favorite family holiday tradition?
Vacation with my parents.

What is the best gift you have ever been given?
Health and education.

CAREER-BEST TIMES

Event	Time	Date	Meet	Location
50 Freestyle	27.78	11/3/18	Kansas	Lincoln, Neb.
100 Freestyle	1:00.87	11/3/18	Kansas	Lincoln, Neb.

JESSICA WARAK

Sophomore Diver Bellevue, Nebraska (Bellevue West)

HONORS & AWARDS

+NCAA Championship Qualifier (Platform, Three Meter, 2019)
+NCAA Zone D Qualifier (2019)
+One Letter (2019)
+CSCAA Scholar All-American (HM, 2019)
+Nebraska Scholar-Athlete Honor Roll (Fall 2018; Spring 2019)
+Tom Osborne Citizenship Team (2019)
+UNL Regents & Honors Scholarships

NCAA CHAMPIONSHIPS

Year	Event	Finish
2019	Platform	22nd

BIG TEN CHAMPIONSHIPS

Year	Event	Finish
2019	One Meter	12th
2019	Platform	18th
2019	Three Meter	19th

Q&A WITH JESSICA

Who is your hero?
My mom.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Jellyfish.

What is your favorite family recipe?
Kolaches.

What is your favorite type of foreign food?
Sushi.

Do you love or hate roller coasters?
Hate.

How many pillows do you sleep with at night?
Four.

What is your favorite family holiday tradition?
Family meals on Christmas and Thanksgiving.

What is the best gift you have ever been given?
Necklace.

2019-20 (OUTLOOK)

After making an immediate impact for the Huskers as a freshman, Jessica Warak expects to redshirt because of an injury in 2019-20. Warak hopes to return to full strength alongside senior Abi Knapton in 2020-21 to lead the Huskers at the conference and national levels. Warak, a sophomore out of Bellevue West High School, recorded 13 top-five finishes and established herself as one of NU's most valuable young contributors. She qualified for the NCAA Championships on the platform, and produced a trio of top-20 finishes at the Big Ten Championships.

2018-19 (FRESHMAN)

Warak produced an excellent first season for the Huskers, capturing 13 top-five finishes, including four runner-up performances. At the Hawkeye Invitational, Warak scored a career-best 273.95 on the platform dive to take second. She competed at the Wally Nakamoto Diving Invitational, where she added another second-place performance on platform, while adding a seventh-place finish on the three-meter dive. In Nebraska's final regular-season dual against Rutgers, Warak erupted for a career-best three-meter score (331.27) to add another runner-up finish. On the one meter, she added a runner-up finish with a career-best 295.80 in a dual win over Northern Iowa. At the Big Ten Championships, Warak finished 12th in the one-meter board (294.10), 18th on the platform (244.70) and 19th on the three meter (286.60). She punched her ticket to the NCAA Championships with a ninth-place finish on the platform at the Zone D Championships. She closed the year by finishing 22nd on platform (243.62) at the NCAA meet. Outside the pool, Warak was named an honorable-mention CSCAA Scholar All-American. She also earned spots on the Nebraska Scholar-Athlete Honor Roll in both the fall and spring semesters. Warak was a member of the 2019 Tom Osborne Citizenship Team.

PREVIOUS

Warak won Nebraska Class A state high school diving titles in 2016 and 2017 for Bellevue West High School. She added a third-place finish at state as a freshman, but did not compete at the high school level as a senior in 2018. Warak set the Bellevue West 11-dive school record with a score of 484.25 as a junior at the state championships to post the No. 4 total in Nebraska high school history. She defeated the rest of the field by more than 100 points. Warak was also a three-time All-American. She compiled five top-12 finishes at USA Nationals, including a third-place finish on the platform dive in 2017 for the Nebraska Diving Club. In 2018, Warak helped her team to a second-place finish at the 2018 Zone D meet. Academically, Warak was Bellevue West's valedictorian and a member of the National Honor Society in 2018. She was also a four-time academic letterwinner while earning three letters in diving. She was a Scholastic All-American in 2017.

PERSONAL

The daughter of Paula and JR Warak, Jessica was born June 1, 2000 in Bellevue, Neb. Jessica has two sisters, Amber and Hanna. She is a nutrition, exercise and health science major and has earned two spots on the Nebraska Scholar-Athlete Honor Roll in the fall of 2018 and spring of 2019. She was also a member of the Tom Osborne Citizenship Team in 2019. She chose Nebraska over North Carolina, Ohio State and Minnesota.

CAREER-BEST DIVES

Event	Score	Date	Meet	Location
One Meter	295.80	10/6/18	Northern Iowa	Lincoln, Neb.
Three Meter	331.27	2/1/19	Rutgers	Lincoln, Neb.
Platform	273.95	11/17/18	Hawkeye Invite	Iowa City, Iowa

KAITLYN BARTH

Freshman Freestyle/Backstroke/Butterfly Madison, Wisconsin (Edgewood)

HONORS & AWARDS

+All-American
+Six-Time Wisconsin State Champion
+Four-Time Wisconsin High School Team Champion
+Four-Time All-Wisconsin

2019-20 (OUTLOOK)

Kaitlyn Barth hopes to make an impact for the Huskers in 2019-20 by contributing in the relay events. Barth competed with Nebraska junior Rachel Powers for the Madison Aquatic Club in Wisconsin. Outside of the pool, Barth was a strong performer in the classroom with a GPA of 3.9.

PREVIOUS

Barth comes to Nebraska after competing for Coach Emily Schwabe at Edgewood High School. Barth helped Edgewood to four consecutive state championships. She is a three-time Wisconsin state record holder and a four-time Edgewood High School record holder. Barth is a six-time state champion and holds six state individual top-three finishes. Barth was awarded All-State (2015-18) and All-America honors (2016-17). She also earned a WIAA Scholar Athlete Award, Farley Athletic Award, Zach Parkin Outstanding Swimmer Award and the Most Valuable Player Award. In the classroom, Barth earned Academic Excellence (3.9+GPA), High Honors (3.75+GPA) and was a member of La Sociadad Honoraria, Edgewood Honor Society, National Honor Society. Barth also competed in track and field, capturing a 2018 state title as a member of the 4x800 relay. She was also a member of the state runner-up 4x800 relay team in 2017, after her 4x400 relay team finished sixth at state in 2016. She also earned a Sophomore Achievement Award and a Junior Achievement Award. Barth competed for Madison Aquatic Club along Husker Rachel Powers for Coach Shane Ryan. Barth was a member of the 2019 Wisconsin State Champions (SCY) and is a four-time Wisconsin state relay record holder, 2015 USA Junior National Qualifier, and qualified for NCSA Junior National from 2014 to 2019.

PERSONAL

The daughter of Stephanie and Scott Barth, Kaitlyn was born Feb. 1, 2001, in Madison, Wis. She has a sister, Allyson, and a brother, Joshua. Kaitlyn is majoring in nutrition, exercise and health science with a pre-physical therapy path at Nebraska. She chose Nebraska over Iowa, Miami (Ohio) and Wisconsin.

Q&A WITH KAITLYN

Who is your hero?
My parents.

What is your favorite zoo animal?
Dolphin.

What is your favorite family recipe?
Frog eye salad.

What is your favorite family holiday tradition?
Watching Christmas Vacation on Christmas Day.

REAGAN HINZE

Freshman Diver Conroe, Texas (Conroe)

HONORS & AWARDS

+NISCA All-American
+AAU All-American
+Texas UIL Class 6A State Bronze Medalist
+Texas UIL Class 6A Regional Champion
+Texas UIL Class 6A District Champion
+First-Team All-Texas
+USA Diving Spring National Qualifier
+USA Diving Zone Qualifier

2019-20 (OUTLOOK)

Reagan Hinze hopes to make an immediate impact for a strong group of Husker divers. A four-time AAU All-American and first-team all-state performer from Texas, Hinze has competed at a high level nationally and could have the ability to contribute for the Huskers early in her career.

PREVIOUS

Hinze came to Nebraska after an impressive high school and club career. While competing for Conroe High School, she was a two-time National Interscholastic Swim Coaches Association All-American, UIL 6A District Champion, UIL 6A Regional Champion, UIL 6A State Bronze Medalist, and first-team all-state selection and Texas Interscholastic Swim Coaches Association Scholarship Recipient. Hinze also set the school record for an 11-dive score (471.85). At the club level, Hinze competed for Woodlands Diving Academy and was a four-time AAU All-American, Texas Amateur Athletic Federation Local Athlete of the Year, seven-time USA Diving zone qualifier, and two-time USA Diving Spring National Qualifier.

PERSONAL

The daughter of Greg and Katheryne Hinze and Deidre Vasquez, Reagan was born Aug. 10, 2001. She has a sister, Sydney. Reagan is majoring in forensic science at Nebraska. She chose Nebraska over Rutgers, Illinois, Cincinnati and Colorado State.

Q&A WITH REAGAN

Who is your hero?
My dad.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
Fettuccine alfredo.

What is your favorite type of foreign food?
Italian.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

What is your favorite family holiday tradition?
Going to my grandma's on Christmas Eve.

KIMBERLY LANAGHEN

Freshman Butterfly Boulder, Colorado (Fairview)

HONORS & AWARDS

+All-American (200 Medley Relay, 2016)
+Four-Time Colorado Class 5A State Finalist (100 Fly, 2016, 2017, 2018, 2019)
+Fairview Honor Roll

2019-20 (OUTLOOK)

Kimberly Lanaghen hopes to make an immediate impact on Nebraska's relay teams and medley group in 2019-20.

PREVIOUS

Lanaghen joins Nebraska after competing for Bob Smart at Fairview High School in Boulder, Colo. Lanaghen helped Fairview to four consecutive state appearances, including a state title in 2016. She finished seventh in the 100 butterfly at the 2019 CHSAA Class 5A State Championships with a time of 56.15. She finished fourth in the 100 fly at the 2018 state meet as a junior, after finishing third in the event as a sophomore in 2017. She took fifth in the 100 fly at the state championships as a freshman. The honor roll student was a member of a 200 medley relay team that earned All-America honors in 2016. She also swam in the Jeffco Hurricanes club program for Coach Brett Stoyell.

PERSONAL

The daughter of David and Polly Lanaghen, Kimberly was born Nov. 18, 2000, in Boulder, Colo. She has an older brother, Bridger. Kimberly is a microbiology major. She chose Nebraska over Boise State, Colorado State and Utah.

Q&A WITH KIMBERLY

Who is your hero?
My uncle.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Vacuum the house.

What is your favorite zoo animal?
Black bear.

What is your favorite family recipe?
Gravy.

What is your favorite type of foreign food?
Mexican or Chinese.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Four.

What is your favorite family holiday tradition?
White elephant gifts.

What is the best gift you have ever been given?
A trampoline.

BERKELEY LIVINGSTON

Freshman Individual Medley/Freestyle Lincoln, Nebraska (Lincoln Southwest)

HONORS & AWARDS

+NISCA All-American
+Nebraska State Swimmer of the Meet (2019)
+Three-Time Nebraska State 500 Free Champion (2017, 2018, 2019)
+Lincoln Journal Star Swimmer of the Year
+Four-Time Junior National Qualifier
+Midwestern Age Group Record Holder (50 Fly, 200 Fly, 400 IM)
+Two-Time USA Swimming Scholastic All-American

2019-20 (OUTLOOK)

Berkeley Livingston was the 2019 NSAA Swimmer of the Meet at the state championships as a high school senior before being named the Lincoln Journal Star Swimmer of the Year. The Lincoln Southwest High School graduate expects to contribute in the butterfly and individual medley events for the Huskers as a freshman.

PREVIOUS

Livingston joined the Huskers after a successful career at Lincoln Southwest. She helped the Silver Hawks capture four consecutive state titles from 2016 to 2019. Livingston won the Class A individual state title in the 500-yard freestyle in 2017, 2018 and 2019. She added a state title in the 200 IM as a senior in 2019, after finishing as the 200 IM runner-up in 2017. In the classroom, Livingston was a two-time USA Swimming Scholastic All-American, while also earning the President's Outstanding Academic Excellence Award. She was also an honor roll member throughout high school.

PERSONAL

The daughter of Chris and Crystal Livingston, Berkeley was born April 10, 2001. She has a younger sister, Bella. Berkeley is majoring in exercise science. She chose Nebraska over Minnesota and Arkansas.

Q&A WITH BERKELEY

Who is your hero?
My mom, Crystal Livingston.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash dishes.

What is your favorite zoo animal?
Otter.

What is your favorite family recipe?
Stuffed shells.

What is your favorite type of foreign food?
Sushi.

Do you love or hate roller coasters?
Hate.

How many pillows do you sleep with at night?
Three.

What is your favorite family holiday tradition?
Brunch with my grandparents on Thanksgiving morning.

What is the best gift you have ever been given?
Concert tickets to Kendrick Lamar.

AMANDA MATHIASEN

Freshman Freestyle Willmar, Minnesota (Willmar)

HONORS & AWARDS

+Four-Time Minnesota State Qualifier
+Four-Time All-Central Lakes Conference
+Five-Time All-Central Lakes Conference (HM)
+Academic All-State

2019-20 (OUTLOOK)

Amanda Mathiasen hopes to contribute for the Huskers after an impressive high school career. A four-time Minnesota state championship qualifier, Mathiasen hopes to contribute in the freestyle events for the Huskers as a freshman in 2019-20.

PREVIOUS

Mathiasen came to Nebraska after qualifying for the Minnesota high school state swimming championships four consecutive years. She was a four-time All-Central Lakes Conference performer and a five-time honorable-mention all-conference choice while competing primarily in the sprint freestyle events for the Cardinals. Her top times came in the 50 free (24.55) and 100 free (54.60). Mathiasen was also an excellent performer in the classroom, capturing Academic All-State honors.

PERSONAL

The daughter of Bob and Linda Mathiasen, Amanda was born Oct. 21, 2000, in St. Cloud, Minn. She has one younger sister, Abigail. Amanda is majoring in mechanical engineering at Nebraska. She chose Nebraska over Colorado, Colorado State, Purdue and Gustavus Adolphus.

Q&A WITH AMANDA

Who is your hero?
My sister.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Mow the lawn.

What is your favorite zoo animal?
Giraffe.

What is your favorite family recipe?
My mom's lasagna.

What is your favorite type of foreign food?
Mexican.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Three.

What is your favorite family holiday tradition?
Making and decorating Christmas cookies.

What is the best gift you have ever been given?
Family vacations.

MOLLY ROSENTHAL

Freshman Freestyle Glen Ellyn, Illinois (Glenbard West)

HONORS & AWARDS

+Junior Nationals Qualifier (2017, 2018)
+Sectional Champion (500 Free, 2016, 2017, 2018)
+Sectional Team Champion (2016, 2017)
+Sectional Team Runner-Up (2018)
+State Qualifier (500 Free, 2016, 2017, 2018)
+State Qualifier (200 Free, 2018)

2019-20 (OUTLOOK)

Molly Rosenthal will try to make immediate contributions for the Huskers in the freestyle events as a Husker freshman. Rosenthal swam at a high level in the middle distance freestyle events as a high school swimmer in Illinois and could help the Huskers in both individual and relay events.

PREVIOUS

Rosenthal came to Nebraska after a successful high school and club career. She was a three-time individual sectional champion and qualified for the state championships three consecutive years. Rosenthal was an all-conference swimmer and was a member of two sectional championship teams, a sectional runner-up squad, and two teams that finished in the top 10 at the Illinois state championships. At the club level, Rosenthal swam for B.R. Ryall YMCA and qualified twice for Junior Nationals. At YMCA Nationals, Rosenthal earned top-25 finishes in several events.

PERSONAL

The daughter of Paul and Christy Rosenthal, Molly was born March 13, 2001. She has a sister, Abby. Molly has not declared a major. She chose Nebraska over Connecticut and Missouri State.

Q&A WITH MOLLY

Who is your hero?
My parents.

What would you rather do: wash dishes, mow the lawn, clean the bathroom, or vacuum the house?
Wash the dishes.

What is your favorite zoo animal?
Monkey.

What is your favorite family recipe?
Baked chicken and cheese potatoes.

What is your favorite type of foreign food?
Tacos.

Do you love or hate roller coasters?
Love.

How many pillows do you sleep with at night?
Two.

What is your favorite family holiday tradition?
Spending Christmas with my family.

What is the best gift you have ever been given?
Any type of food.

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PABLO MORALES

NATASHA CHIKINA

PATRICK ROWAN

COACHES & STAFF

PABLO MORALES

Head Coach 19th Season 95-56-1 Career Record

COACHING EXPERIENCE

+Head Coach, Nebraska (2001-Present)
+Head Coach, USA Swimming
Diversity Select Camp (2007)
+Associate Head Coach, San Jose Aquatics (2000-01)
+Head Coach, San Jose State (1998-2001)
+Graduate Assistant, Stanford (1997-98)
+Assistant Coach, San Jose Aquatics (1995-96)
+Graduate Assistant, Cornell (1989-91)
+Head Coach, Stanford Masters Swim Program (1988-89)

HONORS & AWARDS

+Big 12 Coach of the Year (2004)
+WAC Coach of the Year (2000)
+Five-Time Olympic Medalist (3 Gold, 2 Silver)
+11-Time NCAA Champion
+CoSIDA Academic All-America Hall of Fame

Pablo Morales continues to see the Nebraska swimming and diving program climb in national prominence in and out of the water in his 19th season leading the Husker program.

In 2019, Nebraska captured its fourth consecutive top-40 finish at the NCAA Championships by taking 33rd. Abi Knapton solidified her place as the greatest diver in Nebraska history by capturing her third consecutive first-team All-America honor on the platform, while adding an honorable-mention accolade in the three-meter dive.

As a team, the Huskers produced their best conference finish since joining the Big Ten in 2012, and Husker swimmers posted 23 NCAA B qualifying standards. Over the last seven seasons, Husker swimmers have set 19 school records. Fans can expect records to keep falling in 2020.

In 2018, Nebraska finished 35th at the NCAA Championships, as Knapton captured first-team All-America honors on the platform for the second straight season. She was joined at the NCAA Championships by swimmer Autumn Haebig.

The Big Red took 33rd at nationals in 2017, when Knapton finished fourth on platform to capture her first All-America award.

In 2016, the Huskers finished 39th at the NCAA Championships, which included a 10th-place finish on the one-meter board by Anna Filipcic. The Huskers have sent at least one diver to the NCAA Championships in six consecutive seasons.

While the diving program has climbed to national prominence, the Huskers have elevated their talent across all events as they enter their ninth season in the Big Ten in 2019-20.

Nebraska's rise in the pool and the diving well has occurred while maintaining elite performances in the classroom. In 2019, Lindsay Helferich captured second-team CoSIDA Academic All-America honors after closing her career with a perfect 4.0 GPA as a civil engineering major. She became the third Husker swimmer to contribute to Nebraska's national-leading total of 338 CoSIDA Academic All-Americans all time across all sports.

A total of seven Huskers earned CSCAA Scholar All-America awards in 2019. Nebraska finished among the top-20 CSCAA Division I Scholar All-America Schools for the fourth straight season in 2017, posting a 3.61 team GPA.The Huskers also captured their third consecutive Nebraska Herman Team GPA Award, which recognizes the Husker program with the highest GPA across all sports.

Nebraska's increased competitiveness in the pool and impressive success in the classroom and community are a far cry from the starting point of the Husker program when Morales took over the job in 2001. In his first season at NU, the Huskers went winless in 2001-02 (0-3) with a depleted roster.

Three years later, NU raced to an 8-1 dual record in 2004-05 and became the first Husker swimming and diving team in school history to win eight consecutive meets. Most importantly, Morales led the Huskers out of the bottom of the Big 12 with a fourth-place finish in 2004 and a third-place showing in 2005. Nebraska has continued to pursue a climb in conference prominence as it has transitioned to the Big Ten.

The Huskers hope to regain the national prowess they enjoyed in the 1990s, when they captured five Big Eight and Big 12 titles from 1994 to 1999.

A 1987 graduate of Stanford University, Morales is one of the greatest male swimmers in U.S. history, winning an NCAA-record 11 individual titles. He also helped lead the Cardinal to three consecutive NCAA titles and four Pac-10 titles, while twice earning Pac-10 Swimmer-of-the-Year honors and garnering six Pac-10 titles himself.

Morales remains the all-time leading scorer at the NCAA Championships, amassing 235 points. Morales was also the recipient of the 1987 Al Masters Award, which is Stanford's highest award for athletic performance, leadership and academic performance. He was the first male swimmer to win the award, and remains one of two to have accomplished that feat. Morales holds the Stanford record in the 200-yard butterfly (1:42.60) and held the school record in the 100-yard fly (46.25) until it was broken in 1998 by Sabir Muhammad (46.18).

While at Stanford, Morales was awarded the J.E. Sterling Award, which is presented to a student-athlete based on scholarship, leadership and community service. In addition, he served as the director of the Stanford Volunteers for Youth Program. Morales also found time to become a mainstay on the campus newspaper as the beat writer for the women's basketball team.

A CoSIDA Academic All-America selection in 1987, Morales earned a law degree from Cornell in June of 1994, despite taking two years off from law school to train and compete at the Olympics.

An Olympic swimmer, Morales won three gold and two silver medals in the 1984 and 1992 Games, serving as a team captain for the 1992 squad. Following the 1992 Games, in which he returned to the pool after a three-year layoff to capture a gold medal in the 100-meter butterfly, Morales was named the U.S. Olympic Committee's Sportsman of the Year. He held the U.S. Open and NCAA record in the 100-yard fly with a time of 46.26, which stood for 13 years before being broken at the 1999 NCAA Championships.

Among Morales' greatest swimming accomplishments in the pool is holding the world record in the 100-meter butterfly with a time of 52.84 from 1986 until 1995.

Morales' legend in the Olympic Games lives on today, as the Nebraska coach served on the bid committee for the 2008 U.S. Olympic swimming trials that took place in Omaha. Morales had the chance to see the selection process and serve a role in the decision that gave Nebraska its first Olympic event in state history.

The Swimming Trials were a resounding success, and Omaha proved to be a worthy host for the event. More than 160,000 fans attended the event, shattering the previous mark by more than 50,000. In 2016, the U.S. Olympic Trials made their third consecutive appearance at the CenturyLink Center in Omaha, and more than 200,000 fans sold out every session of the event.

Before coming to Nebraska, Morales served as the head women's swimming coach at San Jose

Pablo Morales was a three-time Olympic gold medalist and two-time silver medalist at the 1984 (Los Angeles) and 1992 (Barcelona) Summer Games.

Gold	1984 Los Angeles	4x100m Medley
Gold	1992 Barcelona	100m Butterfly
Gold	1992 Barcelona	4x100m Butterfly
Silver	1984 Los Angeles	100m Butterfly
Silver	1984 Los Angeles	200m Medley

State University. He held the reins as head coach from 1998 until being named coach at Nebraska in July of 2001. Morales rejuvenated a Spartan program that was near the bottom of the Western Athletic Conference. He was named the 2000 WAC Coach of the Year for his efforts.

While at San Jose State, Morales rebuilt a program and took the Spartans to the NCAA Championships after a 14-year absence. During his tenure, Morales produced six academic All-WAC swimmers. At the 2001 WAC Championships, five Spartans set school records under Morales' supervision, and three met NCAA qualification times. Seven others swam times that placed among the top three in school history.

Before his stint at SJSU, Morales served as an assistant coach at his alma mater, Stanford, in 1997-98, helping lead the squad to the NCAA team title.

Morales also served as a graduate assistant at Cornell while pursuing his law degree. While at Cornell, Morales prepared and coached daily workouts for swimmers and assisted in recruiting. Morales has assisted in coaching with the San Jose Aquatics club group, as well as serving as head coach of the Stanford Masters Swim Team.

For Morales, the opportunity to coach at Nebraska was a welcome challenge.

"As a coach, taking over the responsibilities at Nebraska represents a great opportunity to take a program with success and use the resources that only Nebraska can offer, the support from the athletic department, the University, the Lincoln area and the state, to take the program to a higher level," Morales said after he was hired. "Our goal is to take this program to the elite national level."

A powerful motivator, Morales hopes to keep his swimmers on the top of their games in and out of the pool, as Nebraska has established itself among the nation's best in academic support and athletics. Over the past nine seasons, nearly 80 percent of Morales' student-athletes have been named to the conference or Nebraska Scholar-Athlete Honor Roll each semester.

"I want our swimmers to achieve their goals of faster times and lifetime bests," Morales said. "I want them to have the best season that they have ever had, and I also want us to establish a team atmosphere and build an excitement toward Husker swimming and diving."

Morales said he enjoys the challenge of competing in the Big Ten, one of the premier swimming and diving conferences in the country.

Former Stanford Head Coach Skip Kenny, who coached Morales at Stanford and also with Team USA, spoke highly of his former pupil.

"He's one of the most honest people that you will meet," Kenny said. "You will always get the truth out of him. He's very dedicated to the sport of swimming and to his athletes."

Kenny also recognized Morales' charisma.

"As soon as the swimmers spend a few days or weeks with him," Kenny said, "they will see how much he cares about them and the sport of swimming."

Morales received a vote of confidence that he will be able to turn Nebraska into a national title contender.

"He brings a high level of experience to build up the team," Kenny said. "He's been there and done that as far as swimming is concerned. I honestly believe that he is a better coach than he was a swimmer, and that is saying a lot since he was one of the best swimmers in the world. He has done things with kids that I thought I would never see. If there is a female swimmer out there that wants to be the best in the world, I'd send her to swim for Pablo."

Morales' experiences as an NCAA and international swimmer, and a club and collegiate coach helps him in coaching and recruiting.

"In my experiences, I have been fortunate to have had a long career as a competitor. I was able to train with coaches who I think are some of the best in the world," Morales said. "I have learned from them, and I have learned from myself. I believe that all of my experiences have prepared me for coaching. I have a good feel for the contours of teams that are successful. I know how they practice, train and compete."

In July of 2012, Morales named Patrick Rowan as an assistant coach. A Nebraska native with a long-time association with the Husker program, Rowan spent five years at Missouri before returning to Lincoln. In his five seasons in Columbia, Rowan helped MU climb from 38th at the 2008 NCAA Championships to 14th in the final standings in 2012. He also played a major role in bringing multiple top-20 recruiting classes to Missouri.

"We were very excited to have Patrick come back to Nebraska," Morales said. "He brings extensive and successful coaching and recruiting experience at the collegiate level. Patrick has a tremendous work ethic and an unmatched passion for Nebraska."

In his first season with the Huskers, Rowan immediately showed his worth, coaching the Nebraska sprinters to four school-record relay times at the 2013 Big Ten Championships. He also coached Taryn Collura to a school record in the 50-yard freestyle and a trip to the NCAA Championships in Indianapolis.

Morales named former Olympian Natasha Chikina as the head diving coach in June of 2005. Through 13 seasons, she has guided Husker divers to 39 NCAA Zone appearances and at least one Husker diver has competed at the NCAA Championships for six consecutive seasons.

"She brings outstanding technical expertise combined with a tremendous coaching demeanor that yields fabulous results at the Division I level," Morales said. "She is the perfect fit to build on the success of her predecessors here at Nebraska and be part of our development into a championship-level program."

"My job is to instill confidence in a swimmer and teach her to expect a higher level of performance from herself. I want each swimmer to open her mind to what is possible. I want her to strive to exceed what she has done in the past each and every day. I want her to expect that more is possible."

Coach Morales' Philosophy

A gifted and noted public speaker and lecturer, Morales was a contributing author to The Swim Coaching Bible, published in 2001. In April of 2007, he was chosen as the U.S. Swimming Diversity Select Camp Head Coach, a four-day camp at the Olympic Training Center in Colorado Springs, Colo. Aside from in-pool training, Morales also led motivational and educational sessions and team-building activities for boys and girls from all over the nation. These children were a part of an ethnically under-represented population that is less than 20 percent of the current USA Swimming membership.

Pablo is the son of Pedro and the late Blanca Morales, who came to the United States from Cuba in 1956. Pablo and his wife, Viviana, have four boys, Sam (21), Benjamin (18), Eli (16) and Gustavo (9).

Morales was born in Chicago and grew up in Santa Clara, Calif. He enjoys golfing in his spare time.

The Morales family (from left): Gustavo, Pablo, Sam, Eli, Viviana and Benjamin.

PATRICK ROWAN

Associate Head Coach Eighth Season

COACHING EXPERIENCE

+Associate Head Coach, Nebraska (2012-Present)
+Assistant Coach, Missouri (2008-12)
+Volunteer Assistant Coach, Nebraska (2006-07)
+Head Coach, Nebraska Aquatics (2002-07)

SWIMMING EXPERIENCE

+Eastern Michigan (1996-2000)
+12-Time MAC Finalist
+Two-Time MAC Team Champions
+Two-Time Nebraska Class A State Champion (Lincoln Southeast)

Patrick Rowan is in his eighth season as Nebraska's associate head coach, helping the Huskers continue to build a nationally competitive women's swimming and diving program.

Rowan, who returned to Nebraska after spending five years as an assistant coach at Missouri, helped the Tigers become one of the nation's top-15 programs during his time in Columbia (2008-12).

The graduate of Lincoln Southeast High School and former Husker volunteer assistant coach returned to the Big Red for the 2012-13 season and has helped the Huskers produce four consecutive top-40 team finishes at the NCAA Championships.

"Patrick brings extensive and successful coaching and recruiting experience at the collegiate level," Nebraska Coach Pablo Morales said. "Patrick has a tremendous work ethic and an unmatched passion for Nebraska. He has made a major impact on our program and plays a key role in helping us achieve our Big Ten Conference and NCAA goals."

An excellent recruiter, Rowan has helped the Huskers raise their talent level in recent years. In 2019-20, Nebraska's roster features a pair of state high school swimmers of the year in Autumn Haebig (Wisconsin, 2017) and Berkeley Livingston (Nebraska, 2019). The Husker roster also features 10 high school state individual champions from six states [Florida, Indiana, Missouri, Nebraska (3), Ohio, Wisconsin (3)].

In 2018-19, Rowan helped Nebraska claim its best Big Ten finish since joining the conference in 2012. He was also instrumental in helping Husker swimmers post 23 NCAA B qualifying times.

During Rowan's seven seasons at Nebraska, Husker swimmers have set 19 school records across all events, and those records are expected to keep falling in 2019-20.

In 2017-18, Rowan helped 14-time Wisconsin high school state champion Autumn Haebig earn her first trip to the NCAA Championships as a true freshman. Haebig, who finished 10th in the 100 backstroke and 12th in the 200 freestyle at the 2018 Big Ten Championships, closed her season with a 40th-place NCAA finish in the 100 back. She added a 43rd-place showing in the 500 free at the NCAA meet. Haebig set career bests in all three of those events late in the season at either the Big Ten Championships or the NCAA Last Chance meet, when she posted a 52.29 in the 100 back.

In 2018, SwimSwam.com ranked the Nebraska swimming and diving program No. 1 in the nation for recruiting, retention and improvement among all NCAA Division I women's programs.

In 2017-18, the Husker swimmers produced 26 NCAA B qualifying standards, which represented an increase in that total for the sixth consecutive season for Nebraska.

During those six seasons, Huskers have set 17 school records, while at least one Husker has qualified for the NCAA Championships in all six of those seasons.

In 2016, six Huskers qualified for the U.S. Olympic Trials, while two more international swimmers qualified for their trials.

In 2016-17, Erin Oeltjen set a school record in the 100 and 200- yard backstroke, while Dana Posthuma notched the second-best time in school history in the 200-yard butterfly (1:58.16).

In 2014-15, Rowan guided the 200-yard freestyle relay to the second-best time in school history at the Big Ten Championships.

In Rowan's second season at NU (2013-14), he helped 14 swimmers to personal bests in the sprint freestyle events.

Rowan served as Nebraska's primary sprint freestyle coach in 2012-13. He saw the 200- and 400-yard freestyle relay teams swim school-record times at the 2013 Big Ten Championships. Taryn Collura swam a school record in the 50-yard freestyle and became the first Husker to qualify for the NCAA Championships in six years.

A Nebraska native, Rowan helped orchestrate a steady rise into national prominence at Missouri. In his first season at MU, Rowan helped the Tiger women's team finish 38th at the 2008 NCAA Championships. After a 28th-place showing in 2009, the Tigers climbed to 23rd in 2011 before finishing 14th at the 2012 NCAA meet.

Rowan served as the power sprints coach while also working with the middle distance group at Missouri. He was the recruiting coordinator for the Tiger men's program while assisting with recruiting on the women's side. The Tiger men's 2011 recruiting class was ranked seventh nationally by collegeswimming.com, while the women's class was ranked 18th. He served as the director of the Mizzou Swim Camp and coached the Mizzou Swim Team (USA Swimming Club).

In addition to serving as a volunteer assistant at Nebraska in 2006-07, Rowan was a long-time coach in the Nebraska Aquatics program.

From 2002 until 2007, Rowan served as the head coach and general manager of the Nebraska Aquatics swim team, where he was the primary coach of the high school and collegiate swimmers. He also served as an age group coach for swimmers from ages 6 to 24 for Nebraska Aquatics from 2000 to 2002.

From 2003 to 2007, he served as the age group chairman for the Midwestern Swimming Executive Board. He was named Midwestern Swimming Coach of the Year in 2006-07, after being named its Age Group Coach of the Year in 2004-05.

A competitive swimmer from 1985 to 2001, Rowan swam collegiately at Eastern Michigan, helping EMU to a pair of Mid-American Conference championships. Individually, he was a 12-time finalist at the MAC Championships for the Eagles.

As a prep swimmer at Lincoln Southeast, Rowan was a two-time Nebraska Class A state champion and a member of a state championship team for the Knights. He was also a team captain and a seven-time Junior National qualifier.

Rowan, who earned his bachelor's degree in psychology from Eastern Michigan in 2000, received his master's degree in education with an emphasis in school and counseling psychology/sport psychology from Missouri in 2009. He is currently pursuing a Ph.D. with a similar emphasis in sport psychology.

He and his wife, Miranda, have a two daughters, Reese and Quinn, and a son, Luke.

NATASHA CHIKINA

Head Diving Coach 14th Season

COACHING EXPERIENCE

+Head Diving Coach, Nebraska (2005-Present)
+Assistant Head Coach, U.S. Diving Regional Training Center (2001-05)
+Assistant Diving Coach, USC (1998-99)
+Assistant Coach, Trojan Diving Club (1998-01)

DIVING EXPERIENCE

+Olympic Qualifier, Atlanta (1996), Sydney (2000)
+Three-Time World Championship Competitor
+NCAA All-American (1997, 1998)
+Fourth on Platform (NCAA Championships, 1998)
+Pac-10 Three-Meter Diving Champion (1997, 1998)

Former Olympian Natasha Chikina (chick-EE-nuh) is entering her 14th season as Nebraska's head diving coach in 2019-20.

Chikina has helped Nebraska rise among the nation's top diving programs.

The Husker divers have claimed at least one All-America award in four consecutive trips to the NCAA Championships, while sending at least one diver to the national meet in six straight seasons.

"As a coach, my job is to recognize the highest potential of each diver," Chikina said. "I want to make them believe in themselves by creating a positive and goal-setting environment. With hard work, discipline and encouragement, I want to bring every one of them to their highest level of performance."

In 2019, Abi Knapton solidified her spot as greatest collegiate diver in Nebraska history by capturing her third straight first-team All-America award on the platform. Knapton, who is entering her senior season at Nebraska in 2019-20, finished fifth on platform in 2019, after an eighth-place finish in 2018 and a fourth-place performance in 2017. She added an honorable-mention All-America award in the three-meter dive in 2019, becoming the first Husker diver in history to win two All-America honors at the same NCAA Championship.

In 2019, freshman diver Jessica Warak joined Knapton in competition at the NCAA Championships, taking 22nd on the platform.

In 2017, Knapton became the first freshman diver in school history to earn first-team All-America honors. She was also named Nebraska's Outstanding Female Newcomer across all sports for her diving performances during the season.

In 2015-16, Anna Filipcic earned honorable-mention All-America accolades for finishing 10th on the one-meter board at the 2016 NCAA Championships. Filipcic qualified for the NCAA Championships all four years (2014-17) of her illustrious career for the Big Red. Filipcic was also a two-time Big Ten Conference runner-up, accomplishing the feat on the one-meter board in 2016 and the three-meter dive in 2017.

In 2019-20, Chikina will try to help Knapton earn a spot on the U.S. Olympic Diving Team, while also guiding a young and talented collection of divers. Warak, a two-time Nebraska high school state champion could contend for All-America honors. Fellow sophomore Sara Troyer, a 2018 Indiana state champion, could also be poised to compete at the NCAA Championships.

Junior Grace Tiernon and sophomore Hallie Roman also have the ability to contribute at the conference and national levels, while talented Texas freshman Reagan Hinze could be ready to make an instant impact.

The young Husker diving group will try to add to Nebraska's list of accomplishments under Chikina, which includes 39 appearances at the NCAA Zone diving meet over the past 13 years.

Chikina's coaching career at Nebraska followed a successful diving career at the University of Southern California and competition at two summer Olympic Games.

Chikina, a native of Kazakhstan, competed at the Atlanta (1996) and Sydney (2000) Summer Olympic Games. Chikina finished 15th at the Atlanta Games, before capturing a ninth-place finish on the 10-meter platform in Sydney.

Between competitions, Chikina placed fourth on platform at the 1998 NCAA Championships for the University of Southern California. She earned NCAA All-America honors in 1997 and 1998. She was also the Pac-10 champion on the three-meter springboard in 1997 and 1998.

Chikina competed at the Goodwill Games (1994), the World Championships (1994-96) and the FINA Grand Prix (2000), placing as high as third in both the World Championships and FINA Grand Prix.

Following her diving career as an athlete, Chikina immediately began her quest to become a head diving coach. She was the assistant coach of the Trojan Diving Club from 1998 to 2001, coaching two Junior Olympic national champions, and the assistant diving coach at her alma mater, USC, in 1998-99, helping coach future Olympians Troy Dumais and Dorte Linder.

From 2001 to 2005, Chikina served as the assistant head coach at the U.S. Diving Regional Training Center where she took on many responsibilities. Primarily, she coached a two-time Oklahoma state high school champion, two Junior Olympic National Team members and four Junior Olympic National qualifiers. Among her other responsibilities, Chikina scouted, recruited and judged competitions up to the national level. She also scheduled team trips, camps and programs. Chikina coached at the 2003 U.S. Diving National Training Camp, instructing junior national-level athletes in the spotting belt, trampoline and dryboard.

Chikina earned her bachelor's degree in social science and communications from USC in 1999, after completing her physical education and coaching degree from the Kazakh Institute of Physical Education in Almaty, Kazakhstan, in 1996.

Natasha and her husband, Kris, moved to Lincoln in the summer of 2005. Kris served as a volunteer assistant for the Husker diving team in 2005-06 and is now coaching for the Nebraska Diving Club. The couple has two daughters, Katerina and Sophia.

The 2019-20 Nebraska divers (from left): Hallie Roman, Grace Tiernon, Abi Knapton, Reagan Hinze, Jessica Warak and Sara Troyer.

SWIMMING & DIVING SUPPORT STAFF

MORGAN McCAFFERTY

Graduate Assistant

Morgan McCafferty enters her first season as a graduate assistant with the Nebraska swimming and diving program in 2019-20. McCafferty was a four-year letterwinner for the Huskers (2016-19). The Huskers finished among the top 40 teams at the NCAA Championships all four years.

As a senior, McCafferty helped the Huskers to their best finish at the Big Ten Championships since joining the conference in 2012. She concluded her career with a pair of 33rd-place individual finishes in the 100 and 200 backstroke at the 2019 Big Ten meet.

As a junior, she finished 27th in the 100 butterfly at the 2018 Big Ten Championships and added back-to-back 28th-place finishes in the 200 IM in 2017 and 2018. McCafferty competed in the 100-meter back at the U.S. Olympic Trials in Omaha in 2016.

The Reynoldsburg, Ohio, native was a three-time academic All-Big Ten selection as a Husker before earning her bachelor's degree as a social science education major at Nebraska in May of 2019. She was a six-time member of the Nebraska Scholar-Athlete Honor Roll and a four-time Tom Osborne Citizenship Team selection.

SHANNON GARLIE

Graduate Assistant

Shannon Garlie enters her first season as a graduate assistant with the Nebraska swimming and diving program in 2019-20.

Garlie was a four-year letterwinner as a member of the Kansas swimming and diving team from 2009 to 2012, placing in the top eight at the Big 12 Championships in the 1,650 freestyle.

Garlie also competed in the 200- and 500-yard freestyle events for the Jayhawks during her career and was a member of the school-record breaking 800-yard freestyle relay team as a freshman.

She was a second-team All-Big 12 selection in the pool and competed in the Big 12 finals on multiple occasions. She was also an academic All-Big 12 choice.

Garlie earned her bachelor's degree as a communication studies major with a minor in leadership studies from Kansas in December of 2012.

Garlie went to Kansas after being named the Northern Colorado Swimmer of the Year as a senior at Fossil Ridge High School in Fort Collins in 2008. She was a two-time Colorado Class 4A state champion in the 500 free.

She was born in Kwajalein, Marshall Islands, and her mother, Glee, was her high school swim coach.

CAITLIN NELSON

Athletic Trainer

Caitlin Nelson is in her second season as a graduate assistant athletic trainer for the Nebraska swimming and diving team.

Nelson earned her bachelor's degree from Nebraska in 2017, before taking a position as a graduate assistant athletic trainer at Southwestern College-Kansas in the fall of 2017.

At Southwestern College, Nelson served as an athletic trainer for the men's and women's soccer teams, the men's and women's tennis programs and assisted the football team during spring practice.

During her senior year at Nebraska in 2016-17, Nelson served as a student athletic trainer for the Husker men's gymnastics team.

Originally from Centennial, Colo., Nelson enjoys hiking and camping.

SWIMMING & DIVING SUPPORT STAFF

RUSTY RUFFCORN

Strength & Conditioning Coach

Rusty Ruffcorn has served Nebraska as a strength and conditioning coach since 2006, and he currently works primarily with the swimming and diving program.

Ruffcorn assists swimming and diving with strength and conditioning programs in the weight room at the Hendricks Training Complex, which is just steps away from the Devaney Natatorium.

Ruffcorn began his association with Nebraska as a volunteer intern in 2004. He moved into a full-time intern role in 2005 and worked with the baseball and football squads before taking over for the men's and women's basketball teams (2006-11). While working with the Husker baseball team, Nebraska won a Big 12 title and a game in the College World Series.

During his time as NU's women's basketball strength coach, Ruffcorn helped the Huskers to the most successful stretch in school history, including seven trips to the NCAA Tournament, a pair of NCAA Sweet 16 bids in 2010 and 2013, and two conference titles in 2010 and 2014.

A native of Omaha, Ruffcorn was a student assistant strength coach at Nebraska-Omaha before graduating with a bachelor's degree in exercise science in 2004. During his time at UNO, Ruffcorn served as the primary strength coach for the Maverick football and softball teams. The football team won a pair of conference titles, including an undefeated season, while the softball team added two league titles and a national championship during Ruffcorn's time with the Mavs.

With a significant background in strength training, power lifting and Olympic weightlifting, Ruffcorn has earned USAW Level I club coach certification and is a certified strength and conditioning specialist (C.S.C.S.).

Rusty is married to the former Lisa Rathbun, and the couple has two daughters, Bella Grace and Brooklyn Reese.

ANNETTE WERSCHKE

Swimming & Diving Secretary

Annette Werschke enters her 12th season as the secretary for the Nebraska swimming and diving and men's gymnastics programs in 2019-20. Werschke assists with travel arrangements, monitoring scholarship and eligibility checks and assisting the coaches.

The daughter of Kenneth and Anita Dahl, Werschke is a native of Scribner, Neb. She majored in human development and family sciences at Nebraska and was a retail clothing manager for 15 years.

For 11 years, she was an administrative assistant and supervisor for various organizations in Lincoln, including the J.D. Edwards Honors Program (now the Jeffrey S. Raikes School of Computer Science and Management) at the University of Nebraska.

Werschke has one stepdaughter and five step-grandchildren with her husband, Gary.

ALVIN BANKS

Coordinator of Student-Athlete Development

Alvin Banks serves as an academic counselor and the coordinator of student-athlete development for Nebraska's Academic Performance Team. Banks began working as an academic counselor at Nebraska in 2003 after serving two years as an assistant academic counselor.

As Nebraska's coordinator of student-athlete development, he provides academic, athletic, personal and career counseling to all Husker student-athletes. As an academic counselor, he works primarily with the Nebraska women's swimming and diving team, the men's and women's golf teams, and the wrestling team, while also assisting the football team.

Before joining the Academic Performance Team, Banks served six years as a law enforcement officer for the City of Lincoln. He is currently a member of the National Association of Academic Advisors for Athletics.

Banks, who lettered in football at Nebraska during the 1991 season, earned his master's degree in vocational education in 1998 after receiving a bachelor's degree in business management in 1992 from Nebraska. Banks and his wife, Lisa, have two children, Kaylie and Darius.

BILL MOOS

Athletic Director Third Season

ADMINISTRATIVE EXPERIENCE

+Athletic Director, Nebraska (2017-Present)
+Athletic Director, Washington State (2010-17)
+Athletic Director, Oregon (1995-2007)
+Athletic Director, Montana (1990-95)
+Associate A.D., Washington State (1987-90)
+Assistant A.D., Washington State (1982-87)

COMMITTEE/LEADERSHIP APPOINTMENTS

+NCAA Division I Football Oversight Committee
+NCAA Division I Football Competition Committee
+NCAA Division I Football Recruiting Ad Hoc Working Group (Co-Chair)
+NCAA Division I Football Oversight Camps/Clinics Subcommittee (Chair)
+Rose Bowl Management Committee
+Big Ten Program and Budget Review Committee

PERSONAL

Washington State, B.A. (History, 1973)

Family: Kendra (wife); Bo, Benjamin (sons); Christa, Brittany and Kati (daughters)

Honor the past. Live the present. Create the future.

Nine simple words that carry impressive significance and undeniable responsibility. Words that Nebraska's new athletic director uses to lead his programs and set the tone for building champions in competition and in life.

William H. (Bill) Moos was named Nebraska's Athletic Director on Oct. 15, 2017, and fully assumed those responsibilities on Oct. 23.

Moos, who became the 15th athletic director in the history of the storied Cornhusker program, brought nearly 25 years of experience as an athletic director at three Division I schools (Washington State, Oregon, Montana) with him to Nebraska. More importantly, he brings an impressive track record of success in building outstanding programs, developing long-term relationships, and for doing what is best for his schools, its fans and most importantly, its student-athletes.

"When you name the top three, four, five athletic programs in the great positions as an athletic director, Nebraska is in that same breath," Moos said at his introductory press conference at Memorial Stadium. "I want you to know that my motto has always been, in the 25 years I have been a Division I athletic director and it will be here too is very simple - honor the past, live the present, create the future."

In his first six months at Nebraska, Moos made three coaching hires. He drew universal praise for hiring Scott Frost, the 2017 consensus national coach of the year, as Nebraska's head football coach in December. Following the spring semester, Moos also hired Mark Hankins to coach the men's golf team and Sean Maymi to lead the men's tennis program.

Nebraska made national headlines with the hiring of Fred Hoiberg as its new men's basketball coach in 2019. Moos made another impact move with the hiring of former Husker Will Bolt to lead the baseball program, after Major League All-Star, Gold Glove award winner and World Series champion Darin Erstad stepped down from his head coaching position after leading the Huskers to the 2019 NCAA Tournament.

Moos hired Lisa Johnson to lead the women's golf program after the retirement of long-time coach Robin Krapfl. He also hired long-time Husker assistant Paul Klempa to guide the nationally dominant bowling program after the retirement of the legendary Bill Straub, who led the program to five NCAA titles since 2004.

Former Husker national champions Heather Brink (women's gymnastics) and Rachel Martin (rifle) were also hired by Moos to lead those national championship-contending programs.

In competition, the Nebraska volleyball team claimed the 2017 NCAA title just months after Moos was hired, before adding an NCAA runner-up finish in 2018. Both the men's and women's gymnastics teams finished in the top six at the 2018 NCAA Championships, before the men added a third-place team finish in 2019 - its best team showing since 1999. The bowling team has added top-three national finishes each of the last two years, and the wrestling team has produced top-10 NCAA finishes both seasons. The women's basketball team made the NCAA Tournament in 2018, while the baseball team advanced to NCAA Tournament play in 2019.

Nebraska also has continued its excellence in the classroom, producing nine CoSIDA Academic All-Americans over the last two years, bringing NU's nation-leading total to 338 all-time CoSIDA Academic All-Americans across all sports.

Moos came to Lincoln after spending seven-plus years at Washington State (2010-17). He previously served 12 highly successful seasons as the athletic director at Oregon (1995-2007).

During his time at his alma mater, Moos wasted little time in making his impact felt in Cougar Athletics, spearheading a department-wide rebranding effort with Nike while securing a 10-year, $35 million marketing rights agreement with IMG College.

In addition, the 2004 WSU Alumni Achievement Award winner gained Regents approval for a $130 million addition and remodel of Martin Stadium, featuring a remodeled press box with luxury seating, including suites, loge boxes and club room.

Also included in the project was a state-of-the-art video board and an 80,000-square-foot football operations building that served as the stadium's showpiece and opened in May 2014.

As the dean of Pac-12 athletic directors, Moos was at the forefront of the conference's procurement of a 12-year, $3 billion television contract with FOX and ESPN, a landmark agreement in college athletics. Under Moos' direction, the Cougar Athletic Fund's Annual Giving program saw an 81 percent increase in gifts while CAF donor members rose from nearly 4,000 to more than 7,500.

Additional facility enhancements under Moos included a center-hung video board in Beasley Coliseum that was installed prior to the 2011-12 season, giving Cougar basketball one of the premier fan experiences in the conference. An indoor golf hitting facility was also completed in early 2013, and Lower Soccer Field underwent a major renovation making the venue TV-ready while also providing one of the best playing surfaces on the West Coast, along with the addition of lights and a new scoreboard.

Other enhancements were made to the Moobery track facility, Bailey-Brayton Field, the basketball practice gym, Gibb Pool and the Simmelink Indoor tennis courts. In Moos' seven years at WSU, Cougar student-athletes and coaches accounted for 805 academic all-conference selections, 130 all-conference accolades, 45 All-America honors and three Pac-12 Coach-of-the-Year honors.

Moos served as Oregon's director of athletics from July of 1995 to 2007. While at Oregon he oversaw a 17-sport athletic department that grew to national prominence during his tenure. Oregon's annual athletic department budget grew from $18.5 million in his first year to more than $40 million by 2007, becoming 100 percent self-sufficient during that time. Under his direction the Duck Athletic Fund donor base increased from 4,930 to 12,290, resulting in an annual gifts increase from $4.1 million to $15.3 million.

Moos initiated more than $160 million in facility improvements while at Oregon. Included in that was the $90 million Autzen Stadium renovation in 2002, which added 12,000 new seats, 32 new suites, a new Club at Autzen and a new press box to the stadium. In his 12 years, the Ducks ranked first in Pac-10 football attendance 11 times, reaching 100 percent capacity in each of those seasons.

During Moos' tenure, Oregon athletics captured 13 Pac-10 championships across six different sports. He increased opportunities for women by adding two intercollegiate programs, soccer and lacrosse, and negotiated an all-inclusive shoe and apparel contract with Nike, one of only 14 in the country at the time. From an academic standpoint during Moos' tenure, Oregon student-athletes collected 722 academic all-conference selections, 34 Academic All-America selections, nine NCAA Postgraduate Scholarship recipients and one NCAA Top Ten Award.

During his first stint as a collegiate athletic director at Montana (1990-95), Moos created an academic support program and hired its first athletic academic coordinator, developed a facility enhancement plan that created more than $4 million in improvements, and lifted the school's fund-raising efforts to show a 300 percent increase in private and corporate gifts.

Academically, Montana student-athletes were equally successful as the athletic department achieved a graduation rate 20 percent higher than the general university enrollment. Under Moos' watch Montana garnered 269 academic all-conference selections, five Academic All-Americans and two NCAA Postgraduate Scholarship recipients.

Moos began his athletic career as an athletic administrator in 1982 as assistant athletic director at Washington State. He also served as the school's associate athletic director (1988-90).

At Washington State, he was director of development for more than five years and associate director for nearly two years, supervising all external operations. Prior to that, he managed and owned private businesses in Washington and Oregon for eight years. He was a student assistant football coach at Washington State for the 1973 season, then spent part of 1974 in Washington, D.C., serving as a government intern.

Raised on a wheat and cattle ranch in eastern Washington, Moos attended high school in Olympia when his father served in the governor's cabinet. Moos earned his bachelor's degree in history from WSU and was a three-year letterman in football before concluding his collegiate career by representing Washington State in the 1972 East-West Shrine All-Star Game in San Francisco.

He served as co-captain on the Cougars' 1972 squad and garnered first-team All-Pac-8 Conference honors. Moos and his wife Kendra have three daughters: Christa, Brittany and Kaiti; and two sons, Bo and Benjamin.

NEBRASKA ATHLETIC DIRECTORS

1928-1931	H.D. Gish
1932-1936	Dana X. Bible
1937-1942	Lawrence McCeney "Biff" Jones
1942-1947	A.J. Lewandowski
1948-1953	George "Potsy" Clark
1954-1960	J.W. "Bill" Orwig
1961*	Charles Miller & Joseph Soshnik
1962-1966	W.H. "Tippy" Dye
1967-1992	Bob Devaney
1993-2002	Bill Byrne
2003-2007	Steve Pederson
2007-2012	Tom Osborne
2013-2017	Shawn Eichorst
2017-Present	Bill Moos

*Interim Co-Directors

PAT LOGSDON

Deputy Athletic Director/Senior Woman Administrator 39th Season

A member of the Nebraska Athletic Department since 1979, Pat Logsdon serves as Deputy Athletic Director and Nebraska's Senior Woman Administrator to the NCAA and the Big Ten Conference. She also serves on the Big Ten Sports Management Committee.

Logsdon's duties include the department's Gender Equity and Diversity and Inclusion Plans as well as student-athlete surveys and exit interviews. She is also the senior administrator over Nebraska's Life Skills and performance areas.

Logsdon serves as the sport administrator for volleyball, beach volleyball, women's basketball, and the men's and women's gymnastics programs.

Previously, Logsdon spent 23 seasons in football operations, including six seasons as NU's director of football operations, the first female in Division I to serve in that capacity. She handled organization of all recruiting functions, supervised compliance activities and coordinated all football administrative operations, including travel and practice operations.

Logsdon earned a bachelor's degree in education from Nebraska.

KEITH ZIMMER

Senior Associate Athletic Director/Life Skills 33rd Season

Keith Zimmer has been at Nebraska for over 30 years and leads Nebraska's Life Skills unit within the department. He also serves as the sports administrator for the swimming and diving team, men's and women's golf programs, the men's and women's tennis teams and the softball program.

Zimmer also oversees student-athlete transition and retention, is the liaison to the Student-Athlete Advisory Committee (SAAC), the Big Ten Sports Management Committee, Nebraska's Post-Eligibility Opportunities (PEO) program and works with the College of Business Administration coordinating efforts with the Masters in Intercollegiate Athletics Administration (MAIAA) Program.

Zimmer, who started at Nebraska in 1987, carries more than 30 years of life skills and student services experience and provides support to all current Nebraska student-athletes, in addition to offering ongoing support, guidance and programming to alumni student-athletes.

Components of the Husker Life Skills program include individual student-athlete meetings, major life skills events, the Husker Life Seminar, community outreach, service abroad opportunities, Post-Eligibility Opportunities, graduate school assistance and postgraduate scholarships. Zimmer and his staff also play a major role in the success of the annual student-athlete achievement event, "A Night at the Lied."

Zimmer, who worked in Nebraska's Academic and Support Services area from 1987 to 2006, while pioneering Nebraska's Life Skills program, is regarded as a national leader in the life skills area. He received one of the top honors in college athletics in September of 2006, when he was chosen for the Dr. Gene Hooks Award as the Life Skills Administrator of the Year. Zimmer has also served as an NCAA Life Skills trainer and is active with the National Consortium for Academics and Sport. He has also received the Chancellor's Award for Exemplary Service to Students and has been named an honorary member of both Golden Key National Honor Society and Mortar Board at UNL.

Zimmer earned his bachelor's degree at Wayne State College and his master's in education from Springfield (Mass.) College. Zimmer and his wife, Michelle, have two sons, Logan and Caden.

RONNIE GREEN

University of Nebraska-Lincoln Chancellor Fourth Season

Ronnie D. Green is the 20th chancellor of the University of Nebraska–Lincoln. He was appointed as chancellor on April 6, 2016 and assumed the duties of the office on May 8, 2016. An official installation ceremony was conducted on April 6, 2017.

In July 2010, Dr. Green was appointed as the Harlan Vice Chancellor of the UNL Institute of Agriculture and Natural Resources and Vice President for Agriculture and Natural Resources of the University of Nebraska system. In June 2015, Dr. Green also assumed the interim role of Senior Vice Chancellor for Academic Affairs, the institution's chief academic officer.

Dr. Green was raised on a mixed beef, dairy, and cropping farm in southwestern Virginia. He received B.S. and M.S. degrees in animal science from Virginia Tech and Colorado State University, respectively. His doctoral program was completed jointly at the University of Nebraska–Lincoln and the USDA-ARS U.S. Meat Animal Research Center in animal breeding and genetics.

Dr. Green has served on the animal science faculties of Texas Tech University and Colorado State University, as the national program leader for animal production research for the USDA's Agricultural Research Service, and as executive secretary of the White House's interagency working group on animal genomics within the National Science and Technology Council. Prior to returning to the University of Nebraska, he served as senior global director of technical services for Pfizer Animal Health's (now Zoetis) animal genomics business.

Dr. Green is an internationally recognized authority in animal genetics; he has published 130 refereed publications and abstracts, nine book chapters and 56 invited symposia papers; and has delivered invited presentations in 43 U.S. states and 21 countries around the world. He is a past-president of the American Society of Animal Science (ASAS) and has served in a number of leadership positions for the U.S. Beef Improvement Federation, National Cattlemen's Beef Association, National Pork Board, and National Research Council. He currently serves on the board of directors of the Association of Public Land-grant Universities (APLU), Neogen Corporation, and the national Alpha Gamma Rho fraternity. He has been honored as a Fellow of both ASAS and the American Association for the Advancement of Science.

Ronnie and best friend Jane are the parents of four children, all graduates of, or enrolled at, the University of Nebraska–Lincoln. Justin, a political science/history graduate, is a political journalist in Washington, D.C.; Nate is a graduate of the College of Business and Nebraska Law and is with Hausmann Construction in Lincoln; Kelli is an advertising, public relations and global studies graduate and is preparing for the ministry at Princeton Theological Seminary; and Regan is a current student in human development and family science and agricultural communications. Collectively, members of the Green family hold or are pursuing a total of 15 University of Nebraska–Lincoln degrees.

NEBRASKA'S CHANCELLORS

1871-1876	Allen R. Benton
1876-1882	Edmund B. Farfield
1884-1888	Irvin J. Manatt
1888-1891	Charles E. Bessey
1891-1895	James H. Canfield
1895-1899	George E. MacLean
1900-1908	E. Benjamin Andrews
1908-1927	Samuel Avery
1927-1938	Edgar A. Burnett
1938-1946	Chauncey S. Boucher
1947-1953	Reuben G. Gustavson
1953-1954	John K. Selleck*
1954-1968	Clifford Hardin
1968-1971	Joseph Soshnik
1972-1975	James H. Zumberge
1975-1976	Adam C. Breckenridge*
1976-1980	Roy A. Young
1980-1981	Robert H. Rutford*
1981-1991	Martin A. Massengale
1991-1991	Jack Goebel
1991-1995	Graham B. Spanier
1995-1996	Joan R. Leitzel*
1996-2000	James Moeser
2000-2016	Harvey S. Perlman
2016-Present	Ronnie Green

* Interim Chancellor

JOSEPHINE POTUTO

Faculty Athletics Representative 23rd Season

Josephine (Jo) R. Potuto, the Richard H. Larson Professor of Constitutional Law, has been Nebraska's faculty representative (FAR) at the NCAA and conference level since May 15, 1997.

In 2002, Potuto was named Outstanding Faculty Athletics Representative by the All-American Football Foundation. From 2008-09 to 2011-12 she was president of the 1A FAR (FARs from FBS institutions). Among her NCAA positions, Potuto spent nine years (the maximum) on the NCAA Division I Committee on Infractions (chair her last two years) and currently substitutes when a member cannot serve. She was one of three Big 12 Conference representatives on the NCAA Division I Management Council, served on the NCAA Men's Gymnastics Championship Committee, and currently serves on an NCAA-wide (all divisions) committee to advise NCAA staff on student-athlete issues and educational programming for coaches, staff, and student-athletes. She currently serves on the NCAA Interpretations Committee.

A sports law expert, Potuto regularly lectures and consults on sports issues in general and NCAA processes in particular. She has presented to, among others, the Knight Commission on Intercollegiate Athletics, the National Association of College and University Attorneys, the Association of Public and Land Grant Universities, and the National Association of Collegiate Directors of Athletics, as well at numerous university and law college conferences. She is an expert witness in litigation invoving sports issues and a media "go-to" person. Potuto also lectures and consults on risk management and on free speech issues.

Potuto is a past adviser to the Uniform Law Commissioners Committee to draft a sports agent statute, has drafted rules governing search and seizure and hearings for the Nebraska Racing Commission, and also has written on issues of gender equity in college athletics. She has authored numerous articles on sports law issues. She just completed an article on how baseball hitting informs legal argument. The articles is in the National Baseball Hall of Fame archives.

Potuto teaches constitutional law, procedure, federal jurisdiction, and sports law. She has been a visiting professor of law at the University of Arizona, Rutgers University, the Cardozo College of Law at New York's Yeshiva University, the University of Oregon, the University of North Carolina, and Seton Hall University. She currently teaches in the Summer Sports Law Institute at Oregon Law School.

Potuto was project director and a drafter of the Uniform Law Commissioners Sentencing and Corrections Act, as well as the drafter for the Nebraska Supreme Court Committee to Draft Criminal Jury Instructions. She is the author of three books. She was elected to membership in the American Law Institute, the Nebraska State Bar Foundation, and the Douglass Society.

Potuto earned her bachelor's degree in journalism at Rutgers' Douglass College, and her master's degree in English literature at Seton Hall. She earned her juris doctorate at the Rutgers Law College.

She is a member of the bars of Nebraska and New Jersey and is admitted to practice before the U.S. Supreme Court, the U.S. Court of Appeals for the Third Circuit, and the U.S. District Courts for Nebraska and New Jersey.

NEBRASKA'S FACULTY REPS

1931-1946	T.J. Thompson
1947-1958	Earl Fullbrook
1959-1964	Charles S. Miller
1965-1968	Merk Hobson
1969-1970	John R. Davis
1971-1982	Keith L. Broman
1982-1997	James O'Hanlon
1997-Present	Josephine Potuto

SUSAN FRITZ, PH.D

University of Nebraska Interim President First Season

Susan M. Fritz is the interim president at the University of Nebraska, having served as the executive vice president and provost and dean of the graduate college since August 2012 and as the associate vice president for academic affairs since August 2011. Before joining the provost's office, Dr. Fritz was the associate vice chancellor for the Institute of Agriculture and Natural Resources (IANR) and interim dean of the agricultural research division. She also directed IANR's international agricultural programs and is a former associate dean of the College of Agricultural Sciences and Natural Resources and department head of the Agricultural Leadership, Education and Communications (ALEC) program.

Dr. Fritz is a 1979 graduate of the University of Nebraska-Lincoln, and she received both her master's degree (1989) and Ph.D. (1993) from UNL. In 2009, she was inducted into the Nebraska Hall of Agricultural Achievement and is the recipient of numerous awards for teaching excellence. She completed a Fulbright Senior Specialist assignment at the University of Zagreb (Croatia), served 10 years as a North Central Higher Learning Commission Consultant Evaluator and was a 2012 Baldrige Examiner with the U.S. Department of Commerce. Dr. Fritz serves as a Fulbright Evaluator, a Food Systems Leadership Institute Commissioner and a Midwest Higher Education Compact Commissioner.

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BIG TEN CONFERENCE

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Known as one of intercollegiate sports' most successful undertakings, the Big Ten is home to a lineage of legendary names and an ongoing tradition of developing strong leaders. Even in its infancy, the conference established itself as the preeminent collection of institutions in the nation, where the pursuit of academic excellence prevailed as the definitive goal.

The Big Ten is a national leader in intercollegiate athletics on and off the field, as schools have combined to win more than 450 team and 1,800 individual national championships.

The history of the Big Ten traces back nearly 125 years to the Palmer House hotel in Chicago, where on Jan. 11, 1895, then-Purdue president James H. Smart and leaders from the University of Chicago, Illinois, Michigan, Minnesota, Northwestern and Wisconsin set out to organize and develop principles for the regulation of intercollegiate athletics.

At that meeting, a blueprint for the administration of college athletics under the direction of appointed faculty representatives was outlined. The presidents' first known action "restricted eligibility for athletics to bona fide, full-time students who were not delinquent in their studies." That important legislation, along with other legislation that followed in coming years, served as the primary building block for intercollegiate athletics.

On Feb. 8, 1896, one faculty member from each of those seven universities met at the same Palmer House and officially established the mechanics of the conference, which was officially incorporated as the "Intercollegiate Conference Athletic Association" in 1905.

Indiana and Iowa became the eighth and ninth members in 1899. In 1908, Michigan briefly withdrew, and in 1912 Ohio State joined the conference, bringing its membership back to nine. Upon Michigan's return in 1917, the conference was first referred to as the "Big Ten" by media members, and that name was eventually incorporated in 1987.

As the 1900s opened, faculty representatives established rules for intercollegiate athletics that were novel for the time. As early as 1904, the faculty approved legislation that required eligible athletes to meet entrance requirements and to have completed a full year's work, along with having one year of residence.

In 1901, the first Big Ten Championship event was staged when the outdoor track and field championships were held at the University of Chicago. The debut event marked what is now a staple of conference competition. Today, the Big Ten sponsors 28 official sports, 14 for men and 14 for women, including the addition of men's ice hockey and men's and women's lacrosse over the last four years. Big Ten schools compete in a total of 42 sports, furthering the conference's commitment to broad-based programming and providing more participation opportunities than any conference in the country.

One of the conference's proudest traditions began in 1902 when Michigan faced Stanford in the Rose Bowl, the nation's first bowl game. Big Ten teams appeared in Pasadena twice before the conference signed an exclusive contract with the Tournament of Roses in 1946, making it the first bowl game with permanent conference affiliations.

Coupling the academic goals set forth by the leaders of the charter members of the conference and their steadfast commitment to athletics, the conference instituted the Big Ten Medal of Honor in 1915. It is awarded annually by each conference institution to a student of the graduating class who has attained the greatest proficiency in scholarship and athletics. For more than 100 years, it has been the most prestigious honor a student competing in Big Ten athletics can receive.

In 1922, Major John L. Griffith became the conference's first "Commissioner of Athletics." Griffith was the first of six men to assume the role of commissioner in the conference's history, followed by Kenneth L. "Tug" Wilson in 1945, Bill Reed in 1961, Wayne Duke in 1971 and James E. Delany in 1989. Those five served prior to current Commissioner Kevin Warren, who assumed the role on Sept. 16, 2019. Delany announced his retirement on March 4, 2019, concluding a 30-year career with the conference on Jan. 1, 2020.

After nearly 30 years with 10 members, the conference consolidated to nine schools when the University of Chicago formally withdrew its membership in 1946. Michigan State was added to the Big Ten three years later, bringing the number of affiliated conference schools to 10 once again.

In 1955, the Big Ten formulated a revenue-sharing model designed to pool all football television rights of its members and share those proceeds equally. The conference and its members continue to utilize a revenue-sharing model, dividing media rights, bowl payouts and other profits among all institutions.

While academics have always played an integral role, presidents of the Big Ten member institutions formalized the primacy of academics with the establishment of the Big Ten Academic Alliance (formerly the Committee on Institutional Cooperation) in 1958. The Big Ten Academic Alliance is an academic consortium of all Big Ten universities. Annually, the schools currently constituting the Big Ten Academic Alliance produced over $10 billion in funded research, $5 billion more than any other conference.

In one of Duke's first actions as commissioner, he oversaw the adoption of the Big Ten Advisory Commission in 1972, designed to study conference programs and make suggestions which would further Big Ten objectives. The Advisory Commission enlists former students that competed in Big Ten athletics to serve as liaisons to the NCAA's Diversity and Inclusion Department, the Big Ten Student-Athlete Advisory Commission and other organizations.

In 1981, the conference presidents and chancellors endorsed a proposal that enabled universities to affiliate their women's intercollegiate programs with the conference, and the first conference championships for women were staged that fall. The Big Ten was the first conference to voluntarily adopt male and female participation goals after launching its Gender Equity Action Plan in 1992.

In December of 1989, the conference agreed in principle to invite Penn State for membership. On June 4, 1990, the Council of Presidents officially voted to integrate Penn State into the conference, giving the Big Ten 11 members.

In 2006, Delany announced the creation of the first conference-owned television network, a 20-year agreement with FOX Networks to create what would become the Big Ten Network (BTN). Launched on Aug. 30, 2007, BTN now produces more than 1,800 events across all platforms each year. BTN is in almost 60 million homes in the United States and Canada via the nation's major video providers and more than 300 additional video providers across the country. BTN is also available through the majority of OTT providers, and via the Fox Sports App, which delivers live and on-demand programming to computers, smartphones and tablets. BTN Plus streams hundreds of additional events each season.

On June 11, 2010, the Big Ten Council of Presidents/Chancellors (COP/C) approved a formal membership application by Nebraska, expanding the conference to 12 institutions. Nebraska joined the Big Ten on July 1, 2011.

The conference expanded its footprint further in 2012 when the COP/C approved formal membership applications from Maryland (Nov. 19) and Rutgers (Nov. 20). Maryland and Rutgers became official Big Ten members on July 1, 2014, giving the conference almost 9,500 students participating in intercollegiate athletics and more than 11,000 participation opportunities on 350 teams.

Since opening in the fall of 2013, the Big Ten conference center hosts more than 300 meetings annually for member institutions, Big Ten Academic Alliance (formerly CIC) related committees and coaches' groups. The headquarters also features an interactive digital museum - the Big Ten Experience – which brings the conference's storied academic and athletic history to life. For more information on the Big Ten Experience, go to bigten.org.

In June 2014, the Big Ten opened a second office in New York City, featuring both office and meeting space in Midtown Manhattan. Big Ten staff members are based in the New York City office to provide expanded coverage and service, while other conference and institutional administrators utilize the space as necessary when conducting business on the East Coast. The Big Ten and its member institutions also have access to satellite office space in Washington, D.C.

BIG TEN SWIMMING & DIVING CHAMPIONSHIPS

The 2020 Big Ten Championships will be held at the Campus Recreation and Wellness Center on the Iowa campus in Iowa City. Opened in 2010, the natatorium last played host to the Big Ten Women's Swimming and Diving Championships in 2012.The Big Ten meet is scheduled to run Feb. 19-22, 2020.

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PENNY HEYNS
TWO-TIME OLYMPIC
GOLD MEDALIST

REVIEW & HISTORY

KNAPTON CAPTURES ALL-AMERICA HONORS

All-American Abi Knapton made Nebraska diving history, CoSIDA Academic All-American Lindsay Helferich made history of her own in the classroom, and the Huskers produced their fourth consecutive top-40 NCAA Championship finish in 2018-19.

The Huskers, who set school records across the board, earned their best Big Ten team finish since joining the conference in 2012 and powered their way to a 5-1 dual record.

Knapton became the most decorated diver in Nebraska history as the first Husker diver to earn a trio of first-team All-America honors in her career. In addition to her fifth-place finish on platform, Knapton took 15th in the three-meter dive to add honorable-mention All-America accolades. She finished with 16 points at nationals to secure Nebraska's 33rd-place team finish.

"Abi did a great job in battling for fifth place, her second highest ever in platform," Nebraska Head Coach Pablo Morales said. "Getting to the NCAAs is a great accomplishment each year. We are so proud of Abi, Jessica (Warak) and Coach Chikina for how they represented the Husker program."

Chikina, who completed her 13th season as Nebraska's head diving coach, said she was thrilled for Knapton and eager to help her to continue to improve as a Husker diver.

"I am very happy for Abi," Chikina said. "She is still improving and developing, while expanding her range. We are looking forward to more great improvements from her."

Knapton, a junior from Omaha, won her second NCAA Zone D Diving platform championship. She also produced her best performance at the Big Ten Championships, finishing in the top six in all three diving events (4th, platform; 5th, three meter; 6th, one meter) in 2019.

She also set Nebraska's 11-dive school record with a score of 675.55 in the three meter.

Warak, a true freshman from Bellevue, Neb., joined Knapton in the diving well at the 2019 NCAA Championships. Warak finished 22nd on the platform to complete an outstanding first season at the collegiate level.

Warak also produced an impressive effort at the Big Ten meet, finishing 12th on the one-meter board, 18th on platform and 19th in the three-meter dive.

Abi Knapton continued her record-setting Nebraska diving career by capturing her third consecutive first-team All-America award on the platform at the 2019 NCAA Championships. She added honorable-mention All-America recognition in the three-meter dive.

Two other divers provided reasons for more optimism in the well for the future, as freshman Sara Troyer finished 11th on the three meter, while 2019 sophomore Grace Tiernon took 21st on the platform at the Big Ten Championships.

While the divers produced several outstanding performances, Nebraska's swimmers continued to shred school records in their chase for a rise to national prominence.

Izzie Murray raced to a time of 1:57.11 in the 200-yard butterfly as a sophomore at the 2019 Mizzou Last Chance NCAA Qualifier in March. It followed her seventh-place finish in the event at the 2019 Big Ten Championships - the top individual showing by a Husker swimmer at the conference meet.

As a group, the Big Red attacked the 200 fly record book in 2019, with sophomore Madison Coughlen (1:57.69) and senior Dana Posthuma (1:57.90) notching the second and third-best performances in Husker history in the event. Coughlen's effort earned her an 11th-place finish at the Big Ten Championships.

School records kept falling during the summer, as freshman Audrey Coffey set Nebraska's long course school record with a time of 16:48.76 in the 1,500-meter freestyle at Speedo Summer Sectionals in Oklahoma.

With an intense focus on faster times during an Olympic qualifying year in 2020, current Nebraska swimmers closed the 2019 season already owning eight school records.

Autumn Haebig, a sophomore in 2019, is the leader of that record-setting group. The 2018 NCAA Championship qualifier from Grafton, Wis., already carries Nebraska records in the 100-yard backstroke (52.29), the 500-yard freestyle (4:42.69), the 100-meter back (1:01.19) and the 400-meter free (4:14.96).

Haebig was also an unmatched workhorse for the Huskers. She posted Nebraska's top times in the 100 free, 200 free, 500 free and 100 back - all at the NCAA B qualifying level - while also swimming legs on Nebraska's 400 and 800 free relays and 200 and 400 medley relays at the 2019 Big Ten Championships.

Haebig and Coffey have also set the early tone in U.S. Olympic Trials qualifying. Haebig earned Trials cuts at U.S. Winter Nationals in the 100-meter back and the 400-meter freestyle. She added another qualifying time in the 200 freestyle, while Coffey's 1,500-meter freestyle

2018-19 NEBRASKA SCHEDULE/RESULTS

Final Dual Record: 5-1

Date	Opponent	Location	Result
Sept. 28	South Dakota State	Devaney Natatorium	W, 156-63
Oct. 5	Scarlet vs. Cream Intrasquad	Devaney Natatorium	Cream, 138-124
Oct. 6	Northern Iowa	Devaney Natatorium	W, 166-77
Oct. 26	at Iowa State	Ames, Iowa	W, 184-115
Nov. 3	Kansas	Devaney Natatorium	L, 146-152
Nov. 10-11	at Big Ten/ACC	West Lafayette, Ind.	NTS
Nov. 15-17	at Hawkeye Invitational	Iowa City, Iowa	2nd/12
Nov. 28-Dec. 1	at USA Winter Nationals	Greensboro, N.C.	NTS
Nov. 29-Dec. 2	at CAMO Diving Invite	Montreal, Quebec, Canada	NTS
Dec. 19-21	at USA Winter Diving Trials	Atlanta, Ga.	NTS
Jan. 12	Omaha	Devaney Natatorium	Canceled
Jan. 26	at Illinois	Champaign, Ill.	W, 174-126
Feb. 1-2	Rutgers	Devaney Natatorium	W, 193-160
Feb. 20-23	at Big Ten Championships	Bloomington, Ind.	8th/13 (428.5)
March 2-3	at NCAA Last Chance Meet	Columbia, Mo.	NTS
March 11-13	at NCAA Zone Diving Meet	Austin, Texas	NTS
March 20-23	at NCAA Championships	Austin, Texas	33rd

HELFERICH ADDS ACADEMIC ALL-AMERICA AWARD

Lindsay Helferich became the third Nebraska swimmer/diver in history to earn CoSIDA Academic All-America honors. The senior from Odessa, Texas, posted a perfect 4.0 GPA as a civil engineering major during her academic career. She was also Nebraska's fastest 50 freestyler in 2019.

time Oklahoma secured her spot at the 2020 U.S. Olympic Trials in Omaha.

While Nebraska's young swimmers promise to chase more records in the future, the Huskers also said farewell to a strong group of 2019 seniors who excelled in the pool, in the classroom and in the community.

Lindsay Helferich (Odessa, Texas), who posted Nebraska's top time in the 50 free (23.07) on the season, closed her academic career with a perfect 4.0 GPA as a civil engineering major. Helferich became the third swimmer or diver in Husker history to capture CoSIDA Academic All-America honors with her second-team award in 2019.

A three-time Big Ten Distinguished Scholar, Helferich was also named one of nine Nebraska Outstanding Scholar award winners across all Husker sports. The three-time academic All-Big Ten choice was also a 1A FAR Academic Excellence Award winner.

Dana Posthuma (Omaha, Neb.) set the third-best mark in Nebraska history in the 200 fly, while adding NU's fourth-best time ever in the 100 fly as a senior. A 2019 Big Ten Distinguished Scholar and three-time academic All-Big Ten selection, Posthuma was also an honorable-mention CSCAA Scholar All-American in 2019.

Anna McDonald (Evergreen, Colo.) posted Nebraska's top time in the 200 backstroke in 2019, while adding the third-best 200 IM time in school history. McDonald was a a two-time Big Ten Distinguished Scholar, a three-time CSCAA Scholar All-American and a three-time academic All-Big Ten choice in her Husker career. She also earned a prestigious Sam Foltz Hero 27 Leadership Award in 2019.

Kaylyn Flatt (Centennial, Colo.) joined McDonald as a Sam Foltz Hero 27 Leadership Award winner for the Huskers in 2019. The four-time letterwinner was a three-time academic All-Big Ten selection.

Jacqueline Jeschke (Augusta, Ga.) thrived in the community as a 2019 Nebraska Heart & Soul Award winner while claiming Nebraska's Big Ten Sportsmanship Award for the third straight season. Jeschke was also a three-time academic All-Big Ten choice in her Husker career.

Morgan McCafferty (Reynoldsburg, Ohio) rounded out the impressive collection of six Husker seniors in 2019. McCafferty earned four letters and was a three-time academic All-Big Ten selection, while also claiming four spots on the Tom Osborne Citizenship Team.

Nebraska celebrated Senior Day at the Devaney Natatorium with a 193-160 dual win over Big Ten rival Rutgers, Feb. 1-2. The victory over the Scarlet Knights capped a 5-1 dual season for the Big Red.

Nebraska's journey through the 2018-19 season began with a 156-63 dual win over South Dakota State at the Devaney Natatorium, Sept. 28-29.

The Huskers improved to 2-0 with a 166-77 victory over Northern Iowa on Oct. 6, before moving to 3-0 with an impressive 184-115 win at Iowa State on Oct. 26.

After a narrow 152-146 upset at the hands of visiting Kansas at the Devaney Natatorium on Nov. 3, the Huskers bounced back with a resounding 174-126 win at Illinois on Jan. 26. The win over the Fighting Illini set up a special Senior Day win over Rutgers on Feb. 2.

In 2018-19, the Husker swimmers produced 23 NCAA B qualifying standards, the second consecutive season the Huskers swam more than 20 qualifying standards. Over the past seven seasons, Huskers have set 19 school records, while at least one Husker has qualified for the NCAA Championships every season.

2018-19 TOP PERFORMANCES

50-yard Freestyle Lindsay Helferich	3/3/19	23.07
100-yard Freestyle Autumn Haebig	2/23/19	49.38
200-yard Freestyle Autumn Haebig	3/3/19	1:46.02
500-yard Freestyle Autumn Haebig	2/21/19	4:45.03
1,000-yard Freestyle Kaylyn Flatt	11/3/19	10:16.37
1,650-yard Freestyle Audrey Coffey	2/23/19	16:34.29
100-yard Butterfly Dana Posthuma	2/22/19	53.65
200-yard Butterfly Izzie Murray	3/3/19	1:57.11
100-yard Backstroke Autumn Haebig	2/22/19	53.60
200-yard Backstroke Anna McDonald	2/13/19	1:57.89
100-yard Breaststroke Gwen Worlton	11/16/18	1:01.83
200-yard Breaststroke Gwen Worlton	2/23/19	2:13.38
200-yard Individual Medley Tori Beeler	2/21/19	1:59.10
400-yard Individual Medley Madison Coughlen	11/16/18	4:17.51
One-Meter Dive Abi Knapton	2/21/19	323.70
Three-Meter Dive Abi Knapton	11/3/18	362.48
Platform Dive Abi Knapton	11/17/18	343.85
200 Freestyle Relay Big Ten Championships	2/22/19	1:32.72
400 Freestyle Relay Big Ten Championships	2/13/19	3:21.10
800 Freestyle Relay Big Ten Championships	2/20/19	7:16.18
200 Medley Relay Big Ten Championships	2/20/19	1:40.17
400 Medley Relay Big Ten Championships	2/21/19	3:39.75

While Nebraska continues to pursue top performances in the pool, its academic standards are at the highest level across collegiate swimming.

Six Huskers (Knapton, Warak, Murray, Posthuma, Troyer, McDonald) were named CSCAA Scholar All-Americans in 2019, while nine (Helferich, Knapton, McDonald, Murray, Posthuma, Abigail Greeneway, Sutton Marvin, Jessica Pentlarge, Rachel Powers) were Big Ten Distinguished Scholars (3.7 GPA or better).

Perhaps most impressively, 25 of a possible 27 Husker swimmers and divers were named academic All-Big Ten in 2019.

2018-19 SEASON RESULTS

Nebraska's 2019-20 team captains Izzie Murray, Abi Knapton and Autumn Haebig combined for 23 event titles for the Huskers in 2018-19.

SOUTH DAKOTA STATE AT NEBRASKA

September 28, 2018 | Devaney Natatorium
Nebraska def. South Dakota State, 156-63
Husker Victories

Taylor Acheson	500 Free	5:12.63
Tori Beeler	200 IM	2:04.35
Kaylyn Flatt	1,000 Free	10:22.34
Autumn Haebig	100 Free	52.74
Lindsay Helferich	50 Free	24.08
Abi Knapton	One Meter	278.32
	Three Meter	328.72
Morgan McCafferty	100 Back	57.55
Anna McDonald	200 Free	1:56.36
Izzie Murray	100 Fly	56.89
Gwen Worlton	100 Breast	1:04.97

NORTHERN IOWA AT NEBRASKA

October 6, 2018 | Devaney Natatorium
Nebraska def. Iowa State, 166-77
Husker Victories

Audrey Coffey	1,000 Free	10:29.13
Kaylyn Flatt	200 Free	1:52.97
	500 Free	5:05.66
Abi Knapton	Three Meter	329.02
Dana Posthuma	200 Fly	2:04.26
Sara Troyer	One Meter	297.90
Gwen Worlton	200 Breast	2:18.30

NEBRASKA AT IOWA STATE

October 26, 2018 | Ames, Iowa
Nebraska def. Iowa State, 184-115
Husker Victories

Kaylyn Flatt	200 Free	1:53.11
	500 Free	5:01.43
Autumn Haebig	100 Back	56.93
Abi Knapton	One Meter	316.55
	Three Meter	351.05
Anna McDonald	200 Back	2:04.77
	200 IM	2:08.62
Dana Posthuma	100 Fly	56.44
	200 Fly	2:03.38
Rachel Powers	1,000 Free	10:24.49
Gwen Worlton	200 Breast	2:20.92

KANSAS AT NEBRASKA

Novemeber 3, 2018 | Devaney Natatorium
Kansas def. Nebraska, 152-146
Husker Victories

Tori Beeler	200 IM	2:03.85
Autumn Haebig	100 Back	56.17
	100 Free	51.63
Abi Knapton	One Meter	300.60
	Three Meter	362.48
Dana Posthuma	100 Fly	55.64
	200 Fly	2:01.62

HAWKEYE INVITATIONAL

November 15-17, 2018 | Iowa City, Iowa
Husker Victories

Abi Knapton	Platform	343.85

CAMO INTERNATIONAL DIVING INVITE

Nov. 29-Dec. 2, 2018 | Montreal, Quebec, Canada
Husker Victories

Abi Knapton	Platform	337.05

WALLY NAKAMOTO DIVING INVITATIONAL

January 3-5, 2019 | Honolulu, Hawaii
Husker Victories

Abi Knapton	Three Meter	319.30
	Platform	276.30
Sara Troyer	One Meter	278.05

NEBRASKA AT ILLINOIS

January 26, 2019 | Champaign, Ill.
Nebraska def. Illinois, 174-126
Husker Victories

Audrey Coffey	1,000 Free	10:19.77
	500 Free	5:06.11
Autumn Haebig	200 Free	1:51.22
Anna McDonald	200 Back	2:04.01
Dana Posthuma	200 Fly	2:02.35
Sara Troyer	Three Meter	311.85
Clara Walstad	100 Back	55.59
Gwen Worlton	100 Breast	1:05.18
	200 Breast	2:19.71

RUTGERS AT NEBRASKA

February 1-2, 2019 | Devaney Natatorium
Nebraska def. Rutgers,193-160
Husker Victories

Tori Beeler	200 IM	2:03.04
Autumn Haebig	100 Free	51.77
	200 Free	1:51.87
Abi Knapton	Three Meter	331.57
	One Meter	292.95
Gwen Worlton	100 Breast	1:04.77
	200 Breast	2:18.39

NCAA LAST CHANCE

March 2-3, 2019 | Columbia, Missouri
Husker Victories

Gabby Baratta	100 Breast	1:04.62
	200 Breast	2:19.49
Autumn Haebig	200 Free	1:47.01
Katelyn Kilpatrick	500 Free	4:49.08
Dana Posthuma	100 Fly	54:29
	200 Fly	1:57.90

NCAA ZONE 'D' DIVING

March 11-13, 2019 | Austin, Texas
Husker Participants

1. Abi Knapton	Platform	639.50
9. Abi Knapton	Three Meter	675.55
9. Jessica Warak	Platform	512.80

NCAA CHAMPIONSHIPS

March 20-23, 2019 | Austin, Texas
Nebraska - 33rd (16 points)
Husker Participants

5. Abi Knapton	Platform	316.75
15. Abi Knapton	Three Meter	305.20
22. Jessica Warak	Platform	243.65

2019 BIG TEN CHAMPIONSHIPS

Feb. 20-23, 2019 | Bloomington, Ind.
Final Standings
1. Indiana (1386.5)
2. Michigan (1302.5)
3. Ohio State (1162.5)
4. Minnesota (942)
5. Wisconsin (717)
6. Purdue (596.5)
7. Northwestern (490)
8. Nebraska (428.5)
9. Penn State (404)
10. Iowa (400.5)
11. Rutgers (392)
12. Michigan State (192)
13. Illinois (190)

Swimmer of the Meet: Beata Nelson, Wisconsin
Diver of the Meet: Jessica Parratto, Indiana
Freshman of the Year: Maggie MacNeil, Michigan

Top Three Finishers
(1-8 championship finalists; 9-16 consolation finalists; 17-24 bonus finalists)

50 Freestyle

1.	Margaret MacNeil	Michigan	21.65#
2.	Catherine DeLoof	Michigan	21.88
3.	Freya Rayner	Ohio State	22.16
26.	Lindsay Helferich	Nebraska	23.14
30.	Clara Walstad	Nebraska	23.22
65.	Allie Worrall	Nebraska	23.83
70.	Dana Posthuma	Nebraska	23.93
100.	Gwen Worlton	Nebraska	29.20

100 Freestyle

1.	Siobhan Haughey	Michigan	47.06@
2.	Catherine DeLoof	Michigan	47.52
3.	Daria Pyshnenko	Michigan	48.53
12.	Autumn Haebig	Nebraska	49.38
27.	Carla Gonzalez-Garcia	Nebraska	50.69
37.	Lindsay Helferich	Nebraska	50.91
49.	Allie Worrall	Nebraska	51.34
60.	Savannah Savitt	Nebraska	52.02

200 Freestyle

1.	Siobhan Haughey	Michigan	1:41.57@
2.	Catherine Deloof	Michigan	1:42.55
3.	Chantal Nack	Minnesota	1:43.70
24.	Carla Gonzalez-Garcia	Nebraska	1:49.38
35.	Kaylyn Flatt	Nebraska	1:50.39
36.	Allie Worrall	Nebraska	1:50.48
49.	Savannah Savitt	Nebraska	1:51.25
51.	Audrey Coffey	Nebraska	1:51.48
56.	Jessica Pentlarge	Nebraska	1:52.25
64.	Taylor Acheson	Nebraska	1:53.53
69.	Katelyn Kilpatrick	Nebraska	1:54.10
70.	Rachel Powers	Nebraska	1:54.26

500 Freestyle

1.	Chantal Nack	Minnesota	4:36.55#
2.	Mackenzie Padington	Minnesota	4:37.27
3.	Yirong Bi	Michigan	4:37.63
15.	Autumn Haebig	Nebraska	4:46.11
41.	Kaylyn Flatt	Nebraska	4:52.91
45.	Audrey Coffey	Nebraska	4:55.48
49.	Savannah Savitt	Nebraska	4:56.35
56.	Rachel Powers	Nebraska	4:58.80
58.	Katelyn Kilpatrick	Nebraska	4:59.33
59.	Maggie Berning	Nebraska	5:00.07

1,650 Freestyle

1.	Allyson McHugh	Penn State	15:47.18#
2.	Molly Kowal	Ohio State	15:49.53
3.	Cassandra Jernberg	Indiana	15:57.25
19.	Audrey Coffey	Nebraska	16:34.29
21.	Katelyn Kilpatrick	Nebraska	16:35.46
30.	Rachel Powers	Nebraska	17:47.86
34.	Kaylyn Flatt	Nebraska	16:54.46
36.	Maggie Berning	Nebraska	16:56:29

100 Backstroke

1.	Beata Nelson	Wisconsin	59.83#
2.	Margaret MacNeil	Michigan	50.50
3.	Vera Koprivova	Rutgers	51.83
18.	Autumn Haebig	Nebraska	53.60
33.	Morgan McCafferty	Nebraska	55.01
35.	Carla Gonzalez-Garcia	Nebraska	55.22
36.	Clara Walstad	Nebraska	55.23
40.	Izzie Murray	Nebraska	55.67
45.	Lindsay Helferich	Nebraska	56.12
47.	Lindsey Stalheim	Nebraska	56.39
53.	Jacqueline Jeschke	Nebraska	56.68
61.	Jessica Pentlarge	Nebraska	57.61

200 Backstroke

1.	Beata Nelson	Wisconsin	1:48.47@
2.	Chantal Nack	Minnesota	1:51.42
3.	Vera Koprivova	Rutgers	1:52.60
20.	Anna McDonald	Nebraska	1:57.89
33.	Morgan McCafferty	Nebraska	2:00.91
34.	Jacqueline Jeschke	Nebraska	2:01.09
35.	Lindsey Stalheim	Nebraska	2:01.11
50.	Jessica Pentlarge	Nebraska	2:04.16

100 Breaststroke

1.	Lilly King	Indiana	55.88@
2.	Miranda Tucker	Michigan	57.91
3.	Lindsey Kozelsky	Minnesota	58.96
29.	Gwen Worlton	Nebraska	1:02.50
43.	Tori Beeler	Nebraska	1:04.23

200 Breaststroke

1.	Lilly King	Indiana	2:05.14
2.	Miranda Tucker	Michigan	2:07.64
3.	Noelle Peplowski	Indiana	2:07.75
18.	Gwen Worlton	Nebraska	2:13.38
31.	Tori Beeler	Nebraska	2:17.12

100 Butterfly

1.	Margaret MacNeil	Michigan	49.59@
2.	Christine Jensen	Indiana	51.44
3.	Tevyn Waddell	Minnesota	52.00
19.	Dana Posthuma	Nebraska	53.65
20.	Izzie Murray	Nebraska	54.03
33.	Clara Walstad	Nebraska	55.32
34.	Lindsey Stalheim	Nebraska	55.38

200 Butterfly

1.	Kathrin Demler	Ohio State	1:55.23
2.	Vanessa Krause	Michigan	1:55.28
3.	Francesca Stoppa	Rutgers	1:55.99
11.	Madison Coughlen	Nebraska	1:57.69
14.	Dana Posthuma	Nebraska	1:58.92
22.	Maggie Berning	Nebraska	2:00.25
38.	Jacqueline Jeschke	Nebraska	2:04.99
41.	Taylor Acheson	Nebraska	2:05.77
42.	Allison Kopas	Nebraska	2:06.35

200 IM

1.	Beata Nelson	Wisconsin	1:52.27@
2.	Siobhan Haughey	Michigan	1:52.36
3.	Bailey Andison	Indiana	1:53.27
20.	Tori Beeler	Nebraska	1:59.10
23.	Anna McDonald	Nebraska	1:59.94
40.	Allison Kopas	Nebraska	2:03.38
41.	Morgan McCafferty	Nebraska	2:03.39
46.	Madison Coughlen	Nebraska	2:04.33
62.	Taylor Acheson	Nebraska	2:07.23

400 IM

1.	Bailey Andison	Indiana	4:02.37#
2.	Calypso Sheridan	Northwestern	4:05.93
3.	Kristen Romano	Ohio State	4:07.01
30.	Madison Coughlen	Nebraska	4:22.14
33.	Allison Kopas	Nebraska	4:23.16

One-Meter Dive

1.	Jessica Parratto	Indiana	366.05#
2.	Sarah Bacon	Minnesota	363.95
3.	Olivia Rosendahl	Northwestern	356.15
6.	Abi Knapton	Nebraska	307.75
12.	Jessica Warak	Nebraska	294.10
33.	Sara Troyer	Nebraska	242.50
39.	Hallie Roman	Nebraska	239.05
54.	Grace Tiernon	Nebraska	207.60

Three-Meter Dive

1.	Sarah Bacon	Minnesota	430.60#
2.	Olivia Rosendahl	Northwestern	389.20
3.	Jessica Parratto	Indiana	358.25
5.	Abi Knapton	Nebraska	347.95
11.	Sara Troyer	Nebraska	311.75
19.	Jessica Warak	Nebraska	286.60
38.	Hallie Roman	Nebraska	252.55

Platform Dive

1.	Jessica Parratto	Indiana	394.40#
2.	Olivia Rosendahl	Northwestern	364.40
3.	Emily Meaney	Purdue	352.85
4.	Abi Knapton	Nebraska	340.10
18.	Jessica Warak	Nebraska	244.70
21.	Grace Tiernon	Nebraska	228.50

200 Free Relay

1.	Michigan	1:26.84@
2.	Ohio State	1:28.12
3.	Indiana	1:28.48
13.	Nebraska	1:32.72

Helferich, Walstad, Posthuma, Worrall

400 Free Relay

1.	Michigan	3:10.96#
2.	Ohio State	3:13.35
3.	Wisconsin	3:14.12
9.	Nebraska	3:20.38

Helferich, Worrall, Pentlarge, Haebig

800 Free Relay

1.	Michigan	6:54.58@
2.	Minnesota	7:00.10
3.	Wisconsin	7:00.39
9.	Nebraska	7:16.18

Haebig, Worrall, Gonzalez-Garcia, Flatt

200 Medley Relay

1.	Indiana	1:34.71#
2.	Michigan	1:34.98
3.	Ohio State	1:35.85
10.	Nebraska	1:40.17

Haebig, Beeler, Posthuma, Helferich

400 Medley Relay

1.	Indiana	3:26.60@
2.	Michigan	3:28.47
3.	Wisconsin	3:31.17
10.	Nebraska	3:39.75

Haebig, Beeler, Posthuma, Helferich

2018-19 NEBRASKA PERFORMANCE LIST

50-yard Freestyle

1. Lindsay Helferich	Last Chance, 3/3/19	23.07
2. Clara Walstad	Big Ten Championships, 2/21/19	23.22
3. Allie Worrall	Big Ten Championships, 2/21/19	23.83
4. Dana Posthuma	Big Ten Championships, 2/21/19	23.93
5. Allison Kopas	Kansas, 11/3/18	24.39

100-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/21/19	49.38
2. Lindsay Helferich	Last Chance, 3/3/19	49.83
3. Allie Worrall	Big Ten Championships, 2/21/19	51.34
4. Clara Walstad	Hawkeye Invitational, 11/17/18	51.52
5. Dana Posthuma	Hawkeye Invitational, 11/17/18	51.76

200-yard Freestyle

1. Autumn Haebig	Last Chance, 3/3/19	1:46.02
2. Carla Gonzalez-Garcia	Big Ten Championships, 2/22/19	1:47.95
3. Allie Worrall	Hawkeye Invitational, 11/17/18	1:50.29
4. Kaylyn Flatt	Big Ten Championships, 2/22/19	1:50.39
5. Taylor Acheson	Hawkeye Invitational, 11/17/18	1:50.81

500-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/21/19	4:45.03
2. Katelyn Kilpatrick	Last Chance, 3/2/19	4:49.08
3. Kaylyn Flatt	Big Ten Championships, 2/21/19	4:52.91
4. Audrey Coffey	Big Ten Championships, 2/21/19	4:55.48
5. Savannah Savitt	Big Ten Championships, 2/21/19	4:56.35

1,000-yard Freestyle

1. Kaylyn Flatt	Kansas, 11/3/18	10:16.37
2. Audrey Coffey	Kansas, 11/3/18	10:23.78
3. Rachel Powers	Iowa State, 10/26/18	10:24.49
4. Katelyn Kilpatrick	Iowa State, 10/26/18	10:34.29
5. Maggie Berning	SDSU, 9/28/18	10:43.68

1,650-yard Freestyle

1. Audrey Coffey	Big Ten Championships, 2/23/19	16:34.29
2. Katelyn Kilpatrick	Big Ten Championships, 2/23/19	16:35.46
3. Rachel Powers	Big Ten Championships, 2/23/19	16:48.99

100-yard Backstroke

1. Autumn Haebig	Big Ten Championships, 2/22/19	53.60
2. Lindsay Helferich	Last Chance, 3/2/19	54.94
3. Morgan McCafferty	Big Ten Championships, 2/22/19	55.01
4. Izzie Murray	Big Ten Championships, 2/22/19	55.12
5. Clara Walstad	Hawkeye Invitational, 11/16/18	55.15

200-yard Backstroke

1. Anna McDonald	Big Ten Championships, 2/23/19	1:57.89
2. Morgan McCafferty	Hawkeye Invitational, 11/17/18	1:59.85
3. Lindsey Stalheim	Last Chance, 3/3/19	2:00.43
4. Jessica Pentlarge	Hawkeye Invitational, 11/17/18	2:00.72
5. Jacqueline Jeschke	Big Ten Championships, 2/23/19	2:01.11

100-yard Breaststroke

1. Gwen Worlton	Hawkeye Invitational, 11/16/18	1:01.83
2. Tori Beeler	Hawkeye Invitational, 11/16/18	1:03.05
3. Gabby Baratta	Last Chance, 3/2/19	1:04.10
4. Olivia Keith	Last Chance, 3/2/19	1:04.62
5. Savannah Savitt	Hawkeye Invitational, 11/16/18	1:04.81

200-yard Breaststroke

1. Gwen Worlton	Big Ten Championships, 2/23/19	2:13.38
2. Tori Beeler	Hawkeye Invitational, 11/17/18	2:15.61
3. Gabby Baratta	Last Chance, 3/3/19	2:18.10
4. Olivia Keith	Last Chance, 3/3/19	2:18.61
5. Savannah Savitt	Hawkeye Invitational, 11/17/18	2:20.91

100-yard Butterfly

1. Dana Posthuma	Big Ten Championships, 2/22/19	53.65
2. Izzie Murray	Big Ten Championships, 2/22/19	53.85
3. Shea Bougie	Last Chance, 3/3/19	54.86
4. Tori Beeler	Last Chance, 3/2/19	55.07
5. Clara Walstad	Big Ten Championships, 2/22/19	55.32

200-yard Butterfly

1. Izzie Murray	Last Chance, 3/3/19	1:57.11
2. Madison Coughlen	Big Ten Championships, 2/23/19	1:57.69
3. Dana Posthuma	Last Chance, 3/3/19	1:57.90
4. Maggie Berning	Big Ten Championships, 2/23/19	1:59.83
5. Shea Bougie	Last Chance, 3/3/19	2:02.03

200-yard Individual Medley

1. Tori Beeler	Big Ten Championships, 2/21/19	1:59.10
2. Anna McDonald	Big Ten Championships, 2/21/19	1:59.94
3. Shea Bougie	Last Chance,3/3/19	2:03.30
4. Allison Kopas	Big Ten Championships, 2/21/19	2:03.38
5. Morgan McCafferty	Big Ten Championships, 2/21/19	2:03.39

400-yard Individual Medley

1. Madison Coughlen	Hawkeye Invitational, 11/16/18	4:17.51
2. Tori Beeler	Hawkeye Invitational, 11/16/18	4:21.40
3. Anna McDonald	Hawkeye Invitational, 11/16/18	4:22.36
4. Allison Kopas	Big Ten Championships, 2/22/19	4:23.16
5. Taylor Acheson	Hawkeye Invitational, 11/16/18	4:23.37

One-Meter Dive

1. Abi Knapton	Big Ten Championships, 2/21/19	323.70
2. Jessica Warak	Northern Iowa, 10/6/18	295.80
3. Hallie Roman	CAMO International, 12/1/18	262.95

Three-Meter Dive

1. Abi Knapton	Kansas, 11/3/18	362.48
2. Jessica Warak	Rutgers, 2/1/19	331.27
3. Hallie Roman	Illinois, 1/26/19	253.58

Platform Dive

1. Abi Knapton	Hawkeye Invitational, 11/17/18	343.85
2. Jessica Warak	Hawkeye Invitational, 11/17/18	272.95
3. Grace Tiernon	Hawkeye Invitational, 11/17/18	234.75

200-yard Freestyle Relay

Big Ten Championships, 2/22/19 — 1:32.72

400-yard Freestyle Relay

Big Ten Championships, 2/23/19 — 3:21.10

800-yard Freestyle Relay

Big Ten Championships, 2/20/19 — 7:16.18

200-yard Medley Relay

Big Ten Championships, 2/20/19 — 1:40.17

400-yard Medley Relay

Big Ten Championships, 2/21/19 — 3:39.75

NEBRASKA SHORT COURSE YARDS RECORDS

50-yard Freestyle

Taryn Collura	22.42	2013
Therese Alshammar	22.58	1999
Ariel Weech	22.81	2013
Beth Karaica	22.85	2001
Melanie Dodd	22.88	1993

100-yard Freestyle

Therese Alshammar	48.76	1999
Taryn Collura	48.87	2016
Ariel Weech	49.13	2013
Helene Muller	49.21	1998
Autumn Haebig	**49.38**	**2019**

200-yard Freestyle

Helene Muller	1:45.61	2000
Autumn Haebig	**1:46.02**	**2019**
Shandra Johnson	1:46.53	1998
Anna Windsor	1:47.58	1998
Melanie Dodd	1:47.85	1995

500-yard Freestyle

Autumn Haebig	**4:42.69**	**2018**
Shandra Johnson	4:43.48	1998
Katt Sickle	4:46.52	2016
Lauren Bailey	4:46.96	2006
Bailey Pons	4:47.34	2014

1,000-yard Freestyle

Lauren Bailey	9:50.78	2007
Michelle Butcher	9:55.00	1990
Bailey Pons	9:59.20	2014
Kaylyn Flatt	**10:01.01**	**2017**
Shandra Johnson	10:04.65	1998

1,650-yard Freestyle

Lauren Bailey	16:14.36	2007
Michelle Butcher	16:25.99	1990
Bailey Pons	16:27.53	2014
Jackie Lobdell	16:32.96	2001
Kate Wheeler	16:33.18	2006
Audrey Coffey	**16:34.29**	**2019**

100-yard Backstroke

Autumn Haebig	**52.29**	**2018**
Erin Oeltjen	53.43	2017
Hayley Martin	53.81	2013
Lindsay Helferich	**53.83**	**2018**
Rebekah Land	54.32	2015

200-yard Backstroke

Erin Oeltjen	1:55.17	2017
Anna McDonald	**1:57.21**	**2017**
Jacqueline Jeschke	**1:57.22**	**2017**
Ellan Dufour	1:57.23	2013
Jane Glazebrook	1:57.99	1995

100-yard Breaststroke

Penny Heyns	1:00.18	1996
Julia Russell	1:00.67	1997
Kaitlin Arntz	1:00.98	2010
Tori Beeler	**1:01.23**	**2017**
Jordan Ehly	1:01.62	2018

200-yard Breaststroke

Penny Heyns	2:08.90	1996
Julia Russell	2:10.25	1997
Jordan Ehly	2:11.17	2018
Elvira Fischer	2:11.27	2001
Kaitlin Arntz	2:12.01	2010

Izzie Murray set the Nebraska short course record with her time of 1:57.11 in the 100-yard butterfly at the 2019 NCAA Last Chance Meet in Columbia, Mo.

100-yard Butterfly

Taryn Collura	53.21	2016
Shannon Guy	53.23	2013
Erin Oeltjen	53.63	2017
Dana Posthuma	**53.65**	**2019**
Izzie Murray	**53.72**	**2018**

200-yard Butterfly

Izzie Murray	**1:57.11**	**2019**
Madison Coughlen	**1:57.69**	**2019**
Dana Posthuma	**1:57.90**	**2019**
Rebecca Wolfe	1:57.94	2001
Julia Roller	1:58.54	2015

200-yard Individual Medley

Tori Beeler	**1:59.02**	**2018**
Julia Russell	1:59.13	1997
Anna McDonald	**1:59.91**	**2018**
Samantha Hardewig	2:00.03	2015
Kaitlin Arntz	2:00.39	2010

400-yard Individual Medley

Emma Johnson	4:12.83	1999
Sasha Pine	4:16.68	1999
Lauren Bailey	4:17.30	2007
Madison Coughlen.	**4:17.51.**	**2019**
Allison Kopas	**4:18.01**	**2018**

One-Meter Dive

Anna Filipcic	608.10	2017
Amy Aarsen	464.75	1988
Julie May	454.35	1989
Wendy Lucero	449.94	1983
Heidi Hecker	440.15	1985

Three-Meter Dive

Abigail Knapton	**675.55**	**2019**
Anna Filipcic	608.25	2017
Amy Aarsen	562.85	1991
Julie Grimmer	536.50	1995
T.D. Rowe	523.25	1996

200-yard Freestyle Relay

Martin, Collura, Guy, Weech	1:30.11	2013
Collura, Oeltjen Deveaux, Bilunas	1:30.92	2015
Muller, Karaica, Windsor, Alshammar	1:31.06	1998
Collura, Bilunas, Deveaux, Oeltjen	1:31.41	2016
Collura, Guy, Land, Bilunas	1:31.48	2014

400-yard Freestyle Relay

Martin, Collura, Guy, Weech	3:18.10	2013
Muller, Karaica, Windsor, Alshammar	3:18.46	1998
Muller, S. Johnson, Sedlacek, Alshammar	3:19.05	1999
Hutchinson, Andrews, Toler, Stroud	3:20.13	2009
Windsor, Karaica, Sedlacek, Muller	3:20.19	1997

800-yard Freestyle Relay

Windsor, Muller, Alshammar, S. Johnson	7:10.89	1998
Haebig, Flatt, Pentlarge, Worrall	**7:11.60**	**2018**
Johnson, Muller, Pine, Highstrom	7:12.20	2000
Sickle, Brassard, Collura, Deveaux	7:12.50	2016
Flatt, Brassard, Hedrick, Roller	7:12.71	2017

200-yard Medley Relay

Martin, Guy, Collura, Weech	1:39.13	2013
Haebig, Worlton, Murray, Helferich	**1:39.43**	**2018**
Haebig, Beeler, Posthuma, Helferich	**1:40.17**	**2019**
Brassard, Beeler, Oeltjen, Worrall	1:40.24	2017
Juffer, Ehly Oeltjen, Collura	1:40.54	2015

400-yard Medley Relay

Haebig, Worlton, Murray, Helferich	**3:36.03**	**2018**
Land, Hardewig, Deveaux, Collura	3:38.82	2015
McCafferty, Ehly, Deveaux, Collura	3:39.16	2016
Haebig, Beeler, Posthuma, Helferich	**3:39.20**	**2018**
Martin, Reiter, Guy, Weech	3:39.36	2013

NEBRASKA LONG COURSE METER RECORDS

50-meter Freestyle
Therese Alshammar.....24.44 2000

100-meter Freestyle
Therese Alshammar.....54.33 2000

200-meter Freestyle
Helene Muller.....1:59.89 2000

400-meter Freestyle
Autumn Haebig.....4:14.96 2018

800-meter Freestyle
Lauren Bailey.....8:45.44 2008

1,500-meter Freestyle
Audrey Coffey.....16:48.76 2019

100-meter Backstroke
Autumn Haebig.....1:01.91 2018

200-meter Backstroke
Jane Glazebrook.....2:14.67 1994

100-meter Breaststroke
Penny Heyns.....1:07.02 1996

200-meter Breaststroke
Peyns Heyns 2:25.41 1996

100-meter Butterfly
Taryn Collura.....1:00.98 2016

200-meter Butterfly
Mariah Hutchinson 2:15.06 2009

200-meter Individual Medley
Tori Beeler.....2:17.92 2018

400-yard Individual Medley
Emma Johnson.....4:50.99 2000

Autumn Haebig owns Nebraska's long course school records in the 100-meter backstroke and the 400-meter freestyle. The junior from Grafton, Wis., also owns Husker short course records in the 100-yard back and the 500-yard free.

2020 NEBRASKA TIME STANDARDS

Event	NCAA Y	NU Y	NU LC	Olympic	B1G Y 8	B1G Y 16	B1G Y 24	US SCY	US LCM	NCAA B
50 Free	22.23	22.42	24.44	25.99	22.42	22.79	22.98	22.89	26.69	22.76
100 Free	48.53	48.76	54.33	26.29	49.00	49.54	50.04	49.89	57.69	49.59
200 Free	1:44.90	1:45.96	1:59.89	2:01.69	1:45.57	1:47.06	1:47.81	1:47.79	2:04.59	1:47.12
500 Free	4:40.57	4:42.69	4:14.96	4:16.89	4:40.23	4:44.66	4:47.31	4:49.09	4:20.79	4:47.20
1,650 Free	16:12.90	16:14.36	16:48.76	16:49.19	16:07.31	16:24.87	16:40.40	16:35.89	17:06.69	16:30.59
100 Back	52.46	52.29	1:01.91	1:02.69	52.60	53.56	54.17	54.69	1:04.59	53.76
200 Back	1:53.64	1:55.17	2:15.04	2:14.69	1:54.65	1:56.48	1:57.77	1:58.09	2:18.69	1:57.11
100 Breast	59.93	1:00.18	1:06.52	1:10.99	1:00.25	1:01.19	1:01.99	1:03.09	1:13.49	1:01.84
200 Breast	2:09.77	2:08.90	2:23.64	2:33.29	2:10.80	2:13.34	2:14.84	2:15.89	2:38.69	2:13.97
100 Fly	52.34	53.21	1:00.98	1:00.69	52.69	53.66	54.10	54.19	1:02.59	53.76
200 Fly	1:55.99	1:57.11	2:15.06	2:14.59	1:56.99	1:58.76	2:00.01	1:59.59	2:17.39	1:59.23
200 IM	1:56.76	1:59.02	2:17.92	2:17.39	1:57.45	1:58.91	1:59.96	2:00.99	2:21.39	1:59.94
400 IM	4:09.75	4:12.83	4:50.99	4:51.79	4:11.05	4:16.41	4:19.31	4:15.59	4:58.09	4:17.30

Key
NCAA Y: 2019 NCAA Qualifying Time
NU Y: Nebraska Short Course Record
NU LC: Nebraska Long Course Record
Olympic: U.S. Olympic Trials Cut
B1G Y 8: 2019 Big Ten Final 8
B1G Y 16: 2019 Big Ten Final 16
B1G Y 24: 2019 Big Ten Final 24
US SCY: U.S. Open Yard Cut
US LCM: U.S. Open Long Course Cut
NCAA B: 2020 NCAA B Qualifying Standard

SWIMMING & DIVING RECORDS

Event	Nebraska	Devaney Center	Big Ten	Big Ten Meet	NCAA	American	U.S. Open
50-yard Freestyle	22.42 Taryn Collura 2013	22.17 Tammy Thomas Kansas, 1983	21.28 Zhesi Li Ohio State, 2018	21.28 Zhesi Li Ohio State, 2018	21.02 Abbey Weitzell California, 2019	21.02 Abbey Weitzell California, 2019	21.02 Abbey Weitzell California, 2019
100-yard Freestyle	48.76 Therese Alshammar 1999	48.40 Tammy Thomas Kansas, 1983	46.91 Siobhan Haughey Michigan, 2018	47.71 Siobhan Haughey Michigan, 2016	45.56 Simone Manuel Stanford, 2017	45.56 Simone Manuel Stanford, 2017	45.56 Simone Manuel Stanford, 2017
200-yard Freestyle	1:46.53 Shandra Johnson 1998	1:46.35 Sue Habernigg USC, 1983	1:40.69 Siobhan Haughey Michigan, 2018	1:41.66 Siobhan Haughey Michigan, 2018	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015
500-yard Freestyle	**4:42.69** **Autumn Haebig** **2018**	4:39.95 Marybeth Linzmeir Stanford, 1983	4:34.28 Gillian Ryan Michigan, 2016	4:34.40 Gillian Ryan Michigan, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017	4:24.06 Katie Ladecky Stanford, 2017
1,650-yard Freestyle	16:14.36 Lauren Bailey 2006	16:03.76 Marybeth Linzmeir Stanford, 1983	15:36.27 Allyson McHugh Penn State, 2018	15:49.98 Lindsey Clary Ohio State, 2016	15:03.31 Katie Ladecky Stanford, 2017	15:03.31 Katie Ledecky Stanford, 2017	15:03.31 Katie Ladecky Stanford, 2017
100-yard Backstroke	**52.29** **Autumn Haebig** **2018**	54.20 Erin Oeltjen Nebraska, 2017	49.67 Beata Nelson Wisconsin, 2018	49.78 Beata Nelson Wisconsin, 2018	49.18 Beata Nelson Wisconsin, 2019	49.18 Beata Nelson Wisconsin, 2019	49.18 Beata Nelson Wisconsin, 2019
200-yard Backstroke	1:55.17 Erin Oeltjen 2017	1:57.45 Janie Wagstaff K.C. Blazers (Club), 1991	1:48.47 Beata Nelson Wisconsin, 2019	1:48.47 Beata Nelson Wisconsin, 2019	1:47.30 Kathleen Baker California, 2018	1:47.16 Regan Smith Riptide, 2019	1:47.16 Regan Smith Riptide, 2019
100-yard Breaststroke	1:00.18 Penny Heyns 1996	1:01.64 Penny Heyns Nebraska, 1996	55.88 Lilly King Indiana, 2019	55.88 Lilly King Indiana, 2019	55.73 Lilly King Indiana, 2019	55.73 Lilly King Indiana, 2019	55.73 Lilly King Indiana, 2019
200-yard Breaststroke	2:08.90 Penny Heyns 1996	2:13.35 Jeanne Childs Hawaii, 1983	2:02.60 Lilly King Indiana, 2018	2:05.58 Lilly King Indiana, 2016	2:02.60 Lilly King Indiana, 2018	2:02.60 Lilly King Indiana, 2018	2:02.60 Lilly King Indiana, 2018
100-yard Butterfly	53.21 Taryn Collura 2016	53.54 Jill Sterkel Texas, 1983	49.59 Margaret MacNeil Michigan, 2019	49.59 Margaret MacNeil Michigan, 2019	49.43 Kelsi Worrell Louisville, 2016	49.26 Kelsi Worrell USC, 2019	49.26 Kelsi Worrell USC, 2019
200-yard Butterfly	**1:57.11** **Izzie Murray** **2019**	1:56.71 Mary T. Meagher California, 1983	1:53.31 Vanessa Krause Michigan, 2018	1:53.95 Gia Dalesandro Indiana, 2014	1:49.51 Ella Eastin Stanford, 2018	1:49.51 Ella Eastin Stanford, 2018	1:49.51 Ella Eastin Stanford, 2018
200-yard IM	**1:59.02** **Tori Beeler** **2018**	2:00.34 Tracy Caulkins Florida, 1983	1:52.27 Beata Nelson Wisconsin, 2019	1:52.27 Beata Nelson Wisconsin, 2019	1:50.67 Ella Eastin Stanford, 2018	1:50.67 Ella Eastin Stanford, 2018	1:50.67 Ella Eastin Stanford, 2018
400-yard IM	4:12.83 Emma Johnson 1999	4:15.24 Tracy Caulkins Florida, 1983	4:01.41 Alyssa Vavra Indiana, 2012	4:01.41 Alyssa Vavra Indiana, 2012	3:54.60 Ella Eastin Stanford, 2018	3:54.60 Ella Eastin Stanford, 2018	3:54.60 Ella Eastin Stanford, 2018
200-yard Freestyle Relay	1:30.11 Martin, Collura, Guy, Weech 2013	1:31.66 Stanford 1983	1:26.84 Michigan 2019	1:26.84 Michigan 2019	1:24.55 California 2019	1:24.55 California 2019	1:24.55 California 2019
400-yard Freestyle Relay	3:18.10 Martin, Collura, Guy, Weech 2013	3:24.34 Texas 1983	3:10.73 Michigan 2018	3:12.96 Wisconsin 2015	3:06.96 California 2019	3:06.96 California 2019	3:06.96 California 2019
800-yard Freestyle Relay	7:10.89 Windsor, Muller, Alshammar, Johnson 1998	7:16.50 Stanford 1983	6:50.03 Michigan 2018	6:55.34 Michigan 2017	6:45.91 Stanford 2017	6:45.91 Stanford 2017	6:45.91 Stanford 2017
200-yard Medley Relay	1:39.13 Martin, Guy, Collura, Weech 2013	1:42.90 Arkansas 2015	1:33.89 Indiana 2018	1:34.16 Indiana 2018	1:33.11 Stanford 2018	1:33.11 Stanford 2018	1:33.11 Stanford 2018
400-yard Medley Relay	**3:36.03** **Haebig, Worlton,** **Murray, Helferich** **2018**	3:43.00 Florida 1983	3:26.09 Indiana 2018	3:27.81 Indiana 2018	3:25.09 Stanford 2018	3:25.09 Stanford 2018	3:25.09 Stanford 2018
One-Meter Dive	608.10 Anna Filipcic 2017	346.88 Anna Filipcic, Nebraska 2017	375.70 (6 Dives) Christina Loukas Indiana, 2008	370.30 (6 Dives) Kelci Bryant Minnesota, 2011	361.55 (6 Dives) Cassidy Krug Stanford, 2007		
Three-Meter Dive	**675.55** **Abi Knapton** **2019**	372.30 Anna Filipcic, Nebraska 2017	437.75 (6 Dives) Christina Loukas Indiana, 2009	421.70 (6 Dives) Kelci Bryant Minnesota, 2011	437.75 (6 Dives) Christina Loukas Indiana, 2009		***Key*** ***r- relay leadoff split*** ***p- time in prelims***

NEBRASKA'S ALL-TIME LETTERWINNERS

A

Aarsen, Amy (Wichita, Kan.) 1988-89-90-91
Acheson, Taylor (Overland Park, Kan.) 2019
Agee, Cindy (Omaha, Neb.) 1977-78-79-80
Ahl, Karla (Omaha, Neb.) 1995-96
Allen, Missy J. (Kansas City, Mo.) 1991-92-93
Allington, Missy (Firebaugh, Calif.) 1986
Alshammar, Therese (Stockholm, Sweden) 1998-99
Ambrosich, Jordyn (Aurora, Colo.) 2010
Andrews, Jess (Gillette, Wyo.) 2008-09-10
Apker, Jean (Omaha, Neb.) 1980
Appleget, Olivia (Lincoln, Neb.) 2017
Armijo, Rachael (Omaha, Neb.) 2002
Arntz, Kaitlin (Omaha, Neb.) 2007-08-09-10
Arntzen, Kellye (Lincoln, Neb.) 1978
Ashley, Samantha (Windsor, Colo.) 1996-97-98-99
Atoe, Jehan (Parker, Colo.) 2010
Auer, Barbara (Austria) 2001
Austin, Eila 1976-77

B

Backhaus, Cary L. (Omaha, Neb.) 1978-79
Bailey, Lauren (San Mateo, Calif.) 2004-05-06-07
Baker, Lana (Long Beach, Calif.) 2003-04-05-06
Balogh, Bobbi (Lincoln, Neb.) 2009-10-11-12
Baratta, Gabby (Old Tappan, N.J.) 2018-19
Barker, Allison (Cambridge, England) 1988-89
Barker, Melody (Mission Viejo, Calif.) 1982
Barragan, Kathy (Laguna Hills, Calif.) 1989-90
Bauernfeind, Jenny (Pekin, Ill.) 1989-90
Becker, Emily (Bakersfield, Calif.) 2003-04-05
Beeler, Tori (Parkville, Mo.) 2017-18-19
Berger, Carol (Omaha, Neb.) 1980
Berning, Maggie (Kettering, Ohio) 2019
Bernth, Tamara (Ralston, Neb.) 1999-2000
Bickel, Eileen (Omaha, Neb.) 1979
Biggs, Ann K. (Lincoln, Neb.) 1981-82-83-85
Bilunas, Alexandra (Omaha, Neb.) 2014-15-16
Birmingham, Sherri (Omaha, Neb.) 1985-86-87-88
Bodner, Marci (North Huntington, Pa.) 1991-92-93-94
Bodzek, Amanda (Omaha, Neb.) 1997
Bolinske, Bailey (Williston, N.D.) 2009-10
Bonge, Jennifer (Omaha, Neb.) 1996
Bougie, Shea (Lakeville, Minn.) 2017-18-19
Bowden, Katie (Plant City, Fla.) 2005-07
Bowser, Charlene (Mesa, Ariz.) 1991-92-93-94
Braddock, Lynne (Rapid City, S.D.) 1988-89-90-91
Brandenburg, Trisha (Anoka, Minn.) 1997
Brassard, Cassandra (Regina, Saskatchewan, Canada) 2015-16-17
Bray, C.J. (Omaha, Neb.) 2007-08-09
Brinkman, Anne 1976
Brochner, Michelle (Abilene, Texas) 1983-84
Brock, Janna (Allen, Texas) 1999-2000
Broker, Sarah (Downers Grove, Ill.) 2007-08
Broyhill, Kristin (Dakota City, Neb.) 2002
Brudvik, Elisabeth (Hamar, Norway) 1982
Buchholz, Heidi (Aurora, Colo.) 1991-92
Buoy, Amie (Edmonton, Alberta, Canada) 2003-04-05-06
Burbach, Emily (Lincoln, Neb.) 2008-09
Burley, Shannon 1976
Butcher, Michelle (Alpine, Calif.) 1990-91-92-93
Butler, Jenny (Bellevue, Wash.) 1987-88-89

C

Campos, Elsa (Lincoln, Neb.) 1996
Carew, Erin (Cedar Rapids, Iowa) 1995-96-97-98
Cashman, Susan (Palm Beach Gardens, Fla.) 1984-85
Cassidy, Coleen (Topeka, Kan.) 1978-79
Christensen, Kelly (Walnut Creek, Calif.) 1991-92-93-94
Christensen, Molly (Woodbury, Minn.) 2001
Clark, Becki (Omaha, Neb.) 1987-88-89-90
Clark, Catherine (The Woodlands, Texas) 2002
Clark, Erica (Oakley, Calif.) 1995-96-97
Clark, Mackenzie (Colorado Springs, Colo.) 2003-04-05-06
Clements, Sarah 1996
Clennan, Stephanie (El Dorado, Kan.) 1984-85-87-88
Cloud, Mariesa (Maple Valley, Wash.) 2008

Audrey Coffey set the Nebraska long course school record in the 1,500-meter freestyle in the summer of 2019 to qualify for the 2020 U.S. Olympic Trials in Omaha. Coffey (Naperville) is one of 17 Husker all-time letterwinners from the state of Illinois.

Coffey, Audrey (Naperville, Ill.) 2019
Coffman, Renee (Rockville, Md.) 1985-86
Collura, Taryn (Phoenix, Ariz.) 2013-14-15-16
Cosgrove, Carmen (Perth, Australia) 2001
Cottrell, Kara (Cypress, Texas) 2016
Coughlen, Madison (Frisco, Texas) 2018-19
Crawford, Emilee (Overland Park, Kan.) 2004-05-06-07
Criss, Colleen (Omaha, Neb.) 2007-08-09-10
Criss, Karen (Omaha, Neb.) 2009-10
Criss, Michelle (Omaha, Neb.) 2004-05-06-07
Crooks, Cathy (Orinda, Calif.) 1992-93-94-95
Crosby, Michaela (Omaha, Neb.) 1976-77-78
Culbertson, Alyssa (Omaha, Neb.) 2001
Cunningham, Michaela (Severna Park, Md.) 2013-14-15-16
Custer, Tammy (Edmonds, Wash.) 1989-90-91-92

D

Danburg, Janet (Council Bluffs, Iowa) 1995-96-97-98
Davis, Katie (Lincoln, Neb.) 2012-13
Dean, Hailey (San Diego, Calif.) 2007-08-09-10
Delue, Diana 1976
Den Hartog, Bobi 1981
Den Otter, Tami (Des Moines, Iowa) 1993-94
Desormey, Claire (St. Charles, Ill.) 2008-09-10-11
Deveaux, Bria (Nassau, Bahamas) 2013-14-15-16
DiBaise, Patty (Omaha, Neb.) 1982
Ditch, Mary 1976
Ditter, Katie (Ralston, Neb.) 2013-14-15-16
Dodd, Melanie (Sydney, Australia) 1993-94-95-96
Doering, Natalie A. (Madison, S.D.) 1979
Drummond, Jerilyn (Edmonton, Alberta, Canada) 2001-02
Dufour, Ellan (Medicine Hat, Alberta, Canada) 2010-11-12-13
Dulgar, Kate (San Diego, Calif.) 2003-04-05-06
Dunn, Kelly (Winfield, Ill.) 2012-13-14-15
Dykes, Nancy 1976

E

Eckstrom, JoDea L. (Marshall, Minn.) 1978-79-80
Ehly, Jordan (Albuquerque, N.M.) 2015-16-17-18
Ely, Pam E. (McCook, Neb.) 1985-86-87-88
Enoch, Ann (Carmel, Ind.) 1997-98-99-00
Ericksen, Heather (Elm Grove, Wis.) 1991-92-93-94
Erickson, Danielle (Portland, Ore.) 2003-04

F

Falck, Kathy 1976
Filipcic, Anna (Omaha, Neb.) 2014-15-16-17
Fischer, Aimee (Lincoln, Neb.) 2015-16-17
Fischer, Elvira (Vienna, Austria) 2000-01
Fitzpatrick, Abby (Lakeville, Minn.) 2005-06
Flannigan, Morgan (Lawrence, Kan.) 2011-12-13-14
Flatt, Kaylyn (Centennial, Colo.) 2016-17-18-19
Fonfara, Elizabeth (Omaha, Neb.) 1997
Forsberg, Christy L. (Minot, N.D.) 1985
Fortino, Jeni (Modesto, Calif.) 2000-01-02-03
Fox, Kelly (Albuquerque, N.M.) 1989-90
Freathy, Mary (Bloomington, Minn.) 1980
Frederick, Chris P. (Hartford, Wis.) 1990-91-92-93
Froiland, Kathryn (Anchorage, Alaska) 1996
Frymire, Jana (Grand Island, Neb.) 1978

G

Garcia, Jenell (Boulder, Colo.) 1988-89-90-91
Giehl, Julie (Boulder, Colo.) 2008-09-10-11
Giganti, Francesca (St. Louis, Mo.) 2015-16
Gilmore, Shauna (Grand Junction, Colo.) 1983-85-86-87
Glazebrook, Jane (Newcastle, Australia) 1993-94-95-96
Gmeiner, Chris (Omaha, Neb.) 1988-89-90-91
Goble, Gail (Bellevue, Neb.) 1978
Goebel, Beth 1976
Gonzalez-Garcia, Carla (Merida, Venezuela) 2017-18-19
Goodman, Adrienne (Ballwin, Mo.) 2005-06-07-08
Goodridge, Janet (Hinsdale, Ill.) 1981
Gordon, Kristen (Plano, Texas) 2002
Gotchel, Ingrid (Glen Mills, Pa.) 1997-98-99-00
Grammar, Ashleigh (St. Louis, Mo.) 2011-12-13-14
Greeneway, Abigail (Appleton, Wis.) 2017-18
Grimmer, Julie M. (St. Louis, Mo.) 1992-93-94-95
Grover, Betsy (Sioux City, Iowa) 2005
Grushecky, Kelsey (West Newton, Pa.) 2008-09-10-11
Guy, Shannon (Omaha, Neb.) 2011-12-13-14

H

Haebig, Autumn (Grafton, Wis.) 2018-19
Hain, Anne 1981
Hall, Carol (Haysville, Kan.) 1980
Hampel, Cindy L. (Danville, Calif.) 1985-86
Hardewig, Samantha (Cincinnati, Ohio) 2013-14-15-16
Harmon (Creek), Kailey (Bothell, Wash.) 2011-12-13
Harnly, Jennifer J. (Houston, Texas) 1992-93-94-95
Harris, Heidi L. (Topeka, Kan.) 1977-78-79
Havens, Sara Kate (Mobile, Ala.) 1997
Haws, Kris (Sandy, Utah) 1991-92-93
Hayman, Lois (Lincoln, Neb.) 1976-77-78

NEBRASKA'S ALL-TIME LETTERWINNERS

Hayward, Sherri M. (Columbus, Ohio) 1980-81-82-83
Heaton, Marcia (Omaha, Neb.) 1982-84
Hecker, Heidi (Des Moines, Iowa).....1984-85-86-87
Hedrick, Samantha (Pella, Iowa) 2017
Hegge, Shellie (Omaha, Neb.) 1994-95
Hehn, Keri (Fargo, N.D.)..... 2000-01
Heisler, Cathy (Stockton, Calif.) 1983-84
Helferich, Lindsay (Odessa, Texas) 2016-17-18-19
Herman, Amy (Lincoln, Neb.) 2010-11-12-13
Heyns, Penny (Amanzimtoti, South Africa)..1993-94-95-96
Highstrom, Lindsey (Cedarburg, Wis.)..... 2000-01
Hill, Laurel (Omaha, Neb.) 1989-90-91-92
Hoffman, Katie (Beatrice, Neb.)..... 1997-98
Holderman, Esmie (San Pedro, Calif.)..2003-04-05-06
Hollander, Ellen (Omaha, Neb.).....1976-77-78-79
Holmes, Brooke (Omaha, Neb.) 2016
Hoppenrath, Blaine (Liberty, Mo.) 2008-09-10-11
Hunsicker, Beth (Ottumwa, Iowa) 1997-98-99-00
Hunter-Beckinsall, Amanda
(Johannesburg, South Africa) 1995-96-97-98
Hurley, Erin D. (Snyder, N.Y.) 1985-86-87-88
Hutchinson, Mariah (Topeka, Kan.).....2007-08-09-10

I

Ida, Kelsey (Highlands Ranch, Colo.)...2007-08-09-10
Ingles, Bailey (Omaha, Neb.).....2004-05-06-07

J

Jakob, Melanie (Grand Island, Neb.)...1977-78-79-80
Jenkins, Ciara (Mesa, Ariz.).....2012-13-14-15
Jensen, Courtney (Sheridan, Wyo.) 1997-98-99-00
Jeschke, Jacqueline (Augusta, Ga.).....2016-17-18-19
Johnson, Brooke (Lincoln, Neb.) 2000
Johnson, Becky (Anoka, Minn.) 2003-04-05-06
Johnson, Carole (Manhattan, Kan.) 1987-88-89-90
Johnson, Emma (Sydney, Australia)..... 1999-00
Johnson, Melissa (Lincoln, Neb.)..... 1985
Johnson, Shandra (Omaha, Neb.) 1998-99-00
Jones, Juli (Aurora, Colo.) 1993-94-95-96
Jolly, Courtney (Plantation, Fla.) 2006-07-08-09
Jowsey, Sara (Strathfield, Australia) 1997-98-99-00
Juffer, Jacqueline (Wagner, S.D.).....2013-14-15-16

K

Kafka, Sheena (Omaha, Neb.) 2003
Kalman, Michelle (Littleton, Colo.) 1984
Kane, Kathy (Omaha, Neb.)..... 1980
Kappenman, Lorie (Sioux Falls, S.D.)..... 1986-87-88
Karaica, Beth (Natrona Heights, Pa.) ...1997-98-99-01
Karty, Cheryl A. (Chesterfield, Mo.) 1992-93
Kavalec, Brandie (Loveland, Colo.).....2008-09-10-11
Keathley, Mallory (Midland, Texas) 2004
Keester, Pam (Lincoln, Neb.) 1978
Keith, Olivia (Fayetteville, Ark.) 2019
Kelling, Amy (Cedar Falls, Iowa)..... 1995-96
Kelly, Kenya S. (Plantation, Fla.)..... 1984-85-86
Kennedy, Ann (St. Paul, Minn.) 1980
Kennedy, Peg (St. Paul, Minn.) 1980
Keown, Kelli L. (Omaha, Neb.) 1982
Kerns, Carrie L. (Valparaiso, Ind.)..... 1992-93
Killin, Sandra (Toronto, Ontario, Canada)..... 1981
Kilpatrick, Katelyn (Ocala, Fla.)..... 2019
Kincade, Virginia..... 1976
King, Alex (Amarillo, Texas) 2003-04-05-06
Klein, Kristina N. (Bellevue, Neb.) 1992-93-94-95
Knapton, Abigail (Omaha, Neb.)..... 2017-18-19
Kopas, Allison (Fort Lauderdale, Fla.)..... 2018-19
Korinek, Christy (Lincoln, Neb.)..... 1980-81
Koss, Haley (St. Helens, Ore.)..... 2005
Kruse, Audrey (Sioux Falls, S.D.)..... 2008
Kurzdorfer, Conley (Kansas City, Mo.)..... 1981

L

Lammel, Julie (Omaha, Neb.).....1983-84-85-86
Land, Rebekah (Hannibal, Mo.) 2012-13-14-15
Landgreen, Laura (Eugene, Ore.) 2002-03
Langemeier, Karla K. (O'Neill, Neb.) 1983

Allison Kopas (Fort Lauderdale) is one of Nebraska's most recent letterwinners from Florida. Kopas produced a top-24 finish for the Huskers in the 400 IM at the 2018 Big Ten Championships.

Larka, Karin (Stockholm, Sweden) 2000-01
Larson, Kelsey (Newport Beach, Calif.).....2010-11-12-13
Lashley, Debora (Belmont, Calif.) 1982
Lauren, Destiny [Mikaela] (Stockholm, Sweden)...1995-96-97-98
Lawrie, Dianne (Lincoln, Neb.)..... 1978
Lawson, Wendy (Blue Springs, Mo.) 1991
Lehman, Patti (Bellevue, Neb.)..... 1978
Leigh, Maureen (Bellevue, Neb.)..... 1978
Leslie, Mailene (Corvallis, Ore.) 2009-10-11-12
Lewis, Sue (Omaha, Neb.) 1977-78
Liston, Shawn (Atlantic Beach, Fla.)..... 1986-87
Lobdell, Jackie (Gig Harbor, Wash.) 2001
Long, Terri A. (Portland, Ore.)..... 1987-88-89-90
Lucero, Wendy (Denver, Colo.)..... 1982-83
Luellen, Katherine J. (Norfolk, Neb.) 1994-95
Lundy, Catherine A. (Prairie Village, Kan.) 1982-84-85
Lunn, Laura (Regina, Saskatchewan, Canada) 2003

M

Maack, Marian C. (Omaha, Neb.)..... 1979
Magee, Lise 1976
Manhalova, Lenka (Liberec, Czech Republic) 1997-98
Margetic, Anja
(Sarajevo, Bosnia Herzegovina) 1993-94-95-96
Marinkovich, Andie (Omaha, Neb.)..... 1980
Markgraaff, Lezelle (Bloemfontein, South Africa) 1993-94-95
Markota, Nicole T. (Los Angeles, Calif.)..... 1996-97
Marshall, Kenna (Vermillion, S.D.)..... 1985
Martin, Hayley (Monona, Wis.) 2010-11-12-13
Maruk, Leane
(Saskatoon, Saskatchewan, Canada) ...1990-91-92-93
Marvin, Sutton (Austin, Texas) 2018-19
Matheny, Mindy (Little Rock, Ark.).....1988-89-90-91
Matheu, Angie (Sacramento, Calif.)..... 2003-04
Matthies, Meredith (Wichita, Kan.).....2008-09-10-11
Mauck, Teresa (San Clemente, Calif.) 1996-97
May, Julie (Denver, Colo.).....1985-86-87-88
McCafferty, Morgan (Reynoldsburg, Ohio)...2016-17-18-19
McCauley, Julie (Tualatin, Ore.) 2004
McClain, Rachell (Henderson, Nev.) 2008-09-10-11
McDonald, Anna (Evergreen, Colo.)....2016-17-18-19
McDonald, Molly (Bismarck, N.D.)..... 1998-99-00
Meier, Jan (Pueblo, Colo.) 1987
Melrose, Jenny (Seffner, Fla.)..... 1991-92
Mexia, Melisa (Zapopan, Jalisco, Mexico)..... 2013-14
Meyer, Jane (Billings, Mont.) 1982
Michaud, Payton (Lincoln, Neb.) 2011-12-13-14
Miller, Terrie (Kolbotn, Norway)..... 1997-98-99
Milliman, Sally (Apple Valley, Minn.)..... 1980
Millis, Dani (Frisco, Texas)..... 2007
Moninger, Ann (Kansas City, Mo.)..... 1979-80-81
Morrison, Cathy (Louisville, Ky.)..... 1978-79-80-81
Morris, Natalie (Lenexa, Kan.).....2012-13-14-15
Moss, Elizabeth (Vacaville, Calif.)..... 2000-01
Mugge, Sarah (Spencer, Iowa)..... 2002
Muller, Helene
(Potchefstroom, South Africa).....1997-98-99-2000
Murray, Izzie (North Bend, Ohio) 2018-19

N

Neuenfeldt, Gretchen E. (Plymouth, Minn.) 1990
Neuenfeldt, Kristen L. (Plymouth, Minn.)....1988-89-90-91
Nilsson, Anna (Sodertaye, Sweden).....1996-97-98-99

O

Oeltjen, Erin (Omaha, Neb.).....2014-15-16-17

P

Pacilio, Bridget (Colleyville, Texas) 2016-17
Park, Heather D. (Durban, South Africa).....1994-95-96
Pearman, Lori (Houston, Texas) 1978
Pederson, Jennifer (Anaheim, Calif.) ...1986-87-88-89
Peffer, Sarah (Newark, Del.)..... 2000-01
Pennefather, Lee (Pinetown, South Africa)..... 1987-88
Pentlarge, Jessica (San Diego, Calif.) 2018-19
Perri, Jennifer (Irvine, Calif.)..... 1987-88
Petersen, Courtney..... 2003
Petersen, Kristin (Omaha, Neb.)..... 2002
Peterson, Ashley (Lincoln, Neb.)..... 2002
Peterson, Deborah 1976-77
Pike, Lori L. (Cherry Hill, N.J.)..... 1982
Pine, Sasha (New South Wales, Australia) ..1997-98-99-2000
Pons, Bailey (Cedar Falls, Iowa).....2011-12-13-14
Pool, Carrie (Portland, Ore.) 1994-95-96
Porter, Stacia L. (Lincoln, Neb.).....1980-81-82-83
Posthuma, Dana (Omaha, Neb.).....2016-17-18-19
Powers, Dana (Tacoma, Wash.).....1984-85-86-87
Powers, Rachel (Sun Prairie, Wis.)..... 2018-19
Pratt, Laura (Bracebridge, Ontario, Canada) 1987
Premo, Michelle (Lincoln, Neb.) 1981
Prey, Sharill (Lincoln, Neb.).....1983-84-85-86

R

Ramsey, Alyson (Olathe, Kan.).....2010-11-12
Ramus, Liza R. (Chula Vista, Calif.)..... 1987
Reiter, Ashley (Fargo, N.D.) 2010-11-12-13
Ressler, Kaci (Tampa, Fla.)..... 2005-06-07
Reyes, Sarah-Erin (Reno, Nev.) 1995
Rhodenbaugh, Courtney (Tucson, Ariz.)..... 2010
Rhodes, Mira (Oakwood, Ohio)..... 2018-19
Ridgeway, Lydia (Chicago, Ill.)..... 2010
Rieke, Elizabeth (Lincoln, Neb.)..... 2000-01
Ricketts, Emily (Irvine, Calif.....1983-84-85-86
Riegal, Julie (London, England).....1991-92-93-94
Rinne, Ann M. (Lincoln, Neb.)..... 1978-79-80

NEBRASKA'S ALL-TIME LETTERWINNERS

Roller, Julia (Naperville, Ill.) 2014-15-16-17
Roman, Hallie (Port Huron, Mich.) 2019
Rowe, Taradee (Issaquah, Wash.) 1996-97
Russell, Julia (Durban, South Africa) 1994-95-96-97
Rye, Mary Beth (Lincoln, Neb.) 2012-13

S

Saad, Yasmin (Omaha, Neb.) 2002
Sabo, Nikolina (Zagreb, Croatia) 2012-13
Sandeberg, Katrina (Burnsville, Minn.) 2003
Savage, Katie (Studio City, Calif.) 1991-93
Savitt, Savannah (Tampa, Fla.) 2017-18-19
Schlatter, Rachel (Middleton, Wis.) 2003-04-05-06
Schmidt, Cheryl (South Sioux City, Neb.) 1977-78-79
Schmidt, D'Arcy (Scottsdale, Ariz.) 2009-10-11-12
Schmerbach, Michele (Muskego, Wis.) 2000-01
Schnack, Casey (Quincy, Ill.) 2004-05-06-07
Schreiner, Christine 2001
Schubert, Tami (Muskego, Wis.) 1988
Schwery, Nicole (Roca, Neb.) 2013-14-15-16
Sebesta, Linda (Pine Island, Minn.) 1983-84-85-86
Sedlacek, Stacey (East Galesburg, Ill.) 1997-98-99-00
Seidel, Riley (LaCrosse, Wis.) 2009-10-11-12
Seymour, Lauren (St. Charles, Ill.) 2001
Shacklett, Suzy (Danville, Calif.) 1997
Shea, Caroline (Denver, Colo.) 2009-10-11-12
Sickle, Katt (Grain Valley, Mo.) 2013-15-16-17-18
Sides, Allison J. (Omaha, Neb.) 1992-93-94
Siemert, Lynn (Sterling, Ill.) 2005-06-07-08
Simon, Laura (Madrid, Spain) 1997-98-99
Sloth, Heidi (Bellewood, Neb.) 1982-83
Smith, Beth (Marlboro, N.Y.) 1991
Snell, Jana (Colby, Kan.) 1992
Sougey, Debora (Lincoln, Neb.) 1978
Souppa, Kirstin (Naperville, Ill.) 2001
Spark, Amanda (Spencer, Iowa) 2002
Spencer, Ruth 1976
Spindler, Laura (Bloomington, Minn.) 1979-80-81-82
Stahlnecker, Ann (Omaha, Neb.) 1981
Stalheim, Lindsey (Omaha, Neb.) 2017-18-19
Stanek, Penny J. (Omaha, Neb.) 1985-86
Stansbury, Danielle (Lincoln, Neb.) 2004-05-06-07
Stenger, Candace (Lincoln, Neb.) 2002-03
Stewart, Rhonda F. (Topeka, Kan.) 1988
Stratton, Kristin (Aurora, Colo.) 2001
Strecker, Kristin (Topeka, Kan.) 2011-12-13-14
Stroud, Jenna (Lincoln, Neb.) 2006-07-08-09
Sue, Jackie (Peoria, Ariz.) 1993-94
Sullivan, Rene (Cedar Falls, Iowa) 1979-80-81
Sullivan, Tamara L. (Cedar Falls, Iowa) 1982-83-84-85
Suppes, Marie (New Hope, Minn.) 1981-82

T

Thompson, Marla J. (Mission, Kan.) 1979-80-81-82
Theilen, Paige (Columbus, Neb.) 2012-13
Thoms, Cami (Lincoln, Neb.) 2002
Tidball, Ann E. (Lincoln, Neb.) 1991-92-93-94
Tiernon, Grace (Fishers, Ind.) 2018-19
Tobin, Kristina A.T. (Marietta, Ga.) 1987-88-89
Toler, Jenny (Elk Grove Village, Ill.) 2006-07-08-09
Toomey, Shannon (Ellisville, Mo.) 2010
Torres, Diana (Bogota, Colombia) 2002-03-05
Troy, Christine (Parramalta, Australia) 1997-98-99-00
Troyer, Sara (Goshen, Ind.) 2019

V

Vahle, Kristin (Norfolk, Neb.) 2002
Vandriel, Libby (Edina, Minn.) 1990
Van Wie, Krista (Grand Island, Neb.) 2013-14-15-16
Vendl, Lori M. (Pleasant Hill, Calif.) 1988-89
Voge, Katrina (Franklin, Wis.) 2016-17-18

W

Wagner, Savannah (New York, N.Y.) 2013
Walker, Kaitlan (Albuquerque, N.M.) 2010-11-12-14
Walker, Susan (Plano, Texas) 2000-01-02-03
Walstad, Clara (Lincoln, Neb.) 2019
Wandling, Diana (Collinsville, Ill.) 1989
Warak, Jessica (Bellevue, Neb) 2019
Ward, Wendy (Sunnyvale, Calif.) 1982-83-84-85
Watland, Anne C. (Omaha, Neb.) 1977-78-79
Weech, Ariel (Nassau, Bahamas) 2010-11-12-13
Weinberg, Sara (Bismarck, N.D.) 2010-11-12-13
Wells, Kristi A. (Lincoln, Neb.) 1976-77-78-79
Wetzel, Annette (Grand Island, Neb.) 1980
Wheeler, Kate (Issaquah, Wash.) 2004-05-06-07
White, Kristy (Walnut Creek, Calif.) 1987
Wilborn, Laura (Champaign, Ill.) 1989-90
Wilbourn, Deanna (Barstow, Calif.) 1988
Wilcox, Victoria (Omaha, Neb.) 1982
Wilkins, BriAnna (Lincoln, Neb.) 1994-95-96-97
Windsor, Anna (Orange, Australia) 1997-98
Wirtner, Melanie (Pittsburgh, Pa.) 1990-91
Wockenfuss, Erica (Iowa City, Iowa) 1983
Wolfe, Rebecca (League City, Texas) 2001

Lindsey Stalheim joined fellow Omahan Abi Knapton as letterwinners in 2017, 2018 and 2019. A total of 104 Nebraska natives have earned swimming and diving letters for the Huskers.

HUSKER LETTERWINNERS BY STATE

Nebraska women's swimming and diving letterwinners have come from 34 states around the nation and 15 foreign countries since 1976.

Alaska	1
Alabama	1
Arizona	7
Arkansas	2
California	33
Colorado	19
Delaware	1
Florida	10
Georgia	2
Illinois	17
Indiana	4
Iowa	14
Kansas	19
Kentucky	1
Maryland	2
Michigan	1
Minnesota	17
Missouri	14
Montana	1
Nebraska	104
Nevada	2
New Jersey	2
New Mexico	3
New York	3
North Dakota	7
Ohio	6
Oregon	7
Pennsylvania	5
Texas	17
South Dakota	6
Utah	1
Washington	8
Wisconsin	13
Wyoming	2

HUSKER LETTERWINNERS BY COUNTRY

Austria	2
Australia	8
Bahamas	2
Bosnia and Herzegovina	1
Canada	8
Colombia	1
Croatia	1
Czech Republic	1
England	2
Mexico	1
Norway	3
South Africa	8
Spain	1
Sweden	4
United States	341
Venezuela	1

Woody, Lorie G. (Coffeyville, Kan.) 1993
Worlton, Gwen (Fox Point, Wis.) 2017-18-19
Worrall, Allie (Phoenix, Ariz.) 2017-18-19
Wright, Shannon M. (Norfolk, Neb.) 1996-97-98-99

Y

Yemm, Christina (Sterling, Ill.) 2006-07-08-09

Z

Ziegelmann, Sarah (Fargo, N.D.) 2007-08-09-10
Ziemann, Megan (Round Rock, Texas) 2011-12-13-14
Zins, Amanda (Lincoln, Neb.) 1998-99
Zorn, Trischa (Mission Viejo, Calif.) 1984-85-86-87

NEBRASKA'S ALL-AMERICANS

1979-80
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 12th, 2:05.55).

1980-81
NU All-Americans (Results): Sherri Hayward (200 Backstroke, 14th, 2:05.84).

1981-82
NU All-Americans (Results): Sherri Hayward (200 Backstroke, sixth, 2:02.95; 100 Backstroke, 15th, 58.83).

1984-85
NCAA Finish: 9th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Cindy Hampel (200 Free Relay, third, 1:33.84; 200 Medley Relay, 15th, 1:46.31); Erin Hurley (200 Breaststroke, fifth, 2:17.90; 100 Breaststroke, 12th, 1:04.71; 400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31); Kenya Kelly (800 Free Relay, 11th, 7:28.11; 200 Medley Relay, 15th, 1:46.31); Dana Powers (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 50 Freestyle, 10th, 23.54; 100 Butterfly, 13th, 55.57; 400 Medley Relay, 13th, 3:51.42); Emily Ricketts (400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11; 200 Freestyle, 12th, 1:49.91; 400 Medley Relay, 13th, 3:51.42); Linda Sebesta (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Penny Stanek (400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31).

1985-86
NCAA Finish: 30th
NU All-Americans (Results): Shauna Gilmore (200 Free Relay, ninth, 1:34.52); Cindy Hampel (200 Free Relay, ninth, 1:34.52); Erin Hurley (200 Breaststroke, 15th, 2:21.42); Lorie Kappenman (200 Free Relay, ninth, 1:34.52); Dana Powers (200 Free Relay, ninth, 1:34.52).

Janet Danburg was a two-time All-American at Nebraska in 1996 and 1997.

1986-87
NCAA Finish: 19th
NU All-Americans (Results): Shauna Gilmore (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 200 Freestyle, 16th, 1:49.81; 400 Medley Relay, 16th, 3:51.25); Heidi Hecker (Three-meter Diving, 11th, 435.30); Erin Hurley (200 Medley Relay, seventh, 1:44.65; 200 Breaststroke, 14th, 2:20.43; 400 Medley Relay, 16th, 3:51.25); Carole Johnson (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25); Lorie Kappenman (200 Free Relay, 15th, 1:35.65); Dana Powers (200 Medley Relay, seventh, 1:44.65; 100 Butterfly, 10th, 55.16; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25).

1987-88
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 290.50); Allison Barker (200 Medley Relay, 14th, 1:45.45); Erin Hurley (200 Medley Relay, 14th, 1:45.45); Carole Johnson (200 Medley Relay, 14th, 1:45.45); Mindy Matheny (200 Medley Relay, 14th, 1:45.45).

1988-89
NCAA Finish: 29th
NU All-Americans (Results): Julie May (One-meter Diving, fifth, 461.95); Jenell Garcia (400 Medley Relay, 16th, 3:53.30); Carole Johnson (400 Medley Relay, 16th, 3:53.30); Mindy Matheny (400 Medley Relay, 16th, 3:53.30); Kristen Neuenfeldt (400 Medley Relay, 16th, 3:53.30).

1989-90
NCAA Finish: 39th
NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 281.10); Jenell Garcia (100 Butterfly, 14th, 55.76).

1990-91
NCAA Finish: 28th
NU All-Americans (Results): Amy Aarsen (Three-meter Diving, eighth, 459.75); Lynne Braddock (200 Free Relay, 16th, NA); Christine Frederick (200 Free Relay, 16th, NA); Jenell Garcia (100 Butterfly, 15th, 55.79); Chris Gmeiner (200 Free Relay, 16th, NA); Mindy Matheny (200 Free Relay, 16th, NA); Melanie Wirtner (200 Butterfly, 15th, 2:02.83).

1991-92
NCAA Finish: 31st
NU All-Americans (Results): Michelle Butcher (1,650 Freestyle, sixth, 16:32.67).

1992-93
NCAA Finish: 20th
NU All-Americans (Results): Melanie Dodd (100 Freestyle, fifth, 49.60; 200 Medley Relay, 10th, 1:44.28; 200 Freestyle, 11th, 1:49.34; 50 Freestyle, 13th, 23.41; 400 Medley Relay, 13th, 3:49.15); Christine Frederick (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 3:49.15); Jane Glazebrook (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28); Penny Heyns (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28).

1993-94
NCAA Finish: 16th
NU All-Americans (Results): Marci Bodner (800 Free Relay, 13th, 7:23.75); Heather Ericksen (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); Jane Glazebrook (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59); Penny Heyns (100 Breaststroke, second, 1:01.43; 200 Breaststroke, sixth, 2:14.35; 200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 1:35.22); Katie Luellen (200 Free Relay, 16th, 1:35.22); Lezelle Markgraaff (800 Free Relay, 13th, 7:23.75); Heather Park (800 Free Relay, 13th, 7:23.75); Julia Russell (100 Breaststroke, eighth, 1:03.59; 200 Breaststroke, 12th, 2:15.22; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); BriAnna Wilkins (800 Free Relay, 13th, 7:23.75).

NCAA CHAMPIONSHIP TEAM FINISHES

8th	1997
9th	1985
9th	1995
10th	1996
11th	1998
12th	1999
16th	1994
19th	1987
20th	1993
20th	2000
23rd	2001
28th	1991
29th	1989
30th	1986
31st	1992
33rd	2017
33rd	2019
35th	2018
36th	2006
39th	1988
39th	2016

1994-95
NCAA Finish: 9th
NU All-Americans (Results): Erin Carew (200 Free Relay, 17th, 1:34.29; 400 Free Relay, 18th, 3:27.63); Cathy Crooks (800 Free Relay, 11th, 7:24.18; 400 Individual Medley, 14th, 4:21.33; 400 Free Relay, 18th, 3:27.63); Melanie Dodd (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Freestyle, fifth, 1:47.85; 100 Freestyle, ninth, 50.03; 800 Free Relay, 11th, 7:24.18; 200 Free Relay, 17th, 1:34.29); Jane Glazebrook (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Backstroke, fourth, 1:58.07); Penny Heyns (100 Breaststroke, second, 1:00.41; 400 Medley Relay, second, 3:40.86; 200 Breaststroke, third, 2:11.38; 200 Medley Relay, fourth, 1:42.14); Destiny Lauren (400 Medley Relay, second, 3:40.86; 200 Butterfly, fourth, 1:59.20; 200 Free Relay, 17th, 1:34.29); Heather Park (800 Free Relay, 11th, 7:24.18); Julia Russell (200 Medley Relay, fourth, 1:42.14; 200 Breaststroke, 10th, 2:14.72); BriAnna Wilkins (800 Free Relay, 11th, 7:24.18).

1995-96
NCAA Finish: 10th
NU All-Americans (Results): Erin Carew (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Janet Danburg (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Melanie Dodd (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Penny Heyns (100 Breaststroke, first, 1:00.27; 200

NEBRASKA'S ALL-AMERICANS

Lauren Bailey captured All-America honors for Nebraska in the 1,650-yard freestyle at the 2006 NCAA Championships.

Breaststroke, second, 2:09.71; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Mandy Hunter-Beckinsall (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Destiny Lauren (200 Butterfly, ninth, 2:00.40; 800 Free Relay, 15th, 7:28.66; 100 Butterfly, 16th, 56.50); Heather Park (800 Free Relay, 15th, 7:28.66); Julia Russell (100 Breaststroke, third, 1:01.45; 200 Breaststroke, third, 2:12.12; 200 Individual Medley, fifth, 2:01.51; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); BriAnna Wilkins (800 Free Relay, 15th, 7:28.66); Shannon Wright (800 Free Relay, 15th, 7:28.66).

1996-97

NCAA Finish: 8th

NU All-Americans (Results): Janet Danburg (400 Medley Relay, 11th, 3:43.54); Sara Kate Havens (200 Medley Relay, ninth, 1:41.72); Sara Jowsey (400 Medley Relay, 11th, 3:43.54); Beth Karaica (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Medley Relay, ninth, 1:41.72; 400 Medley Relay, 11th, 3:43.54); Lenka Manhalova (200 Breaststroke, fifth, 2:12.18); Terrie Miller (100 Breaststroke, eighth, 1:02.15); Helene Muller (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 800 Free Relay, 10th, 7:21.44; 200 Medley Relay, ninth, 1:41.72); Julia Russell (100 Breaststroke, fourth, 1:01.22; 200 Breaststroke, second, 2:10.32; 200 Free Relay, sixth, 1:31.94; 200 Individual Medley, tie-10th, 2:00.33; 200 Medley Relay, ninth, 1:41.72); Stacey Sedlacek (400 Free Relay, sixth, 3:21.47); Laura Simon (400 Individual Medley, 16th, 4:21.01); BriAnna Wilkins (800 Free Relay, 10th, 7:21.44); Anna Windsor (200 Freestyle, seventh, 1:48.16; 200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Individual Medley, 15th, 2:02.74; 800 Free Relay, 10th, 7:21.44); Shannon Wright (800 Free Relay, 10th, 7:21.44).

1997-98

NCAA Finish: 11th

NU All-Americans (Results): Therese Alshammar (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 50 Freestyle, tie-ninth, 22.83; 200 Medley Relay, 11th, 1:41.90; 100 Backstroke, 15th, 55.63; 100 Freestyle, 16th, 50.20); Shandra Johnson (800 Free Relay, second, 7:10.89); Beth Karaica (400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Medley Relay, 11th, 1:41.90); Destiny Lauren (200 Butterfly, 11th, 1:59.93); Lenka Manhalova (200 Breaststroke, 12th, 2:14.76); Terrie Miller (200 Medley Relay, 11th, 1:41.90); Helene Muller (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Freestyle, 11th, 1:47.70; 200 Medley Relay, 11th, 1:41.90); Anna Windsor (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Freestyle, eighth, 1:48.19; 200 Free Relay, ninth, 1:31.17; 200 Individual Medley, 16th, 2:02.27).

1998-99

NCAA Finish: 12th

NU All-Americans (Results): Therese Alshammar (100 Freestyle, fourth, 48.76; 50 Freestyle, tie-fourth, 22.60; 800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28) Shandra Johnson (200 Backstroke, seventh, 1:58.53; 200 Freestyle, 14th, 1:48.36; 800 Free Relay, sixth, 7:15.00; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28); Emma Johnson (400 Individual Medley, 11th, 4:18.67; 800 Free Relay, sixth, 7:15.00); Beth Karaica (200 Free Relay, ninth, 1:31.89; 200 Medley Relay, 13th, 1:42.28); Destiny Lauren (200 Butterfly, sixth, 1:59.41); Terrie Miller (200 Medley Relay, 13th, 1:42.28); Helene Muller (800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05); Stacey Sedlacek (200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05).

1999-00

NCAA Finish: 20th

NU All-Americans (Results): Shandra Johnson (400 Freestyle, 11th, 4:09.88; 200 Freestyle, 13th, 2:00.02; 800 Free Relay, 14th, 8:14.00); Helene Muller (200 Freestyle, third, 1:57.88; 100 Freestyle, fifth, 55.06; 800 Free Relay, 14th, 8:14.00); Sasha Pine (800 Free Relay, 14th, 8:14.00); Lindsey Highstrom (800 Free Relay, 14th, 8:14.00); Elvira Fischer (200 Breaststroke, 10th, 2:28.56).

2000-01

NCAA Finish: 23rd

NU All-Americans (Results): Elvira Fischer (200 Breaststroke, fifth, 2:11.27; 100 Breaststroke, eighth, 1:02.04); Rebecca Wolfe (200 Butterfly, seventh, 1:59.78); Carmen Cosgrove (100 Butterfly, 16th, 55.33).

2005-06

NCAA Finish: 36th

NU All-Americans (Results): Lauren Bailey (1,650-Freestyle, ninth, 16:16.06).

2015-16

NCAA Finish: 39th

NU All-Americans (Results): Anna Filipcic (10th, One-Meter Dive, 310.60).

2016-17

NCAA Finish: 33rd

NU All-Americans (Results): Abi Knapton (fourth, Platform Dive, 297.30).

2017-18

NCAA Finish: 35th

NU All-Americans (Results): Abi Knapton (eighth, Platform Dive, 286.15).

2018-19

NCAA Finish: 33rd

NU All-Americans (Results): Abi Knapton (fifth, Platform Dive, 316.75); Three-Meter Dive (15th, 305.20).

NEBRASKA'S ALL-AMERICANS

A total of 59 student-athletes from around the world have earned swimming and diving NCAA All-America honors as Huskers. The 59 Husker All-Americans have come to Nebraska from nine countries, including Americans from 17 states.

In all, Huskers have combined for 244 All-America awards, while 30 Huskers have been multi-time All-Americans.

Julia Russell owns the distinction of earning the most All-America certificates as a Husker swimmer with 18 awards from 1994 to 1997. Russell is one of seven Huskers to earn 10 or more All-America awards, including NCAA Champion Penny Heyns (15), Melanie Dodd (15), Helene Muller (15), Therese Alshammar (13), Dana Powers (10) and Shandra Johnson (10).

Alshammar, who captured her 13 All-America awards in just two seasons at Nebraska, went on to become the first female swimmer in history to appear in six Olympic Games, including the 2016 Rio Olympics for her native Sweden.

One of the most prolific female swimmers in history, six-time Swedish Olympian Therese Alshammar was a 13-time All-American in just two seasons at Nebraska in 1997-98 and 1998-99.

JULIA RUSSELL

Durban, South Africa
18-Time All-American
100 Breaststroke, 8th (1:03.59), 1993-94
100 Breaststroke, 3rd (1:01.45), 1995-96
100 Breaststroke, 4th (1:01.22), 1996-97
200 Breaststroke, 12th (2:15.22), 1993-94
200 Breaststroke, 10th (2:14.72), 1994-95
200 Breaststroke, 3rd (2:12.12), 1995-96
200 Breaststroke, 2nd (2:10.32), 1996-97
200 Individual Medley, 5th (2:01.51), 1995-96
200 Individual Medley, T10th (2:00.33), 1996-97
200 Freestyle Relay, 16th (1:35.22), 1993-94
200 Freestyle Relay, 14th (1:34.83), 1995-96
200 Freestyle Relay, 6th (1:31.94), 1996-97
400 Freestyle Relay, 12th (3:25.38), 1995-96
200 Medley Relay, 4th (1:42.14), 1994-95
200 Medley Relay, 6th (1:42.66), 1995-96
200 Medley Relay, 9th (1:41.72), 1996-97
400 Medley Relay, 13th (3:45.59), 1993-94
400 Medley Relay, 5th (3:45.35), 1995-96

PENNY HEYNS

Amanzimtoti, South Africa
15-Time All-American
100 Breaststroke, 2nd (1:01.43), 1993-94
100 Breaststroke, 2nd (1:00.41), 1994-95
100 Breaststroke, 1st (1:00.27), 1995-96 (NCAA Champion)
200 Breaststroke, 6th (2:14.35), 1993-94
200 Breaststroke, 3rd (2:11.38), 1994-95
200 Breaststroke, 2nd (2:09.71), 1995-96
200 Freestyle Relay, 16th (1:35.22), 1993-94
200 Medley Relay, 10th (1:44.28), 1992-93
200 Medley Relay, 10th (1:43.84), 1993-94
200 Medley Relay, 4th (1:42.14), 1994-95
200 Medley Relay, 6th (1:42.66), 1995-96
400 Medley Relay, 13th (3:49.15), 1992-93
400 Medley Relay, 13th (3:45.59), 1993-94
400 Medley Relay, 2nd (3:40.86), 1994-95
400 Medley Relay, 5th (3:45.35), 1995-96

MELANIE DODD

Sydney, Australia
15-Time All-American
50 Freestyle, 13th (23.41), 1992-93
100 Freestyle, 5th (49.60), 1992-93
100 Freestyle, 9th (50.03), 1994-95
200 Freestyle, 11th (1:49.34), 1992-93
200 Freestyle, 5th (1:47.85), 1994-95
200 Freestyle Relay, 17th (1:34.29), 1994-95
200 Freestyle Relay, 14th (1:34.83), 1995-96
400 Freestyle Relay, 12th (3:25.38), 1995-96
800 Freestyle Relay, 11th (7:24.18), 1994-95
200 Medley Relay, 10th (1:44.28), 1992-93
200 Medley Relay, 4th (1:42.14), 1994-95
200 Medley Relay, 6th (1:42.66), 1995-96
400 Medley Relay, 13th (3:49.15), 1992-93
400 Medley Relay, 2nd (3:40.86), 1994-95
400 Medley Relay, 5th (3:45.35), 1995-96

HELENE MULLER

Potchefstroom, South Africa
15-Time All-American
100 Freestyle, 5th (55.06), 1999-2000
200 Freestyle, 11th (1:47.70), 1997-98
200 Freestyle, 3rd (1:57.88), 1999-2000
200 Freestyle Relay, 6th (1:31.94), 1996-97
200 Freestyle Relay, 9th (1:31.17), 1997-98
200 Freestyle Relay, 9th (1:31.89), 1998-99
400 Freestyle Relay, 6th (3:21.47), 1996-97
400 Freestyle Relay, 7th (3:19.33), 1997-98
400 Freestyle Relay, 9th (3:19.05), 1998-99
800 Freestyle Relay, 10th (7:21.44), 1996-97
800 Freestyle Relay, 2nd (7:10.89), 1997-98
800 Freestyle Relay, 6th (7:15.00), 1998-99
800 Freestyle Relay, 14th (8:14.00), 1999-2000
200 Medley Relay, 9th (1:41.72), 1996-97
200 Medley Relay, 11th (1:41.90), 1997-98

THERESE ALSHAMMAR

Stockholm, Sweden
13-Time All-American
50 Freestyle, T9th (22.83), 1997-98
50 Freestyle, T4th (22.60), 1998-99
100 Freestyle, 16th (50.20), 1997-98
100 Freestyle, 4th (48.76), 1998-99
100 Backstroke, 15th (55.63), 1997-98
200 Freestyle Relay, 9th (1:31.17), 1997-98
200 Freestyle Relay, 9th (1:31.89), 1998-99
400 Freestyle Relay, 7th (3:19.33), 1997-98
400 Freestyle Relay, 9th (3:19.05), 1998-99
800 Freestyle Relay, 2nd (7:10.89), 1997-98
800 Freestyle Relay, 6th (7:15.00), 1998-99
200 Medley Relay, 11th (1:41.90), 1997-98
200 Medley Relay, 13th (1:42.28), 1998-99

DANA POWERS

Tacoma, Washington
10-Time All-American
50 Freestyle, 10th (23.54), 1984-85
100 Butterfly, 13th (55.57), 1984-85
100 Butterfly, 10th (55.16), 1986-87
200 Freestyle Relay, 3rd (1:33.84), 1984-85
200 Freestyle Relay, 9th (1:34.52), 1985-86
200 Freestyle Relay, 15th (1:35.65), 1986-87
400 Freestyle Relay, 3rd (3:24.44), 1984-85
200 Medley Relay, 7th (1:44.65), 1986-87
400 Medley Relay, 13th (3:51.42), 1984-85
400 Medley Relay, 15th (3:51.25), 1986-87

ANNA WINDSOR

Orange, Australia
10-Time All-American
200 Freestyle, 7th (1:48.16), 1996-97
200 Freestyle, 8th (1:48.19), 1997-98
200 Individual Medley, 15th (2:02.74), 1996-97
200 Individual Medley, 16th (2:02.27), 1997-98
200 Freestyle Relay, 6th (1:31.94), 1996-97
200 Freestyle Relay, 9th (1:31.17), 1997-98
400 Freestyle Relay, 6th (3:21.47), 1996-97
400 Freestyle Relay, 7th (3:19.33), 1997-98
800 Freestyle Relay, 10th (7:21.44), 1996-97
800 Freestyle Relay, 2nd (7:10.89), 1997-98

ERIN HURLEY

Snyder, New York
Nine-Time All-American
100 Breaststroke, 12th (1:04.71), 1984-85
200 Breaststroke, 5th (2:17.90), 1984-85
200 Breaststroke, 15th (2:21.42), 1985-86
200 Breaststroke, 14th (2:20.43), 1986-87
200 Medley Relay, 15th (1:46.31), 1984-85
200 Medley Relay, 7th (1:44.65), 1986-87
200 Medley Relay, 14th (1:45.45), 1987-88
400 Medley Relay, 13th (3:51.42), 1984-85
400 Medley Relay, 16th (3:51.25), 1986-87

NEBRASKA'S ALL-AMERICANS

The most decorated diver in Nebraska history, four-time All-American Abi Knapton captured first-team All-America honors on the platform in 2017, 2018 and 2019.

SHANDRA JOHNSON
Omaha, Nebraska
Nine-Time All-American
200 Freestyle, 14th (1:48.36), 1998-99
200 Freestyle, 13th (2:00.02), 1999-2000
400 Freestyle, 11th (4:09.88), 1999-2000
200 Backstroke, 7th (1:58.53), 1998-99
400 Freestyle Relay, 9th (3:19.05), 1998-99
800 Freestyle Relay, 2nd (7:10.89), 1997-98
800 Freestyle Relay, 6th (7:15.00), 1998-99
800 Freestyle Relay, 14th (8:14.00), 1999-2000
200 Medley Relay, 13th (1:42.28), 1998-99

BETH KARAICA
Natrona Heights, Pennsylvania
Nine-Time All-American
200 Freestyle Relay, 6th (1:31.94), 1996-97
200 Freestyle Relay, 9th (1:31.17), 1997-98
200 Freestyle Relay, 9th (1:31.89), 1998-99
400 Freestyle Relay, 6th (3:21.47), 1996-97
400 Freestyle Relay, 7th (3:19.33), 1997-98
200 Medley Relay, 9th (1:41.72), 1996-97
200 Medley Relay, 11th (1:41.90), 1997-98
200 Medley Relay, 13th (1:42.28), 1998-99
400 Medley Relay, 11th (3:43.54), 1996-97

SHAUNA GILMORE
Grand Junction, Colorado
Eight-Time All-American
200 Freestyle, 16th (1:49.81), 1986-87
200 Freestyle Relay, 3rd (1:33.84), 1984-85
200 Freestyle Relay, 9th (1:34.52), 1985-86
200 Freestyle Relay, 15th (1:35.65), 1986-87
400 Freestyle Relay, 3rd (3:24.44), 1984-85
800 Freestyle Relay, 11th (7:28.11), 1984-85
200 Medley Relay, 7th (1:44.65), 1986-87
400 Medley Relay, 16th (3:51.25), 1986-87

DESTINY LAUREN
Stockholm, Sweden
Eight-Time All-American
100 Butterfly, 16th (56.50), 1995-96
200 Butterfly, 4th (1:59.20), 1994-95
200 Butterfly, 9th (2:00.40), 1995-96
200 Butterfly, 11th (1:59.93), 1997-98
200 Butterfly, 6th (1:59.41), 1998-99
200 Freestyle Relay, 17th (1:34.29), 1994-95
800 Freestyle Relay, 15th (7:28.66), 1995-96
400 Medley Relay, 2nd (3:40.86), 1994-95

JANE GLAZEBROOK
Newcastle, Australia
Seven-Time All-American
200 Backstroke, 4th (1:58.07), 1994-95
200 Medley Relay, 10th (1:44.28), 1992-93
200 Medley Relay, 10th (1:43.84), 1993-94
200 Medley Relay, 4th (1:42.14), 1994-95
400 Medley Relay, 13th (3:49.15), 1992-93
400 Medley Relay, 13th (3:45.59), 1993-94
400 Medley Relay, 2nd (3:40.86), 1994-95

CAROLE JOHNSON
Manhattan, Kansas
Five-Time All-American
200 Freestyle Relay, 15th (1:35.65), 1986-87
200 Medley Relay, 7th (1:44.65), 1986-87
200 Medley Relay, 14th (1:45.45), 1987-88
200 Medley Relay, 16th (3:51.25), 1986-87
200 Medley Relay, 16th (3:53.30), 1988-89

ERIN CAREW
Cedar Rapids, Iowa
Four-Time All-American
200 Freestyle Relay, 17th (1:34.29), 1994-95
200 Freestyle Relay, 14th (1:34.83), 1995-96
400 Freestyle Relay, 18th (3:27.63), 1994-95
400 Freestyle Relay, 12th (3:25.38), 1995-96

SHERRI HAYWARD
Columbus, Ohio
Four-Time All-American
100 Backstroke, 15th (58.83), 1981-82
200 Backstroke, 12th (2:05.55), 1979-80
200 Backstroke, 14th (2:05.84), 1980-81
200 Backstroke, 6th (2:02.95), 1981-82

ABI KNAPTON
Omaha, Nebraska
Four-Time All-American
Platform Diving, 4th (297.30), 2016-17
Platform Diving, 8th (286.15), 2017-18
Platform Diving, 5th (316.75), 2018-19
Three-Meter Diving, 15th (305.20), 2018-19

EMILY RICKETTS
Irvine, California
Four-Time All-American
200 Freestyle, 12th (1:49.91), 1984-85
400 Freestyle Relay, 3rd (3:24.44), 1984-85
800 Freestyle Relay, 11th (7:28.11), 1984-85
400 Medley Relay, 13th (3:51.42), 1984-85

BRIANNA WILKINS
Lincoln, Nebraska
Four-Time All-American
800 Freestyle Relay, 13th (7:23.75), 1993-94
800 Freestyle Relay, 11th (7:24.18), 1994-95
800 Freestyle Relay, 15th (7:28.66), 1995-96
800 Freestyle Relay, 10th (7:21.44), 1996-97

AMY AARSEN
Wichita, Kansas
Three-Time All-American
Three-Meter Diving, 8th (459.75), 1990-91
Platform Diving, 14th (290.50), 1987-88
Platform Diving, 14th (281.10), 1989-90

CATHY CROOKS
Orinda, California
ThreeTime All-American
400 Individual Medley, 14th (4:21.33), 1994-95
400 Freestyle Relay, 18th (3:27.63), 1994-95
800 Freestyle Relay, 11th (7:24.18), 1994-95

JANET DANBURG
Council Bluffs, Iowa
Three-Time All-American
200 Medley Relay, 6th (1:42.66), 1995-96
400 Medley Relay, 5th (3:42.35), 1995-96
400 Medley Relay, 11th (3:43.54), 1996-97

ELVIRA FISCHER
Vienna, Austria
Three-Time All-American
100 Breaststroke, 8th (1:02.04), 2000-01
200 Breaststroke, 10th (2:28.56), 1999-2000
200 Breaststroke, 5th (2:11.27), 2000-01

JENELL GARCIA
Boulder, Colorado
Three-Time All-American
100 Butterfly, 14th (55.76), 1989-90
100 Butterfly, 15th (55.79), 1990-91
400 Medley Relay, 16th (3:53.30), 1988-89

CINDY HAMPEL
Danville, California
Three-Time All-American
200 Freestyle Relay, 3rd (1:33.84), 1984-85
200 Freestyle Relay, 9th (1:34.52), 1985-86
200 Medley Relay, 15th (1:46.31), 1984-85

TERRIE MILLER
Kolbotn, Norway
Three-Time All-American
100 Backstroke, 8th (1:02.15), 1996-97
200 Medley Relay, 11th (1:41.90), 1997-98
200 Medley Relay, 13th (1:42.28), 1998-99

HEATHER PARK
Durban, South Africa
Three-Time All-American
800 Freestyle Relay, 13th (7:23.75), 1993-94
800 Freestyle Relay, 11th (7:24.18), 1994-95
800 Freestyle Relay, 15th (7:28.66), 1995-96

NEBRASKA'S ALL-AMERICANS

LINDA SEBESTA
Pine Island, Minnesota
Three-Time All-American
200 Freestyle Relay, 3rd (1:33.84), 1984-85
400 Freestyle Relay, 3rd (3:24.44), 1984-85
800 Freestyle Relay, 11th (7:28.11), 1984-85

STACEY SEDLACEK
East Galesburg, Illinois
Three-Time All-American
200 Freestyle Relay, 9th (1:31.89), 1998-99
400 Freestyle Relay, 6th (3:21.47), 1996-97
400 Freestyle Relay, 9th (3:19.05), 1998-99

HEATHER ERICKSEN
Elm Grove, Wisconsin
Three-Time All-American
200 Freestyle Relay, 16th (1:35.22), 1993-94
200 Medley Relay, 10th (1:43.84), 1993-94
400 Medley Relay, 13th (3:45.59), 1993-94

CHRISTINE FREDERICK
Hartford, Wisconsin
Three-Time All-American
200 Freestyle Relay, 16th (NA), 1990-91
200 Medley Relay, 10th (1:44.28), 1992-93
400 Medley Relay, 13th (3:49.15), 1992-93

MINDY MATHENY
Little Rock, Arkansas
Three-Time All-American
200 Freestyle Relay, 16th (NA), 1990-91
200 Medley Relay, 14th (1:45.45), 1987-88
400 Medley Relay, 16th (3:53.30), 1988-89

MANDY HUNTER-BECKINSALL
Johannesburg, South Africa
Two-Time All-American
200 Freestyle Relay, 14th (1:34.83), 1995-96
400 Freestyle Relay, 12th (3:25.38), 1995-96

EMMA JOHNSON
Sydney, Australia
Two-Time All-American
400 Individual Medley, 11th (4:18.67), 1998-99
800 Freestyle Relay, 6th (7:15.00), 1998-99

LORIE KAPPENMAN
Sioux Falls, South Dakota
Two-Time All-American
200 Freestyle Relay, 9th (1:34.52), 1985-86
200 Freestyle Relay, 15th (1:35.65), 1986-87

KENYA KELLY
Plantation, Florida
Two-Time All-American
800 Freestyle Relay, 11th (7:28.11), 1984-85
200 Medley Relay, 15th (1:46.31), 1984-85

LENKA MANHALOVA
Liberec, Czech Republic
Two-Time All-American
200 Breaststroke, 5th (2:12.18), 1996-97
200 Breaststroke, 12th (2:14.76), 1997-98

PENNY STANEK
Omaha, Nebraska
Two-Time All-American
200 Medley Relay, 15th (1:46.31), 1984-85
400 Medley Relay, 13th (3:51.42), 1984-85

SHANNON WRIGHT
Norfolk, Nebraska
Two-Time All-American
800 Freestyle Relay, 15th (7:28.66), 1995-96
800 Freestyle Relay, 10th (7:21.44), 1996-97

LAUREN BAILEY
San Mateo, California
All-American
1,650 Freestyle, 9th (16:16.06), 2005-06

ALLISON BARKER
Cambridge, England
All-American
200 Medley Relay, 14th (1:45.45), 1987-88

MARCI BODNER
North Huntington, Pennsylvania
All-American
800 Freestyle Relay, 13th (7:23.75), 1993-94

LYNNE BRADDOCK
Rapid City, South Dakota
All-American
200 Freestyle Relay, 16th (NA), 1990-91

MICHELLE BUTCHER
Alpine, California
All-American
1,650 Freestyle, 6th (16:32.67), 1991-92

Anna Filipcic captured All-America honors with a 10th-place finish on the one-meter board at the 2016 NCAA Championships.

CARMEN COSGROVE
Perth, Australia
All-American
100 Butterfly, 16th (55.33), 2000-01

ANNA FILIPCIC
Omaha, Nebraska
All-American
One-Meter Diving, 10th (310.60), 2015-16

CHRIS GMEINER
All-American
200 Freestyle Relay, 16th (NA), 1990-91

SARA KATE HAVENS
Mobile, Alabama
All-American
200 Medley Relay, 9th (1:41.72), 1996-97

HEIDI HECKER
Des Moines, Iowa
All-American
Three-Meter Diving, 11th (435.30), 1986-87

LINDSEY HIGHSTROM
Cedarburg, Wisconsin
All-American
800 Freestyle Relay, 14th (8:14.00), 1999-2000

SARA JOWSEY
Strathfield, Australia
All-American
400 Medley Relay, 11th (3:43.54), 1996-97

KATIE LUELLEN
Norfolk, Nebraska
All-American
200 Freestyle Relay, 16th (1:35.22), 1993-94

LEZELLE MARKGRAAFF
Bloemfontein, South Africa
All-American
800 Freestyle Relay, 13th (7:23.75), 1993-94

JULIE MAY
Denver, Colorado
All-American
One-Meter Diving, 5th (461.95), 1988-89

KRISTEN NEUENFELDT
Plymouth, Minnesota
All-American
400 Medley Relay, 16th (3:53.30), 1988-89

SASHA PINE
New South Wales, Australia
All-American
800 Freestyle Relay, 14th (8:14.00), 1999-2000

LAUREN SIMON
Madrid, Spain
All-American
400 Individual Medley, 16th (4:21.01), 1996-97

MELANIE WIRTNER
Pittsburgh, Pennsylvania
All-American
200 Butterfly, 15th (2:02.83), 1990-91

REBECCA WOLFE
League City, Texas
All-American
200 Butterfly, 7th (1:59.78), 2000-01

CONFERENCE RESULTS & CHAMPIONS

A three-time conference champion in 1995 and 1996, Julia Russell was a member of four conference championship teams as a Husker from 1994 to 1997. She was an 18-time All-American.

1975
Team Champion: Kansas, 412 points
Nebraska Finish: Fifth, 180 points
NU Individual Champion: Ginny Kincade (One-meter Diving, 593.60; Three-meter Diving, 650.20)

1976
Team Champion: Kansas, 489 points
Nebraska Finish: Second, 419 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 33.48; 100 Breaststroke, 1:12.90; 200 Breaststroke, 1:12.90; 100 IM, 1:05.12); Kristi Wells (Three-meter Diving, 367.20)

1977
Team Champion: Kansas, 739.5 points
Nebraska Finish: Second, 573.5 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 32.99; 100 Breaststroke, 1:11.97; 200 Breaststroke, 2:34.17); Melanie Jakob (200 Butterfly, 2:12.56; 200 IM, 2:13.95); Anne Watland (500 Freestyle, 5:08.88; 1,650 Freestyle, 17:34.80); Kristi Wells (One-meter Diving, 376.10; Three-meter Diving, 424.00)

1978
Team Champion: Kansas, 604.5 points
Nebraska Finish: Third, 487.5 points
NU Individual Champion: JoDea Eckstrom (100 IM, 1:02.30)

1979
Team Champion: Kansas, 918 points
Nebraska Finish: Third, 665 points
NU Individual Champions: None

1980
Team Champion: Kansas, 905.5 points
Nebraska Finish: Third, 663 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:04.79)

1981
Team Champion: Kansas, 749 points
Nebraska Finish: Fifth, 265 points
NU Individual Champion: Sherri Hayward (100 Backstroke, 59.76; 200 Backstroke, 2:06.09)

1982
Team Champion: Kansas, 745 points
Nebraska Finish: Second, 459 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:05.25)

1983
Team Champion: Kansas, 823 points
Nebraska Finish: Second, 427 points
NU Individual Champions: Sherri Hayward (200 Backstroke, 2:05.18); Cathy Heisler (200 Breaststroke, 2:25.68); Wendy Lucero (One-meter Diving, 449.95)

1984
Team Champion: Kansas, 645 points
Nebraska Finish: Second, 542.5 points
NU Individual Champions: Susan Cashman (500 Freestyle, 4:55.83; 400 IM, 4:55.83); Marcia Heaton (One-meter Diving, 387.80); Dana Powers (50 Freestyle, 23.70); Emily Ricketts (200 Freestyle, 1:50.81)

1985
Team Champion: Nebraska, 682 points
NU Individual Champions: Heidi Hecker (One-meter Diving, 440.15; Three-meter Diving, 456.45); Erin Hurley (200 Breaststroke, 2:17.87); Dana Powers (50 Freestyle, 23.32; 100 Butterfly, 55.10); Emily Ricketts (200 Freestyle, 1:50.81; 500 Freestyle, 4:51.35); Penny Stanek (100 Backstroke, 58.34)

1986
Team Champion: Nebraska, 666.5 points
NU Individual Champions: Shauna Gilmore (200 Freestyle, 1:50.73); Erin Hurley (200 Breaststroke, 2:24.86); Dana Powers (100 Butterfly, 56.59; 100 Breaststroke, 1:06.23); Emily Ricketts (100 Freestyle, 51.54)

1987
Team Champion: Nebraska, 689 points
NU Individual Champions: Shauna Gilmore (100 Freestyle, 51.44; 200 Freestyle, 1:49.85); Erin Hurley (200 Breaststroke, 2:21.07); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.20); Julie May (One-meter Diving, 441.25); Lee Pennefather (500 Freestyle, 5:00.15; 200 Butterfly, 2:04.28); Dana Powers (100 Butterfly, 55.10; 100 Breaststroke, 1:05.10)

1988
Team Champion: Kansas, 715.5 points
Nebraska Finish: Second, 584 points
NU Individual Champions: Stephanie Clennan (Three-meter Diving, 462.8); Carole Johnson (100 Backstroke, 58.39); Terry Long (200 Breaststroke, 2:23.05); Mindy Matheny (50 Freestyle, 23.66)

1989
Team Champion: Kansas, 703 points
Nebraska Finish: Second, 626 points
NU Individual Champions: Lynne Braddock (50 Freestyle, 23.69); Jenell Garcia (200 Butterfly, 2:02.41); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.16); Julie May (One-meter Diving, 454.35; Three-meter Diving, 515.0)

1990
Team Champion: Nebraska, 654.5 points
NU Individual Champions: Michelle Butcher (50 Freestyle, 23.65; 500 Freestyle, 4:51.11; 1650 Freestyle, 16:25.99; 400 IM, 4:24.92); Jenell Garcia (100 Butterfly, 55.76); Carole Johnson (100 Backstroke, 59.21); Leane Maruk (100 Breaststroke, 1:05.58); Kris Neuenfeldt (200 Freestyle, 1:51.33); Melanie Wirtner (200 IM, 2:05.17)

1991
Team Champion: Nebraska, 671.5 points
NU Individual Champions: Amy Aarsen (Three-meter Diving, 562.85); Michelle Butcher (500 Freestyle, 4:52.86; 1,650 Freestyle, 16:38.72; 400 IM, 4:24.04); Jenell Garcia (200 Butterfly, 2:01.94); Mindy Matheny (100 Freestyle, 51.89); Julie Riegal (200 Backstroke, 2:05.40); Melanie Wirtner (100 Butterfly, 55.52)

1992
Team Champion: Kansas, 741 points
Nebraska Finish: Second, 586 points
NU Individual Champions: Heidi Buchholz (Three-meter Diving, 450.10); Michelle Butcher (500 Freestyle, 4:50.58; 1,650 Freestyle, 16:40.03; 400 IM, 4:26.13); Kris Haws (200 Backstroke, 2:04.01)

1993
Team Champion: Kansas, 685 points
Nebraska Finish: Second, 679.5 points
NU Individual Champions: Melanie Dodd (50 Freestyle, 22.88; 100 Freestyle, 50.04; 200 Freestyle, 1:49.14); Jane Glazebrook (100 Backstroke, 56.82; 200 Backstroke, 1:59.70); Jennifer Harnly (One-meter Diving, 434.70); Penny Heyns (100 Breaststroke, 1:03.64); Cheryl Kartye (Three-meter Diving, 495.10)

CONFERENCE RESULTS & CHAMPIONS

1994
Team Champion: Nebraska, 662 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.19); Jane Glazebrook (100 Backstroke, 56.16; 200 Backstroke, 1:58.19); Marci Bodner (200 Butterfly, 2:03.13); Jennifer Harnly (One-meter Diving, 422.00); Penny Heyns (100 Breaststroke, 1:01.88; 200 Breaststroke, 2:13.93); BriAnna Wilkins (1,650 Freestyle, 16:39.75)

1995
Team Champion: Nebraska, 636 points
NU Individual Champions: Melanie Dodd (100 Freestyle, 50.13; 200 Freestyle, 1:49.48); Jane Glazebrook (100 Backstroke, 56.12; 200 Backstroke, 1:58.19); Julie Grimmer (Three-meter Diving, 536.50); Penny Heyns (100 Breaststroke, 1:01.57; 200 Breaststroke, 2:13.71); Destiny Lauren (200 Butterfly, 2:00.67); BriAnna Wilkins (1,650 Freestyle, 16:56.27)

1996
Team Champion: Nebraska, 663 points
NU Individual Champions: Janet Danburg (100 Backstroke, 57.13; 200 Backstroke, 2:03.60); Melanie Dodd (100 Freestyle, 50.25); Penny Heyns (100 Breaststroke, 1:00.18; 200 Breaststroke, 2:08.90); Destiny Lauren (100 Butterfly, 55.51; 200 Butterfly, 2:01.01; 400 IM, 4:20.51); Heather Park (500 Freestyle, 4:50.30; 1,650 Freestyle, 16:49.56); Julia Russell (200 IM, 2:00.77)

1997
Team Champion: Nebraska, 927 points
NU Individual Champions: Helene Muller (50 Freestyle, 22.98; 100 Freestyle, 50.02); Julia Russell (100 Breaststroke, 1:00.83; 200 Breaststroke, 2:10.25; 200 IM, 1:59.13); Laura Simon (400 IM, 4:19.15); Anna Windsor (200 Freestyle, 1:48.49)

1998
Team Champion: Nebraska, 868 points
NU Individual Champions: Shandra Johnson (200 Freestyle, 1:46.53; 500 Freestyle, 4:43.48; 200 Backstroke, 1:58.35); Destiny Lauren (200 Butterfly, 2:00.69); Lenka Manhalova (200 Breaststroke, 2:14.22)

1999
Team Champion: Texas, 881.5
Nebraska Finish: Second, 851.5 points
NU Individual Champions: Therese Alshammar (100 Freestyle, 49.46); Shandra Johnson (200 Freestyle, 1:48.08; 500 Freestyle, 4:50.31; 200 Backstroke, 1:58.70); Janna Brock (200 Breaststroke, 2:15.09); Destiny Lauren (200 Butterfly, 1:59.28)

2000
Team Champion: Texas, 914.5
Nebraska Finish: Third, 634 points
NU Individual Champions: Shandra Johnson (500 Freestyle, 4:47.35; 200 Backstroke 1:59.05); Elvira Fischer (100 Breaststroke 1:03.19; 200 Breaststroke, 2:13.71)

2001
Team Champion: Texas, 997.50
Nebraska Finish: Third, 565 points
NU Individual Champions: Elvira Fischer (200 Breaststroke, 2:12.91); Rebecca Wolfe (200 Butterfly, 1:57.94)

2002
Team Champion: Texas, 1,055.50
Nebraska Finish: Sixth, 186 points
NU Individual Champions: None

2003
Team Champion: Texas
Nebraska Finish: Sixth, 316.50
NU Individual Champions: None

2004
Team Champion: Texas, 964
Nebraska Finish: Fourth, 420 points
NU Individual Champion: Lauren Bailey (400 IM, 4:17.57)

2005
Team Champion: Texas, 965
Nebraska Finish: Third, 461 points
NU Individual Champions: None

Abi Knapton became the first three-time first-team All-America diver in Nebraska history by capturing her third straight honor on platform in 2019. Knapton finished fourth on platform in 2017, before taking eighth in 2018 and fifth at the 2019 NCAA Championships.

2006
Team Champion: Texas, 942.5
Nebraska Finish: Fifth, 386.5 points
NU Individual Champion: Lauren Bailey (1,650-Freestyle, 16:20.05)

2007
Team Champion: Texas A&M, 931
Nebraska Finish: Fifth, 350.5 points
NU Individual Champion: Lauren Bailey (1,650-Freestyle, 16:14.36)

2008
Team Champion: Texas A&M, 967
Nebraska Finish: Sixth, 343 points
NU Individual Champions: None

2009
Team Champion: Texas, 893
Nebraska Finish: Sixth, 298 points
NU Individual Champions: None

2010
Team Champion: Texas A&M, 1,002
Nebraska Finish: Sixth, 261 points
NU Individual Champions: None

2011
Team Champion: Texas, 948
Nebraska Finish: Fifth, 350 points
NU Individual Champions: None

2012
Team Champion: Minnesota, 680.5
Nebraska Finish: 11th, 82
NU Individual Champions: None

2013
Team Champion: Minnesota, 831.5
Nebraska Finish: Ninth, 195
NU Individual Champions: None

2014
Team Champion: Minnesota, 760
Nebraska Finish: Ninth, 145
NU Individual Champions: None

2015
Team Champion: Minnesota, 618.5
Nebraska Finish: Ninth, 143
NU Individual Champions: None

2016
Team Champion: Michigan, 1,361
Nebraska Finish: Ninth, 411.5
NU Individual Champions: None

2017
Team Champion: Michigan, 1,287
Nebraska Finish: 10th, 385
NU Individual Champions: None

2018
Team Champion: Michigan, 1,465
Nebraska Finish: 10th, 358
NU Individual Champions: None

2019
Team Champion: Indiana, 1,386.5
Nebraska Finish: Eighth, 428.5
NU Individual Champions: None

INDIVIDUAL ACADEMIC AWARDS

CoSIDA ACADEMIC ALL-AMERICA AWARD WINNERS

LINDSAY HELFERICH
2019

Lindsay Helferich etched her name in Husker history by becoming Nebraska's third swimming and diving CoSIDA Academic All-American in 2019. Helferich claimed second-team honors in the at-large category following her senior season by posting a perfect 4.0 GPA during her career.

Helferich, a freestyle and backstroke specialist, joined Kaitlin Arntz (2010) and Courtney Jensen (2000) as Husker swimming and diving CoSIDA Academic All-Americans.

Helferich was one of five Husker student-athletes across all sports in 2018-19 to earn CoSIDA Academic All-America honors, joining Anton Stephenson (men's gymnastics), Angela Mercurio (women's track and field), Kevin Cahoy (men's track and field) and Marina Cozac (women's tennis). Helferich was one of nine Huskers to be named a Nebraska Outstanding Scholar. She added a 1A FAR Academic Excellence Award and was recognized for the third time as a Big Ten Distinguished Scholar.

She also excelled in competition, finishing 26th in the 50-yard freestyle at the 2019 Big Ten Championships. Helferich posted her top career Big Ten finish by taking 21st in the 100 backstroke in 2018, while adding 27th-place showings in the 50 and 100 freestyles the same year. As a freshman in 2016, she took 24th in the 200 back at the conference meet.

Before coming to Nebraska, Helferich was a top-16 finalist in the 200 back and a top-24 finalist in the 200 free at the Southern Zone Sectional Championships. She was also the valedictorian of her class at Odessa High School in Texas.

She earned her bachelor's degree from Nebraska in May of 2019 as a civil engineering major. She was a three-time academic All-Big Ten choice and earned eight spots on the Nebraska Scholar-Athlete Honor Roll. She was also a four-time Tom Osborne Citizenship Team member.

KAITLIN ARNTZ
2010

Kaitlin Arntz earned her place among Nebraska's NCAA-leading 338 CoSIDA Academic All-Americans by capturing third-team honors in the at-large category following her senior season for the Huskers in 2010.

Arntz was one of Nebraska's top breaststroke and individual medley swimmers during her time in Lincoln. She capped her outstanding career by becoming the first CoSIDA Academic All-America women's swimmer in school history. She joins former Husker diver and first-team honoree Courtney Jensen (2000) as the only members of the Nebraska women's swimming and diving program to capture Academic All-America accolades.

Arntz capped her competitive career with a fourth-place finish in the 200-yard breaststroke at the 2010 Big 12 Championships. She added a fourth-place performance in the 100 breast and a sixth-place showing in the 200 IM.

She finished fifth in the 200-yard breaststroke and 11th in the 200 IM at the 2009 Big 12 Championships. She was Nebraska's team MVP as a junior.

As both a freshman and sophomore, Arntz finished eighth in the 200 breast and 10th in the 100 breast at the Big 12 Championships.

Arntz joined the Huskers after a stellar high school career at Millard West in Omaha. She was a 16-time All-American at Millard West and a five-Nebraska state champion. She closed her high school career holding seven school records.

An advertising major at Nebraska, Arntz was nominated with a 3.94 cumulative GPA. She also earned first-team CoSIDA All-District VII honors. An honorable-mention CSCAA Scholar-All-America selection in 2010, Arntz was also a three-time academic All-Big 12 Conference selection for the Big Red from 2008 to 2010.

COURTNEY JENSEN
2000

Courtney Jensen capped an outstanding academic and athletic career as a first-team CoSIDA Academic All-America selection in the at-large category as a senior in 2000.

Jensen, a Husker co-captain and four-year letterwinner from Sheridan, Wyo., was a leader for Nebraska in the diving well throughout her career.

As a senior, Jensen produced a career-best 11th-place finish on the three-meter board at the 2000 Big 12 Conference Championships. She added a 17th-place performance in the one-meter dive.

As a junior, Jensen took 13th on the three-meter board at the 1999 Big 12 Championships, while adding a 23rd-place finish in the one-meter event.

Those performances followed a sophomore season in which she placed 21st on the three-meter and 22nd on the one-meter at the 1998 Big 12 Championships.

She opened her Husker career with 13th-place finishes on both the one- and three-meter boards as a freshman at the 1997 Big 12 meet.

A high school All-American both in competition and in the classroom, Jensen was a two-time Wyoming state champion at Sheridan High School.

An elementary education major at Nebraska, Jensen was nominated for the CoSIDA Academic All-America At-Large team with a perfect 4.0 grade-point average. She claimed first-team CoSIDA All-District VII honors to advance to the national ballot and become Nebraska's first female swimming and diving CoSIDA Academic All-American.

MAJOR TEAM & INDIVIDUAL AWARDS

CSCAA SCHOLASTIC ALL-AMERICA AWARD

(First team - 3.50-plus GPA and NCAA qualifier; Honorable Mention - 3.50 GPA and NCAA B qualifying standard or competition at NCAA regional or zone meet)

Kaitlin Arntz ..... HM, 2010
Shannon Guy ..... HM, 2012
Bailey Pons ..... HM, 2012
Taryn Collura ..... HM, 2015; HM, 2016
Jordan Ehly ..... HM, 2015; HM, 2016
Anna Filipcic 1st, 2015; 1st, 2016; 1st, 2017
Samantha Hardewig ..... HM, 2015; HM, 2016
Julia Roller ..... HM, 2015
Francesca Giganti ..... HM, 2016
Lindsay Helferich ..... HM, 2016; HM, 2017; HM, 2018
Erin Oeltjen ..... HM, 2016; HM, 2017
Nicole Schwery ..... HM, 2016
Katt Sickle ..... HM, 2016
Katrina Voge ..... HM, 2016; HM, 2017
Cassandra Brassard ..... HM, 2017
Samantha Hedrick ..... HM, 2017
Jacqueline Jeschke ..... HM, 2017
Abi Knapton 1st, 2017; 1st, 2018; 1st, 2019
Anna McDonald ..... HM, 2017; HM, 2018; HM, 2019
Autumn Haebig 1st, 2018
Izzie Murray ..... 1st, 2018; HM, 2019
Dana Posthuma ..... HM, 2019
Sara Troyer ..... HM, 2019
Jessica Warak ..... HM, 2019

BIG TEN CONFERENCE DISTINGUISHED SCHOLARS

Katie Davis 2012, 2013
Shannon Guy 2012, 2013, 2014
Bailey Pons 2012, 2013, 2014
Kristin Strecker 2012, 2014
Kailey Harmon 2013
Amy Herman 2013
Michaela Cunningham 2014, 2015, 2016
Samantha Hardewig 2014, 2015, 2016
Ciara Jenkins 2014, 2015
Rebekah Land 2014
Anna Filipcic 2015, 2016, 2017
Natalie Morris 2015
Katt Sickle 2015, 2016, 2017
Krista Van Wie 2015, 2016
Jordan Ehly 2016
Cassandra Brassard 2017
Aimee Fischer 2017
Lindsay Helferich 2017, 2018, 2019
Erin Oeltjen 2017
Bridget Pacilio 2017
Julia Roller 2017
Francesca Giganti 2018
Abigail Greeneway 2018, 2019
Abi Knapton 2018, 2019
Anna McDonald 2018, 2019
Katrina Voge 2018
Sutton Marvin 2019
Izzie Murray 2019
Jessica Pentlarge 2019
Dana Posthuma 2019
Rachel Powers 2019

NEBRASKA OUTSTANDING SCHOLAR AWARD

(Seniors with 3.900 cumulative GPA or better)

Michaela Cunningham 2016
Lindsay Helferich 2019

CSCAA SCHOLAR ALL-AMERICA TOP 20 SCHOOL

Nebraska ..... 15th, 2014 (3.53 GPA)
Nebraska ..... 20th, 2015 (3.55 GPA)
Nebraska ..... 13th, 2016 (3.59 GPA)
Nebraska ..... 17th, 2017 (3.61 GPA)

NEBRASKA HERMAN TEAM GRADE-POINT AVERAGE AWARD

Swimming & Diving ..... 2015 (3.568 GPA)
Swimming & Diving ..... 2016 (3.581 GPA)
Swimming & Diving ..... 2017 (3.578 GPA)

NEBRASKA LIFE SKILLS TEAM AWARD OF EXCELLENCE

Swimming & Diving 2009
Swimming & Diving 2010
Swimming & Diving 2012
Swimming & Diving 2013
Swimming & Diving 2014

HEART & SOUL AWARD

(Nebraska's most prestigious individual Life Skills award)

Kelsey Larson 2013
Erin Oeltjen 2018
Jacqueline Jeschke 2019

NEBRASKA SAM FOLTZ HERO 27 LEADERSHIP AWARD

Jordan Ehly 2017
Katt Sickle 2017
Jacqueline Jeschke 2018
Bridget Pacilio 2018
Kaylyn Flatt 2019
Anna McDonald 2019

NEBRASKA STUDENT-ATHLETE HERO LEADERSHIP AWARD

Jenna Stroud 2008
C.J. Bray 2009
Mariah Hutchinson 2009, 2010
Meredith Matthies 2011
Kelsey Larson 2011, 2012, 2013
Sara Weinberg 2012
Kelly Dunn 2013
Shannon Guy 2014
Payton Michaud 2014
Ciara Jenkins 2015
Jacqueline Juffer 2015
Erin Oeltjen 2016
Krista Van Wie 2016
Lindsay Helferich 2016

SERVICE TRIP ABROAD

Jacqueline Juffer (Guatemala) 2015
Rebekah Land (Guatemala) 2015
Erin Oeltjen (Guatemala) 2015
Michaela Cunningham (Dominican Republic) 2016
Samantha Hardewig (Dominican Republic) 2016
Krista Van Wie (Dominican Republic) 2016
Francesca Giganti (Nicaragua) 2017
Julia Roller (Nicaragua) 2017
Katt Sickle (Panama) 2018

NEBRASKA ATHLETICS OUTSTANDING FEMALE NEWCOMER AWARD

Abi Knapton 2017

The 2016-17 Nebraska swimming and diving team claimed the program's third consecutive Herman Team GPA Award, which is presented to the Husker women's team with the highest cumulative grade-point average. Nebraska's GPA ranked among the top 20 women's swimming and diving programs in the nation for the fourth straight year.

ACADEMIC ALL-CONFERENCE SELECTIONS

1997 (BIG 12)

First Team

Samantha Ashley ..... So. ..... Biology
Erin Carew ..... Jr. ..... Education
Ingrid Gotchel ..... Fr. .... Mechanical Engineering
Courtney Jensen ..... Fr. ..... Education
Anna Nilsson ..... So. ..... Art
Suzy Shacklett ..... Fr. ..... Business Administration
Laura Simon ..... Fr. ..... Industrial Engineering
Christine Troy ..... Fr. ..... Undeclared
BriAnna Wilkins .... Sr. ..... Education
Shannon Wright ... So. ..... Business Administration

Honorable Mention

Erica Clark ..... Jr. ..... Marketing
Beth Hunsicker .... Fr. ..... Marketing
Teresa Mauck ..... So. ..... Education
Julia Russell ..... Sr. ..... Advertising
Stacey Sedlacek ... Fr. ..... Biology
Sasha Van Hamburg . Fr. ..... Marketing

1998

First Team

Therese Alshammar .. Fr. ..... Advertising
Samantha Ashley .... Jr. ..... Psychology
Erin Carew ..... Sr. ..... Education
Ann Enoch ..... So. ..... Communication Studies
Katie Hoffman ..... So. ..... Pre-Physical Therapy
Amanda Beckinsall ... Jr. ..... Psychology
Courtney Jensen .... So. ..... Elementary Education
Molly McDonald .. Fr. ..... Undeclared
Suzy Shacklett ..... So. ..... Business Administration
Laura Simon ..... So. ..... Industrial Engineering
Christine Troy ..... So. ..... Undeclared
Sasha Van Hamburg .... So. ..... Marketing
Anna Windsor ..... So. ..... Biology
Amanda Zins ..... Fr. ..... Undeclared

Honorable Mention

Erica Clark ..... Sr. ..... Marketing
Ingrid Gotchel ..... So. ..... Meteorology
Anna Nilsson ..... Jr. ..... Art
Shannon Wright ... Jr. ..... Economics

1999

First Team

Therese Alshammar .... So. ..... Advertising
Samantha Ashley .... Sr. ..... Psychology
Tami Bernth ..... Fr. ..... Pre-Medicine
Janna Brock ..... Fr. ..... Education
Ann Enoch ..... Jr. ..... Family Science
Ingrid Gotchel ..... Jr. ..... Meteorology
Beth Hunsicker .... Jr. ..... Design
Courtney Jensen . Jr. ..... Elementary Education
Emma Johnson .... Fr. ..... Undeclared
Destiny Lauren ..... Sr. ..... News-Editorial
Molly McDonald .. So. ..... Undeclared
Anna Nilsson ..... Sr. ..... Art
Stacey Sedlacek ... Jr. ..... Fisheries and Wildlife
Laura Simon ..... Jr. ..... Industrial Engineering
Christine Troy ..... Sr. ..... Psychology
Sasha Pine ..... Jr. ..... Advertising
Shannon Wright ... Sr. ..... Finance
Amanda Zins ..... So. ..... Business Administration

Second Team

Helene Muller ..... Jr. ..... Biology

2000

First Team

Ingrid Gotchel ..... Sr. ..... Meteorology
Courtney Jensen . Sr. ..... Elementary Education
Molly McDonald .. Jr. ..... Pre-Physical Therapy
Sasha Pine ..... Sr. ..... Advertising
Stacey Sedlacek ... Sr. ..... Fisheries and Wildlife
Christine Troy ..... Sr. ..... Psychology

Second Team

Tami Bernth ..... So. ..... Pre-Medicine
Beth Hunsicker .... Sr. ..... Design
Helene Muller ..... Sr. ..... Biology
Ingrid Gotchel ..... Sr. ..... Meteorology

2001

First Team

Keri Hehn ..... So. ..... Undeclared
Lindsey Highstrom ... So. ..... Pre-Medicine
Beth Karaica ..... Sr. ..... Communication Studies
Karin Larka ..... So. ..... General Studies
Liz Rieke ..... So. ..... Biology
Michele Schmerbauch .... So. ..... Speech Pathology
Susan Walker ..... So. ..... Communication Studies

Second Team

Shandra Johnson . Sr. ..... Family Science

2002

First Team

Rachael Armijo .... So. ..... Elementary Education
Kristin Broyhill ..... So. ..... International Business
Jerilyn Drummond .. So. ..... Undeclared
Laura Landgreen .. So. ..... Elementary Education
Sarah Mugge ..... So. ..... Biology
Kristin Petersen .... So. ..... Family Science
Amanda Spark ..... So. ..... Elementary Education
Kristin Vahle ..... Jr. ..... Nursing
Susan Walker ..... Jr. ..... Communication Studies

Second Team

Ashley Peterson ... Jr. ..... Advertising
Yasmin Saad ..... Sr. ..... Broadcasting

2003

First Team

Jeni Fortino ..... Sr. ..... Criminal Justice
Laura Landgreen .. Jr. ..... Elementary Education
Susan Walker ..... Sr. ..... Communication Studies

2004

First Team

Emily Becker ..... So. ..... Veterinary Science
Amie Buoy ..... So. ..... International Business

Nebraska's 2016-17 seniors (from bottom) Erin Oeltjen, Anna Filipcic and Julia Roller combined for nine academic All-Big Ten awards during their Husker careers.

Kate Dulgar ..... So. ..... Elementary Education
Esmie Holderman .... So. ..... Biological Sciences
Becky Johnson ..... So. ..... Undeclared
Alex King ..... So. ..... Chemical Engineering
Rachel Schlatter ... So. ..... Undeclared

Second Team

Mackenzie Clark .. So. ..... Undeclared

2005

First **Team**

Emily Becker ..... Jr. .. .. Veterinary Science
Amie Buoy ..... Jr. .. .. International Studies
Emilee Crawford .. So. . Middle Grades Education
Abby Fitzpatrick ... So. ... Criminal Justice/Pre-Law
Esmie Holderman .... Jr. ..... Biological Sciences
Bailey Ingles ..... So. ..... Elementary Education
Becky Johnson ..... Jr. ..... Elementary Education
Alex King ..... Jr. ..... Chemical Engineering
Rachel Schlatter ... Jr. ..... Advertising
Casey Schnack ..... So. ..... Psychology

Second Team

Lauren Bailey ..... So. ..... Undeclared
Kate Dulgar ..... Jr. ..... Elementary Education
Danielle Stansbury .. So. ..... Elementary Education
Kate Wheeler ..... So. ..... Physics

2006

First Team

Lauren Bailey ..... Jr. ... Family & Consumer Science
Amie Buoy ..... Sr. ..... International Studies
Emilee Crawford .. Jr. ..... Advertising
Kate Dulgar ..... Sr. ..... Elementary Education
Abby Fitzpatrick ... Jr. ..... Criminal Justice
Bailey Ingles ..... Jr. ..... Elementary Education
Becky Johnson ..... Sr. ..... Elementary Education
Courtney Jolly ..... RFr. ..... Undeclared
Alex King ..... Sr. ..... Chemical Engineering
Kaci Ressler ..... So. ..... Political Science
Rachel Schlatter ... Sr. ..... Advertising
Casey Schnack ..... Jr. ..... Psychology
Danielle Stansbury .. Jr. ..... Elementary Education
Kate Wheeler ..... Jr. ..... Physics

Second Team

Mackenzie Clark .. Sr. ..... Advertising
Esmie Holderman .... Sr. ..... Biological Sciences

2007

First Team

Lauren Bailey ..... Sr. ... Family & Consumer Science
Katie Bowden ..... Sr. ..... Criminal Justice
Emilee Crawford .. Sr. ..... Communication Studies
Bailey Ingles ..... Sr. ..... Elementary Education
Courtney Jolly ..... So. ..... Animal Science
Dani Millis ..... Jr. ..... Marketing
Kaci Ressler ..... Jr. ..... Political Science
Casey Schnack ..... Sr. ..... Psychology
Danielle Stansbury .. Sr. ..... Elementary Education
Jenny Toler ..... So. ..... Art History & Criticism
Christina Yemm .... So. . Nutrition, Exercise & Health Science

Second Team

Kate Wheeler ..... Sr. ..... Physics

2008

First Team

Kaitlin Arntz ..... So. ..... Advertising
C.J. Bray ..... Jr. ..... Nutritional Science & Dietetics
Sarah Broker ..... So. ..... Pre-Nursing
Kelsey Ida ..... So. ..... International Studies, Philosophy & Political Science
Courtney Jolly ..... Jr. ..... Animal Science
Jenny Toler ..... Jr. ..... Art History & Criticism
Christina Yemm .... Jr. .... Nutritional Science & Dietetics
Sarah Ziegelmann So. ..... Undeclared

Second Team

Colleen Criss ..... So. ..... Undeclared
Mariah Hutchinson .. So. ..... Undeclared
Jenna Stroud ..... Jr. ..... Communication Studies

ACADEMIC ALL-CONFERENCE SELECTIONS

2009

First Team

Jess Andrews ..... So. ..... Undeclared
Kaitlin Arntz ..... Jr. ..... Advertising
Emily Burbach ..... So. ..... Animal Science
Julie Giehl ..... So. ..... Finance
Kelsey Grushecky ..... So. ..... Biological Sciences
Kelsey Ida ..... Jr. ..... International Studies
..... Philosophy & Political Science
Courtney Jolly ..... Sr. ..... Animal Science
Meredith Matthies ..... So. ..... Business Administration
Jenna Stroud ..... Sr. ..... Communication Studies
Jenny Toler ..... Sr. ..... Art History & Criticism
Christina Yemm ..... Sr. ..... Marketing

Second Team

C.J. Bray ..... Sr. ..... Nutritional Science & Dietetics
Colleen Criss ..... Jr. ..... Speech-Language Pathology

2010

First Team

Kaitlin Arntz ..... Sr. ..... Advertising
Bobbi Balogh ..... So. ..... Biological Systems Engineering
Bailey Bolinske ..... So. ..... Civil Engineering
Hailey Dean ..... Sr. ..... Psychology
Julie Giehl ..... Jr. ..... Finance/Management
Kelsey Grushecky ..... Jr. ..... Biological Sciences
Kelsey Ida ..... Sr. ..... History, International Studies
..... & Philosophy
Mailene Leslie ..... So. ..... Business Administration
Meredith Matthies ..... Jr. ..... Business Administration
Sarah Ziegelmann ..... Sr. ..... Management

Second Team

Jess Andrews ..... Jr. ..... Nutritional Science
Claire Desormey ..... Jr. ..... Art
Brandie Kavalec ..... Jr. ..... Communication Studies
Mariah Hutchinson ..... Sr. ..... Broadcasting
Riley Seidel ..... So. ..... Marketing

2011

First Team

Bobbi Balogh ..... Jr. ..... Biological Systems Engineering
Julie Giehl ..... Sr. ..... Finance/Accounting
Kelsey Grushecky ..... Sr. ..... Biological Sciences
Amy Herman ..... So. ..... Dietetics/Nutrition, Exercise
..... & Health Sciences
Kelsey Larson ..... So. ..... Biochemistry
Hayley Martin ..... So. ..... Fisheries and Wildlife
Meredith Matthies ..... Sr. ..... Management
Ashley Reiter ..... So. ..... Biological Sciences & Spanish
Sara Weinberg ..... So. ..... Dietetics/Nutrition, Exercise
..... & Health Sciences

Second Team

Claire Desormey ..... Sr. ..... Art
Blaine Hoppenrath ..... Sr. ..... Industrial Engineering
Mailene Leslie ..... Jr. ..... Business Administration
Rachell McClain ..... Sr. ..... Communication Studies
Alyson Ramsey ..... So. ..... Psychology
Caroline Shea ..... Jr. ..... Forensic Science
Ariel Weech ..... So. ..... Biological Sciences

2012 (BIG TEN)

Bobbi Balogh ..... Sr. ..... Biological Systems Engineering
Morgan Flannigan ..... So. ..... Biological Sciences & Chemistry
Ashleigh Grammar ..... So. ..... Biological Sciences & Chemistry
Shannon Guy ..... So. ..... Psychology
Kailey Harmon ..... So. ..... Nutrition, Exercise & Health Science
Amy Herman ..... Jr. ..... Dietetics/Nutrition, Exercise
..... & Health Science
Kelsey Larson ..... Jr. ..... Biochemistry
Mailene Leslie ..... Sr. ..... Business Administration
Payton Michaud ..... So. ..... Criminology & Criminal Justice
Bailey Pons ..... So. ..... English & Geology
Alyson Ramsey ..... Jr. ..... Psychology
Ashley Reiter ..... Jr. ..... Biological Sciences & Spanish
Riley Seidel ..... Sr. ..... Marketing
Caroline Shea ..... Sr. ..... Forensic Science
Kristin Strecker ..... So. ..... Biochemistry
Sara Weinberg ..... Jr. ..... Dietetics/Nutrition, Exercise
..... & Health Science
Megan Ziemann ..... So. ..... Interior Design

2013

Katie Davis ..... Sr. ..... Elementary Education
..... & Mild/Moderate Disabilities K-6
Ellan Dufour ..... Sr. ..... Fisheries & Wildlife
Kelly Dunn ..... So. ..... Marketing
Morgan Flannigan ..... Jr. ..... Biological Sciences/Chemistry
Ashleigh Grammar ..... Jr. ..... Biological Sciences/Chemistry
Shannon Guy ..... Jr. ..... Psychology
Kailey Harmon ..... Sr. ..... Nutrition, Exercise & Health Science
Amy Herman ..... Sr. ..... Dietetics/Nutrition, Exercise
..... & Health Science
Ciara Jenkins ..... So. ..... Mild/Moderate Disabilities K-6
Kelsey Larson ..... Sr. ..... Biochemistry
Payton Michaud ..... Jr. ..... Criminology & Criminal Justice
Natalie Morris ..... So. ..... Mild/Moderate Disabilities K-6
Bailey Pons ..... Jr. ..... English/Geology
Ashley Reiter ..... Sr. ..... Biological Sciences/Spanish
Mary Beth Rye ..... Jr. ..... Communication Studies
Kristin Strecker ..... Jr. ..... Biochemistry
Paige Theilen ..... So. ..... Agribusiness
Sara Weinberg ..... Sr. Dietetics/Nutrition, Exercise
..... & Health Science
Megan Ziemann ..... Jr. ..... Interior Design

2014

Alexandra Bilunas ..... Jr. ..... Biological Sciences
Taryn Collura ..... Jr. ..... Psychology
Michaela Cunningham ..... Jr. ..... Biological Sciences/
..... Mathematics
Bria Deveaux ..... So. ..... Marketing
Kelly Dunn ..... Jr. ..... Marketing/Spanish
Morgan Flannigan ..... Sr. ..... Biological Sciences/Chemistry
Ashleigh Grammar ..... Sr. ..... Biological Sciences/Chemistry
Shannon Guy ..... Sr. ..... Psychology
Samantha Hardewig ..... So. ..... Art
Ciara Jenkins ..... Jr. ..... Elementary Education &
..... Mild/Moderate K-6
Jacqueline Juffer ..... So. ..... Economics
Payton Michaud ..... Sr. ..... Criminology & Criminal Justice
Natalie Morris ..... Jr. ..... Elementary Education &
..... Mild/Moderate K-6
Bailey Pons ..... Sr. ..... Geology/English
Nicole Schwery ..... So. ..... Biological Systems Engineering
Kristin Strecker ..... Sr. ..... Biological Sciences
Megan Ziemann ..... Sr. ..... Interior Design

2015

Alexandra Bilunas ..... Sr. ..... Biological Sciences
Taryn Collura ..... Jr. ..... Psychology
Michaela Cunningham ..... Sr. ..... Biological Sciences/
..... Mathematics
Bria Deveaux ..... Jr. ..... Finance/Marketing
Katie Ditter ..... Jr. ..... Business Administration
Kelly Dunn ..... Sr. ..... Marketing/Spanish
Anna Filipcic ..... Jr. ..... Music
Samantha Hardewig ..... Jr. ..... Art
Ciara Jenkins ..... Sr. ..... Elementary Education &
..... Special Education K-6
Jacqueline Juffer ..... Jr. ..... Economics/Political Science
Rebekah Land ..... Sr. ..... Communication Studies
Natalie Morris ..... Sr. ..... Elementary Education &
..... Special Education K-6
Erin Oeltjen ..... So. ..... Biochemistry
Julia Roller ..... So. ..... Dietetics
Nicole Schwery ..... Jr. ..... Biological Systems Engineering
Katt Sickle ..... Jr. ..... Elementary Education &
..... Special Education K-6
Krista Van Wie ..... Jr. ..... Psychology

2016

Alexandra Bilunas ..... Sr. ..... Biological Sciences
Cassandra Brassard ..... So. ..... Animal Science
Taryn Collura ..... Sr. ..... Psychology
Michaela Cunningham ..... Sr. ..... Biological Sciences/
..... Mathematics
Bria Deveaux ..... Sr. ..... Finance/Marketing
Katie Ditter ..... Sr. ..... Business Administration
Jordan Ehly ..... So. ..... Advertising & Public Relations
Anna Filipcic ..... Jr. ..... Music
Aimee Fischer ..... So. ..... Pre-Health
Francesca Giganti ..... So. ..... Communications
Samantha Hardewig ..... Sr. ..... Art
Jacqueline Juffer ..... Sr. ..... Economics/Political Sciencs
Erin Oeltjen ..... Jr. ..... Biochemistry
Julia Roller ..... Jr. ..... Nutrition/Dietetics
Nicole Schwery ..... Sr. ..... Biological Systems Engineering
Katt Sickle ..... Jr. ..... Elementary Education &
..... Special Education K-6
Krista Van Wie ..... Sr. ..... Psychology

2017

Cassandra Brassard ..... Jr. ..... Animal Science
Jordan Ehly ..... Jr. ..... Advertising & Public Relations
Anna Filipcic ..... Sr. ..... Music/Psychology
Aimee Fischer ..... Jr. ..... Elementary Education
Kaylyn Flatt ..... So. ..... Health Science
Lindsay Helferich ..... So. ..... Civil Engineering
Jacqueline Jeschke ..... So. ..... Health Science
Morgan McCafferty ..... So. ..... Social Science Education
Anna McDonald ..... So. ..... Health Science
Erin Oeltjen ..... Sr. ..... Biochemistry
Bridget Pacilio ..... So. ..... Child, Youth & Family Studies
Dana Posthuma ..... Jr. ..... Psychology
Julia Roller ..... Sr. ..... Dietetics
Katt Sickle ..... Jr. ..... Teaching, Learning
..... & Teacher Education
Katrina Voge ..... Jr. ..... English

2018

Shea Bougie ..... So. ..... Accounting
Jordan Ehly ..... Sr. ..... Advertising & Public Relations
Kaylyn Flatt ..... Jr. ..... Health Science
Francesca Giganti ..... Jr. ..... Communications/Management
Carla Gonzalez-Garcia ..... So. ..... Accounting/Business Administration
Abigail Greeneway ..... So. ..... International Business
Lindsay Helferich ..... Jr. ..... Civil Engineering
Jacqueline Jeschke ..... Jr. ..... Nutrition
Abi Knapton ..... So. ..... Psychology
Morgan McCafferty ..... Jr. ..... History
Anna McDonald ..... Jr. ..... Nutrition
Bridget Pacilio ..... Jr. ..... Child, Youth & Family Studies
Dana Posthuma ..... Jr. ..... English/Psychology
Savannah Savitt ..... So. ..... Business Administration
Katt Sickle ..... Sr. ..... Teaching, Learning
..... & Teacher Education
Lindsey Stalheim ..... So. ..... Nutrition
Katrina Voge ..... Jr. ..... English
Gwen Worlton ..... So. ..... Nutrition
Allie Worrall ..... So. ..... Accounting

2019

Gabby Baratta ..... So. ..... English
Shea Bougie ..... Jr. ..... Accounting
Madison Coughlen ..... So. ..... Finance
Kaylyn Flatt ..... Sr. ..... Chemistry/Education
Carla Gonzalez-Garcia ..... Jr. ..... Accounting/Business Administration
Abigail Greeneway ..... Jr. ..... International Business
Autumn Haebig ..... So. ..... Advertising & Public Relations
Lindsay Helferich ..... Sr. ..... Civil Engineering
Jacqueline Jeschke ..... Sr. ..... Nutrition
Abi Knapton ..... Jr. ..... Psychology
Allison Kopas ..... So. ..... Child, Youth, & Family Studies
Sutton Marvin ..... So. ..... Communication Studies/English
Morgan McCafferty ..... Sr. ..... History
Anna McDonald ..... Sr. ..... Nutrition
Izzie Murray ..... So. ..... Environmental Studies
Jessica Pentlarge ..... So. ..... Nutrition
Dana Posthuma ..... Sr. ..... English/Psychology
Rachel Powers ..... So. ..... Elementary Education
Mira Rhodes ..... So. ..... Global Studies
Savannah Savitt ..... Jr. ..... Business Administration
Lindsey Stalheim ..... Jr. ..... Nutrition
Grace Tiernon ..... So. ..... Civil Engineering
Alejandra Velasquez ..... So. ..... Political Science/Sociology
Gwen Worlton ..... Jr. ..... Nutrition
Allie Worrall ..... Jr. ..... Accounting

ALL-TIME RESULTS & RECORDS

YEAR-BY-YEAR RESULTS

Year	Won	Lost	Tie	Conf.	Coach
1975-76	7	0	0	2nd (Big Eight)	Pat Sullivan
1976-77	5	2	0	2nd	Ray Huppert
1977-78	5	1	0	3rd	Ray Huppert
1978-79	5	2	0	3rd	Ray Huppert
1979-80	6	6	0	3rd	Ray Huppert
1980-81	3	9	0	5th	Ray Huppert
1981-82	6	5	0	2nd	Ray Huppert
1982-83	8	3	0	2nd	Ray Huppert
1983-84	10	4	0	2nd	Ray Huppert
1984-85	8	2	0	1st	Ray Huppert
1985-86	10	2	0	1st	Ray Huppert
1986-87	11	2	0	1st	Ray Huppert
1987-88	7	2	0	2nd	Ray Huppert
1988-89	6	7	0	2nd	Ray Huppert
1989-90	11	3	0	1st	Ray Huppert
1990-91	7	3	0	1st	Ray Huppert
1991-92	8	3	0	2nd	Ray Huppert
1992-93	6	2	0	2nd	Cal Bentz
1993-94	7	1	0	1st	Cal Bentz
1994-95	4	3	0	1st	Cal Bentz
1995-96	5	3	0	1st	Cal Bentz
1996-97	6	2	0	1st (Big 12)	Cal Bentz
1997-98	7	0	0	1st	Cal Bentz
1998-99	7	3	0	2nd	Cal Bentz
1999-00	2	8	0	3rd	Cal Bentz
2000-01	7	4	0	3rd	Paul Nelsen
2001-02	0	3	0	6th	Pablo Morales
2002-03	3	8	0	6th	Pablo Morales
2003-04	7	2	0	4th	Pablo Morales
2004-05	8	1	0	3rd	Pablo Morales
2005-06	7	2	0	5th	Pablo Morales
2006-07	7	6	0	5th	Pablo Morales
2007-08	7	2	0	6th	Pablo Morales
2008-09	3	4	0	6th	Pablo Morales
2009-10	4	4	0	6th	Pablo Morales
2010-11	6	4	0	5th	Pablo Morales
2011-12	3	2	0	11th (Big Ten)	Pablo Morales
2012-13	12	3	0	9th	Pablo Morales
2013-14	4	2	1	9th	Pablo Morales
2014-15	4	6	0	9th	Pablo Morales
2015-16	5	3	0	9th	Pablo Morales
2016-17	6	0	0	10th	Pablo Morales
2017-18	4	3	0	10th	Pablo Morales
2018-19	5	1	0	8th	Pablo Morales
Totals	**264**	**137**	**1**		

NEBRASKA HEAD COACHES

Name	Years	Won	Lost	Tie	Pct.
Pat Sullivan	1975-76	7	0	0	1.000
Ray Huppert	1976-92	116	56	0	.674
Cal Bentz	1992-00	44	22	0	.667
Paul Nelsen	2000-01	7	4	0	.636
Pablo Morales	2001-Present	95	56	1	.628

The home of the Huskers, the Devaney Natatorium opened in 1976. It is named after Nebraska Hall of Fame Coach and Athletic Director Bob Devaney.

ALL-TIME DUAL MEET RESULTS

Team	W-L-T
Air Force	1-0
Alabama	0-1
Arizona	0-2
Arizona State	1-1
Arkansas	6-8
Auburn	0-1
Brigham Young	4-1
California-Santa Barbara	1-0
Colorado	2-0
Colorado State	12-6
Florida Atlantic	4-1
Florida Gulf Coast	0-1
Florida State	0-3
Fresno State	1-0
Georgia	0-1
Georgia Southern	1-0
Hawaii	1-0
Illinois*	6-5
Illinois State	1-0
Indiana	1-0
Iowa	6-7
Iowa State*	37-4-1
Kansas*	12-26
Lamar	2-0
Louisiana State	0-3
Louisville	1-1
Manitoba	1-0
Michigan	0-4
Michigan State	1-0
Minnesota	5-11
Missouri	19-12
Missouri State	4-0
Nebraska-Kearney	1-0
Nebraska-Omaha*	22-0
Nevada	5-1
New Mexico	1-1
North Carolina State	0-1
North Dakota	3-0
Northern Arizona	0-1
Northern Colorado	2-0
Northern Iowa*	10-0
Northwestern	2-1
Ohio State	0-1
Oklahoma	4-3
Oklahoma State	1-0
Pennsylvania	1-1
Purdue	1-1
Rutgers*	1-1
San Diego State	0-1
School of the Ozarks	1-0
Simon Frazier	1-0
South Dakota	5-0
South Dakota State*	14-0
Southern California	0-1
Southern Illinois	9-3
Southern Methodist	1-4
St. Cloud State	3-0
Texas	0-2
Texas A&M	3-3
Truman State	2-1
Tulane	1-0
UCLA	0-1
UNLV	0-1
Utah	5-0
Valparaiso	1-0
Villanova	1-0
Virginia Tech	1-0
Washington State	0-2
Wisconsin	0-1
Wyoming	12-1

**** indicates 2019-20 opponents***

HUSKER OLYMPIANS

THERESE ALSHAMMAR (SWEDEN) 1996, 2000, 2004, 2008, 2012, 2016

The first six-time female Olympic swimmer in history, Therese Alshammar lettered for the Huskers in 1998 and 1999. Considered one of the top female freestyle sprinters in the world, Alshammar set two records at the 2000 European Short Course Championships. Alshammar took home three medals from the Sydney Olympics, a pair of silvers and a bronze.

ELVIRA FISCHER (AUSTRIA) 1996, 2000

A two-time Olympian, Fischer was a three-time All-American while at Nebraska. Fischer's top finish at the 1996 Olympics was 23rd in the 200-meter breaststroke (2:33.87). At the Sydney Olympics in 2000, Fischer's top performance was in the 100-meter breaststroke, where she touched the wall in 1:11.58, placing 24th overall, and winning her heat.

PENNY HEYNS (SOUTH AFRICA) 1992, 1996, 2000

A three-time Olympian, Penny Heyns became the most successful Olympian for South Africa and Nebraska at the same time. A Husker senior in 1996, Heyns' successful year culminated with two Olympic gold medals. For more on Heyns, please see page 104.

EMMA JOHNSON (AUSTRALIA) 1996

Emma Johnson competed for the Huskers during the 1998-99 season, earning All-America honors in the 400-yard IM at the 1999 NCAA Championships. She established the Nebraska record in the 400-yard IM at the 1998 Texas Invitational. Johnson finished fifth in the 400-meter IM at the 1996 Olympics, while also earning a bronze medal swimming on the Aussie's third-place 800-meter freestyle relay team.

WENDY LUCERO (UNITED STATES) 1988

Wendy Lucero competed for Nebraska from 1981 to 1983. Lucero's freshman season was highlighted by a runner-up finish in three-meter diving and a fourth-place finish on the one meter at the 1982 Big Eight Championships. Later that season, Lucero placed eighth at U.S. Nationals. A native of Denver, Colo., Lucero competed for the United States at the 1988 Olympics.

LENKA MANHALOVA (CZECH REPUBLIC) 1992, 1996

Lenka Manhalova finished 11th in the 200-meter breaststroke and 29th in the 100-meter breaststroke at the 1996 Olympic Games in Atlanta. A Czech National Team member, Manhalova was a two-time All-American at Nebraska, including a fifth-place 200-yard breaststroke finish at the 1997 NCAA Championships. Manhalova was also the 1998 Big 12 200-yard breaststroke champion.

ANJA MARGETIC (BOSNIA) 1992

Anja Margetic was a member of the Bosnian team for the 1992 Olympics in Barcelona. Margetic finished 27th in the 200-meter butterfly and 44th in the 100-meter butterfly. Margetic earned All-America honors at Nebraska in 1994 as a member of the 400-yard medley relay that notched a 13th-place finish at the NCAA Championships.

TERRIE MILLER (NORWAY) 1996

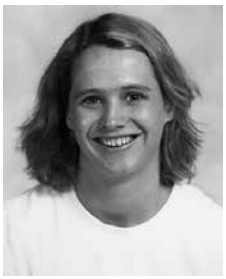
A standout breaststroker from 1997 to 1999, Terrie Miller earned All-America honors in each of her three seasons competing for Nebraska. As a freshman, she placed eighth in the 100-yard breaststroke at the NCAA Championships. She earned All-America honors competing on NU's medley relays in both 1998 and 1999. At the 1996 Olympics in Atlanta, she placed 20th in the 100-meter breaststroke.

HELENE MULLER (SOUTH AFRICA) 1996, 2000

Former Husker All-American Helene Muller swam for her native South Africa during the 1996 and 2000 Olympic Games. Muller lettered from 1997 to 2000, garnering All-America honors for the Huskers 13 times, including a bronze medal in the 200-meter freestyle at the 2000 NCAA Championships.

JULIA RUSSELL (SOUTH AFRICA) 1996

Julia Russell swam to a 12th-place finish in the 200-meter breaststroke in Atlanta in a career-best time of 2:30.38, while also finishing 17th in the 100-meter breaststroke and 26th in the 200-meter IM. In 1997, the 18-time All-American was the NCAA runner-up in the 200-yard breaststroke and the Big 12 Swimmer of the Year. She won three events at the 1997 Big 12 Championships and finished as NU's most prolific scorer at the NCAA Championships with 108 points.



ANNA WINDSOR (AUSTRALIA) 1996, 2000

Freestyle and individual medley standout Anna Windsor competed for NU during the 1997 and 1998 seasons. A two-time NCAA finalist in the 200-yard freestyle, Windsor placed seventh in the event in 1997. She also swam on NU's second-place 800-yard freestyle relay at the 1998 NCAA Championships. A nine-time All-American, Windsor represented Australia at the 1996 Olympics in Atlanta. She swam on the Aussie's eighth-place 400-meter freestyle relay. She also competed at the 2000 Sydney Olympics.

NEBRASKA'S GOLDEN PENNY

PENNY HEYNS
Amanzimtoti, South Africa
Olympic Gold & Bronze Medalist
World Record Holder

It's not every day you run across a golden penny.

But for South Africans and Nebraskans alike, there was one shining bright at the 1996 Olympic Games in Atlanta.

Penny Heyns, a former University of Nebraska standout, earned two gold medals and became the first female in Olympic history to sweep the breaststroke events.

Heyns' whirlwind year of success began on the collegiate level. In Husker suit and cap at the 1996 Big Eight Championships in mid-February, Heyns set a then-NCAA and U.S. Open record in the 200-yard breaststroke (2:08.90), as well as an NU record in the 100-yard event (1:00.18) to help Nebraska win its third consecutive conference crown.

After setting the records, Heyns was forced to travel home for the South African Olympic Trials, which were inconveniently scheduled between the two most important collegiate meets, the conference and national championships.

Nevertheless, it proved to be a trip Heyns would never forget.

During the preliminary heat of the 100-meter breaststroke at the trials, Heyns set a world record with a time of 1:07.46.

The time broke the record held by Australia's Samantha Riley, who had set a mark of 1:07.69 in September, 1994.

Just days after her return from South Africa, Heyns became the first Husker to win a national championship at the NCAA Championships in Ann Arbor, Mich.

Heyns dominated the 100-yard breaststroke with a pool-record 1:00.27 and also earned a silver medal in the 200-yard breaststroke with a 2:09.71 performance.

Heyns then entered the Olympics as the frontrunner in the 100-meter breaststroke event. She proved she had earned that title in the preliminaries, as she blew away the competition and shattered her own world record in a clocking of 1:07.02 in the process.

In the finals, Heyns got off to a quick start, but didn't dominate as she had in the prelims. America's Amanda Beard began her trademark kick at the 50-meter mark and almost caught Heyns at the wall. Heyns held on to finish in 1:07.72 and edged Beard (1:08.09), to claim gold for the first time.

Two days later, Heyns proved she wasn't finished.

After setting an Olympic record of 2:26.63 in the preliminaries of the 200-meter breaststroke, Heyns was timed at 2:25.41 in the finals and again beat out Beard (2:25.75) for the gold. Beard entered the Olympics ranked No. 1 in the 200, but couldn't catch up with the quick pace Heyns set from the start.

"That was one of the hardest races I ever swam," Heyns said following the race. "I'm just glad I had the guts to hang in there."

At a press conference in Lincoln, Neb., the week following her gold medal performances, Heyns admitted she was surprised about the win in the 200.

"In some ways, I sit back, and I really can't believe it," Heyns said. "The 200 (win) was totally unexpected. I don't think it has sunk in yet."

An extremely successful career at Nebraska fine-tuned Heyns for Olympic success. A 15-time All-American and 14-time conference champion for the Huskers, Heyns left Nebraska as the most decorated swimmer in the program's history. Heyns' accomplishments at Nebraska and on the international level will always be recognized.

Heyns has continually showed her appreciation for the University of Nebraska and its athletic department.

Following her double gold medal performance, Heyns didn't waste any time in thanking the Nebraska Swimming and Diving Program and its support staff for the role they played in her Olympic success.

"There is no way I would even be swimming today if I didn't come to Nebraska," Heyns said. "Nebraska has done so much for me that I could never express it. It's not just swimming, it's a family to me -- the whole coaching staff and all my friends."

For the next four years Heyns continued to define excellence in the sport of swimming on a world-class level by producing one of the greatest performances in the history of the sport.

At the 1999 Pan Pacific Championships, Heyns established three world records. Winning gold in both the 100- and 200-meter breaststrokes, Heyns touched the wall in 1:06.52 and 2:23.64, respectively, both world bests. In addition, she swam an exhibition 50-meter breaststroke, posting another world record with a time of 30.83.

Heyns took home her third medal at the 2000 Sydney Olympics by earning a bronze medal in the 100-meter breaststroke in a time of 1:07.55.

HEYNS' CAREER HIGHLIGHTS

+ Two-Time Olympic gold medalist; Three-Time medalist
+ First Woman in Olympic history to sweep the breaststroke events
+ First athlete to win a gold medal for South Africa since 1952
+ Former Olympic record holder, 100 & 200-meter breaststroke
+ 1996 Swimming World World Swimmer of the Year
+ 1996 Big Eight Female Athlete of the Year
+ 10-time First-Team NCAA All-American
+ Five-Time Honorable-Mention NCAA All-American
+ First Husker swimmer to win a national championship (100-yard breaststroke, 1:00.27, 1996)
+ 14-time Big Eight Conference champion
+ Three-time Pan Pacific champion
+ 1995 Big Eight Female Athlete of the Year

HEYNS' WORLD RECORDS

+ 50-meter breaststroke (long course): 30.83
+ 100-meter breaststroke (long course): 1:06.52
+ 200-meter breaststroke (long course): 2:23.64
+ 100-meter breaststroke (short course): 1:05.57

Olympic gold medalist Penny Heyns became the first Husker to win an NCAA Championship in 1996.

NEBRASKA
FRESHMEN

2019-20 HUSKER DIVERS

NEBRASKA

SWIMMING & DIVING SCHEDULE

Sept. 27	**Scarlet vs. Cream Intrasquad Devaney Natatorium**	**4 p.m.**
Oct. 11	at South Dakota State Brookings, S.D.	4 p.m.
Oct. 12	at Northern Iowa Cedar Falls, Iowa	2 p.m.
Oct. 19	**Iowa State Devaney Natatorium**	**Noon**
Nov. 9	at Kansas Lawrence, Kan.	2 p.m.
Nov. 20-22	at Mizzou Invitational Columbia, Mo.	TBA
Dec. 4-7	at U.S. Open Atlanta, Ga.	TBA
Dec. 5-7	at Minnesota Diving Invite Minneapolis, Minn.	TBA
Dec. 17-22	USA Diving Winter Nationals Minneapolis, Minn.	TBA

Jan. 18	**Omaha Devaney Natatorium**	**11 a.m.**
Jan. 25	**Illinois (Senior Day) Devaney Natatorium**	**11 a.m.**
Jan. 31 Feb. 1	at Rutgers Piscataway, N.J.	5 p.m. 10 a.m.
Feb. 19-22	Big Ten Championships Iowa City, Iowa	TBA
Feb. 29- March 1	Mizzou Last Chance Meet Columbia, Mo.	TBA
March 9-11	NCAA Zone Diving Meet Dallas, Texas	TBA
March 18-21	NCAA Championships Athens, Ga.	TBA
June 13-21	U.S. Olympic Diving Team Trials Indianapolis, Ind.	TBA
June 21-28	U.S. Olympic Swim Team Trials Omaha, Neb.	TBA

All times central and subject to change. For updated schedule information, please visit Huskers.com.